#### Volume 87, Number 1 • January, February & March 2010

Virsa Dental Association

In This Issue: Virginia Dentist Assumes Presidency of the American Dental Association

VDA Supporting Two Bills In Upcoming General Assembly Session

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January, February & March 2010

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Dr. Ron Tankersley and his wife Gladys after he was inducted as ADA President **Photo Credit:** Lagniappe Studio, courtesy ADA News, © 2009 American Dental Association

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#### THE VIRGINIA DENTAL JOURNAL

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#### **Continuing Education Calendar**

Course

Fee: \$225

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ment Planning

CE Credit Hours: 2

Virignia

Society

Society

CE Credit Hours: 8

Course listings are deemed to be reliable but are not guaranteed. This calendar is for information purposes only and inclusion of a course does not imply endorsement by The VDA or the VDA Journal/Etch. Email your CE course submission to jacobs@vadental.org.

Dental Pharmacology – Harold Crossley, DDS, PhD Date/Time: January 8, 2010 - 8:00am-4:00pm Location: Waterford at Fair Oaks Sponsoring Organization: NVDS Fee: Members \$60 For more information contact: 703-642-5298 CE Credit Hours: 6

Implant Forum of Virginia monthly meeting – Treatment Planning Seminar Date/Time: January 12, 2010 Location: Virginia Center for Prosthodontics, Education Center-Richmond, VA Sponsoring Organization: Implant Forum of Virignia Fee: \$0 for members, nominal for non members For more information contact: Kathy Powell - 804-741-8689 or kathywpowell@aol.com **CE Credit Hours: 2** 

#### Health Care - Where Are We? - Dr. Terry Dickinson Date/Time: January 21, 2010 - 6:00pm Location: Richmond Country Club Sponsoring Organization: Richmond Dental Society For more information contact: Linda Simon richmonddental@verizon.net

Virginia Dental Malpractice Update & Litigation Preven- Exquisite Complete and Implant Retained Overtion Strategies - Lauren G. Stimac, Esg. Date/Time: February 18, 2010 - 6:00pm Location: Richmond Country Club Sponsoring Organization: Richmond Dental Society For more information contact: Linda Simon richmonddental@verizon.net

Implant Forum of Virginia monthly meeting – Orthodontics and Tissue Engineering

Date/Time: February 9, 2010 Location: Virginia Center for Prosthodontics , Education Center-Richmond, VA Sponsoring Organization: Implant Forum of Virignia Fee: \$0 for members, nominal for non members For more information contact: Kathy Powell – 804-741-8689 or kathywpowell@aol.com **CE Credit Hours:** 2

Implant Esthetics – Joseph Kan, DDS, MS Date/Time: February 26, 2010 - 8:00am-4:00pm Location: Waterford at Springfield Sponsoring Organization: NVDS Fee: Members \$60 For more information contact: 703-642-5298 CE Credit Hours: 6

Restorative Considerations in Reconstructive Treatment - Ross Nash, DDS, FAACD Date/Time: March 26, 2010 - 8:00am-4:00pm Location: Waterford at Springfield Sponsoring Organization: NVDS Fee: Members \$60 For more information contact: 703-642-5298 CE Credit Hours: 6

Advanced Cardiovascular Life Support (ACLS)

Date/Time: February 27, 2010 - 8:30am-12:30pm February 28, 2010 8:30am-12:30pm Location: The Williamsburg Lodge - Williamsburg Sponsoring Organization: Virginia Society of Oral & Maxillofacial Surgeons (VSOMS)

For more information contact: This course will be administered as part of the VSOMS Annual Meeting. Please contact Laura Givens for course and meeting registration information at 804-261-1610 or givens@

Implant Forum of Virginia monthly meeting - Treat-

Date/Time: March 9, 2010 Location: Virginia Center for Prosthodontics, Education Center-Richmond, VA Sponsoring Organization: Implant Forum of

Fee: \$0 for members, nominal for non members For more information contact: Kathy Powell -804-741-8689 or kathywpowell@aol.com

Dentures Calibrated for the General Practitioner - Joseph J. Massad, DDS Date/Time: March 12, 2010 - 8:00am-4:00pm Location: Holiday Inn Select - Richmond Sponsoring Organization: Richmond Dental

For more information contact: Linda Simon richmonddental@verizon.net

Transition Out of Your Practice and Capture Its Value - W. Keith Burford, Clu, ChFC, CLTC Date/Time: March 18, 2010 - 6:00pm Location: Richmond Country Club Sponsoring Organization: Richmond Dental

For more information contact: Linda Simon richmonddental@verizon.net



Enteral Sedation, Conscious Sedation and General Anesthesia: Education for Everyone Date/Time: April 10, 2010 - 8:30am-5:00pm Location: Hanover Country Club, Ashland, VA Sponsoring Organization: Virginia Dental Society of Anesthesiology Fee: \$175 (8 hr course), \$125 (4 hr course) For more information contact: Diane Schreiber 804-273-6818 CE Credit Hours: 4-8

Implant Forum of Virginia monthly meeting – Orthodontics and Tissue Engineering Date/Time: April 13, 2010 Location: Virginia Center for Prosthodontics, Education Center-Richmond, VA Sponsoring Organization: Implant Forum of Virignia Fee: \$0 for members, nominal for non members For more information contact: Kathy Powell – 804-741-8689 or kathywpowell@aol.com CE Credit Hours: 2

Board of Dentistry Update - Jeffrey Levin, DDS Date/Time: April 15, 2010 - 6:00pm Location: Richmond Country Club Sponsoring Organization: Richmond Dental Society For more information contact: Linda Simon richmonddental@verizon.net

Oconscious Sedation Overview - Dr. Hillel Ephros, DMD, MD and Misty Mesimer, RDH, MSCH Date/Time: April 17, 2010 8:30am-12:30pm Location: Courtyard by Marriott - Fredericksburg Historic District 620 Caroline St Fredericksburg, VA 22401 Sponsoring Organization: Virginia Association of Dentists for Intravenous Sedation Fee: \$295 (doctors only) For more information contact: G. Preston Burns, Jr 540-373-6557 Credit Hours: 4

Management of Sedated Patients - Dr. Hillel Ephros, DMD, MD and Misty Mesimer, RDH, MSCH Date/Time: April 17, 2010 1:00-5:00pm, registration 12:30pm Location: Courtyard by Marriott - Fredericksburg Historic District 620 Caroline St Fredericksburg, VA 22401 Sponsoring Organization: Virginia Association of Dentists for Intravenous Sedation Fee: \$195 hygienists, \$125 staff For more information contact: G. Preston Burns, Jr 540-373-6557 Credit Hours: 4

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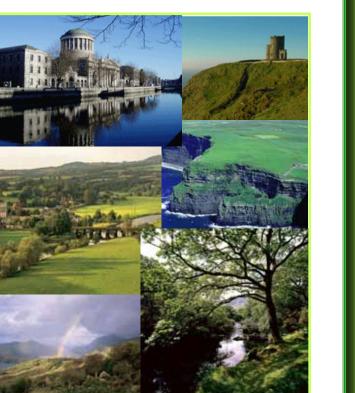
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#### Letters to the Editor

Dear Dr. Roadcap.

Having a special interest in treating obstructive sleep apnea for at least 10 years, I am quite disappointed in the recent Journal article by Dr. Gloria Ward which is nothing more than a superficial literature review with only two references since 2005 (and most long before then). In the past five years there have been remarkable advancements in all phases of our knowledge concerning OSA and especially its causes, medical disease ramifications, and treatment. Few if any of these advancements are discussed.

Though Dr. Ward might have a special interest in OSA and the experience gualifications to author related articles, she is not listed as a member of any sleep related state or national academy. The reported demographics of occurrence are somewhat confusing. The listing of medical and treatment side effects, treatment options, and diagnostic protocol are, in general, more appropriate to a lay audience than the dental professional.

The up to date and future role of diagnosis and treatment is dynamic and fascinating, and one would hope that there will be many future Journal articles relating to sleep disorders and especially in every dentist's role when considering our particular ability to screen all patients to detect this largely unrecognized disease.

Sincerely,

Jermey Shulman, DDS, MS

Below is a response from Dr. Gloria Ward, author of the article Obstructive Sleep Apnea Syndrome - The Dentist's Role in Diagnosis and Treatment. This article was published in Volume 86 #4 - October, November and December 2009 issue of the Virginia Dental Journal, pages 20-25. This article can be found on our web site at: http://www.vadental.org/docs/Oct 09 Journal .pdf

Dr. Roadcap,

First of all, thank you so much for reading the article and for the feedback. Perhaps Dr. Shulman inadvertently missed the second full page of references for a total of 40 references for this article. There is current literature, listing 17 articles since 2005. The intent of the publication was to create awareness to our dental community about other aspects of our profession that have not been extensively explored or are newer to the discipline, and motivate people to include sleep apnea as part of the general initial evaluation and consultation.

As our role becomes more prominent in the diagnosis and treatment of sleep apnea, so should be our training and expertise. Like Dr. Shulman, it is my hope that we have many more future articles related to dental sleep medicine and its treatment including the dentist as member of a multidisciplinary team.

Dr. Gloria E. Ward is a member of the American Academy of Dental Sleep Medicine.

Sincerely,

Gloria Ward, DDS, MS, MIS

Dear Dr. Roadcap,

Dr. Pizer's letter to the editor in Volume 86, Number 4, struck a chord within me that has been resonating since I graduated from dental school in 1978. Over the years I have been reprimanded, talked down to and basically told that I am not qualified to provide any dental services outside the bounds of what these doctors with advanced training decide. It doesn't matter if I've had training or not in these areas, yet the double standard is more than obvious with regard to this issue.

Specialists with advanced training by definition are to limit their practice to only the area of their own specialty; otherwise they are practicing outside the bounds of what the code of the ADA considers ethical practice. Yet they commonly extend the bounds of their practices whenever some justification can be fabricated. For example the periodontists or oral surgeons who incorporate crown and bridgework into their specialties, now that they are the dental implant specialists. When was the last time you read or heard of any specialist being reprimanded for such a thing? Never? Yet they complain that the GP is not qualified, or if not complaining about the lack of qualifications they complain about the GP learning too much and infringing upon their "turf".

It is all so ridiculous and solely motivated by financial gain and fear. One can always follow the money trail to the truth, despite what is more commonly expressed as a concern for the "public welfare".

I would be pleased if you saw that this letter was published in the Journal.

Sincerely,

R. S. Mayberry, DDS

http://www.vadental.org/docs/Oct 09 Journal .pdf



#### Additional Letter from Dr. Mayberry on page 6

#### Letters to the Editor - continued

Dear Dr. Roadcap,

After reading the letter to the editor by Dr. Pizer I was moved to share some of my thoughts on the subject. Dr. Pizer a well-respected oral surgeon was accurate and informative with regard to a glaring problem facing dentistry today, the state of ignorance of many general dentists and their failure to diagnose, treat or refer patients accordingly, but let's be honest and place the blame on everyone responsible, not just the G.P.

I recently attended a continuing education program to learn the how to effectively use a newly purchased CT scanner for my office. This machine as Dr. Pizer has recommended offers the most fantastic three dimensional radiographic tools I have ever seen, especially with regard to in depth dental implant case planning. When speaking with several oral surgeons and periodontists at this course about the very subject Dr. Pizer raised, they all came to similar conclusions. The majority of their referring doctors did not understand basic diagnosis and treatment planning, let alone more advance treatment, like orthodontics, oral surgery, periodontics, TMJ and especially dental implant treatment diagnosis. They all agreed that because of the shortcomings of the general practitioner, the 'backbone of the profession' as states Dr. Pizer, the public was not being properly served.

Because I am a general dentist myself. I have attended numerous CE courses over the years and yet the statistics show that the majority of the GP's taking these courses only institute a small percentage of what is taught into their day to day practice. How many dental implant courses have been presented to GP's since 1984. vet only a small percentage of GP's are involved in surgical implant treatment?

For most of my dental career (I graduated from MCV in 1978) I was ignorant of scope of undergraduate dental education outside of my own experience at MCV. Only recently have I come to the awareness of the breadth and scope of what I received there in 4 short years. I was so naive with respect to the generally accepted requirements for graduation from dental schools. I had no idea that one could graduate dental schools without molar endo requirements. I didn't know that general dentists could graduate without periodontal surgery requirements. I didn't know general dentists were allowed to graduate with only the most basic oral surgery requirements. Nevertheless, I cannot ever remember any course taken where I was not told that if I had the slightest doubt I should always refer the patient to the "specialist". I wondered what was different about my dental education experience.

I remember the first time the dean of the dental school addressed my class; he was new to the program and university and related to us how he had been in general practice himself and was reading the help wanted advertisements in the back of the ADA Journal and answered an advertisement for the dean's position at MCV and got the job. He went on to say that his goal was to more fully train the general dentist because he felt his basic education was lacking in depth and experience. As a direct result of his curriculum changes I received one of the best dental educational experiences anywhere. I learned how to use IV sedation techniques and remove fully impacted 3rd molars in the oral surgery department. I learned flap and osseous surgery, and free gingival grafting procedures in the perio department. There was even an elective perio prosthetic course available. But unknown to me and the rest of my class there was trouble brewing.

Unknown to most of us at the time, the dean and his teaching philosophy had lost the support of the alumni, and directors of the dental school. His new curriculum was too far over the top, and teaching general dentists too much. This was at a time of economic turmoil, raging inflation, and too many dentists being graduated. everyone was concerned about their economic condition and powers behind the scenes had elected to do away with these new changes. In 1977 the dean resigned due to the lack of support for his changes to the traditional dental school curriculum. The dean. Dr. John DiBiaggio, left MCV and took a job at the University of Connecticut as the Dean of their health science division, and four years later became the President of the University of Connecticut. Having become recognized as a progressive educator he was asked and accepted a new position as the President of and years later moved on to become the President of Tufts University. Today in his late seventies he continues as one of the most sought after experts on education in the United States today.

I would be selfish to not express my thanks to this man who was ahead of his time and unafraid to challenge the status quo even though it was at his own personal risk. He gave me and my classmates the best undergraduate dental education anywhere and I would venture to say even better than that provided today in dental schools. If we really want GPs to become better educated and understand the "scope" of dentistry so that they do not cause embarrassment, we could start by providing them the best undergraduate dental education possible, something more than just knowing enough to recognize problems that are in tile purview of the proper specialist.

Sincerely,

R. S. Mayberry, D.D.S.





few years ago, our pastor retired. When I asked if he had an agenda for his free time, he said "Well, I'll always be preaching somewhere." Retirement is, for many dentists, in the forefront of their thoughts, or at least in the back of Their minds. When I started out nearly thirty years ago, I was told that retirement planning should begin the day you open your practice. Good advice, but not always easy to follow. I've also heard we spend the first half of our lives hoping things will change, and the second half hoping they won't. Dentists may look forward to retirement early in their careers, only to dread it as the time approaches. Why are many dentists anxious about life after dentistry?

It is often reported that many, if not most, dentists cannot afford to retire at age 65. If this is accurate, what contributes to this grim statistic? Let's look at overhead. In years past, fifty percent was deemed a "good" number: today, overhead percentages of 65%-70% are considered the norm. What happened? Consider technology – without question, a twoedged sword. Technology has become the currency of business, and we can't live without it. And let's sample one slice of the pie: practice management software. After the purchase and installation of hardware and software, training included, there's software support; online support; phone support; annual software upgrades to buy, and of course classes to become proficient in the upgrade just purchased. Let's not forget the computer guy/gal who drops in on short notice when the Dell server burns a piston. Add in a few peripherals, such as scanners, faxes, external hard drives (both desktop and portable), and main and backup printers, with the attendant bird's nest of USB cords, and we have a major capital expenditure. All this, and we haven't entered the operatory, where even more modern marvels await our checkbooks. Efficient? Without a doubt. Cost effective? You can be the judge.

On the income side of the ledger, consider fees. Oh, fees have increased at least as fast as the CPI (the government's spin on inflation), giving us some measure of comfort.<sup>1</sup> But do they reflect the cost of doing business? Dentistry is a science, technology, and consumer driven enterprise that doesn't conform to arcane models of cost analysis. We're not brokering pig iron, coal by the ton, or bushels of corn. Dental care made available to patients is expected and required to be the best we have to offer. and the support system needed makes cost (or, if you wish, overhead) a secondary consideration. At least ten years ago I heard Dr. Ronald L. Tankersley, now ADA President, tell a component society meeting that the procedures performed by general dentists required greater skill than an orthopedic surgeon, yet the surgeon's compensation was much more. His point, then, was that dentists were not being reimbursed for their skills and training. Third party payers dominate fee schedules for participating dentists, and, to a lesser extent, those who aren't. Increased income is largely a byproduct of increased productivity and not the result of adequate compensation.1

Why can't dentists hang up their handpiece when they're ready? Surging overhead, stagnant fee schedules, and in some cases, over-the-top lifestyles (grist for another column), conspire to keep retirement just beyond the grasp of many practitioners. When I was new in practice, I blithely assumed doctors set a date for their exit from the chair, and when the day arrived they never looked back. It wasn't long before I began to notice that all the retirements with which I was personally familiar were unplanned. Illness, injury, family crises, and even death while still in practice were the end of many careers. Had these doctors failed to plan? No. Their careers and practices mirrored those of their peers. They just weren't able to reap the fruits of their labors.

A few disclaimers: I'm not a Luddite; if you are seeking financial advice, you've come to the wrong place; and I'm not being cynical. Dentistry is a great profession - where else could you have this much fun and still be paid for it? So many workers hate their jobs. We can do what we love, and love what we do. And, like the pastor, I imagine I'll always be practicing somewhere, if fortune smiles upon me. Consider your own retirement, and its potential for career fulfillment. Long-term projections suggest that the number of retiring dentists will soon eclipse the number of graduates, reducing the value of dental practices at the time of sale.<sup>2</sup> Working beyond a previously-set target date may not compensate for a glut of "Practices for Sale" in dentistry's classified ads. Dr. Adishai Sadan, editor of Quintessence International, says doctors who plan to keep working indefinitely ignore reality: arthritis settles into the hands, hearing and eyesight fade, the back hurts...<sup>3</sup> I don't have the answer for the secular trends listed above. The most recent ADA House of Delegates gave a nod to the legions of dentists in the twilight of their careers, with the passage of a resolution seeking "ways to increase membership value for retiring and retired dentists."<sup>4</sup> Noting that nearly half of constituent (state) dental societies had more than 50 percent of members over the age of 55. the House hopes to retain members and keep them involved in the Association as they near retirement. Regardless of their career stage, the word "retire" carries different meaning and import for each dentist. It's one area where contact with colleagues, fostered by organized dentistry, will pay great rewards.

1 Guav, A.H. Dental Practice -Prices, production and profits, JADA 2005; 136(3):357-361 2 Beazoglou, T.:Bailit, H.: Brown, L.J.: Selling your practice at retirement - are there problems ahead? JADA 2000; 131(12): 1693-1698 3 Sadan, A. : The Dentist in Society Part 2: The Working (forever) Hypothesis. Quintessence Int 2008;39 (6):455 4 Fox, K.: Delegates vote to study retired member needs. ADA News November 18, 2009, 24.



# Because Every Child Deserves a Healthy Smile



# Smart Smiles

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For more information on how you can become a volunteer partner, contact Tina A. Bailey, CDA, CDPMA at 804.915.2690 / 800.533.4137 ext. 9 or tina.bailey@deltadentalva.com.





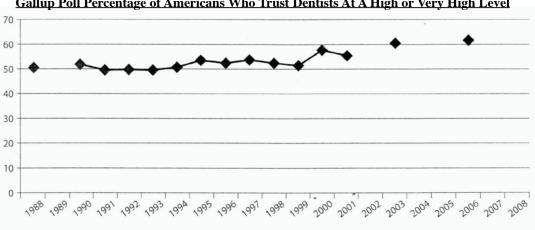
# **Guest Editorial**

#### **Gallup on Trust** David W. Chambers, EdM, MBA, PhD

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Leadership has been sounding the alarm, in editorials and from the rostrum, about dentistry's embarrassing slip in the Gallup polls of trust for various professions and jobs among the American public. This is wrong. Something should be done about it.

The Gallup question is "Please tell me how you would rate the honesty and ethical standards of people in these different fields ... " There are five



categories of response, ranging from very high to very low, and the results are customarily presented as the proportion of respondents who answer high or very high.

The Gallup organization has kindly provided me with the year-by-year database low-trust members sap the profession's strength whether they are real or just invenfor all surveyed fields since this guestion about trust was first asked in 1976. In tions of editorial writers. 1988 dentistry ranked fifth of 25, with 51% high or very high rating. Druggists/ pharmacists topped the poll then at 66%; car salesmen were on the bottom with Arguing with the public to convince them that the rankings of dentistry on trust really 6%. In 2006, the most recent year that dentists were in the poll, the profession are falling is some sort of perversity. Letting the public overhear this conversation, was in fifth position among 25, 62% high or very high trust ratings. Nurses, when it is contrary to fact, is imprudent. who were not rated until 15 years after dentists started, scored highest at 84%. Telemarketers were on the bottom with 7% approval.

