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Circle Center Adult Day Services

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Circle Center Adult Day Services

Abstract

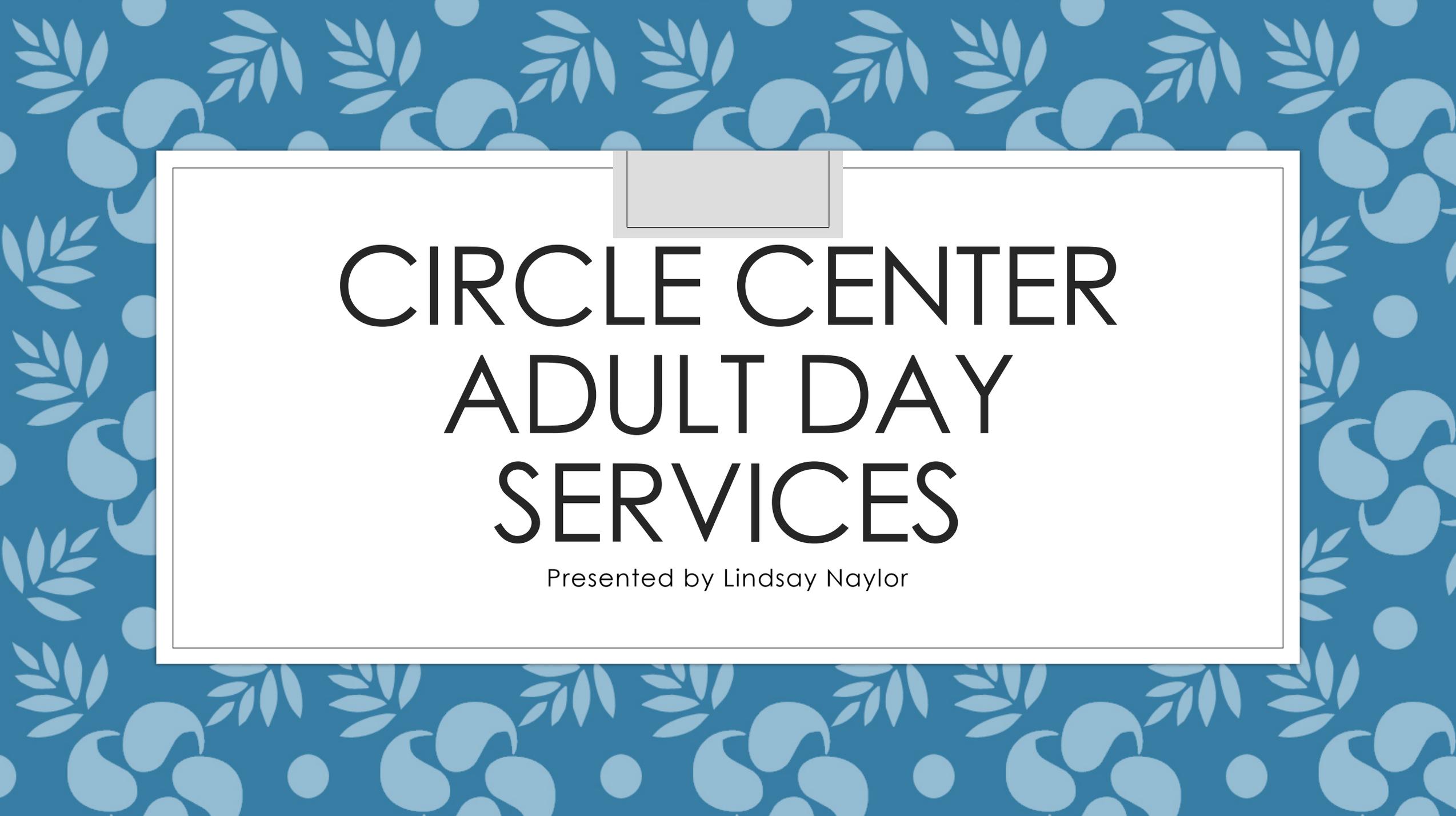
This presentation produced by Lindsay Naylor, student at Virginia Commonwealth University, reflects on her experience in a service-learning course.

Keywords

service learning, student, student reflection, reflection, adult services

Disciplines

Higher Education



CIRCLE CENTER ADULT DAY SERVICES

Presented by Lindsay Naylor

Need to know facts about Circle Center...

- ❖ They are a non-profit organization that has been providing adult day services locally in Richmond for nearly forty years.
- ❖ Their services provide a cost-effective alternative to long term adult care.
- ❖ Provides extended community based living for the participants, while also providing respite for their caregivers.



Population served...

- ❖ Aging adults who suffer from different types of dementia and post-stroke symptoms.
- ❖ Participants who attend the center are fifty-five plus years old.
- ❖ On average the center has about seventy-five attending participants daily.



My main role with Circle Center was an Activities Assistant.

- ❖ Services I provided...
- ❖ Assisted employees with activities.
- ❖ Socialized with the participants.
- ❖ Aided in snack and lunch service and clean-up.



❖ My service made a positive difference to the agency because by assisting the CNAs with activities, I gave them more time to attend to the participants.

- ❖ Activities at the center...
- ❖ Wellness.
 - ❖ Games.
 - ❖ Arts and crafts.
 - ❖ Support groups.
 - ❖ Concert videos & movies.
 - ❖ Snoezelen & Memory Lane.





VCU
Service
Learning
at Circle
Center
Adult
Day
Services

Course content that aided in my service learning experience...

- ❖ Active listening skills.
 - ❖ Paraphrasing the speaker.
 - ❖ Showing understanding of the speaker's emotions.
 - ❖ Asking questions.

- ❖ Nonverbal messages.
 - ❖ Being able to give.
 - ❖ Being able to decipher.

Things I learned about the people I worked with...

- ❖ The range of independence throughout the participants.
- ❖ The importance of working with a supportive staff.
- ❖ The importance of volunteers.



Personal Insights...

- ❖ Enjoy life...
 - ❖ Continue to do things you love and find new interests.
 - ❖ Enjoy every moment spent with loved ones.

- ❖ Continue to work on patience and listening skills.





The most relevant way in which this experience affected me was that it gave me a fresh perspective of working with aging adults.

Rewarding & challenging aspects of Jay's job as Circle Center's Social Worker...

❖ Rewarding...

- ❖ Seeing that the participant's are being active and enjoying the program.
- ❖ Getting positive feedback from the caregivers of how the center is providing them relief.
- ❖ Everyday is engaging.
- ❖ Supportive co-workers.

❖ Challenging...

- ❖ Participant's behavior.
- ❖ Adjustment issues with new participants and their caregivers.
- ❖ Work load.
- ❖ The services the center has to offer does not meet everyone's needs.