Facilitation Plan

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Disciplines
Civic and Community Engagement | Community-Based Learning | Community-Based Research | Higher Education | Service Learning

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<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Description/Facilitation Notes</th>
<th>Structure</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 minutes</td>
<td>Welcome</td>
<td>Check-in question</td>
<td>Large group</td>
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| 8 minutes | Shared Intent and Group Norms  | Set the tone and imperative for the importance of this time together Establish shared intent—& Group Norms  
- A thoughtful and inclusive community-academic partner | Large group |
| 5 minutes | Mindfulness Exercise          | Short period of quiet mindfulness  
- Opportunity to let go of the day, settle and check in with yourself  
- Enter this space with a sense of self-compassion  
- Think about your intention:  
  o  Ask yourself to continue to look deeply into your mind, heart, and body  
  o  Be open to your experience as it is  
  o  Remember to treat yourself and others with kindness | Large group |
### Plan A: Book Facilitation & MCV History

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Description</th>
<th>Group Type</th>
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<tbody>
<tr>
<td>1 hr</td>
<td>Content Delivery</td>
<td>Review Slides</td>
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| 20 minutes | Headline Activity                | Small group discussion: each group reads headlines and discuss other instances in which MCV’s presence or activities has had dramatic impact on local neighborhoods and well-being  
  - Is this new information for you?  
  - How might these stories affect community partners?  
  - How might these stories inform academic partners? | Small Group |
| 10 minutes | Report Out                     | Facilitator gives synopsis of each group’s headline then asks group to share their reflections | Large Group |
| 20 minutes | Final Reflection                | Final Slide: Intellectual Humility (final slide)  
  Temperature check: how are we feeling?  
  What is one change in the way you’ve thought about entering community-academic partners now that we’ve had this conversation? | Large Group |
|        | Close Workshop                   |                                                                             | Large Group |