There is also a danger in lowballing the trust numbers within the professional community - especially as a motivational tool. It may be useful to understate financial What is wrong and should be stopped is dentists telling each other that they are resources or workforce number or the depth of the scientific literature as a rallying losing the confidence of the public. It is not true and it is damaging to say so. cry for greater effort. But not so for trust; it is a different creature. The trust one The rank of the profession has been constant over a quarter of a century and has in colleagues or professionals has a direct impact on whether one is willing the proportion of the public that places high or very high trust in the profession to engage and collaborate. There is a minimal level of trust in others required to has increased by 11%. This is the same increase in trust achieved by physicians ensure participation. The largest determinant of willingness to cheat or cut corners and better than other high-trust fields such as police (9%), pharmacists (4%), is the beliefs about how likely one's companies are to do so. Think of the car salescollege professors (1%), and the clergy (-4%). Only engineers, at 14%, are man and telemarketers in the Gallup poll. They lack the rudimentary level of trust gaining faster among the high-trust fields, and they have yet to catch dentistry. required to improve their positions. Lack of trust in one's colleagues is a danger signal and a certain and self-fulfilling impediment to doing better.

The strange reports about declining ranks of dentist are an artifact caused by two factors: dentists are not included on the list of fields surveyed by Gallup Here is a story that illustrates this point. The coastal villages of England, during each year and new fields have been inserted, often for only one or two cycles. the sixteenth through nineteenth centuries, had lifeboats and crews to respond to For example, firefighters and the U.S. military have only appeared once in the shipwrecks. Usually eight men were required for the boats and it was dangerous survey and they received 90% and 81% ratings, respectively-but that was 2001 to put out to sea in a storm with fewer. On a particular night, a solid citizen heard and conincided with the 9/11 tragedy and the invasion of Irag. Secondly, some the alarm, but he thought it over and decided not to answer the call. Here was what professions, such as teachers have been subdivided on occasion into as many he reasoned: He knew that two of the 12 able-bodied men of the village had gone as three distinct categories. to Gloucester. He also had overhead his wife mention that a family friend and his son were sick in bed. At the tavern that night, a grumbler had started a rumor that Why would anyone spread untrue rumors to the detriment of themselves and two brothers were no longer on speaking terms with most in the community over a their colleagues? I have never heard the misrepresentation of America's trust in difference of opinion (based, no doubt on hearing about a Gallup survey). Our hero dentistry used as an attack from outside on the profession-preoccupation with fiwas completely rational when he calculated the number of men who would show up nancial success and failing to serve all in need, yes, but not being untrustworthy. to service the rescue boat and conclude that it would be dangerous to all who did The use of the Gallup numbers from within has always been well-intended. come. He knew that other able-bodied men in the village could figure this out for Come on, we can do better: this is a bit embarrassing and I call on everyone themselves as well, so it would be ill advised to attempt to be of help tonight. That in the profession to raise the standards of ethics. Occasionally, the message man was not lazy or unprofessional: he was 100% rational. tapers off toward. "If we don't take care of these problems, we may lose our privi-

lege of self-governance or be subject to greater regulatory scrutiny." In a few Do not ever be the grumbler who calls into questions the last useful act of trust cases, unidentified colleagues (they know who they are) get hit over the head among colleagues who can use it to enhance the common good. with Gallup numbers. This kind of material is custom-made for editorials. And some would ask "What is the harm? We really can do better, and having some committees talking about this is good for the soul, as long as no one in particular Volume 87, Number 1 • January, February & March 2010 is affected

#### Gallup Poll Percentage of Americans Who Trust Dentists At A High or Very High Level

Here is the point of this editorial: it really does matter what the public thinks and it matters a great deal what members of the profession think of the trustworthiness of each other. It is damaging to a profession to have low-trust numbers, and these

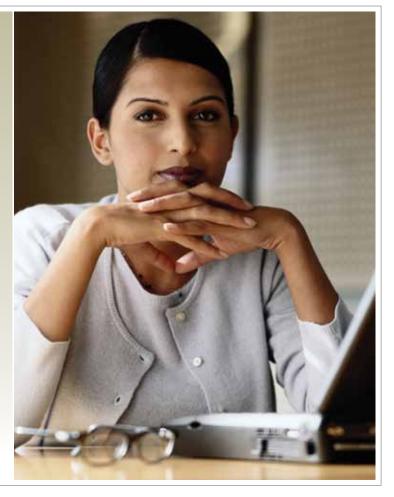
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Trauma in Young Adult Teeth & Revascularization Martin Trope, DMD Theory & Fabrication of Modern Properly Fitted Mouthguard Workshop Ray Padilla, DDS Current Trends in the Evaluation, Diagnosis, & Treatment of Concussion in the Young [Student] Athlete Gerard Gioia, PhD Pain, Suffering & Expense: The Unholy Trinity of Severe Dental Injuries David Kenny, DDS, PhD Sports Injury Photography Workshop Douglas Lambert, DDS Performance Mouthwear Forum Pure Power Mouthquard, Bite Tech / Under Armour Trauma in the Aesthetic Zone: from Injury to Restoration H. Ryan Kazami, DMD Tooth is Loose- So Now What? Splinting Material & Techniques Douglas Lambert, DDS Presidents Reception Live and Silent Auction





As i sit down to write this message, it is a sunny fall afternoon. The leaves on the trees paint a beautiful tapestry of red, yellow and gold. My 2 and 6 Redskins have just beaten the Denver Broncos. Yes, Thanksgiving is certainly upon us!

During this season, I am reminded that we as members of the Virginia Dental Association have much to be thankful for. Despite what has been a very challenging year for all, our association continues on sound footing.

#### The VDA enjoys:

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By the time you read this message, the holidays will be over and a new year begun. A new year brings the new commitment that we cannot afford to rest on our successes of the past. As leaders, we must constantly look to and plan for the future so that we are able to preserve all that we hold dear about our profession for those that follow us.

As we look to the immediate future, the one issue that will dominate our effort is advocacy.

In the national arena, the ADA has several legislative actions that directly affect dentistry. First, the ADA has actively lobbied in support of an amendment of the health care reform legislation to repeal the McCarran-Ferguson Federal Antitrust Exemption for the "business of insurance". Enforcement of the "red flags rule" has been delayed again until June 1st and the ADA Washington office continues to coordinate the effort to bring the FTC and congress in agreement to exempt dentists.

In Virginia, we have just witnessed a huge change in the makeup of our General Assembly, and the total party change of our state administration. This change comes as we are about to undertake our biggest legislative initiative in recent memory with our bill on MANDATED FEES FOR NON-COVERED SERVICES. We need to harness all of our resources to prevail in this effort.

The issue that this bill addresses is that some dental insurance companies are amending their contracts to seek to mandate fees for procedures that they provide no coverage. If the dental insurance companies are successful in achieving these contract changes, the fees for non-covered services will be controlled by the insurance companies and not by the treating dentist.

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Here's what you can do to show our legislators that we have the political will to determine our own future:

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- lowing link: http://conview.State.Va.Us/whosmy.Nsf/main?Openform.
- Show up in Richmond for our lobby day January 15, 2010.
- Please heed this call to action and I'll see you in Richmond!

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#### MAKE NO MISTAKE ABOUT IT - THIS WILL BE A BATTLE AND OUR SUCCESS OR FAILURE WILL

· Contact your legislators to get their support and get your friends and colleagues to do the same. As they say, all politics is local. You can find the name and contact information for your Delegate and Senator by clicking on the fol-

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#### **Trustee's Corner Dr. Charles Norman • 16th District Trustee**



A recent online issue of Dental Products Report asked the Question "Does the ADA Speak for You?". The implication of the question is that maybe there is a better voice for dentistry, but if not the ADA then whom. The article goes on to question how the ADA can represent both the dentist members and the public that we serve. Many critics feel that there are policy issues that are either good for the profession or good for the public with little room for common interest. Personally, I have always believed that policy that is based on sound science and a proven track record will ultimately be mutually beneficial to both the dentist we represent and the patients we serve. However, sometimes our policies may conflict with those within our profession, as well as, policy makers who may have an agenda that is pragmatic with no concern for science or best practices. A good example of this disconnect would be the use of midlevel providers. In fact, the DPR article goes on to mention that there are three areas commonly mentioned by discontented members as weaknesses of ADA policy. midlevel providers, national licensure, and favoritism of specialist over generalist. Let's examine each of those issues separately.

As a background for the first two issues, you have to also recognize that the organizational structure of the Association, the tripartite, has an effect on the relevance of ADA policy. Sometimes individual states have internal conflicts or political pressures that mandate a departure from long standing policies which create a conflict with the parent organization. That is both the advantage and the conundrum of being a confederation of state associations. Therefore, if you practice in Alaska or now Minnesota, your state dental practice act may be in conflict with ADA policy on midlevel providers. The current policy developed by the HOD restricts the delegation of diagnosis, treatment planning, and irreversible procedures to anyone other than a dentist. That stand is based on the educational requirements necessary to provide those services, as well as, a long standing track record of public safety. In addition, there are no similar uses of auxiliaries in the healthcare arena. Proponents of midlevel providers often compare them to the Nurse Practitioner in medical practice, but the training is significantly more stringent for Nurse Practitioners and they are not allowed to perform surgical procedures as is the case with DHATs. There are many questions about the effectiveness, safety, long affects on public dental health of this type of delivery system. It is not enough to point to the use of DHATs in Europe and New Zealand as evidence of their validity. The last time that I looked the US is still considered the model for dental care throughout the world, and until we see an objective, peer reviewed, scientific evaluation of the long term effectiveness of the DHAT programs, the ADA is taking the responsible position on this issue.

Similarly, licensure is ultimately the responsibility of the individual state licensing agencies, and is not within the statutory mandates of the ADA. For many years, ADA policy has encouraged states to accept a common content dental licensing exam, and to recognize the results of other testing agencies. In addition, current policy also calls for the elimination of live patients when a proven alternative is available. As recently as this past HOD, a resolution passed that asked the ADA to study a written exam alternative to the clinical exam as a means to eliminate live patients. If you were a member from a state like New York, you might think that the ADA policy on licensure does not go far enough to foster mobility; however, if you were a member from one of the independent states, you would consider the ADA policy to be meddling. In the end, the people with the fiduciary responsibility for the protection of the public will decide what form of examination is appropriate for their needs, regardless of ADA policy.

Finally, regarding the concern that the ADA represents specialists at the expense of GPs, I think we have to admit that we all view an issue based on our own experiences. Therefore, if you are a specialist, you will tend to evaluate policy from a specialist point of view, and the same would be true of GPs. Remember that our profession is about three quarters' generalists and one quarter specialists. The House of Delegates tends to mimic those percentages, so it is unlikely that policy would pass that specifically favors the needs of a specialty group at the expense of another or GPs. More commonly, good policy is the one designed to be relevant to all the practice communities. With a years experience as your Trustee, I can say without hesitation that the ADA speaks for the entire the profession and dental health of the public.

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#### "Does the ADA speak for you?"

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CHICAGO, October 6, 2009-Ronald L. Tankersley, D.D.S., who practices oral and maxillofacial surgery in Newport News, Williamsburg and Hampton, Va., was installed as president of the American Dental Association (ADA) and will lead the 157,000-member organization's efforts to protect and improve the public's oral health and promote advances in dentistry.

Dr. Tankersley's installation took place today during a meeting of the ADA House of Delegates in Honolulu. He previously served as ADA presidentelect.

Dr. Tankersley served a four-year term as a member of the ADA Board of Trustees representing the Sixteenth District, which includes North Carolina, South Carolina and Virginia. As a trustee, Dr. Tankersley served as board liaison to the Dental Economics Advisory Group, the Committee on the New Dentist, the Council on Access, Prevention & Interprofessional Relations and the Council on Ethics, Bylaws & Judicial Affairs.

Dr. Tankersley's previous responsibilities with the ADA include serving as chair of the Council on Dental Benefits, the Strategic Planning Committee the Advisory Committee on the Code, the Diagnostic Coding Committee, the Standing Committee for Diversity and the Dental Content Committee. In addition, Dr. Tankersley participated on the ADA's Future of Healthcare/ Universal Coverage Taskforce.

Dr. Tankersley is a former president of the Virginia Dental Association, Virginia Society of Oral and Maxillofacial Surgeons and Southeastern Society of Oral & Maxillofacial Surgeons.



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#### **Cover Story:** Virginia Dentist Assumes Presidency of the American Dental Association





He earned his dental degree from the Medical College of Virginia School of Dentistry where he also completed his residency in oral and maxillofacial surgery. Dr. Tankersley is a fellow of the American College of Dentists, the International Colleges of Dentists and the Pierre Fauchard Academy, an international honorary organization for dentists.

Dr. Tankersley and his wife, Gladys, reside in Newport News and are the parents of two children. Kenneth and Christine.

#### About the American Dental Association

Celebrating its 150th anniversary, the not-for-profit ADA is the nation's largest dental association, representing more than 157,000 dentist members. The premier source of oral health information, the ADA has advocated for the public's health and promoted the art and science of dentistry since 1859. The ADA's state-of-the-art research facilities develop and test dental products and materials that have advanced the practice of dentistry and made the patient experience more positive. The ADA Seal of Acceptance long has been a valuable and respected guide to consumer dental care products. The monthly Journal of the American Dental Association (JADA) is the best-read scientific journal in dentistry. For more information about the ADA, visit the Association's Web site at http://www.ada.org

#### **Photo Credit:**

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#### **VCU Student Member Attends First VDA Board Meeting**

#### By: Martha M. Bushong, Director of Communication and Public Relations, VCU School of Dentistry

"Our dental students are critical to the future of the Virginia Dental Association (VDA)." said Dr. Alonzo Bell, newly installed VDA President. In his presidential address at the September 2009 VDA Governance Meeting. Dr. Bell called for the VDA House of Delegates to add a VCU student advisory member to the VDA Board of Directors. The House subsequently approved two resolutions "to provide more voice for VCU student members."

In November, Ms. Sarah Kandrac (D 2011) the school's student representative to the board attended her first meeting. A long-time advisory board member himself, Dean Ron Hunt said, "I know from my own experience on the VDA Board of Directors that advisory members contribute to the discussion and their views are valued, in the process they also learn much about organized dentistry."

Dr. Bell said a student advisory member to the VDA Board of Directors "will be able to give the board insights into the concerns of the dental students, and a better understanding of how they communicate. Student involvement will give them valuable first-hand knowledge of the concerns of the future of their profession."

A self-described "people person," Sarah grew up in Ashland, VA and received her bachelor's degree from the College of William and Mary. As biology major she always considered dentistry an option. After college she worked as a sales representative for a dental supply company. This experience gave her a feel for the business aspect of dentistry and created a valuable network of contacts for her.

With her strong interests in service, Sarah's involvement with the VDA spans a variety of activities. Affectionately known as "the energizer," she serves as the student coordinator of the VDA Missions of Mercy, partnering with Dr. Carol Brooks to organize the student participation in the missions. This year Sarah also will be the driving force behind the student-led, benefit golf tournament, serving in the role of sponsorship committee chair. She serves on the newly organized VCU/VDA Mentorship Committee and has attended every VDA Legislative Lobby Day.

#### The Financial Truths of Dental School

By: Richard Carlile, VCU School of Dentistry, D-2011



The opening lines of Charles Dickens's classic, A Tale of Two Cities, reads, "It was the best of times, it was the worst of times." I am certain that many dental students around the country can relate to this timeless phrase for it is truly "the best of times" and "the worst of times." As the economy continues to struggle and state budgets are trimmed, the price of a dental education continues to increase. Students are faced with the reality that the great profession of dentistry comes at a price

A look at the three dental schools within the geographic boundaries of the American Dental Association's 16th District will

reveal that students at these schools share similar tuition and fees. As of 2009-2010 an incoming first-year dental student (that is a resident) will pay \$30,088.64 in tuition an fees per year at The University of North Carolina (UNC), \$29,140 at Virginia Commonwealth University (VCU), and about \$38,418 at Medical University of South Carolina (MUSC). Non-resident fees are a little higher. An incoming first-year non-resident will pay \$53,959.64 at UNC, \$52,089 at VCU, and \$59,088 at MUSC<sup>1</sup>. It is important to note that these are only figures for tuition and fees, they do not factor in cost of living. It is not unreasonable to estimate that an in-state student will graduate with close to \$200,000 in debt and

http://www.dent.unc.edu/academic/programs/dds/tuition.pdf http://academicdepartments.musc.edu/em/records/fees\_09.html http://www.enrollment.vcu.edu/accounting/tuition\_fees/calculator.html



The November meeting focused primarily on the upcoming legislative agenda. "While this does not affect students directly," said Dr. Bell, "our legislative action, if successful, will serve to preserve our current dental practice model for the dentists of tomorrow who are students today." In the future he plans to give Sarah time on the agenda to report on student issues.

Resolutions Adopted by the VDA House of Delegates Promoting Student Involvement

At least one ASDA member from the VCU School of Dentistry, as selected by the student government Executive Council, shall be placed on certain VDA committees as a voting member. Additional ASDA members from the VCU School of Dentistry may be placed on said committees as advisory non-voting members at the discretion of the VDA President.

Two advisory members shall be added to the VDA Board of Directors - one from the Old Dominion Dental Society and one student from the VCU School of Dentistry.

**University** Connections

an out-of-state student close to, if not exceeding, \$300,000.

In order to combat the large cost of education, dental students are entering the military, National Health Service corps, or signing contracts with companies or the state to work in an underserved area in return for loan compensation. In the VCU thirdyear class there are about nine people currently on military scholarships. I also know that several of my classmates have expressed interest in working

in an underserved area in return for some money that would go towards loan repayment. It should be noted that most of the reimbursements that students receive for loan reimbursement are due to the great efforts of The American Student Dental Association (ASDA), The American Dental Association (ADA), and The Virginia Dental Association (VDA).

Through the struggles and bliss of dental school I have learned one important fact: Organized Dentistry is essential to my future. To illustrate this point, at the recent ADA Annual Session House Resolution 34 was amended and then adopted by the House<sup>2</sup>. In essence, the resolution states that the ADA will encourage and seek legislation that will allow new dentists to deduct more of their interest payments at tax time than currently allowed. The ASDA delegation also amended the resolution so that the language would allow the ADA to help in lobbying for lower student interest rates and allowance for loan consolidation.

As a future dentist I am grateful to know that many, if not all, of you are concerned about those of us who will be entering the profession. The ADA and ASDA will soon begin to jointly lobby to lower the financial burdens of a dental education. I hope that you will help in this effort so that all new dentists can enjoy "the best of times "

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ADA House Resolution 34, Found on pg 5035, 2009 Board Reports and Resolutions



# An Interview With: Dr. Daniel Laskin

Journal: During the past 25 years, what has been the most significant development in the practice of oral surgery? In the training of oral surgeons?

Dr. Laskin: Do I have to limit it to one? First, I would list changes in anesthesia – techniques, drugs, safety features. There's been a movement away from inhalation anesthesia. IV sedation/anesthesia is much more comfortable for the patient. The second advance has been the greater use of plates and screws. Fixation of fractures or osteotomies with plates and screws means that patients do not have to have their jaws wired shut and can function guicker. Third have been the advances in orthognathic surgery. We can now take any bone in the head and move it around. Formerly we were limited to working with the mandible. I wish I had some of the cases that I saw years ago and was not able to help - we could now apply these techniques to them. As for oral surgery training, the scope has expanded tremendously. Oral and maxillofacial surgeons can now do their own histories and physicals and admit their own patients. Privileges are now the same for everyone in the hospital environment as long as they have the proper education, training and demonstrated competence. The bottom line is that patients can now receive treatment from those specialists who are most competent in a specific procedure.

#### Journal: In the future, will general dentists perform more or fewer surgical procedures? Why?

Dr. Laskin: I look at this in two different ways. Based on their experience and training, the potential is there for general dentists to do more surgery. However, we see dentists doing more and more cosmetic procedures. The question is: do they want to get involved with surgery when they can be doing other things that are more productive and efficient. From this standpoint, I see general dentists doing less surgery than they have in the past

#### Journal: What can be done to improve communication between general practitioners and oral surgeons?

Dr. Laskin: This is a hard guestion! For "routine" referrals, such as third molars, the general dentist will make the decision, and the oral surgeon is the technician. With implantology, the dentist has to communicate what he or she wants or the implants can wind up in the wrong place. Likewise, if the implant patient sees the surgeon first, there needs to be consultation with the restorative dentist before proceeding. The same goes for orthognathic surgerv. Bridges and prosthetics should be planned before the operation is done and not afterward. A multi-disciplinary approach is essential. Communication can always be improved, and letters between all parties are the way it should be.

#### Journal: Will new imaging technologies, such as CBCT, become the standard of care? Will they render many procedures off-limits to general dentists?

Dr. Laskin: I definitely think it will become the standard of care. But procedures then being off limits? I don't know. These images will show where possible complications can occur, such as how close the tooth is to the inferior alveolar canal or the maxillary sinus. It will therefore help answer the question: "Do I want to take the risk of treating

this patient?" However, because with these images we will see things not visible on routine radiographs, we now will face the responsibility of diagnosing pathology in areas with which we may not be too familiar. We may therefore want to have someone else to be responsible for reading the scan, similar to what occurs in medicine. Sending dental patients to imaging centers may then become more common than it has been in the past.

