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2015

## Teamwork and Racing, Blog 1

Matthew Soignoli

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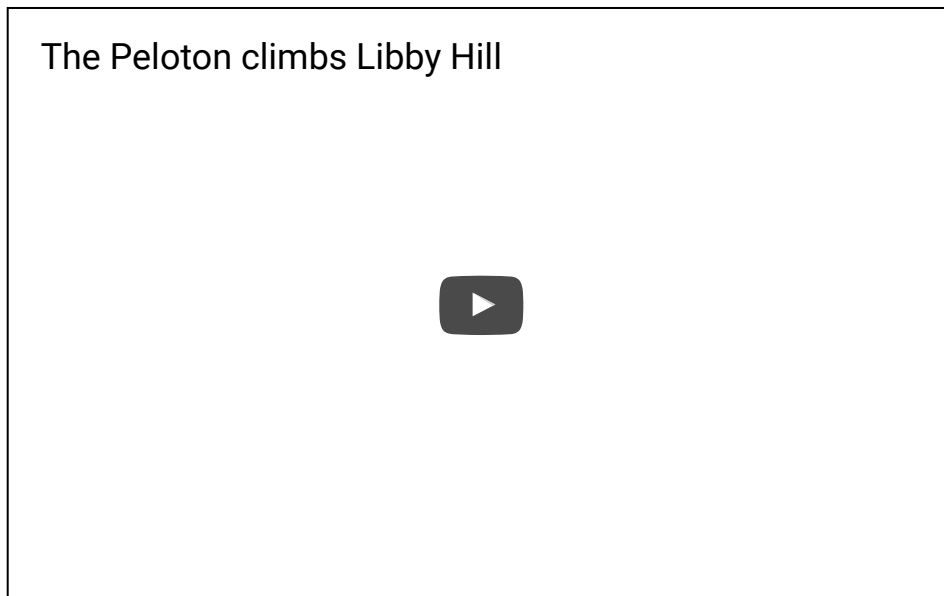
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## T.E.A.M. [Together Everyone Achieves More]

### LIBBY HILL PARK FAN ZONE

SEPTEMBER 28, 2015 | LEAVE A COMMENT



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### BREAK AWAY LEADERS ROUND 2ND & MAIN ON LAP 5 OF THE MEN'S U23 ROAD CIRCUIT

SEPTEMBER 26, 2015 | LEAVE A COMMENT



## Men's U23 Road Circuit



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# LIBBY HILL COBBLESTONE CLIMB – MEN'S UNDER 23 ROAD COURSE

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I stood and watched the racers climb the cobblestones at Libby Hill Park today. The support the fans give the racers is truly amazing. As soon as a cyclist is in sight the crowd ignites. Cow bells are ringing, people are cheering, hands are clapping; the faces of the fans light up. The racers were spread apart through much of the ten laps. There was the break away (lead pack) which consisted of four (and then three), then there was the Peloton (majority) trailing about a minute behind, a few groups of several racers would trail them. But then there was one racer who was much behind. Despite the crowd to be mostly white, this black cyclist from Rwanda was warmly welcomed each and every time he began the climb at Libby Hill. A connection was felt; teamwork was expressed; and justice resulted.



# LA FAMILIA LO ES TODO.

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*"La familia lo es todo." [Family is everything.]*

Ingrid Drexel from Mexico stretches before the Women's Elite Time Trial while her family helps get her ready. Drexel finished +5:24.37 from yesterday's winner Villumsen (40:29.87).

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## CARAVANS, COMMISSAIRES, & COURSE CARS

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## Caravans, Commissaires, & Course Cars



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# PRACTICE MAKES PERFECT

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## UCI WORLDS RICHMOND 2015



[← RVA](#) [← THEWORLDSATVCU](#) [← UCI](#) [← VCU](#) [← VCUBRB](#)

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UCI Elite Women's Time Trial

Even when racing as an individual, one could not MAKE IT REAL without their TEAM.

◀ RVA    ◀ THEWORLDSATVCU    ◀ UCI    ◀ VCU    ◀ VCUBRB

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## ELITE WOMEN'S TIME TRIAL

VIDEO | SEPTEMBER 23, 2015 | LEAVE A COMMENT

UCI Women's Elite Time Trial



# TEAMWORK DOWN TO THE LAST DROP

IMAGE | SEPTEMBER 23, 2015 | LEAVE A COMMENT



YouTube Links

Matthew Soignoli

## LIBBY HILL PARK FAN ZONE

SEPTEMBER 28, 2015 LEAVE A COMMENT

<https://youtu.be/eaq1XU7dlbM>

## BREAK AWAY LEADERS ROUND 2ND & MAIN ON LAP 5 OF THE MEN'S U23 ROAD CIRCUIT

SEPTEMBER 26, 2015 LEAVE A COMMENT

[https://youtu.be/f2M0W\\_8jVGM](https://youtu.be/f2M0W_8jVGM)

## CARAVANS, COMMISSAIRES, & COURSE CARS

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<https://youtu.be/MYSQusOIBO4>

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<https://youtu.be/9tsH9jKxuPs>