#### Journal: What has been the most satisfying aspect of your tenure at VCU?

Dr. Laskin: I have to mention three things that were "most satisfying". First, when I was chair I wanted to develop a good faculty with diverse interests, and I think I was able to accomplish that. Moreover, the fact that most of this faculty has stayed with us for many years has also been a plus. Second, seeing our residency program advance to the point where we are treated as equals in the medical center has been very gratifying. Third, has been the ability to have greater involvement of residents in research, teaching them to how to review the literature, to think critically and how to look at data. I have always said a specialty doesn't grow unless it contributes to new knowledge for the profession. Unfortunately, under the current economic conditions, programs have become very service oriented, and this doesn't leave much time for research. I have noticed in many journals that most of the contributing authors are now from outside the US and this is not a good situation.

#### Journal: Who has been the most influential person in your career? Why?

Dr. Laskin: The person who influenced me most was Dr. Bernard Sarnat, a plastic surgeon with both DDS and MD degrees. He was head of OMS at the University of Illinois when I trained there. He taught me the proper use of time, and I learned organization from him. He introduced me to research, and taught me to read articles critically. He got me involved in writing, and he was a good tutor on how to write well. That eventually led to my becoming editor of the Journal of Oral and Maxillofacial Surgery for thirty years. I think that's a record! Dr. Morris Fishbein was editor of the AMA Journal for twenty-six years, so I've got him beat.



#### Journal: What advice do you have for dental undergraduates?

**Dr. Laskin:** First, be a constant student – never stop learning. Second, always put your patient's welfare first. Third, give back to your profession and your community. By that I mean support your school, do part-time teaching, act as a mentor to young people who might be interested in dentistry. When you can do part-time teaching this frees up the full-time faculty for other things, like research. It is also important to become involved in organized dentistry.

#### Journal: List the qualities you appreciate most in a candidate for an oral surgery residency.

Dr. Laskin: We know what we're looking for - the problem is how you determine these things? A transcript doesn't always give you all the information. Do they have a deep interest in the specialty? Are they empathetic? What is their work ethic? Do they have a good academic background and how well have they done in the biomedical sciences? Have they had research experience? Are they interested in learning? There's a quote from Winston Churchill we have posted in the graduate clinic: "Personally, I am always ready to learn, although I do not always like being taught." I like residents who want to be taught.

#### Journal: A recent editorial in the Journal of Oral and Maxillofacial Surgery says research findings on TMD have done little to change diagnosis and treatment in the last 30 years.<sup>1</sup> What can be done to apply scientific discoveries to clinical outcomes?

Dr. Laskin: He's right and he's wrong. The problem is in the use of the word TMD. TMD is an umbrella term and in each patient we have to make a more specific diagnosis, because the treatment will vary in many instances. This is one of the reasons some practitioners have such difficulty treating these patients. It is strange that we use an anatomic location as a diagnosis. Orthopedic surgeons don't say the patient has "knee" or "hip", and yet we often find clinicians saying the patient has "TMJ".

Use of the term TMD has also made the literature difficult to interpret. There's a lot of research that has been wasted because it refers to treating TMD patients. without giving a more specific diagnosis. Therefore, it is not possible to determine to whom the results apply. This is one of the reasons it has been difficult to transfer such findings to the clinical situation. However, there have also been

many good studies in recent years and I am hopeful that our ability to manage these sometimes difficult patients will improve considerably in the not too distant future

#### Journal: In what ways will the practice of oral surgery change in the next 25 years?

Dr. Laskin: It will change dramatically. We'll see much more minimally invasive surgery - endoscopic rather than open surgical approaches are now being tried in many new situations. The introduction of distraction osteogenesis has made it possible to more conservatively treat some patients that previously required extensive orthognathic surgery. Moreover, this technique can be used instead of bone grafting to reconstruct certain jaw continuity defects. The use of bone morphogenic proteins to stimulate new bone formation will also reduce the need for bone grafts. Tissue engineering will also have an important role in the future by creating biocompatible tissue substitutes. I'm looking forward to seeing an artificial TMJ disk in the not too distant future. Overall, I believe that our surgical treatment will not only be less aggressive. but there will be a trend toward more medical management of the patient as our understanding of the various disease processes improves. I also believe that there will be more cooperation between the specialties in the future. In a multidisciplinary approach the patients will be much better off, but we will have to put aside our egos and our economic interests for this to occur.



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Assael, L.A. Temporomandibular disorders in surgical practice: Does science support treatment decisions? J Oral Maxillofacial Surg 67(5) 935-936.2009

#### A tribute to Dr. Daniel M. Laskin

By: A. Omar Abubaker, DMD, PhD,

Professor and Chair, Department of Oral and Maxillofacial Surgery - VCU School of Dentistry



Dr. Laskin received his D.D.S. degree from Indiana University School of Dentistry and his Master of Science degree from the University of Illinois. He was formerly Professor and Head of the Department of Oral and Maxillofacial Surgery in the College of Dentistry (1973-1983), Clinical Professor of Surgery in the College of Medicine (1961-83), and Director of the Temporomandibular Joint and Facial Pain Research Center (1963-83) at the University of Illinois Professional Colleges. He currently holds the rank of Professor Emeritus at University of Illinois. From 1984 until 2002 he was Professor and Chairman of the Department of Oral and Maxillofacial Surgery in the School of Dentistry and Chairman of the Division of Oral and Maxillofacial Surgery in the School of Medicine at Medical College of Virginia/Virginia Commonwealth University (VCU). He was also Director of the Temporomandibular Joint and Facial Pain Research Center. Since 2003 he has remained in the department as Professor and Chairman Emeritus.

Dr. Daniel M. Laskin has a history of outstanding service, leadership and dedication to the profession of dentistry. He is Past-President of the American Association of Oral and Maxillofacial Surgeons, and also served as Editor-in-Chief of the Journal of Oral and Maxillofacial Surgery from 1972-2002. He is Past-President and former Secretary-General of the International Association of Oral and Maxillofacial Surgeons and also served as the Executive Director of that organization. He also served as President of the American Dental Society of Anesthesiology. He is a member of Omicron Kappa Upsilon, Sigma Xi and a Fellow of both the American and International College of Dentists. He is also an honorary Fellow in Dental Surgery of the Royal College of Surgeons of England and the Royal College of Physicians and Surgeons of Glasgow. His other honors include an honorary Doctor of Science degree from Indiana University, the Distinguished Service Award from the American Association of Oral and Maxillofacial Surgeons, the Distinguished Alumni Service Award from Indiana University, the William J. Gies Oral Surgery Award, the Heidbrink Award, the Donald B. Osbon Award for Outstanding Educator, and the Virginia Commonwealth University Award of Excellence.

Dr. Laskin has made over 900 contributions to the literature in the field of oral and maxillofacial surgery and in dental research, including sixteen books on the various aspects of oral and maxillofacial surgery, including the temporomandibular joint. He is the recipient of the American Association of Oral and Maxillofacial Surgeons Research Recognition Award and the W. Harry Archer Achievement Award for his studies on the temporomandibular joint, and in 1993 he received the Norton M. Ross Award for Excellence in Clinical Research from the American Dental Association.

During his 25 years on the faculty of the VCU School of Dentistry, he directed the TMJ and Facial Pain Research Center for 20 years, resulting in improved treatment and health for the citizens of the Commonwealth of Virginia. Dr. Laskin is considered as a world expert in the field of temporomandibular disorders. His research in this area, which extends over fifty years, has had a significant impact on how such patients are managed. His introduction of the concept of masticatory myofascial pain and dysfunction (MPD) has led to greatly improved diagnosis of patients with temporomandibular disorders and to a shift in treatment philosophy from irreversible alterations of occlusion and extensive surgical procedures to use of more conservative reversible treatments, thus leading to better patient care.

His teaching philosophies also extended to the dental students, graduate students and residents, who ultimately became more informed practitioners throughout the state. His research activities in the field have been recognized by his being awarded the W. Harry Archer Achievement Award for TMJ research, the Alpha Omega Achievement Medal, and an ADA Presidential Citation. In 1993 he was awarded the Norton M. Ross Award for Excellence in Clinical Research by the American Dental Association. It is no secret that his national and international reputation brought name recognition to VCU and to the Department of Oral and Maxillofacial Surgery at VCU. Such reputation has always been a tool for recruitment of residents to seek training at VCU and for faculty to work with him in the Department.

Dr. Laskin's accomplishments are vast and impressive. However, it is Dan Laskin the person that is the most intriguing. I vividly remember how excited I was the day he called me 18 years ago to invite me to interview for a faculty position at VCU. Dr. Laskin's reputation was legendary and the thought of meeting him was thrilling. After a long day of interviews, he asked me what it would take to come to work at VCU. I replied by saying "All you have to do is to offer me the position." He said, "I am offering you the position." Without hesitation I accepted the offer. I have no memory of negotiating anything else, because the prospect of working with him was reward in itself. Since then, I have never looked back on that decision, except with jubilation and the knowledge that I did the right thing.

I have followed Dr. Laskin's contributions to dentistry and to the specialty of Oral and Maxillofacial Surgery both before and after working with him, and always marveled at his past and continued endeavors. After all these years and despite all the accomplishments, he continues to be an avid reader, a prolific writer, and always very inquisitive and interested in acquiring more knowledge. I am often taken by his never-ending enthusiasm, his eternal energy and continued quest to explore and search for new ideas and solutions. To me, he is a legend. I and all of those who have known him closely (faculty, residents and students) feel lucky, honored and privileged to have had the opportunity to have interacted with him. I consider myself luckier than most, since I have had the privilege of being mentored by him. He has made me a better teacher, clinician and person. I will forever be indebted to him for that

#### The Value of Accepting Electronic Payments **By: Scott Johnston**

Card payments continue to grow in popularity with consumers, so accepting them becomes even more crucial to your practice's growth. RBS WorldPay provides access - and advocacy on your behalf - to the card sociations, including Visa®, MasterCard®, Discover®, American Expres and all of the major PIN-secured debit networks.

Consumers want to pay with credit or debit cards. In fact, over two hund million MasterCard and Visa card holders in the United States depend the ability to purchase services and products with electronic payments. Fewer people than ever carry significant amounts of cash or write check So don't make their purchases inconvenient.

#### Do you need special equipment to begin electronic payment processing?

No. not really. There's no special equipment to buy. If you have a PC, y need only purchase Virtual Terminal software, which allows you to auth rize, process and manage credit card transactions from any computer t has an Internet connection. And with Virtual Terminal, you have advance fraud protection measures and comprehensive reporting tools to put the power of the Internet to work - helping improve your bottom line.

#### How can you lower your cost for accepting cards?

- Given most of your transactions are conducted when the pattern of th is present, you already qualify for lower-risk transactions.
- Switch customers who pay with debit cards to Direct Debit (ACH). These transactions significantly reduce merchant processing costs.
- Offer more payment options, as this can lead to overall lowe costs.
- Start accepting ATM debit.

#### What is an interchange fee and do you have to pay it?

Interchange is the fee you are charged for passing financial transaction information from your payments processor to the card associations and the banks that issue credit, debit and prepaid cards.

The card associations don't have one set rate that applies to every indu or every sale made. The rate varies based on the way the card information is provided, the type of card used and the kind of transaction.

#### Can you lower your interchange rate?

It is possible to lower your interchange rate. The lowest interchange rate occurs when a card is swiped through a terminal. If the terminal can't re the card's magnetic stripe, you can key enter the information. However increases the interchange rate. If you must key in the information, use trusted fraud prevention tool (ask your payments processor which to us If you don't, you'll see the interchange rate rise dramatically.



BS rd as- ess®	You can also lower your interchange rate by settling your terminal and transac- tions at the end of each day. If you settle weekly or monthly, you can count on your rate rising.
ndred	What is a chargeback? When a patient initiates a chargeback, it costs you time and money, so it's important to develop a game plan – the best offense is defense. See the top 10 ways to avoid them:
cks.	1. Prepare and maintain legible sales records with complete service and authorization information.
nts	2. Respond to retrieval requests within the required timeframe.
you ho-	3. Swipe the patient's card and obtain a signature. If the magnetic swipe cannot be read, complete a manual imprint and secure a signed sales draft.
that iced ne	4. For patients who choose recurring billing, make sure they are fully aware that their cards will be billed multiple times.
	5. If an incorrect account number was used, re-authorize and re-deposit the transaction using the correct account number.
atient	6. Settle and reconcile batches nightly.
	7. Process credits nightly.
er	8. Authorize all transactions.
	9. Do not process a transaction until service has been performed.
	10. Do not process a transaction prior to or after the effective date.
nal Id to	Now that you realize the value to your patients of accepting electronic payments and understand how to keep your costs controlled, the next step is a free, no-obligation, consultation on how you can bring this value to your practice.
dustry ation ate read	As an endorsed payments processor of VDA Services, RBS WorldPay is pleased to announce a comprehensive payments program, designed to bring value to VDA Members. As the fastest-growing payments processor in the U.S., RBS WorldPay is a single-source provider of affordable, flexible and scalable business solutions. And, if you act now, you're eligible to select from among several offers, all designed to help you realize exceptional savings.
r, this a ise).	Contact Scott Johnston of RBS WorldPay today at 804-564-9967.





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As a member of the Virginia Dental Association, there are resources available to you that can be used to educate your dental office about the only dental benefit that is strongly supported by the American Dental Association and the Virginia Dental Association - Dental Direct Reimbursement and Assignment.

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Online, you can find articles, testimonials and how-to guides for your office at the Dental Direct website:www.vadentaldirect.com. Simply click on the tab marked Dental Offices and you will find information that is specifically designed to help the dental office better understand Dental Direct including how to handle a patient who has a Dental Direct benefit and also how to promote Dental Direct to your patients in order to increase the number of fee-for-service patients in your office. A self-funded alternative to traditional dental insurance, Dental Direct is truly a win-win-win for employers, employees and the dental office so please visit the site to find out about all of the great benefits of Dental Direct.

You can also contact the VDA Main Office to request materials for your office. Call (800-552-3886) or email Elise Rupinski (rupinski@ vadental.org) to request a reference card for your office, a CD with an educational presentation or to receive materials that your office can distribute to patients to promote Dental Direct.



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 $\sim$  Dr.Greg Lynch

# **PathologyPuzzler**

with Dr. John Svirsky



A sixty-three year old white female presented to the Virginia Commonwealth University School of Dentistry with a lesion of her right lip (figure 1). Previously, she had this type of lesion and it usually went away in a week. Her past medical history was uneventful.



Figure 1

1. This lesion most likely is:

- Herpes simplex virus Varicella zoster virus
- Cytomegalovirus
- Recurrent aphthous stomatitis
- Lichen planus
- Squamous cell carcinoma

Two days later the patient returned to the clinic in a great deal of pain with the following lesions (figure 2-4) in addition to the lesion in figure 1.

2. What is the most likely diagnosis now?

- A. Herpes simplex virus Varicella zoster virus
- Β. Cytomegalovirus
- Recurrent aphthous stomatitis
- Lichen planus
- Squamous cell carcinoma





Figure 2



Figure 3



Figure 4



Continued on page 24



# **Commercial Building for Sale or Lease**

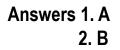
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# PathologyPuzzler



Herpes Zoster, also called shingles, is a neurotropic virus that presents as a painful, blistering skin rash with distribution of the affected sensory nerve. This is the same virus that causes chickenpox and once an individual gets chickenpox the virus will remain inactive within nerves. It will have the potential to become active, especially later in life.

The first signs of the disease are unilateral tingling, itching or burning. Following that red patches may develop over the affected area followed by vesicles and fluid filled blisters which remain two to four weeks. During that time they break, form ulcerations, dry and crust over. The crusts are usually gone within a month, but some patients develop scarring with hypopigmentation or hyperpigmentation.

Oral lesions follow the distribution of the trigeminal nerve and classically are unilateral and extend to the midline. This case was unusual: the patient presented with a typical herpes simplex type one (oral herpes) lesion, followed two days later with the typical unilateral distribution of Herpes Zoster (herpes type three).

It is important that the patient receive treatment within 72 hours (ideally within 24 hours of feeling pain and preferably before the blisters appear) with antivirals such as Valtrex (one gram) three times a day for seven to ten days. A number of practitioners also give decreasing doses of prednisone over seven to ten days. Antihistamines are prescribed when needed to reduce itching.

It is estimated one million cases of Herpes Zoster occur each year in the United States. Over half of the cases occur in people over the age of sixty. If you develop Herpes Zoster over the age of sixty, the chances of getting postherpetic neuralgia is over 50 %. If under sixty the incidence of postherpetic neuralgia is under 15%. Postherpetic neuralgia is extremely painful, at times incapacitating, and can last from months to years. There is now a vaccine that is recommended in non-immunocompromised adults to prevent Herpes Zoster and the post-herpetic neuralgia. It is thought that adults older than sixty should receive the vaccine as part of routine medical care, but this should be discussed with one's primary care physician.

This case was submitted by Dr. Vincent Sawicki, a faculty member at the Virginia Commonwealth University School of Dentistry.

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Scientific

#### DENTISTS CAN HELP DETECT EATING DISORDERS



By: Carlton V. Horbelt, DDS, FADPD, FACD, FICD. FPFD, FADI. DPNAP, DABSCD, Director of Dental Services – West Tennessee Regional Office

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According to The National Eating Disorders Association (NEDA), approximately 10 million women and one million men are affected by eating disorders such as anorexia nervosa and bulimia nervosa. This organization also estimates that another 25 million people suffer from binge eating disorders.

Dentists are becoming the first line of defense when it comes to identifying patients with eating disorders. There are several signs and symptoms present in the mouth that indicate a patient may have an eating disorder. These identifying signs include the following: bad breath, sensitive teeth, tooth erosion, tender mouth, throat and salivary glands, worn teeth that appear almost translucent, mouth sores from excess vomiting, dry mouth, cracked lips, and bleeding gums.

Maharukh Kravich, DDS, spokesperson for the Academy of General Dentistry, made the following statement: "The damage from purging (forced vomiting) mostly occurs inside the upper front teeth which causes erosion of the tooth's enamel, sensitivity, thinning and chipping," When a person purges (forced vomiting), stomach acids are brought into the mouth and damage the enamel layer on the teeth.

When a dentist does notice signs and symptoms of an eating disorder, he or she may suggest that the patient seek help from a therapist. The dentist should also teach the person ways to minimize the damage caused by stomach acids in the mouth. One such technique is to tell the patient that if he or she purges, it is very important to immediately rinse the mouth with soda water or a sugar free mouthrinse. If neither of these products are available, then the patient should at least swish water around in their mouth and then brush with a soft toothbrush and fluoride toothpaste. According to Dr. Kravich, "This is especially helpful if the signs of eating disorders are caught early." The National Eating Disorders Association makes the point that early detection of these diseases may ensure a smoother and successful recovery period for the body and the teeth.

Unfortunately, eating disorders such as bulimia and anorexia are not always discovered early enough to prevent serious damage to the teeth, and to the person's body. A child's parents may not notice any of these signs or realize that they are indicative of an eating disorder. However, they are most probably taking their child for regular dental visits, and hopefully, their dentist will catch these signs and symptoms during the intraoral exam.

Dr. Julie Barna, DMD, MAGD made the following statement: "Parents that suspect a child suffers from one of these disorders should consider visiting a dentist.""He or she should be able to spot the warning signs and help point you in the direction to get help."

Editor's Note: Dr. Horbelt passed away November 10, 2009.

# Extraoral

By: Dr. Elizabeth M. Wilson



#### Guns, Germs, and Steel

The Fates of Human Societies

ISMN: 13-978039061314 Publisher: W. W. Norton & Company, Inc.

Jared Diamond's opening line for this outstanding book is as follows:

"This book attempts to provide a short history of everybody for the last 13,000 years."

I remember being startled by that - what I thought to be a preposterous comment. Everybody? For the last 13,000 years...? Yet I was excited to dig in. Let's find out, I thought. And, Mr. Diamond absolutely delivers. As the back jacket copy notes: "A book of remarkable scope, a history of the world in less than 500 pages which succeeds admirably ... "

He writes: "Why did history unfold differently on different continents?" Diamond's main thesis is interesting to a relative newcomer to the topic. Essentially he's asking why did some populations develop "faster" across our world than others.

Common assumptions, he argues, cite biological differences, i.e. intelligence. Instead, he introduces us to what he calls "environmental differences". One might consider local animals, available plants and vegetation to be just a few of these environmental differences he posits. And his conclusions are fascinating.

For example, early in the book he traces the "spread of ancestral humans" (by itself very interesting!) and how their new environments affected their eventual development as a society. Our origins are now believed to be in Africa, where we as apes and later humans co-evolved with large game or animals. When we ventured into new areas, invariably we killed off most or not all of this large game (with some exceptions; also Diamond does explore other lines of thinking here as to the extinction of so many animals but thoughtfully concludes that we are responsible). Consequently, without this selection of game, people could not discover the ability to domesticate them.

The obvious animals come to mind like the horse and the donkey. But as Diamond points out, what if? What if some of these large species were still around to be utilized by some of the societies we now recognize as under civilized?

And this is crucial for what I believe is his main message: it's all about food production. The peoples that could succeed in food production, would themselves succeed. As most of us imagine food production across history, we see horses, mules and other animals labor. Not human labor. So, if there's no animal labor, food production remains in the hunter-gatherer state.

As an aside, I should note that Diamond does not necessarily conclude that success is predicated on "civilization". He carefully explains that what is natural in one culture, like finding your way around easily in a new city, is not natural in another. He uses himself by way of example, recalling how when he was plopped down in the "jungle" for research, he couldn't follow simple trails or create shelter for himself which the local population found humorous, so second nature are those activities to them. All people have their merits. Diamond's view is that "The history went differently". That is what provokes the many questions, the many "whys".

I don't want to give away the book, because it does read like a mystery. Diamond sets up his questions early on and gives hints to the answers. His title announces the main actors, and his storytelling is subtle, while engrossing.

This Pulitzer Prize winning work is awash in detail, examples, and counterarguments. The book was published in 1998 and today's copies include an equally provoking afterword from 2003. Enjoy!

#### "Don't make it easy for a patient to say no." Dr. Perkinson shares advice: 25 ways to survive

#### By: Richard F. Roadcap, D.D.S., Editor



hy do some dental practices prosper and others decline during an economic down-turn? Dr. W. Baxter Perkinson, Jr. shared his insights, gleaned from over thirty-five years of highly successful practice in the Richmond area, with more than 75 doctors and staff on November 6, 2009. Sponsored by the VDA as a member benefit, the course, held at the Country Club of Petersburg, was offered free to members and their staff. Titled "25 Ways to Survive and Succeed in Tough Economic Times", his distilled wisdom is better known - to those who've heard him many times - as "Perkinson's Pearls".

He emphasized there was no one thing, or even a list of "bullets" on PowerPoint®, that could capture the essence of a successful practice. Rather, it was the assiduous application of fundamentals that characterized practices that grew without regard to the economic climate. Not only patient care, but also prevention, self-confidence, time management, business principles, staff development, and community relationships, were essential to success. Dr. Perkinson says gratitude for the dental care he received as a child from the Medical College of Virginia (now VCU) dental school led him to pursue a career in dentistry. He has since assembled the largest group practice in Virginia, with forty dentists and nearly 240 employees. In the summer of 2009, a four-story, 55,000 square foot, addition named in his honor was dedicated at the school.

His remarks were illustrated with quotes to remember: "Expect change constantly." "Find empathy for your patients." "Don't make it easy for a patient to say no." "A denture is like a wooden leg." "Children influence their parents greatly." "Never forget the importance of details." In addition

Dr. W. Baxter Perkinson, Jr. to his business and professional acumen, he is widely known for his artwork - over 200 of his watercolors are displayed in the new dental school facility. He said if pressed to choose between his art and his dental career, he'd gladly give up painting. At age 64, he has no plans to retire from chairside dentistry.

VDA members and staff not only derived the benefit of Dr. Perkinson's advice (at no charge) but also were treated to drawings for prizes: mugs and T-shirts featuring his artwork, as well as framed original watercolors. No one left empty-handed – everyone received a copy of his signature 2010 calendar. Membership in the VDA doesn't confer immunity to economic distress. It does give members opportunities, such as this, to refine their business and management skills. Those outside the community of organized dentistry will have fewer such opportunities. Nearing the end of his program, Dr. Perkinson reminded the audience how lucky dentists were to have the ADA to represent them. He noted that the American Medical Association, representing only 20% of physicians, is unable to influence the debate over health care reform. The ADA, with its 70%-80% market share, wields much greater influence with policy makers and legislators.

#### Looking for your "Patient's Page"?

Kicking the nicotine habit. Simply go to the ADA website at this address:

http://www.ada.org/prof/resources/pubs/jada/patient/patient\_81.pdf





#### Virginia Dental Association Hosts 2010 Big Sky Ski 'n Learn Seminar

#### March 13-20, 2010 Big Sky Resort in Big Sky, Montana



The Virginia Dental Association will join at least ten other states in hosting a Ski 'n Learn Seminar at Big Sky Resort in Big Sky. Montana, March 13-20. 2010. Other state dental associations co-sponsoring the trip include Alabama, Indiana, Kentucky, Maryland, Missouri, Montana, Oklahoma, South Dakota, Tennessee, and West Virginia.

This will be our sixth consecutive trip to Big Sky. Over fifty dentists from eleven states participated in the 2009 trip.

Montana is known for its vast, beautiful landscapes and at Big Sky, there's no exception. Big Sky Resort is Montana's largest destination resort, featuring uncrowded skiing on 3,600 acres with a vertical rise of 4,350 feet. World-class skiing and riding is spread across three interconnected mountains with 150 trails and 400 inches of annual snowfall. With two terrain parks, a half-pipe, and the Lone Peak Tram whisking skiers and riders to 11,150 feet, Big Sky is the choice of many winter enthusiasts from around the globe.

#### **Continuing Education**

The Ski 'n Learn Seminar offers 16 hours of continuing education held Monday, March 15 through Thursday, March 18. A morning session will be held from 7:30-9:30 a.m., with an afternoon session from 4:30-6:30 p.m. A full breakfast will be served to seminar attendees at the morning sessions and snacks and beverages are offered during the afternoon sessions.

#### Lodging

Huntley Lodge - This three-story hotel was part of the late NBC news broadcaster Chet Huntley's original vision. With recent remodeling, it is as tasteful as it is convenient. The Huntley complex includes a fine dining room, lounge, coffee cart, concierge, shops, ski storage, meeting rooms and Solace Spa.

Shoshone - Shoshone combines the service of a hotel with the comforts of a condominium. This recently remodeled seven-story landmark is attached to the Yellowstone Conference Center and Huntley Lodge, Solace Spa. shops, espresso cart, and Kids Club are located in the lobby. The Summit - This 10-story luxury complex combines the convenience of a hotel with the amenities of a condominium. Flexible lock-offs allow for many 28 Virginia Dental Association

sleeping configurations. The Summit melds European sophistication with Western style with three high-capacity lifts within 100 yards of the entry. Big Horn - Big Horn Condominiums are truly a home away from home. These units are spacious, well-planned and especially comfortable for groups. Enjoy views of Lake Levinsky and Lone Mountain.

#### Transportation

Located just 45 miles south of Bozeman, Montana, and only 18 miles north of the Yellowstone National Park border, the resort is easily accessible via jet service into Bozeman on Northwest, Delta, United, Horizon, and Skywest Airlines. Ground Transportation is available by way of rental car or shuttle.

#### **Resort Amenities**

Located at the base of Lone Mountain, the complex includes meeting rooms, an amphitheater, a scenic Main Dining Room, Chet's Bar, two outdoor heated pools, jacuzzis, saunas, a health facility, tennis and volleyball courts, a massage studio, and retail shops all in the same area. Next door is the Mountain Mall, providing additional restaurants/bars, shops, and services.

#### Skiing and Recreation

The skiing at Big Sky is truly legendary. The experience is based on huge vertical, tremendous elbow room and breathtaking scenery. The facts tell the story -- two mountains, 3,600 acres, seventeen lifts, 400 inches of light. dry snow annually, no lift lines and the nation's 2nd largest vertical drop of 4,350 feet. Group ski rates will be available for registered attendees.

And when you're not skiing, the Big Sky area offers plenty of winter activities like snowmobiling and wildlife viewing in Yellowstone National Park, snowshoeing, sleigh ride dinners, ice skating, free children's aprés ski activities, or relaxing with a spa treatment from the Solace Spa.

#### How To Register

For registration information contact the Alabama Dental Association by calling (800) 489-2532, fax (334) 262-6218, or email greger@aldaonline. org.

### **YOU Be The Judge:** An Invitation to sponsor the future of dentistry.

You are invited to represent the Virginia Dental Association as a judge at the Virginia State Science and Engineering Fair on April 3, 2010. The fair will be held on the campus of Old Dominion University in Norfolk.

You need not have had experience as a science fair judge. All that is needed is a willingness to share your expertise and time with some of Virginia's most science -talented high school students.

VDA's awards recognize the research accomplishments of these bright, young people. Their projects involve the entire spectrum of science. During your one-on-one interviews you will be able to discuss the wonders of dentistry and what our noble profession offers them as a career choice.

At this event over 250 student researchers compete for a variety of their colleagues at awards presented by numerous scientific and professional organizathe Virginia State tions. In recent years the VDA's generous awards; which include \$3,500 in cash, have become a highlight at the Fair's awards ceremony. You University in Norfolk. are welcome to attend this exciting event as well. You will experience a level of enthusiasm, energy and excitement rivaled by few others. To sign up as a VDA judge please e-mail Kate Hanger at hanger@ VDA's grand award is the "Dr. Bennett A. Malbon Prize" for excellence in vadental.org. Be sure to give your name, mailing address, phone and science and community service. The recipient of this award takes home fax numbers. \$1,600 and a handsome plaque commemorating Dr. Malbon's contributions to dentistry and his community. Dr. Tim Russell and the Fair administrator will send you further details in early March.

imply endorsement by the VDA Journal of any products or services.

#### **Anthem Blue Cross and Blue Shield in Virginia Introduces Two New Agreements**

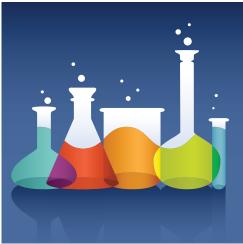
If you are currently participating in one of Anthem Blue Cross and Blue Shield's networks, which are developed by Southeast Services Inc. (SSI), you are aware that your participation is through a combined agreement that includes medical dental and dental only services. An affiliate of Anthem, SSI is responsible for the establishment, maintenance and administration of Anthem's provider networks.

dental only agreement. Anthem expects to mail an amendment in early January 2010. The amendment will include new agreements, exhibits and an executive summary highlighting the changes to the existing agreement.

to deliver these services.

On behalf of Anthem, thank you for your continued participation in these provider networks. The company looks forward to working with you in the future

Participating as a VDA judge is a great opportunity for you to actively sponsor the future of dentistry, support your community and really make a difference. All VDA members. including student dentists, are cordially invited to join



Science and Engineering Fair, Saturday, April 3, 2010 at Old Dominion

## Editor's note: the following announcement is for information purposes only and does not

- The company is pleased to announce the replacement of the existing agreement with two new agreements a medical dental agreement and a
- Anthem is excited about this change and believes it will highlight the value of dental services for Anthem members and provide you with easier ways

#### VDA Supporting Two Bills In Upcoming General Assembly Session

Chuck Duvall and Denny Gallagher, VDA Lobbyists

#### Insurance Companies Attempt to Mandate Fees for Non-Covered Services:VDA Seeks Legislative Solution to Growing Problem On Behalf of Dentists

#### The Issue

Some dental insurance companies are seeking to mandate fees for procedures that they are not paying for.

The dental insurance companies are amending their contracts or putting new contracts in front of dentists that set the fees dentists can charge not only for covered procedures, but also for those procedures not covered by the policy.

These contracts also set the fees dentists can charge after a patient has exhausted the maximum level of benefits available under that policy.

#### **David versus Goliath**

Ninety-two percent of all dental practices involve one or two dentists and it's unrealistic to think that the typical office can bargain effectively on these new contracts with multi-state and multi-million dollar insurance companies.

Dentists are restricted under the antitrust laws from joining together to negotiate collectively with dental insurance companies about these amendments and contracts, and may face exclusion from a dental insurance network if they don't accept the terms of these new amendments and contracts. Any decision on any insurance contract or amendment should be made by each dental practice independently.

#### **Impact On Your Patients**

Patients covered by dental insurance companies that don't have these contracts, and patients without dental insurance coverage, will carry more of the costs for high quality dental services. This is simply not fair.

#### The VDA's Response

While collective action to negotiate with dental insurance companies on behalf of its members is not permitted under the antitrust laws, it is permissible for the VDA to seek legislative solutions to this growing problem.

Senator William Wampler (R-Bristol), at the VDA's request, has introduced legislation in the 2010 General Assembly that limits insurer imposed caps and fees and reimbursements under dental plans only to "covered services."

The bill defines "covered services" to mean only those services that the dentist or oral surgeon has agreed to provide on behalf of the plan.

Finally, the bill excludes from the definition of "covered services" services to patients who have already met or exceeded a policy's annual limits.

#### **VDA Pursues Legislation To Regulate Mobile Dental Clinics**

The VDA's ongoing efforts to protect Virginia's children moved to the General Assembly in January with a bill to provide permanent statutory authority for regulations governing mobile dental clinics.

Acting at the VDA's request, the 2009 General Assembly added language in the state budget directing the Board of Dentistry to adopt <u>emergency</u> regulations protecting patients' safety when dental services are rendered by mobile clinic operators.

The VDA's concerns last winter centered on dental services being provided from mobile units to Medicaid-eligible students in certain Virginia school systems. The VDA was worried that follow-up care that might be required in some circumstances would not be available or provided to some of these students.

Emergency regulations developed by the Board of Dentistry in response to the General Assembly's 2009 mandate took effect earlier this month. What's needed now is permanent statutory authority to make sure that these regulations can be enforced beyond the confines of the current budget.

YOUR VOICE can and will make an impact. As always, we encourage your participation in expressing concern about these very important issues to your legislators- make a phone call, visit their offices, and send them information on the issue. Please contact Laura Givens at 804-261-1610 or givens@vadental.org with questions, concerns and updates on the progress of these bills. Thank you for your interest and efforts!

\*If you would like to electronically receive information regarding VDA legislative issues and efforts in the future, we encourage you to share your email address with our membership department. Please contact Leslie Pinkston at pinkston@vadental.org if you would like to submit your email address.



#### VADPAC Virginia Dental Political Action Committee

#### \*Take Political Action for your Profession in 2010\*

The 2010 Virginia General Assembly begins their session this month. Legislation, introduced by Senator William Wampler of Bristol at the VDA's request, will limit insurer-imposed caps and fees and reimbursements under dental plans only to "covered services."

Your involvement in VDA legislative efforts in 2010 is more important than ever. We encourage you to visit with your legislators on the hill regarding this issue. Also, send in your contribution to the Virginia Dental Political Action Committee (VADPAC), if you have not already.

Contact Laura Givens at 804-261-1610 or givens@vadental.org for more information on how to become more involved in VADPAC efforts. <u>YOU can make a difference by</u> effectively advocating for your profession.

# **VADPAC Fundraisers 2009**

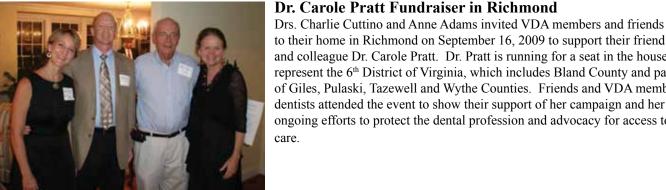
VADPAC appreciates VDA member involvement in steering committees to make these fundraising events successful. We also thank all members who were able to attend and contribute to these successful fundraising events.

Martinsville



Dr. Craig Dietrich, Dr. Martha Cutright, Dr. Barry Cutright, Dr. Peyton Moore, Delegate Ward Armstrong, Dr. Christopher Payne, Dr. John Rhoday and Dr. Raymond Mallinak.

Dr. Ellen Byrne, Delegate Lacey Putney and Dr. Carol Bolling



and colleague Dr. Carole Pratt. Dr. Pratt is running for a seat in the house to

**Delegate Lacey Putney Fundraiser in Forest** 

represent the 6th District of Virginia, which includes Bland County and parts of Giles, Pulaski, Tazewell and Wythe Counties. Friends and VDA member dentists attended the event to show their support of her campaign and her ongoing efforts to protect the dental profession and advocacy for access to care.

**Delegate Ward Armstrong Fundraiser in** 

Drs. Craig Dietrich and Ed Snyder co-chaired a fundraiser

for Ward Armstrong, Minority Floor Leader. The event was

held at the Chatmoss Country Club in Martinsville Virginia on

September 24, 2009. Delegate Armstrong represents the 10<sup>th</sup>

district of Virginia, encompassing Patrick County and parts of

Carroll County, Henry County and the City of Martinsville.

VDA member dentists were given the opportunity to speak

with Delegate Armstrong and express their support for him

and appreciation for his support of the dental profession.

The VDA held a fundraiser for Delegate Lacey Putney at the Inn at Trivium

on September 10, 2009. Dr. Ellen Byrne, Dr. Jim Revere and Dr. Ron Hunt,

adherent of the profession. Delegate Putney, who has served in the General

all from VCU School of Dentistry, brought together friends and family

members to honor and show their support of Delegate Putney, a strong

Assembly for 47 years, represents the 19th district of Virginia, which

encompasses the city of Bedford and parts of both Bedford and Botetourt

Sara Ness, Dr. Greg Ness, Dr. Charlie Cuttino and Dr. Carol Pratt

#### **Delegate Dave Nutter Fundraiser in Blacksburg**

Dr. and Mrs. Wally Huff hosted a fundraiser for Delegate Dave Nutter at their home in Blacksburg on August 27, 2009. Delegate Nutter represents the 7<sup>th</sup> District of Virginia, including parts of Montgomery and Pulaski counties and the City of Radford. The event was attended by friends and dentists from the area, who gratefully showed their appreciation of Delegate Nutter's efforts in supporting the dental community.

counties.

#### Speaker Bill Howell Fundraiser in Fredericksburg

32 Virginia Dental Association

Dr. Bob and Martha McGrail hosted a reception for Speaker Bill Howell, and his wife Cessie, (their next door neighbors) at their home in Fredericksburg on October 15, 2009. Dr. John and Linda Coker served as co-hosts. The Speaker represents the 28<sup>th</sup> district of Virginia, which includes the City of Fredericksburg and parts of Stafford County.



Dr. Bob McGrail, Speaker of the House Bill Howell, and Dr. John Coker

Clarkson, Carrie L

Bertman, David

Betzold, William F

Binda, Robert L Jr

Bird, Eliot W

Bisson, Ruby F

Bittel, David E

Black, David E

Bivins, William T

Blackburn, Jefferson T

Blanchard, Deborah R

Blanchette Mark F

Blaney, Theodore A

Bogacki, Katherine R

Bogacki, Russell E

Bok, Jae Kwon

Bolick, Donald S

Boone, Melanie

Boswell, Cramer I

Botuck, Henry M

Bowe, Thomas P Jr

Bowler, Michael W

Boyd, Herbert R III

Boyle, Richard P III

Brady, Timothy

Brandt, Jason D

Bream, Alan J

Breeden, Steve

Brill, Byron A Brinser Paul W III

Broth, Stuart A

Brown, Amanda E

Brown, Donald R

Brvant, Joseph C

Bukzin, Jay M

Bukzin, Mitchell

Burch, Stephen E

Burden James A

Burke, Carol P

Burger, Brenton W

Burke-Fox, Mary E

Butler, Corydon B Ji

Butts, David L Jr

Byrne, Bridget E

Cahoon, Roger H

Callery, William F

Campbell, Omer J

Candler, Robert A

Caravas, Jerry G Ja

Cash. Lawrence H

Cathey, Henry A Jr

Cattafesta, Michael

Cavallari, Kenneth J

Chamberlain, Dana H

Charaipotra, Neil H

Chaudhry, Magsood A

Chau, James Y

Cherin, Jack I

Chun, Edward

Circeo, David C

Citron, Albert A

Clarke, Jerry C

Claiborne, Shane

Clarke, Stephen M

Childress, David E

Carter, John C

Cash, Allan H

Carter, Roy T II

Cabaniss, Charles K

Byers, Paul G

Burningham, Tyle

Burns, Donna A

Bubernak, Fred A

Brown, Townsend Jr

Brownstein, Morton A

Brendmoen, Sara

Brigleb, Richard (

Brandt, Matthew 7

Brannon, Lawrence S

Brassington, Bryan A

Bradshaw, J Dwight D

Boxx, Eric W

Bowman, Shannon G

Bluhm, Andrew E

Abdelrazek, Jailan M Abel, Anna V Abrahams, Rodney F Adams, Anne C Adams, Kathleen A Adams, Randy Addington, Jerry W Ah, Michele K Ahmadian, Hosseir Akeel, Ed A Alachnowicz, J David Albinder, Kenneth Alejandro, Rodney A Alexander, John M Ali, Wissam F Allara, Jack M II Allen, W H Jr Allison, William H Alouf, Stephen Alvis, Stephen G Anama, Steven N Andersen, Holly H Anderson, A. Scott III Anderson, Bradley R Anderson, David C Anderson, Lisa M Anderson, Ralph L Andrew, Sandra Ankrum, Matthew 7 Anthony, Richard L Argentieri, Robert D Armour, William O Arnaudin, Richard A Artzer, Mark B Arzadon, Joseph E Asam, Stephen A Ashton Gary I Atkins, Carl O Jr Attreed, Elizabeth M Austin, Keith H Ayati, Marjun Avers, Charles E Babcock Daniel M Babik, Majd J Babington, William W Bagden, MA Bagheri, Desiree A Bailey Anthony D Bailey, Jeffrey C Bailey, Stephen W Baisey, Teresa A Baker, J P Baker, James W Ball, Mark S Ball, Shari I Bambrey, Dina l Banaji, Girish Bang, Jeffrev E Banker, Lawrence K Banks, Robert J Baranker, Howard J Barbieri, Steven J Barrett, Charles H Barton, Daniel M Bassham, Deborah A Bates, Richard W Bath, Gregory D Batistas, Theofaniv Baum, Philip J Bays, Thomas F Beam, David R Becker, Sidney Bell, Alonzo M Bell, Hunter C Bell, John A Jr Beltrami, Marco A Bennett, William Berbes, William ( Berman, Scott C Bernhard, Elizabeth A Bernhart, Brendan J Bernstein, Allen D

Abbott, Michael A

Claybrook, Robert A Jr Cleckner, Dennis E Clemons, Mark D Cline, Matthew W Clisso, Monica L Cloth, Mark S Cochran, Brian G Cocolis, Peter K Jr Coffelt, Marie P Coker III William I Cole, Gregory A Collins, Michael Collins, Timothy E Conrad, Paul W Cook, Phillip M J Cooke, Tom S III Cooper, Kevin C Copas, Jeffrev M Copenhaver, Richard G Corcoran. Theodore P Cornette, William R Cottrell, Richard W Covaney, Michael Covaney, Sharon C Covel, Jerome A Covington, William D Cox, Gregory R Cox, Robert Y Cox. Thomas I Cox, William R Jr Cox. William W Crabtree, Mark A Cranham, John C Crawford, Carrington W Crawley, Theresa Y Creal, Albert F Jr Crist Frank C Ir Crist, Jason S Crockett, Donald H Jr Crowder, Curtis R Ja Crowder, E Paige Cruser, Melvin E III Crutchfield William F Cujar, Ana Maria Cumbey, James L Jr Cusumano, Joseph Cuttino, Charles L III Cvr Jeffrev E Dabney, Charles W Dailey, George C Dameron, Karen C Dameron, Stanley D Daniels, Sandra D Davenport, William I Davis, Debra A Davis, George E II Davis, H N Davis, Jeffrev P Davis, Jeffrey S Davis, Michael J Davis, Ronald C Ju Day, Jeffrey Dean-Duru, Lynda N Dearment, Damon W DeGinder, Bruce R Delaney, Jayne E Delgado, Edward B Delph, Bradley DeMayo, Thomas Demsko, Harold H Denison, John J Desio, Joseph G Deutsch, Charles M Devening, D C Jr DeViese, David M Deverle, William A Diaz, Jennifer H Dibbs, Frederick N Dickey, Floyd R Dickinson, Terry D Dietrich, Craig B Dillon, Kathleen G



Dillow, Walter R J DiRenzo, Gregory S Divalentin, Robert E Dollar, James F Donahue, James J Donahue, James W Donohue, Richard I Doriot, Robert E Dorsch, Steve S Dougherty, William V III Downey Ronald G Drake, Sandra Dreelin, Robert A Driscoll, Robert M J Dryden, James S Jr Duff, James S III Dumlao Rustico Dunegan, Michael G Dunham, Elizabeth C Dunlevy, Harry A Duong, Truc O Dusek, Thomas O Dymon, William D Economides, Mino Edenfield, Michael Edmonds, Robert M Ehreth, John S Eichler, Thomas J Einhorn, Bernard I Elgazzar, Mohamed I Elgohary, Anthony A Elhady, Tamer N Elias, Thomas G Ellenbogen, Gary F Ellington, Paul Ellis, David L Ellis, Jonathan H Ellis Robert B Emad Neal R Emam, Atiyeh Engel, Gregory T English, Sam E II Epstein, Jerrold H Enstein Ross Eschenroeder, Thomas A Etheridge, Daniel M Evans, Candace F Evens, Steven E Faber Beth L Fabio, Michael A Fagan, Harold H Falaiye, Victor Falbo, Anthony D Falls III, William Farahi, Fredrick Farmer, James R Farr, Michael V Farrington, Frank H Fashing, Gisela K Favis, Raymund V Feeney, Brian A Feild, Robert J Ferguson, Andrew Ferguson, Julie S Ferguson, Justin W Fernandez, Miguel Ferris, Philip S Ferry, David R Field, Sheila R Fields, Julian W IV Filippone, Louis C Fink, Bernard B Finkler, Timothy J Finley-Parker, Kathryn S Finnerty, Raymond J Fishman, Edward Fitzgerald, David K Fleming, Harold A Flikeid, Robert C Foretich, Jerome F Jr Forrest, David L Forsbergh, Eric J Forsee, James H Jr

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Grubbs, John T Grupp, William A II Guthrie, Alfred R Ju Gutierrez, Jerel D Gwaltney, Steve Gyuricza, James I Hagert, Christie L Haggerty, Kenneth M Haines, Gary W Hall, Michael E Hall, Robert B J Hall, Robert G Hamer, David B Hamlin, Daura C Hamman, Frances K Hammock, Mark A Hammond Albin B III Hanley, Michael R Hanna, Peter J Ji Hanna, W B Hardin, Michael Harman, Marvin D Harper, William G Harre, John W Harris, Charles E Harris, Jeffrey A Harris, Monroe E J Harris, Paul W Harris, Sharon F Harrison, Glenn A Hart, Patrick D Hartman, Gary A Hartman, Melanie Wilsor Hartmann, Paul K Hartz, Gary L Harvey, David M Harvey, Paul D Hatch Steven D Hatcher, William R Hauptman, Ronald S Hearne, Steve P Heath, Richard T Hechtkopf, Michael Helsel David F Helton, Donna F Hemedan, Nada Hendricks, Arthur ( Henon, James P Henry, Rolin S Henry, William C Herbst, Heidi A Heriford, Susan E Herman, Barry L Hermelin, Mark Herring, Carolyn C Herring, Nelson Herrmann, Henry J Higginbotham, Henry K II Hilton, J E Jr Hilton, Ronnie M Hindman, Edward Ju Hinkle, Richard A Hinrichs, Robin E Ho, Charlton Ho. Stewart C Hoang, Long Hobbs, Jesse A Hodges, Jeffery E Hoffman, Howard Hogan, Adam M Hollyfield, Neil D Hooper, Christopher A Hooshangi, Mitra Hoover, Jared Hopkins, Thomas U Horbaly, William Horsey, Gustav D Hosek, Eric Hoskins, Robert G Houchins, Nathan Householder, Ronald W Howard, Clinton W Howard, Gregory D

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Maestrello, Christopher L Mahanes, Alan W Maharaj, Barry R Mahn, Douglas H Mai, Christine L Major, David W Mallinak, Raymond F Malyavantham, Dattathri Mancini, Andy Mansfield Richard S Marcus, Carlene D Marino, John A Markoff, Bruce W Marks, Norman J Marshall, David T Martin Anthony L. Martin, Shannon M Martinez, Harold J Marzban, Pamela Mason, Erika C Massaro Alfonso D Matheson, Barry R Matney, John L Maull, Deirdre Mayerchak, Michelle Mavhew, Jessie W Jr Mc Andrew Karen S Mc Avoy, Brian J Mc Corkle, Allen D Mc Corkle, Maston R Jr Mc Cuin, Stephen D Mc Donald, Peter J Mc Grail, Robert F Mc Kee, Thomas A Mc Munn, Michael O McClung, Alicia Lang McCormick, Michael P Jr McCrary, Thomas A Jr McDonald, Anne S McGrath, Katherine A McMillan, Alex IV McOuiston, Scott A McVay, Thomas J Meador, Larry R Mears, Gene C Mello, Kenneth J Mercantini, John A Mesaros, Samuel V Mestas, Eric Metzdorf, David W Metzdorf, David W Jr Metzger, Lawrence C Meza, Fernando J Michaels, Emanuel W Midgette, Brian P Midkiff, James H Midkiff, Kenneth B Millan, Alirio Miller, Benita A Miller Eric N Miller, Glen R Miller, Juliana F Miller, Mark A Miller, Michael E Miller Scottie R Mills, Christina P Mills, Michele M Milonas, Demetrios P Mitnick, Howard M Jr Monacell, William R Montalto Sanford Montgomery, Jeffrey D Moon, Sue K Moore, Alfred P Moore, French H III Moore I Peyton Ir Morabito, Robert A Morch, Michael H Moretti, Joy S Morgan, Joseph H Morgan, Michael S Morris David A Morris, Glenwood E Morris, Thomas J Morris, William E Ju Mosher, John D

Mosher Russell N Moss, Lloyd F Jr Mossler, Margaret M Mourino, Arthur P Mueller, Jennifer R Mueller, Travis L Mullins Edmund E Ir Mullins, N C Munn, William B Murphy, Walter K Murry, Donald R Jr Muss Nicholas A Myers, Stephen L Myles, Wayne S Naik, Priti M Nardiello, Charles A Nasr, Flavio W Neal Miller, Tammie Neal, Harold J Ji Neale, M M Jr Neel, Anita Neese, Danny B Neighbors, Robert B Nelson, Charles H J Nelson, James F Newell, Gary Newman, Jerome W Nguyen, Christine Nguyen, Denise T Nguyen, Monique Nguyen, Nikki Trinh T Nguyen, Thi Niamtu, Joseph III Nido, Arthur A Niles, Raymond R Ji Norbo, Kirk Norbo, Randy J Norris, Clinton J III Nosal, Gregory Nottingham, James H Jr Novick, Arthur J Novick, Kendra Nyczepir, David J O'Berry, Vernon Jr O'Connor, Susan F Oden Fulton Catherine O'Donnell, William A Oertel, Ellen R Oh, Joseph J Ohri, Puia Ohri-Parikh, Anuja O'Keefe, Edward M Olano, Magali Oliver, Tracy S O'Neill, Robert L Ortega, Thu-Nga H Osinovsky, Alexander Ossakow, William Osseiran, Hasan S Outten, W L III Overby, Timothy Overstreet, Benjami Overstreet, Douglas R Jr Overstreet, Susan F Overton, Bruce W Owens, Edward A Pace W I Ir Padgett, Alan M Padgett, Thomas B Paget, Joe A Jr Pal, Gopal S Palabrica, Rosario Palmer, Roger A Pandak, Hilary Pandolfi, Philip. Pape, Russell A Parks, Meredith S Parks, William R Parrott, Thomas R J Pash, John W Jr Passero, Peter L Patel, Ajit Patel, Kalpita J Patterson, Adrian L Jr Patterson, Paul H Patterson, Travis T

Pauley, Richard L Pavne, Albert L Payne, Christopher A Pearson, Bonnie Peery, James M Jr Pell, James A Pellerin, Robert D Peluso, Anthony R Penn, Joseph H Penterson Robert Perez-Febles, Joaquin M Perkins, Dennis W Perkins, Nancy B Perlman, Steven L Pham, Anh H Phass Dean I Phass, Sophia C Phillips, Walter L Phucas, Faline K Piascik, Christine I Piccinino Michael V Piche Ion E Pisciotta, Dominick J Pittman, Tyler L Plauka, Gail V Pleickhardt, Steve T Polack Mariano A Pond, Ashton W Si Pope, H L Jr Pope, Robert A Portell, Frank R Price, Douglas S Ji Price, McKinley L Price, Stephen A Priest, James H Prillaman, William N II Prugh, Reed D Oiu. Kenneth Quigg, Richard K Oureshi, Farhan Radler, Mark L Ragsdale, John R III Ramsey, Harry E Jr Rasmussen, Kenneth C Rasmussen, Wayne G Ratner, Les S Rayek, Riaz M Razavi, Ramin Reddy, Harini Redwine, William. Reeves, Rvan M Regimbal, Pamela I Reitz, Mark G Rellins, Don Render, Philip J Reske, James F Revere, James H Ji Reynolds, Donald F Revnolds, Elizabeth C Revnolds, Gavin E Rhodes, Daniel R Rhodes, James N Rice, Richard O Rich Jerry H Richardson, Thomas M Richmond, Leslie I Rilev, James L Riley, Jeffrey O Ritchie, David C Rizkalla, Adel Roadcap, Richard F Robbins, Alan Roberts Thomas C Roca, Adam J Roca, Aurelio A Rocha, Isabel B Rockhill, Amy D Rogers, Clark W Rogge, Rod M Rolf, Kurt Romano, Frank Rose, John B III Rosenberg, Robert K

Ross, John J Roy, Carl P Rye, DG Rye, Leslie A Saba, Shadi Reardon-Davis, Christine M Richardson, Christopher R Richardson, Emmett V III Sill, LS Smith, Karl A

Rosenberg, Ronald M Rosenblum, Stephen I Rosenman, Larry Rosenthal, Leo J Ross, Edward F Jr Rossetti Michael A Rothman, Gerald Rothman, Jeffrey R Rotter, Michael Rowe, David E Rowhani Bahar Rubenstein, Loretta K Rubin, Ricky J Rudolph, Barry S Ruffner, Scott A Rutledge, James L II Ruzzo, Joseph A Sabharwal, Smita Sabol, George J Sagun, Marvin G Salmon, John M III Salpetch, Sunee Salver, Lavmon A Samaha, Lisa M Sapperstein, Evan R Sarmiere, Lawrence R Saroff, Stephen A Sarrett, David C Sartelle, Harry M III Saunders, Paul L Savage, Anthony W Savage, Cary L Jr Savage, Randolph E Saxon, Walter E Jr Scelfo, Peter J Schambach, Richard G Schecht, Wavne Scheider, Phillip C Schell, Robert E Schneider, Joseph P Schroeder, James R Schrumpf, Gregory A Schulte, Michael W Schultz, James M Scimeca, Craig M Seaver, James M Selden, Stephen F Self, Oscar W Jr Sellers, John G Jr Sellers, Vernon A Semones John D Shaeffer, Elizabeth T Shannon, Theresa L Shannon, Travis M Sharif, Shohreh Sharrock, Michael F Shearer, James W Sheikh, Shehzad M Sherman, Heidi A Sherwin, J Ted T Sherwood, Richard I Shewmaker Dale P Shields, Walter D Shiflet, Harvey H III Shivar, Walker W Shufford, Earl L Sibley, David P Silloway, Kimberly A Silvers, Arthur T Silveus, Michael D Simmons, Robert A Skaff, Victor S Jr Sklar, Andrew M Slagle, James L Jr Slaughter, Terry W Small, Neil J Smith, Emily P Smith Hubert R I Smith, Mark G

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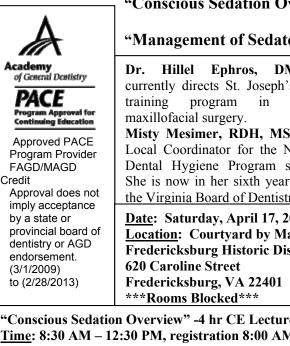
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Throckmorton, Dennis

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#### Virginia Association of Dentists for Intravenous Sedation, LLC 3<sup>rd</sup> Biennial Conscious Sedation Lecture Series



Time: 8:30 AM – 12:30 PM, registration 8:00 AM Prerequisite: Must be conscious sedation qualified Fee: \$295 (Doctors only)

34 Virginia Dental Association

Kitchen, Kim I

Wallace, Donald M Wallace, James C Walton, Guy W Jr Wang, Richard Ward, C Sharone Warren, Laurence A Waterman, Jennifer R Watson, Benjamin T III Way, William W Webb, James P Webb, Leslie S Jr Webber, Caroline M Weil, Jack Weinkam, William H Ji Weisberg, A J Weisberg, Barclay K Weisberg, Edward J Wendell, Peter D Wernick, Robert West, LW Wexel, Walter K Wheeler, David L Wheeler, Kyle W Wheeler, Steven L Wheless, John R III Whiston, David A White, Alan J White, Paul R II Whitlow, Odie A Whittington, Richard M Wiger, John C Wiggins, Benjamin E Jr Wilkerson-Cox, Sherri L Williams, Daniel S Williams, Jeffrey S Williams, Jon W Jr Williams Michael K Williams Nahee Williams, Suzanne S Willis, Julian D III Wilson, Richard D Wiltshire, Curtis B

Winebrenner, Lori A Winkler, Mark A Winkler, Thomas J Withers, James A Witte, Ernest T Wittman, Harold F Wlodawsky, Ross N Wolfe, Barry Woo, Jansen G Wood, Richard H Wood, Roger E Wooddell, Carol B Wooddell, J Douglas Woodruff, Harvey C III Wortman, Michael J Wray, R L Wright, Douglas D Wright, Rita Wu, Linda W Wyman, Bruce S Wynkoop, Todd E Yandle, Kent Yeo, Mike C Yi, Chang Yorgey, Kenneth A Young, Brenda J Young, Glenn A Young, M W Young, Reginald S Yung, Susan A Zacko, George B Zahedi Nazi Zaki, Tarek O Zak-Ramsay, Heather N Zamani, Amir Zapatero, Dagoberto G Zarrinfar Ali Zier, Tara L Zimmer, Andrew J Zimmet, Paul N Zoghby, Gregory M Zwibel, Burton C

#### "Conscious Sedation Overview", Hillel Ephros, DMD, MD

#### "Management of Sedated Patients", Misty Mesimer, RDH, MSCH

MD, MD, 's residency oral and SCH, is the NVCC/GCC since 2000.	
r serving on	Contact: G. Preston Burns, Jr., DDS
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e "Management of Sedated Patients"-4 hr CE 1 Lecture ed <u>Time</u> : 1:00 PM – 5:00 PM, registration 12:30 PM <u>Fee</u> : \$195 hygienists, \$125 staff	



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#### Anatomy of an RTA Patient Visit

By Richard Moore President and CEO, Mercury Data Exchange

Dentists across the Commonwealth of Virginia are using many of the latest amount insurance will pay for each treatment plan while the patient is in your office - eliminating hours spent on the phone with payers and patients. By conducting a "pre-D" face-to-face with the patient in your office, you can determine future visits, schedule appointments, arrange payment plans and provide financing options for treatments. In today's challenging economy, conducting "pre-Ds" in the office can help reduce the empty chair problem that occurs when patients miss or cancel appointments due to payment issues or other concerns, and improve patient relationships through setting expectations upfront. Claims Processing – Before the patient checks out, RTA applications allow you to submit claims, determine how much the insurance company will pay and identify the amount due from the patient. Your staff can give the patient a printed copy of the explanation of benefits showing the amount the insurance company will pay and how much the patient is responsible for that visit. As a result, you can collect the full amount due from the patient at the time of service, avoiding pay-and-chase scenarios that occur when waiting until after the insurance company processes the claim. Real-time claims and pre-determinations are available for many payers, including Delta Dental of Virginia, Delta Dental of Arkansas (for Wal-Mart employees), Delta Dental of Wisconsin (Kohl's employees), Met Life and United Concordia. Treatment Planning – Equipped with the pre-determination and payment information needed, you can review treatment options, schedule payments and offer financing options to the patient during the initial visit. For a large percentage of daily patient visits, you can implement RTA and

technologies to treat patients: digital radiographs, computer-controlled magic wands for painless injections, quiet electric hand-pieces and virtual 3-D digital impression systems for restorative work. These technologies have brought notable advances to the practice of dentistry in recent years. Meanwhile, the front office and claims processes haven't progressed much since the late 20th century, while those in hospitals and physician practices have been automating the revenue cycle for years with real-time and immediate transaction technology that transforms the way business is done. Many dental offices today wait approximately 35 days or more to receive payment from the payer after submitting a claim. It can then take up to 90 days or more to receive a patient's payment following the visit. As a result, full payment for services often isn't received for four months or more. Further complicating this process, dental office staff often have to call the paver to determine where the claim is in its life cycle, follow up with patients regarding unpaid bills and send out multiple invoices to patients in order to secure payment - increasing administrative costs and requiring more full time equivalent work. Fortunately, many dental practices are now seeking automated tools to address this inefficient and costly process. Real-time adjudication (RTA) reengineers the claims process. What previously took weeks or even months to complete can now take days, and often minutes, while minimizing administrative costs, reducing accounts receivable

days and improving cash flow. At each step in the claims and billing process, achieve electronic funds transfers (EFT), which minimize accounts receiv-RTA technology enables practices to deliver a dental office experience that able (A/R) days and allow many transactions to be completed within a day is as seamless and efficient as a retail credit card transaction - both for the after the patient visit. patient and the office. Effectively utilizing RTA starts before the patient appointment and in an ideal situation concludes with patient payment the day When you consider that almost every other business can tell its customof the visit and payer payment the day after the visit.

Eligibility - Before the patient arrives for an appointment, RTA helps your dental office electronically request and secure patient eligibility and copayment information. You can also check deductibles, co-payments and maximum payments as well as the current amounts the patient has satisfied. Real-time eligibility is available for many dental plans, including Cigna, Delta Dental of Virginia, MetLife, Aetna, Prudential and United Concordia, This can be accomplished directly from the scheduler page in your practice management system.

Pre-Determination – Today, the pre-determination process typically takes place after the patient leaves your office and often requires many followup calls to reach patients and payers to determine next steps. However, real-time pre-determination of benefits provides your office with the exact





ers what they owe before they leave, don't you owe it to your practice and patients to offer the same type of service in your office? By deploying RTA technology, you will transform the billing process into an efficient retail-like experience that takes place at the point of care, optimizing the efficiency of your entire practice, lowering claims processing costs, and improving communication with your patients.

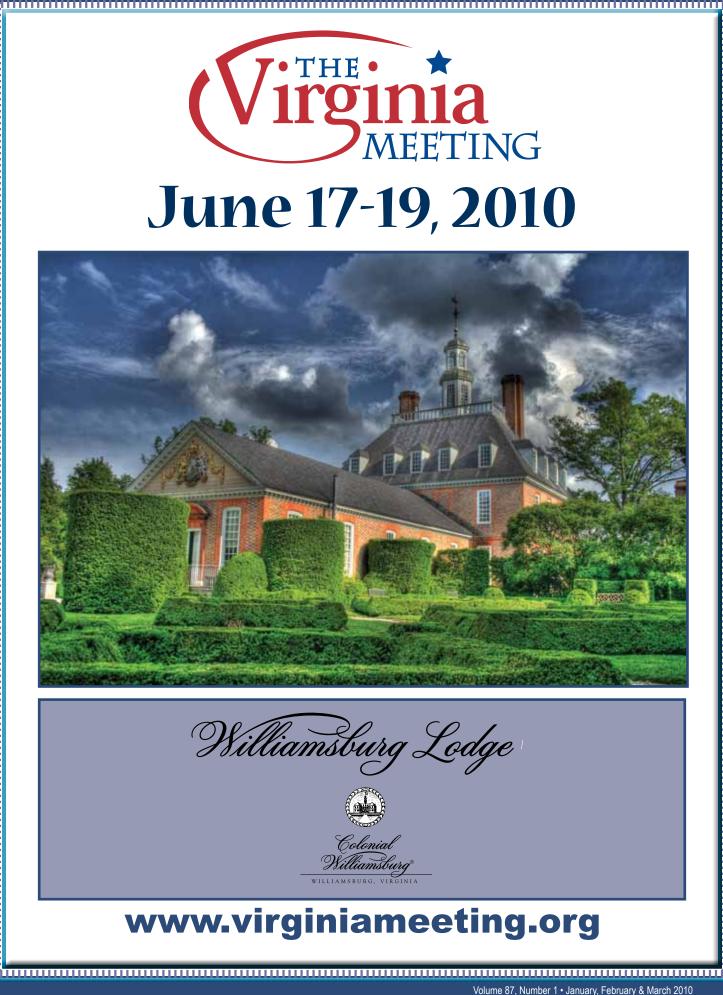
Richard Moore is president and CEO of Mercury Data Exchange (MDE), a provider of real-time electronic data interchange (EDI) and RTA services for dental offices, payers and vendors. MDE recently received the endorsement of VDA Services as the exclusive clearinghouse of the Members of the Virginia Dental Association for RTA and batch claims transactions. To learn more about how MDE can help simplify and speed claims processing, visit www.whyMDE.com or call 1-866-MDE-1090.

On <u>February 5, 2010</u>, hundreds of dental volunteers will reach out to provide much needed dental care and education to children. Please join us and volunteer for Give Kids a Smile.



If you would like to become a part of this important initiative for children's access to dental care, contact your Component Secretary to find out about events in your area or consider organizing an event at your office or a local school.

Please remember to report your Give Kids a Smile activities to your Component or to the VDA Central Office. Email: Kate Hanger at hanger@vadental.org or fax your information to 804-261-1660 Thank you to all participants!



#### 

# Virginia Meeting $\star$ 2010



Speaker Sneak Peek

An Interview With: **Tim Breiding** 

Journal: Will you be presenting any new information?

Tim: Material will showcase actions that can be taken in light of our current economic situation. How to make your marketing fit the economics potential patients are living with.

Journal: How will hearing your message change the way the attendees practice?

Tim: Utitizing techniques learned in this program will allow dentists to customize their marketing campaigns to the current economic climate

Journal: How will you make your topic exciting / interesting?

Tim: I fill my presentations with humor and try to relate to current events in the news.

Journal: What led you to choose a career in a career in marketing?

Tim: My entire family has always been artistic. I knew at an early age that I would be designing or drawing for a living. Journal: What do you believe is absolutely crucial to the success in

one's profession?

Tim: You have to love what you are doing. You have got to have a passion for what you do.

Journal: Tell us about a major turning point in your career.

Tim: One significant turning point in my career would be leaving the newspaper at the age of 40 to pursue an ad agency career.

Journal: During the time that you have spoken with dental audiences, what questions are you asked most often, has there ever been a question that you couldn't answer?

Tim: How can we get more new patients to realize how good we are? A newspaper publisher once told me you don't need to know all the answers, just where they are. Yes, I have been stumped, but the answer is always somewhere and I can find it for them.

#### Tim's courses on Branding and Marketing can be seen at the Virginia Meeting on Friday, June 18th and Saturday, June 19th.

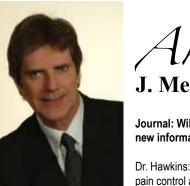
#### Virginia Meeting: DATES TO REMEMBER

March 15-April 30 mid March 2010 May 17th June 4th

Early bird registration (visit www.virginiameeting.org) Registration brochures to be mailed Hotel Reservation DEADLINE **Pre-Registration DEADLINE** 

Get more information on all 2010 Virginia Meeting Speakers at:

#### www.virginiameeting.org



J. Mel Hawkins, DDS

Journal: Will you be presenting any new information?

Dr. Hawkins: Yes. There are very exciting Dr. Hawkins: Wow! Is this a test? OK...Honesty, sincerity, surrounding one's self with great people. One of my greatest people is Rosa. She started with me cleaning instruments at the age of 16 after high school was over for the day. She was a phenomonal person and ultimately became my Office Manager! As was said in the movie "Apollo 13", you just never know what might happen. Jennifer de St. George teaches that it is a skilled and caring staff and a dentist that never hurts them. One might count "listening to the patient" in there. Being on time too, within a very few minutes is what helped build my practice. Do quality work to the best of one's ability...the income will then take care of itself.

pain control and patient management topics happening in dentistry. I'll present (1), an articaine local anesthesia update...25 years of administrating this local anesthetic in private practice in Canada. I'll also be informing the dentists and hygienists about (2), sodium bicarbonate and its positive addition to the L.A. delivery systems that we use in dentistry and (3), what's new in needleless local anesthesia on the horizon. Journal: How will hearing your message change the way the attendees

#### practice?

Dr. Hawkins: In an era where patients are able to have a choice of excellent care, they are less willing to be tolerant of a dentist/hygienist who hurts them. Dr. Hawkins: It started before I even was admitted into school. My dentist The message about articaine is interesting. The "what's new?" section of suggested that I pursue dentistry rather than medicine. "You can be very the presentation may change their practice approach to painless application good in a narrow topic area" (his words!). The turning point included the (bicarb.) or needle not required applications, the latter two of which will not mentors that I've been blessed with, going back to university for dental be on the market until 2010 or beyond, but they are coming. anesthesia in '75 - '76 and teaching at small meetings, rubber chicken dinners and anything else that came along for the past 20 years. I would have Journal: How will you make your topic exciting / interesting? to say that the major turning point in teaching was being invited to speak at the Thomas P. Hinman Dental Meeting in Atlanta, GA. in 1996 where there Dr. Hawkins: I have practiced dentistry for over 35 years. I am not a was a country full of scouts in attendance and it was probably the time that I university based professor. During my practice lifetime, I have made a lot of was "discovered" and asked to contribute to the U.S.of A. CDE market from mistakes, made some misjudgments and learned many things the hard way. I then until present day.

am willing to share my failures with the audience, not just monolog with a "do this, do that" approach. I also say right up front (and they've all heard talks on local anesthesia) that if they hear another speaker claim that they get 100% of their patients numb 100% of the time, then it's time to leave the room. No discipline of dentistry (or medicine) works in the 100% category. Along the way, humor is part of dentistry... I try to keep things light but informative. I'm not a comedian, but there are some funny things that go on in our dental environment.

#### Journal: What lead you to choose a career in dental / dentist anesthesiogy?

Dr. Hawkins: All of us have mentors. I respect many people who have supported me...have taken me under their wing, so to speak, along the way. During my senior year at the University of Toronto, a respected row demonstrator, Dr. Bruce Glazer looked over my shoulder (this is when we were marked at every step along the way and we, as students, could be intimidated) and said. "Is that your work?". I just about had a heart attack. Then he said. "Would you like to join me as an associate when you graduate?" I did. He was a dentist / anesthesiologist and that association directed my career towards going back to school for formal training in Dental Anesthesiogy and ultimately to teaching.

#### Dr. Hawkins' courses on Oral Sedation, Local Anesthesia and Medical Emergencies can be seen at the Virginia Meeting on Friday, June 18th and Saturday, June 19.

An Interview With:

#### Journal: What do you believe is absolutely crucial to the success in one's profession?

#### Journal: Tell us about a major turning point in your career.

#### Journal: During the time that you have spoken with dental audiences, what questions are you asked most often, has there ever been a question that you couldn't answer?

Dr. Hawkins: Most often I'm asked. "Am I really a dentist?"..."Where's the restroom?"..."Where is the City of Canada?" and "Do you really have snow in August?"

Yes, absolutely! There are questions a speaker can't answer. Could this be one of those questions?

#### 

# Virginia Meeting $\star$ 2010

#### More Featured Speakers



#### Blood, Spit & Fears: A Painless OSHA Update Laney Kay

Thursday, June 17, 2010

Let's face it, root canals without anaesthesia are more fun than most OSHA training courses. Join us for a class that will change your mind forever. It's fun, it's fast, it's informative, and it satisfies your annual OSHA requirements. We'll cover the newest guidelines, new disease information, and other relevant regulations.



#### **Providing WOW Service for Your Patients** Rebecca S. Wilder, RDH

Thursday, June 17, 2010

Are you delivering service to your patients that makes a positive, lasting

impression? Do you know what good service is from your patient's point of view? Does your patient service make your practice "stand out" from all of the others? Join Rebecca Wilder as she discusses essential ingredients for providing service to patients that will be pleasing and successful in today's business climate.

Periodontal Procedures for the 21st Century Rebecca S. Wilder, RDH

Friday, June 18, 2010

With the new century, periodontal therapies are being introduced to the dental profession at an alarming rate. Dental hygienists face a dilemma of how to stay current with new philosophies about the assessment and treatment of periodontal disease and how to incorporate new technologies into every day practice. This course will provide information on how to assess and treat challenging periodontal patients including the use of new instruments and equipment (hand, power-instrumentation, dental endoscopy), and products on the market. Local delivery products and host modulating agents will be discussed as well as the impact of systemic factors affecting periodontal disease.



#### Leading Change for Profit Patrick Wahl, DMD

Friday, June 18, 2010

If you or your team have ever felt stuck or confused as to exactly how to IMPLEMENT the management strategies you've learned elsewhere, "Leading Change for Profit" is just the ticket for you. You'll leave twice as good for twice the results, picking up an arsenal of practice-building weapons, a truckload of tips, and enjoying fascinating movie clips along the way.



#### Pharmacology Update Dr. Ellen Bvrne

Saturday, June 19, 2010

Not all pharmacology fits neatly into a textbook. What can I give my patient to help prevent diarrhea from the antibiotics I am going to prescribe? Are all drug interactions clinically significant? My patient is taking Fosamax, a bisphosphonate for osteoporosis, should I change my treatment plan based on this? What's the new information on acetaminophen? These and more questions will be answered during this fast moving, informative presentation. Come listen, learn and bring your own pharmacology questions.

Visit www.virginiameeting.org for a complete list of speakers.



#### **Private VDA Ghost Tour** Thursday, June 17, 2010



A guide will lead you through the streets of Colonial Williamsburg by candlelight while sharing eerie and fun folklore of this very old city. Performed in a true story- telling format that is great fun for the whole family.

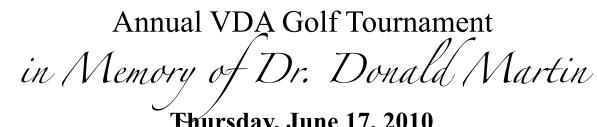
#### **Opening Reception** Thursday, June 17, 2010 Join your friends and colleagues at the end of the day for a reception.

#### **VDA President's Party** Friday, June 18, 2010



Join the VDA President, Dr. Alonzo Bell for our annual VDA President's Party.

Enjoy great food, music, dancing and catching up with friends and colleagues.





Photos courtesy of The Colonial Williamsburg Foundation, Williamsburg, VA

#### 

#### Virginia Meeting 🗙 2010 Events



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Enjoy the new spa of Colonial

discount rate only for Virginia

Williamsburg with a great

off any Spa

Meeting attendees.

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#### Thursday, June 17, 2010

Golden Horseshoe Golf Club Gold Course

401 S. England Street Williamsburg, VA 23185

#### Rated 5 stars by Golf Digest.

Experience the spirit of American creativity, ingenuity and best of all, value at the Golden Horseshoe Golf Club. Opened in 1963 and the work of Robert Trent Jones Sr., who called it his "finest design," this is one of the best examples of traditional golf course architecture in the world.

#### Visit the NEWEST Exhibit in Colonial Williamsburg during the 2010 Virginia Meeting



The Newest Exhibition Site In Colonial Williamsburg's Historic Area Was A Leading Center Of Political And Social Activity in Pre-Revolutionary Williamsburg

WILLIAMSBURG, Va. - More than 200 years have passed since Americans gathered to discuss political and social issues in an authentic 18thcentury coffeehouse. That will change Nov. 20 when Colonial Williamsburg formally opens Charlton's Coffeehouse, the Historic Area's newest exhibition building and the most significant historical reconstruction on Duke of Gloucester Street in more than 50 years.

Charlton's Coffeehouse is built on its original foundations with 18th-century construction techniques and in compliance with modern building codes. The newest exhibition site in the Historic Area will reflect its 18th-century role as a gathering place for the politically connected as well as for the socially ambitious.

"Richard Charlton's clientele included Governor Fauguier and his Council, members of the House of Burgesses and other government officials. prominent businessmen, the town's fashionable elite and important visitors. perhaps including members of a Cherokee delegation," said Jim Horn, vice president of research and historical interpretation and Abby and George O'Neill director of the John D. Rockefeller Jr. Library. "Alongside the Capitol, the Governor's Palace and the Raleigh Tavern, Charlton's Coffeehouse may well be among the most politically significant sites of pre-Revolutionary Williamsburg."

#### Historical Evidence Tells Fascinating Story

In the 1760s, Richard Charlton, kinsman of a Williamsburg wigmaker, followed the example of numerous London counterparts and opened his coffeehouse adjacent to the Capitol. There he likely served China tea imported from England, West Indian coffee, chocolate from the Caribbean rim and high-style cuisine, placing his establishment a cut above the collection of gentry taverns in the immediate vicinity. His coffeehouse soon became a stylish retreat from the mundane governmental activities of the Capitol, a gathering place for the social elite, a hotbed of political discussion and debate, and a place to hear the latest news from England as well as local gossip.

Archaeological evidence recovered from the coffeehouse site reflects the importance of fine dining as well as the consumption of tea, coffee and chocolate. Charlton offered an epicurean menu that included fish. shellfish, all kinds of meat and game, even peacock. Besides hot beverages, patrons could choose from a section of wines, beer and spirits. A fragment of a Cherokee pipe suggests the presence of Indians who may have been part of an official delegation. Other finds include a number of wig curlers, indicating Richard Charlton's connection to the wig-making business, and several bones from an anatomical skeleton that was likely used in scientific presentations.

Carefully Selected Furnishings And Painstaking Reconstruction Bring The Coffeehouse To Life Modern quests entering Charlton's Coffeehouse will tour in small groups and learn the significance of his establishment before concluding the experience with the opportunity to enjoy a sample tasting of period coffeehouse beverages - coffee, tea or chocolate.

Coffeehouse furnishings will include carefully researched reproduction furniture, ceramics, glassware, hardware and other items representing the variety of activities that took place there. Reproduction maps, prints, advertisements and broadsides will adorn the walls and period newspapers in the main rooms will contribute to the ambience. Hand-printed wallpapers will cover the walls of the well-appointed private meeting room and the north room, both based on microscopic study of original building fragments. "The furnishings and fittings at the coffeehouse have been chosen to create the most historically accurate setting that we can provide," said Ronald L. Hurst, the Carlisle H. Humelsine chief curator and vice president for museums and collections. "These tools will assist our interpreters in bringing the spaces to life for our quests."

The reconstruction will provide an exciting new venue for Historic Area programming including using the porch as a principal stage for scenes from The Revolutionary City® and special event performances. One of the most dramatic encounters of the period leading up to the American Revolution took place on the porch of Charlton's Coffeehouse in 1765 when an angry crowd protesting the Stamp Act confronted the appointed collector for Virginia, George Mercer, and demanded he swear an oath that he would not distribute the official stamped paper. The royal governor, Francis Fauquier, intervened and saved Mercer from the crowd. Mercer later resigned his position and the Stamp Act was repealed by the British Parliament the following year. The finished reconstruction will appear as close to the original structure as historical, archaeological and architectural evidence permits. It incorporates substantial portions of the building's original brick foundations. The one-anda-half-story framed portion of the building—35 feet square—is constructed of hand-sawn timber framing covered with cypress weatherboards and white cedar roof shingles. A central brick chimney allows two of the three first floor rooms to have functional fireplaces, while in the cellar a massive hearth is the central feature of the reconstructed kitchen. Research indicates that at least two of three first floor rooms were used for serving food and beverages which were prepared in the cellar. Other rooms on the first and second floors may have been rented or used for lodging or living guarters.

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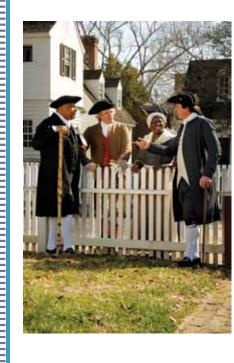
#### Generous Gift Supports Coffeehouse Reconstruction And Interpreta tive Operations

Reconstruction of Charlton's Coffeehouse is possible through a generou \$5 million gift from Forrest and Deborah Mars Jr. His interest in Colonial liamsburg began as a youngster during family visits to the restored colon capital and he has been supporting The Colonial Williamsburg Foundation for nearly 25 years. Forrest and Deborah Clarke Mars are Life Members the Raleigh Tavern Society and are listed on the Courtvard of Philanthrop the Visitor Center as among the Foundation's 20 most generous benefac tors.

The family's Mars Foundation of McLean, Va., has previously made gran Colonial Williamsburg supporting a range of projects including the Courthouse restoration, the George Wythe House redecoration, costuming, th Peyton Randolph outbuildings project, Great Hopes Plantation and, most recently, the Historic Trades Foodways chocolate programs.

demonstrate and preserve the 18th-century world of work and industry. As Forrest Mars is the former chief executive officer, now retired, of the family-Colonial Williamsburg interprets life in the time of the American Revolution owned Mars Incorporated, a company with global sales of \$22 billion. With guests interact with history through "Revolutionary City®" - a dramatic live the opening of Charlton's Coffeehouse, the company will add the West street theater presentation. Indian blend of coffee to its product line.

Deborah and Forrest Mars preside over the advisory board of the Colonial Chocolate Society, an informal organization made up of representatives from Mars Incorporated, University of California-Davis, Colonial Williamsburg and other living history museums-all interested in the research, interpretation and presentation of historical chocolate making. Mars Incorporated and Colonial Williamsburg have partnered with other museums to create the Mars American Heritage line of chocolate products available at Colonial Williamsburg's Craft House, Tarpley's Store, Greenhow Store, Raleigh Tavern



You're invited to embark on a revolutionary adventure in Colonial Williamsburg's Historic Area. Travel back in time and discover what life was like in Virginia's capital city in the years surrounding the American Revolution. Throughout the 301-acre Historic Area, you'll find skilled craftspoeple creating saddles, garments and household items. And, for two hours of each day, you're encouraged to become an active participant in Revolutionary City, our newest, interactive program.

The adventure continues when you explore the gardens, trade shops, homes and government buildings throughout the Historic Area. Around every corner, you'll find new experiences that offer insights into life in the early years of our nation.

Photos courtesy of The Colonial Williamsburg Foundation, Williamsburg, VA

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	Center. American Heritage Chocolate has been designed and developed	Ŀ
us	as closely as possible to 18th-century chocolates eaten and consumed	E
l Wil-	as a drink for pleasure and used by the armies as rations. The American	Ŀ
nial	Heritage line includes an authentic chocolate drink mix, chocolate sticks	E
ion	and chocolate bars, and is also sold at Historic Deerfield, Fort Ticonderoga,	E
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IC-	Established in 1926, the Colonial Williamsburg Foundation is the not- for-profit educational institution that preserves and operates the restored	E
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	our journey to become Americans – while historic trades people research,	E
	demonstrate and pressure the 10th contum used of used and industry. As	

Williamsburg is located in Virginia's Tidewater region, 20 minutes from Newport News, within an hour's drive of Richmond and Norfolk, and 150 miles south of Washington, D.C., off Interstate 64. For more information about Colonial Williamsburg, call 1-800-HISTORY or visit Colonial Williamsburg's Web site at www.history.org.

Colonial Williamsburg Historical Area: Visit the Charlton's Coffeehouse and many more historic attractions for and exclusive VDA conference discounted rate.

#### VDA conference discounted rate: \$20 per person

*Tickets must be purchased through the VDA during registration.* Tickets are good for the length of conference June 17-19, 2010.

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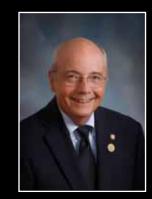
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Charles L. Cuttino, III, DDS, of Richmond, Virginia, received the 2009 **Distinguished Service Award of the** American Association of Oral and Maxillofacial Surgeons, October 14, during the opening ceremony of the 91st Annual Meeting, Scientific Sessions and Exhibition of the AAOMS in Toronto, Ontario, Canada.

The Distinguished Service Award recognizes those special and few indi-

viduals whose contribution to the specialty of oral and macillofacial surgery are significant and lasting. Dr. Cuttino was recognized for his major contributions to the specialty in the area of coding and nomenclature.



Dr. Monroe E. Harris, a Richmond oral and maxillofacial surgeon, received the Bank of America Charitable Foundation's 2009 Local Heroes Award. A \$5,000 grant was given in his honor to the United Negro College Fund for a "long history of giving his time and resources to support the growth and development of Richmond's youth."



Dr. Mark A. Crabtree, a VDA past-President, received the Public-Private Partnership Award from the L. Douglas Wilder School of Government and Public Affairs at Virginia Commonwealth University. He serves as president of the Piedmont Virginia Dental Health Foundation, which was recognized by the school for its "successful and innovative partnership" in providing more than \$1 million in dental care since August 2006.



#### **2009 Governance Meeting Awards:**

Emanuel W. Michaels Distinguished Dentist Award\_ Dr. Terry Dickinson

**Dental Team Member Award** Catherine Johnson, RDH

New Dentist Award Dr. Avi B. Gibberman

**Special Service Award** JoAnn Pearson Knox

**Community Service Award** Dr. Samuel W. Galstan

Presidential Award Dr. Andrew J. Zimmer Dr. Darryl J. Pirok Dr. Stephen Alouf David Durham David Jones **Austin Westover** Jeppy Moss Neda Hovaizi Jeff Davidson John Reynolds Elizabeth Neal

Leadership Appreciation Dr. McKinley L. Price Dr. Gus C. Vlahos

Honorary Membership Gov. Timothy M. Kaine

Dr. James Schroeder was named a **Richmond History** Maker at the Valentine Museum during a reception on October 20th. Dr. Schroeder began offering dental care to the uninsured 25 years ago which led to the establishment of CrossOver

Ministry, a network of free clinics that provide health care to Richmond's uninsured and low-income population

47



#### Grundy M.O.M. 2009

By: Stephen Alouf, D.D.S



#### The numbers are in...

Total # Patients: 512

Total value of donated services: \$503,106 The six MOM projects held in Grundy have provided dental care to 2,773 uninsured and underinsured patients valued at \$1.9 million!

Autumn in New York or Fall in Grundy? Our mobile denture clinic in Grundy proves never to be dull. As usual, the number of patients seeking help was astonishing. But our denture team, with trailer in tow, was determined to provide as many prosthetic services as possible. Our clinical team was composed of Rhiannon Aesy, DA, Tracey Bourassa, DA, Stacy Cornett, RDH, and I. We were also fortunate enough to have prosthodontist, Dr. Scottie Miller, joining us for the weekend, as he was in Grundy delivering dentures from the previous Wise project.

My laboratory geniuses, Greg Gray, CDT, Gary Schmidt, CDT, and Dan Jacobson, were primed and ready for the rigorous transformation of wax rims to processed sets of complete dentures in just two days. Nothing could be more rewarding than the oral rehabilitation of these patients that had been edentulated the year before. We watched as these people went from no hope to a beautiful functional smile in just a

weekend. With Dr. Miller's help, we were able to complete 40 extractions, 20 complete dentures, 9 partial dentures, and many relines and repairs.

Not enough can be said about my amazing team of lab technicians from Southern Gray Dental Lab who do the impossible to fabricate guality prosthetics on the road for this underserved population. All of us have been truly blessed to be a part of the Missions of Mercy projects here in Virginia and cannot wait until our next outing.



Before

Outreach



After

48 Virginia Dental Association



Rhiannon Aesy and Dr. Scott Miller



#### Thank you to the Grundy M.O.M. Volunteers...

Ashley Abesamis Molly Adler Rhiannon Aesy Ashlvn Allgood Autumn Allgood Matt Allred Rebecca Almond Dr. Steve Alouf Zaid Al-Samir Hesseh Aman Robert Amos Ryan Anardi Dr. Baughan Laura Belby Kenneth Bernstein Jennifer Bick Taylor Blake Pam Blankenship Jennifer Bobbio Tracev Bourassa Jennifer Boyland Dr. Carol Brooks Dr. Bridget Brown Dr. Derek Brown Linda Burtzner Lakishia Chapman Cayla Chase April Christian Jamie Clair Jessica Clark

Bill Hall Steve Clawson Donna Hall Jonathen Coffey Ashley Hanson Stacy Cornett Mary Cox Katherine Harman Dave Dallin Dr. Robert Harris Jeff Davidson Dr Jim Hartigan Stephen Depasquale Elise Hartmann Andrew Duncan Brian Herod Heidi Hessler-Allen Christopher Dunn Dave Durham Bridgette Hoover Sandra Easley Dr. Nathan Houchins Stacy Houchins Matthew Estes Tayeeb Faruk Clarence Hylton Karla Feghali Dan Jacobson Casey Feiling Golby Jalali Dave Jones Brittany Field Dr David Jones Dr. Robert Findley Pat Finnertv Min Joo Sarah Kandrac Christina Franklin **Fmilv Keeten** Josh Furniss Melissa Gainor Kristopher Keeton Thomas Gainor Dr. Carolyn Kelly Neil Gallagher Sharon Kennedy Sarah Gerber Amin Khalid Dr. Mark Glovis Kwang Kim Maggie Kleger Mayra Granados Greg Gray Joe Kraft Dr. Paul Krogh Kelsey Greenhalgh Christy Gripp Huan Le Shawn Gunsollev Greyson Leftwich

Rachel Leister Bobby Lenior Skylar Lighthall Lina Liu Erich Lutz Dr. Steven Lutz Steven Lutz Sarah Marrs Fatima Mashkoor Daniel Matthews Kelly Mayer JoAnne McFaddin Jenny Meredith Fave Miles Dr. Scottie Miller Ruth Molokwu Dr. French Moore III Mitra Mortazavi Lloyd Moss Amber Myers Elizabeth Neal Phillip Nguyen Viet Nauven Justin Norbo Lindsey North Ashley Nozik Jordann Oberdorff Dr. Susan O'Connor Chrissy Ogura Dr. William Pack

#### Thank you to the Emporia M.O.M. Volunteers...

Brenda Brazemore Ashley Abesamis Dr. Alan Bream Amv Adams Terri Bream Cami Adams Dr. Paul Brinser Debbie Adams Dr. Carol Brooks Molly Adler Dr. Stuart Broth Amen Alemayehu Dr. Wayne Browder Christy Allen Susan Brown Zaid Al-Samir Evon Bush Khalid Amin Amanda Cagle Allison Angert Dr. William Callery Dr. Uzma Ansari Brian Canaday Dr. Carl Atkins Sloan Canaday Tina Bailey Jessica Carr Sheila Baker Trischa Carrington Matt Banghar Christopher Castor Destinv Barnes Natalie Cavalieri Nicole Barrineau Young Cho Judith Barros **Emil Christofakis** Dr. Baughn Carol Cleckner Dr. David Beam Andy Coalter Dr. Calysta Beatty Kelly Cooper Katie Berkelhammer Nicki Cortright Dr. Sanae Berrada Dr. Carmen Cote Taylor Blake Carol Cotman Leigh Blakiston Dr. Charles Counts Pam Blankenship Kevin Dalling Shawn Bloss Brandi Daniels Debra Boese Tina Daniels James Bolton Jeff Davidson Dr. Shannon Bowmar Dr. Terry Dickinson Stephen Bowman Brenda Diefert Dr. Reed Bovd Jigmey Dorjee Jennifer Boyland Andrew Duncan Kerin Bradley Dr. Miranda Dunn Dr. James Bradshaw David Durham Sylvia Bradshaw Dr. Charles Brandenburg Faye Elliott Amanda Ellis Courtney Brandenburg

Cathy Erb Maureen Evans Lindsie Farrow Dr. David Ferry Julie Ferry Devin Finch Sarah Fisher Rhonda Francis Victoria Fuhzylovav **Bailey Galstan** Berkeley Galstan Dr. Samuel Galstan Dr. Scott Gerard Dr. James Glaser Susan Glasscock Linda Gottschalk Casey Gray Dr. Ed Griggs Bill Hall Joan Hamrick Dr. Michael Hanley Nancy Hardy Sharon Hargis Dr. Douglas Harman Dr. Chuck Harris Amanda Hayes Brian Herod Mary Catherine Hewitt Neda Hovaizi Bridget Hubble-Carson Andrew Hutchison Conway Inge Charles Johnson Dr. Charles Johnson Dr. James Johnson Marcus Johnson Micaela Johnson Allen Jones

Nicholas Pappas Suzanne Partridge Dayne Patterson Brianna Peeples Becky Pirok Dr. Darryl Pirok Dawn Reese John Revnolds Pamela Roberts Dr. Juan Rohas Nancy Rosales Patrick Ruck Gary Schmied Jason Schoener Karen Schureman Robbie Schureman Philip Sherrill William Slack Bo Slott Dawn Smith Callie Smithson Clinton Sorensen Crystal Sorensen Jacob Spendlove Hunter Stevens Laura Stevens Corey Thompson Harper Thompson Jessica Thompson John Mark Thompson

Pat Tisdelle Matthew Tomoda Dr Donald Trawick Thinh Trinh Bryan Trump Laura Turner Kyle Tuttle Daniel Vacendak Lisa Vandyke Rob Walker Austin Westover Victoria White Michael Whitecar Eric Wilson Daniel Winter Aaron Wright Jenny Young Patricia Young Dr. Reginald Young Dr. Tingting Zhu Brenda Nazir

David Jones Jonathan Jones Dr. Claire Kaugars Sarah Kendrac Kwang Kim Dr. Ernest Knight Erin Knouse Ida Kondori Karen Kraus Joe Kuttenkuler Brent Lamm Kendall Lanasa Bonnie Leffingwell Javnie Leffingwell Conner Leftwich Greyson Leftwich Robert Lenoir Chris Lindberg Katelyn Lindberg Teresa Lindberg Dr. Michael Link Emily Lovell Dominique Lundy Fatima Maarouf Colin Malcolm Lisa Mancuso Dr. Jo-Marie Maniwang Bailey McBride Bill McCorey Lauren McCorev JoAnne McFaddin Mary Catherine McGinn Katie Mercury Dr. Daniel Messerschmidt Jessica Miles Joshua Miles Amanda Moore Courtney Moore

Ethan Moore Paula Moore Cynthia Mora Dr. Wayne Morris Mitra Mortazavi Terri Moseley Jeppy Moss Alia Mousavizadegan Thomas Murphy Monica Mwanga Jodie Myers Arya Namboodiri Daniel Navarro-Orozco Dr. Harold Neal Jamie Neal l iz Neal Joshua Nehring Julia Niculescu France Nielson Jill Norris Dr. Ellen Oertel Sarah Oertel Dr. Robert J. O'Neill Dr Robert I O'Neill Tanva O'Neill Dr. Steve Osmond Jackie Pace Justin Page Dr. Roger Palmer Nicholas Pappas Hiren Patel Mitenkumar Patel Parthkumar Patel Shannon Phelps Tvson Pickett Becky Pirok Dr. Darryl Pirok Daniel Plain

Jo Ann Plain Dr. Wright Pond April Pope Theresa Preston Dr. Reed Prugh Dr. John Ragsdale Dr. Renita Randolph Dawn Reese John Reynolds Norma Roadcap Dr. Richard Roadcap Anna Rollins Barbara Rollins Joe Rollins **Diane Romaine** Jessi Rowsev Patrick Ruck Conisha Rudd Cheriea Sampson Geoffrey Schreiber Richard Sedwick Nidhi Shah Dr. Earl Shufford Lauren Simon Blair Slagle Dr. James Slagle Bo Slott Becky Smith Myra Smith Nicole Smith Jennifer Sober Dr. Keren Sperling-Habot Michelle Stelmach Wendy Steward Sara Stires Renee' Stout Megan Sutter Sandra Sutte

Kristen Swartz Dr. Kevin Swenson Tricia Taylor Dierdre Terlep Gigi Terlep Gillian Terlep Kelly Thompson Daniel Tiesworth Pam Tokarz Brvan Trump Emily Tuckwiller Ignacia Turner Lori Turner Oscar Vega Dr. Keller Vernon Dr. Keller Vernon Dr. Kym Virgil Stephanie Vlahos Steven VonCanon Lvnn Vu David Walker Dr. Kimberly Walls Kimberly Walton Huixin Wang Brittany Wann Dr. Sharone Ward Tammv Webber Debbie Weeks Austin Westover Victoria White Kellie Whitlow Arlene Will Asha Wilson Dr. Ronald Wray Daniel Yaeger Dr. Kent Yandle Dr. Reginald Young Brenda

# Outreach

#### Second Emporia M.O.M. Draws Big Crowd Patients Brave Wind and Rain to Seek Treatment

November

By: Sylvia W. Bradshaw



2009 may have been the wettest November on record but the clouds and rain did not deter 472 people from receiving free dental treatments at the recent MOM project held on Saturday, November 14<sup>th</sup> at the Greensville County High School gymnasium in Emporia, Virginia from 7:30 a.m. to 4:30 p.m. Over 500 stood in line on Friday, the 13<sup>th</sup>, to preregister and be screened for needed treatment the following day. Patients received services which included cleanings and hygiene instruction, fillings, extractions, root canals and periodontal treatments. A portable Dexis® x-ray unit provided x-rays as needed on each patient.

Dr. Michael Link poses with thankful Emporia patient.

This entire two-day event could not have been possible without the generous donation of time by approximately 264 volunteers, which included 75 dental students from VCU. Other volunteers included dentists from the Southside, Peninsula, Tidewater, and Richmond Dental Societies, and dental assistants and hygienists. In some cases, patients were able to receive treatment in several areas, perhaps a root canal as well as a filling or extraction. There was a wonderful spirit of cooperation as everyone worked together to best meet the needs of those receiving treatment.

Many local people responded to the need by serving in the canteen or snack area. Coffee, juice, fruit and breakfast foods were available throughout the morning and lunch which included pizza, sandwiches, chips, fruit and cookies along with beverages helped to keep everyone working throughout the afternoon. These local volunteers, with no formal dental knowledge, were most eager to participate in providing this much needed dental treatment to those who sought it.

Planning for this event began many months earlier with brochures being sent home with every school child in Greensville County. These brochures were also placed in the local health departments and doctor's offices, and distributed to churches. Local newspapers also provided coverage. Funding for the MOM project was made possible by the generosity of the Greensville Memorial Foundation.

The Emporia MOM project has worked hard to address the tremendous need for dental care in Southside Virginia. Of the 472 patients seen, 62% were from the Emporia area alone. The remaining 38 % were from Brunswick, Sussex, Tidewater, Petersburg/Hopewell, Greater Richmond, Shenandoah/Winchester, South Boston, Mecklenburg, Southampton and even North Carolina. The value of services provided on this day was placed at \$303,697.00

What a tremendous success this day proved to be with lots of cooperation and coordination of volunteers as well as much needed PATIENCE by



Charles Johnson, Jr. observes Dr. Charles Johnson's technique.

the most appreciative patients. Special thanks to Jamie Neal, wife of Emporia dentist Dr. Harold Neal, for her tireless efforts in mobilizing this event.

Editor's Note: Sylvia Bradshaw is the wife of Dr. Leroy Bradshaw of Blackstone and also a staff member in his office.

Photographs can be seen @ http://www.kodakgallery.com/gallery/creativeapps/ slideShow/Main.jsp?albumId=685713644114&ownerId=831171772114



Southside dentist Dr. Leroy Bradshaw.



child's teeth.



Dr. Keller Vernon and VCU dental student Greyson Leftwich assisting

**Celebrating 10 Years Making a Difference!** The MOM Project







M.O.M. will be an experie "Make a difference" in the

# Join the MOM Team

#### I would like to volunteer at:

Middle Peninsula MOM 2010			
Saturday, February 13, 2010	NAME		
NOVA MOM 2010			
Friday, March 12, 2010			
Saturday, March 13, 2010	SPECIALITY		
Roanoke MOM 2010	OF EGIAEN I		
□ Friday, March 26, 2010			
Saturday, March 27, 2010			
Piedmont Regional MOM 2010	ADDRESS		
Saturday, May 1, 2010			
Wise MOM 2010			
□ Friday, July 23, 2010			
<ul> <li>Saturday, July 24, 2010</li> <li>Sunday, July 25, 2010</li> </ul>	CITY / STATE / Z		
Grundy MOM 2010			
Saturday, October 2, 2010			
□ Sunday, October 3, 2010	PHONE NUMBE		
I prefer to do:			
□ Fillings □ Sterilization			
□ Extractions □ Adults only	***LICENSE N		
□ Triage □ Children only	PLEASE NOTE		
	MUST ACCON		

For more information on the Mission of Mercy project Contact Barbara Rollins at VDA: 804-261-1610; email:

Outreach

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. roiiins(	@vadental.org; FAX 804-261-1660. Hope you can join us!	

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Gordon Christensen,

The Christensen Effect

Louis DePaola, DDS

Aesthetic Dentistry

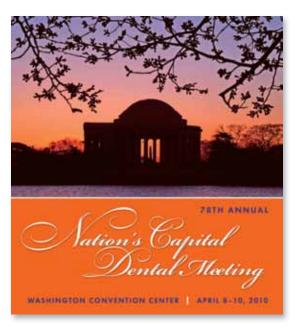
Anesthesia Update

David Hornbrook, DDS

Stanley Malamed, DDS

DDS, PhD

ОСНА



#### FEATURED CLINICIANS

#### HIGHLIGHTS

- I Three day clinical program and exhibition
- Hygiene Program CNA Risk Management
- Seminar
- I Table Clinics
- The Night Photo Tour President's Reception-
- Capitol Steps

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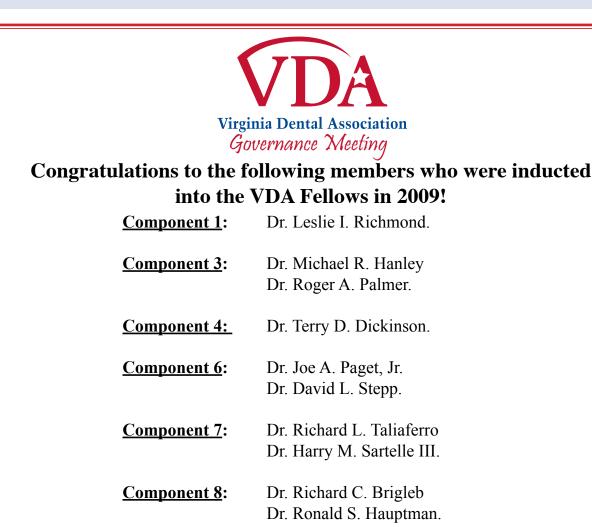
Overdentures

Allen Schneider, DDS

Oral Surgery for the GP

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ADDRESS		
CITY	STATE	ZIP
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Don't miss this opportunity to visit the Nation's Capital! Join friends and colleagues at the 2010 Nation's Capital Dental Meeting and take advantage of all this capital city has to offer!



#### "Motivate" Patients and Increase Retention By: Gary Kadi, Founder, NextLevel Practice

Attracting more new patients is consistently one of the top concerns of practicing dentists today. This concern and need most likely generates from the gap between a sufficient supply of new patients coming through the front door of your practice, and then quietly leaving out the back door. Instead of putting resources in marketing to attract new patients, practices should shift their focus to retaining patients. By removing our relationship "filters", starting fresh with every patient and then serving them beyond their expectations, we can close the gap.

Step #1: Filters. The key to patient retention is building a relationship by finding out what people want, and then giving more. To do this, we must lower our filter. A "filter" is a preconceived notion we have about someone else. For example, we may believe patients can't afford a \$10,000 treatment plan, so we recommend a \$2500 plan, which is based on our

During re-care calls, patients often put up barriers to avoid making a new own filter, not the patient's true needs or desires. Overcoming this natural appointment. As the call with Leslie continues, she may schedule her aptendency takes practice and requires use of the technique described below. pointment or she may put up a barrier. For example, she might respond, "I'd like to make an appointment, but yes, I did take a ski vacation with the family and I really don't have the extra cash right now for dental care. I'll call you Step #2: Blank-slating. One technique to identify personal motivators and avoid using old filters is to "blank-slate" your patients. From one back in a few months." Again, always be patient-centric and provide soluappointment to the next, patients and their circumstances may change. tions for anything that prevents the patient from returning for care. "Leslie, believe me, I have a family myself and understand your hesitation. As your Blank-slating is a conscious choice to start fresh with each patient instead of assuming previous decisions about their oral health dictate their current dental provider though, I must say that your mouth decay problem will likely or future behavior. For example, just because Mrs. Smith hasn't acget worse if you let it go untreated for much longer. Which means you may cepted recommended dentistry in the past, don't assume she won't today. end up investing more in your oral care later on. Our practice offers several Instead, ask her for personal motivator. "You've been a loyal patient here, payment options to make your care financially comfortable, including no Mrs. Smith, and it's been a privilege for me to work with you over the last interest payment plans. several years. Part of my commitment to you as your dentist is to keep myself updated on any changes in your life that may impact your dental Ultimately, patient retention is a process that is dependent upon the effort needs. So, before we get started today, could you share with me what's the team makes to create patient relationships. When you treat patient like important to you when you come to the dentist?" For this conversation, they're friends and family, they'll be less likely to leave out the back door, and you will identify the patient's personal motivator, which is the foundation for more likely to invite their friends and family to your front door. retention and case acceptance.

#### The Re-care Call

The re-care coordinator has two roles: reactivate the patient and recover the patient if they are not returning. The key is having a complete and accurate list of people that are due back, and their personal motivator, so the re-care coordinator can engage the patient in a relevant way. If you don't have the personal motivator, speak to the patient in terms of what if means to them to come back in for care, not what it means to you. I don't believe in scripting, but I do believe if you have good intentions, the right words will come. Here's an example of how a re-care call might go if you don't have the personal motivator:

"Hi, this is Gary, I'm calling from Dr. Smith's office, is Leslie there? Hi, Leslie, do you have a moment? Anytime you phone a patient, ask if they have time to talk to you. If they say "Yes", you have their attention, and their permission. "I'm calling on behalf of Carrie, your hygienist: she's concerned that we haven't seen you in our practice this year. Is everything okay? Is there something related to our practice that is preventing you from coming back? We want to make sure everything is right so you get the care you need." It's all about coming from a place of caring, and letting patients know they're genuinely missed. If the patient indicates that the practice has done nothing to prevent them from coming in, your next question should focus on getting the patient scheduled.



If you have their personal motivator, the call would be much more personal. Let's say the patient, Leslie, indicated the reason she wants good oral health is because she wants to look professional for her business and look great for her husband. Here's how that call might sound"

"Hi, Leslie, how are you? Wow, winter is here already...did you get a chance

while. We want to make sure you are maintaining you oral health and keep

you teeth for life, providing proper care. Can we help you schedule your next

to get away and spend time with your family? We haven't seen you for a

Breaking Down Barriers

appointment now?"

Gary Kadi is a speaker who inspires, an author that challenges and is founder of NextLevel Practice, a practice management firm that takes the CON out of dental consulting. Gary actively invites reader ideas and comments at gary@garykadi.com or 480-620-3446. If you'd like to learn more about this topic, Mr. Kadi's free educational audio CD "3 Steps to Grow Your Practice Starting Todav" is available, complements of CareCredit, Call 800-300-3046 for your free copy or access their complete audio library at www.carecredit. com/resource-center.

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#### **Report of the ADA Delegation** By: Dr. M. Joan Gillespie, Chair, Virginia Delegation; Chair 16th District Delegation

Virginia is one of the three states in the 16th Trustee District of the organized dentistry and one to study retired member needs. And with American Dental Association. Delegates and Alternates are elected by the rising interest in the oral-systemic connection and health issues, the members of the VDA. The delegates include Drs. Anne C. Adams, including diabetes, heart disease, some cancers, high blood pres-Richard D. Barnes, Alonzo Bell, Mark Crabtree, M. Joan Gillespie, sure, osteoarthritis and other conditions related to obesity, the ADA is Ron Hunt, Rod Klima, Kirk Norbo, Gus Vlahos and Ed Weisberg. The directed to support collaborative efforts with other health professionals Alternate Delegates include Drs. Mike Abbott, Dave Anderson, Fred Certo combat the growing problems of being overweight. tosimo, Ralph Howell, Jr., Bruce Hutchison, Mike Link, McKinley Price, Elizabeth Reynolds, Ted Sherwin, and Roger Wood. Dr Terry Dickinson, So many more resolutions, so little space. Transparency and account-VDA Executive Director also attends all Delegation meetings. ability on all levels seemed to be important to this HOD. Please go to

The Virginia Delegation met in January '09 at the VDA Committee Meetings, in April 09 at the Spring Committee meetings and at the VDA Governance meeting in September '09. All of the meetings this year were held in Richmond.

In September, our Delegation joined North Carolina and South Carolina, our partner states in the 16th Trustee District, for our caucus in Lets all offer our congratulations and support to Ron for what prom-Charleston,SC. The full Delegation discussed the proposed resolutions ises to be a very interesting and productive year. We can all be proud for the upcoming ADA House of Delegates. Also in September, repreof another President from the 16th district. sentatives from our Delegation and from the VDA leadership attended the southern leadership conference in Atlanta, GA where they met with members of the NC,SC,FL,MS,AL,and GA Delegations. The SLC is made up of three trustee districts, the 16th, the 17th and the 5th. National, ADA and individual state issues are reviewed.

In October '09, the Delegation traveled to Oahu, HI for the annual ADA session and House of Delegates. It was a very busy and at times, contentious meeting with hundreds of varied issues that came before the house.

As you already know by now, the HOD said 'no' to a dues increase for 2010 (dues remain at 498.00). Faced with a funding deficit of more than half a million dollars, the HOD chose to direct the ADA Board of Trustees to balance spending with funds from the reserves.

Among the many resolutions was one that calls for the establishment of a committee to study the creation of a new council on financial affairs and a resolution to prevent dental plans from capping the amount dentists can charge for services that a plan does not cover.

Res.95H-2009 states that action items and approved minutes of all open meetings of ADA Councils and Committees and of the Board of Trustees be promptly posted in the members only section on ada.org

It also says that the ADA, as the sole shareholder of ADABEI (American Dental Business Enterprises, Inc.) shall direct ADABEI and any other subsidiary to post all approved minutes of Board meetings on ada.org.

Some states are adopting workforce models that cross traditional ADA definitions so Res.31H-2009 amends the' ADA position on new members of the dental team' to reflect that workforce needs are determined at the state level and that the ADA will serve as a resource to individual states.

There is a resolution proposing the creation of a logo for specialists, one on health care reform, one for new dentists to become involved in

- ada.org for more information.
- On the last day of the HOD, Dr Ron Tankersley, an oral surgeon from Newport News was installed as the 146th President of the ADA. Dr Raymond Gist, a General Dentist from Grand Blanc, MI, was installed as President Elect.

## Don't forget to pay your VDA membership dues!

**Questions?** Contact Leslie Pinkston at the VDA Central Office pinkston@vadental.org 804-261-1610

#### PUBLICATION OF CANDIDATE INFORMATION IN THE VIRGINIA DENTAL JOURNAL

#### **Virginia Dental Association Board of Directors** Actions in Brief November 20, 2009

1. Approved a motion to adopt a one and a half day Governance Meeting schedule to go into effect in 2011.

The Board of Directors approved the above resolution with a recommendation the House of Delegates vote yes.

The following actions are reported as information only:

2. The following 2009-2010 task force members have been appointed:

Dental School Task Force
Ralph Howell, Chair
Craig Dietrich
Ron Downey
Larry Kotler
Sam Galstan
Scott Miller

Virginia Meeting Task Force Mike Link, Chair Mike Abbott Ron Hunt Jamie Krochmal **Elizabeth Reynolds** Ted Sherwin Neil Small

Foundation Task Force Mike Abbott, Chair Alonzo Bell Ralph Howell Bob Levine Ted Sherwin Roger Wood

Non-Covered Services Task Force Bruce Hutchison, Chair Mark Crabtree Sam Galstan Monroe Harris Ralph Howell Gus Vlahos Sarah Kandrac McKinley Price

3.

Membership

The following Board committee liaison appointments were made for the 2009-2010:

Caring Dentist	Ralph Howell
Communication & Information Technology	Scott Miller
Constitution & Bylaws	Ralph Howell
Council on Finance	Ted Sherwin
Council on Sessions	Alonzo Bell/Mike Abbott
Dental Benefits Programs	Benita Miller
Dental Health & Public Information	Sam Galstan
Dental Practice Regulations	Ron Downey
Direct Reimbursement	Sarah Kandrac
Ethics & Judicial Affairs	Charlie Gaskins
Infection Control and Environmental Safety	Craig Dietrich
Institutional Affairs	Richard Roadcap
Legislative	Mike Link
Membership	Jamie Krochmal
Mentoring	Kirk Norbo
New Dentist	Richard Roadcap
Peer Review & Patient Relations	Neil Small
VADPAC	Neil Small

The following positions are up for election at the 2010 Annual Governance/ Membership Meeting in Roanoke

#### President-elect. Three ADA Delegate positions (3-year terms) Five ADA Alternate Delegate positions (2-year terms).

All candidates must submit their CVs, pictures (color head shot preferred in jpeg electronic format) and biographical information to the attention of Dr. Richard F. Roadcap, Editor, at the VDA Central Office no later than February 28, 2010 for publication in the April-May-June 2010 issue of the Virginia Dental Journal. Please submit information as a Microsoft Word attachment via e-mail to jacobs@ vadental.org or a document saved to a disk and mailed to the Central Office. Information MUST be in electronic formats. Forms for submission of candidate information have been mailed to all VDA component society presidents.

Candidates for the office of President-elect will be allowed a maximum of 500 words. Candidates for all other offices will be allowed a maximum of 250 words. Candidates are asked to limit their biographical information to major accomplishments, but include such pertinent data as education, memberships, honors, positions of leadership held in the ADA, VDA and component society, and community leadership activities. Due to space limitations, the VDA Journal editor will reserve the right to condense biographical information, if necessary.

Should you have any questions regarding the Journal criteria, please feel free to contact Dr. Richard Roadcap at (804)520-4770. If additional Journal submission forms are needed, please contact Shannon Jacobs at (800) 552-3886 or jacobs@vadental.org.

The Board of Directors Awards Subcommittee selects recipients for VDA awards which are presented at the Governance Meeting of the Virginia Dental Association. In order to select those who are most deserving of these honors, we would like to ask for your help in identifying potential recipients. Nominations for awards may be made to the Awards Subcommittee by individual members of the VDA or by components. Please submit nominations to the VDA Awards Subcommittee, attention Bonnie Anderson, at the VDA Central Office (7525 Staples Mill Rd., Richmond, VA 23228) by April 30, 2010.

dentistry and has five or more years of experience in the dental field.

Emanuel W. Michaels Distinguished Dentist Award This award is presented to a member dentist who has demonstrated outstanding service, leadership and dedication to the profession of dentistry and for the improvement of the health of the citizens of Virginia. This award is presented only when a worthy candidate is recognized by the President and approved by the Awards Committee.

- service to dentistry.
- tion to the profession of dentistry. This award is presented when a worthy candidate is recognized.

#### **VDA AWARD NOMINATIONS**

**Dental Team Member Award** The nominee must be a dental team member of a VDA dentist. This award may be presented to multiple recipients only when worthy candidates are recognized. The nominee(s) should demonstrate that she/he holds the profession of dentistry in highest regard, promotes the interest and betterment of the profession through the team concept of

**New Dentist Award** This award is presented yearly to a VDA member who has been in practice ten years or less. This award is only presented when a worthy candidate is recognized. The nominee must have demonstrated leadership gualities through

Special Service Award This award is presented to a non-dentist who has demonstrated outstanding service, support and dedica

#### Welcome New Members!

#### December 2009

dency Certificate in 2006.

is currently practicing in

from Virginia Commonwealth

University in 2006. He is cur-

rently practicing in Alexandria.

Peninsula Dental Society

Dr. Shannon Sawyer gradu-

ated from NOVA Southeast-

ern University in 2009. He is

currently practicing with Kool

Smiles in Newport News.

Dr. Jeffrey Eskendri

Center of Roanoke.

Roanoke.

Dr. Si-Hyeon Lee graduated

currently practicing in an As-

sociateship at Small Smiles in

from NOVA Southeastern

University in 2009. He is

Lorton.

#### Northern Virginia Dental Society

Dr. Nadine Altememi graduated from the VCU School of Dentistry in 2006. She then continued to receive her certificate in General Practice Residency from Hackensack University Medical Center in 2008. Dr. Altememi is currently practicing in Chantilly.

2

Membershi

Dr. Tarek Ashmawy graduated from the Tufts University Dental School in 1992. He then received his certificate in Maxillofacial Prosthetics. Dr. Ashmawy is currently practicing in Luray.

Dr. Maya Bachour graduated from Loma Linda University in 2005. She is currently practicing with a group in McLean.

Dr. Michael Chang graduated from the NYU College of Dentistry in 2004. He is currently practicing in an Associateship in Fairfax.

Dr. Diana Dongell graduated from the University of Pittsburgh in 2007. She then received her Certificate of Advanced Study in Endodontics in 2009. Dr. Dongell is currently practicing with a group in Falls Church.

Dr. Fizzah Gocke graduated from West Virginia School of Dentistry in 2003. She is currently practicing in McLean.

Dr. Juanli Guo graduated from Beijing Medical University in 1998. She then attended the University of North Carolina where she received her certificate in Prosthdontics. as well as her PhD. Dr. Guo is currently located in McLean.

Dr. Basiony Hagar graduated from Alexandria Den-

tal School, located in Egypt, in 2002. He then received his General Practice Residency Certificate from Berkshire Medical Center in 2008. Dr. Hagar is currently practicing in an Associateship with Dr. Sasan Ahmadiyar and Associates in Manassas.

Dr. Oscar Luna graduated from the University of San Andres, located in Bolivia, in 1984. He then attended the University of Southern California, Los Angeles, where he specialized in Pediatric Dentistry. Dr. Luna currently is practicing in an Associateship with Dr. Vu Nguyen in Vienna.

Dr. Alka Mahajan graduated from the Tufts University School of Dentistry in 2004. She is currently practicing in Falls Church.

Dr. Quynh-Chi Nguyen graduated from Virginia Commonwealth University in 2009.

Dr. Amit Patel graduated from Virginia Commonwealth University in 2008. He is currently practicing in Ashburn.

Dr. Christopher Perrie graduated from the University of Southern California in 2002. He continued to specialize in Oral and Maxillofacial Surgery at the University of Pennsylvania, graduating in 2008. Dr. Perrie is currently practicing with Nova Surgical Arts in Manassas Park.

Dr. Hiep Pham graduated from Howard University in 2009. He will be practicing in Virginia in the near future.

Dr. Sumera Rashid graduated from the New Jersey Dental School in 2003. She then received her General Practice Residency Certificate in 2004. Dr. Rashid is currently practicing in Springfield with the Northern Virginia Community College Clinic. In addition, Dr. Rashid serves as a faculty member.

#### Dr. Jessica Russo Revand **Richmond Dental** graduated from the University Society of Connecticut in 2002. She then continued to receive an Dr. Elizabeth Berry graduated advanced education in Endfrom Virginia Commonwealth odontics from the University University om 2007. She of Maryland, completing the

then continued to specialize program in 2009. Dr. Russo in Pediatric Dentistry and Revand is currently practicing Public Health, completing the in an Associateship with Dr. program in 2009. Dr. Berry Fernando Meza in Alexandria. is currently serving as a member of the VCU Dental School Dr. Sheela Virupannavar faculty. graduated from VCU in 2005. She then went on to receive

Dr. Charissa Chin graduated her General Practice Resifrom the University Science Malaysia School of Dental Sciences in 2005. She then Dr. Eugenia Walsh graduated received her Advanced Edufrom Columbia University in cation in General Dentistry 2001. She then received her Certificate from Columbia General Practice Residency University College of Dental Certificate in 2002. Dr. Walsh Medicine in 2008. Dr. Chin is currently a member of the VCU School of Dentistry faculty. Dr. Bryan Wood graduated

> Dr. Carolyn Kelly Mueller graduated from the University of Pittsburgh in 1988. She then received her General Practice Residency Certificate in 1989 from Allegheny General Hospital, with a specialty in public health. She is currently practicing in Petersburg at the Hiram Davis Medical Center.

Piedmont Dental Society Dr. Sony Markose graduated

from the University of Detroit Mercy School of Dentistry graduated from the Kornberg in 2009. He is currently a member of the VCU Dental School of Dentistry at Temple School faculty.

> Dr. Leonard Nunnally III graduated from the Medical College of Virginia in 2007. He is currently practicing in Glen Allen.

#### **Shenandoah Valley Dental** Association

Dr. Robert Wilson III graduated from Baylor College of Dentistry in 1976. He is currently practicing in Waynesboro.

#### Southside Dental Society

Dr. Kristina Staples graduated from VCU School of Dentistry in May 2009. She is currently practicing at Charlotte Primary Care in Charlotte Court House.

#### **Tidewater Dental** Association

Dr. Ronald Kondoff graduated from the University of Kentucky in 1985. He then received his General Practice Residency Certificate in 1986. Dr. Kondoff is practicing in a partnership with Dr. Lyall in Virginia Beach.

Dr. Walter Kindred Dr. Gerald Rose Dr. Emmet C. Skinner Dr. Anthony Viscido

Dr. Charles Crews

Tidewater Dental Society Northern VA Dental Society **Tidewater Dental Society** Northern VA Dental Society **Piedmont Dental Society** 

The VDA extends their apologies for the miss spelling of Dr. Crews' last name in the previous issue of the Virginia Dental Journal.



Hope everyone had a calm Thanksgiving and didn't need a golf club to exit their vehicle. Had great participation for the Emporia MOM project. Not only did Component III turnout in large numbers, but many other components did as well. We treated many needy and nice patients. The students did great (how did they get everyone numb???) We must be getting used to the equipment because I didn't hear the loud crashes like last year. The Emporia Guys and their wives worked especially hard; and I'm sure there is more details some where in the journal.

Several issues to get politically involved in this year are regarding insurance. Our leadership is really on this. Due your part by contacting and staying in contact with your representatives. GKAS is just around the corner: the 1st Friday in February. So reserve the day and let Dr. Sam Galstan know. Dare I say, so far in advance of the game: how about those Hawkeyes - what a bowl victory!

#### Warmest Holiday Greetings from the Piedmont to all our colleagues. We hope your New Year will be exciting and satisfying. Roanoke, VA Civic Center on March 26-27, 2010. A great facility and wonderful organization and support. Executive Director Ann Huffman at 276-673-6700 for more details.



#### Enteral Sedation, Conscious Sedation and General Anesthesia: Education for Everyone

The Virginia Dental Society of Anesthesiology (VDSA), component of the American Dental Society of Anesthesiology, is sponsoring another certifying course for office assistants (8 hours). In addition a continuing education course of 4 hours for any anesthesia care providers or previously certified anesthesia assistants (4 hours) will be conducted.

The Virginia State Dental Board 'requirements for continuing education' 18 VAC 60-20-50, state that a dentist who administers or dental hygienist who monitors patients under general anesthesia, deep sedation, or conscious sedation shall complete four hours every two years of approved continuing education directly related to administration or monitoring of such anesthesia or sedation as part of the hours required for licensure renewal. An ACLS course does not count toward this requirement. For any questions about the state regulations log on to: www.dhp.virginia.gov/dentistry.

Diane Schreiber: secretary for the VDSA at 804-273-6818. Date: April 10, 2010 (Saturday)

Title: Risks and Bad Judgments 4 hours: Certifying course 8 hours: Dr Robert Campbell Location: Hanover Country Club 14314 Country Club Drive, Ashland Virginia 23005 (approximately 5 miles west of Ashland on US 54 off Interstate 95exit #92) Course options: Both courses begin at 8:30 am with registration beginning at 8:00 am Tuition fees: Certifying course, 8 hours \$175; recertifying course 4 hours \$125

Hotel options: Contact VDSA secretary Lunch: Full buffet will be served for both the 'recert and cert' groups

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University in 2009. He is currently practicing with Danville Dental Associates in Danville. Dr. Aja Gobar graduated from Meharry Medical College in 2007. She is currently practicing with Small Smiles Dental

#### In Memory Of..

Virginia Beach Alexandria Virginia Beach Falls Church Radford

January 1, 2009 October 19, 2009 September 21, 2009 September 5, 2009 November 8, 2009



**Component 3** Dr. Mike Hanley - Editor

Component 5

Dr. Gene Ayers - Editor

With the spirit of generosity in the air it is not too early to check your calendar for your participation in the M.O.M. Project scheduled at the

We also look forward to your company at the excellent Danville Learning Institute, as we host Dr. Ralph Nicassio speaking on "Advances in Orthodontics for the General Practice of Dentistry". Amazing techniques to benefit your patients to be discussed. Please look for our mailing or contact our

#### For more detailed information, contact the Virginia Dental Society of Anesthesiology

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#### **Miscellaneous**

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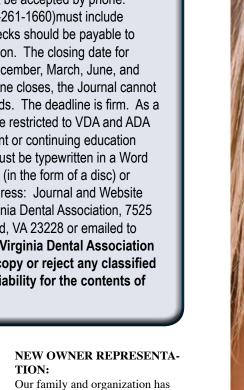
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