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VCU Voice

A Publication for Faculty and Staff on Virginia Commonwealth University's Academic and Medical College of Virginia Campuses

Waite to Address University's 1996 Commencement

by Brian Matt
University News Services

Terry Waite, the former envoy for the Archbishop of Canterbury and hostage negotiator who spent 1,763 days as a captive in Beirut, Lebanon, will speak at Virginia Commonwealth University's 1996 Commencement. Graduation activities will begin at 10 a.m. May 18 at the Richmond Coliseum.

"We are indeed fortunate to have Terry Waite as our Commencement speaker," said Dr. Eugene P. Trani, VCU president. "The courage he displayed as a hostage will inspire our graduates as they reflect upon their lives and contemplate their futures on this momentous day. His humanism and compassion, expressed even now through his involvement in conflict resolution and on behalf of children, challenge us to attain a level of civility where such efforts are no longer necessary."



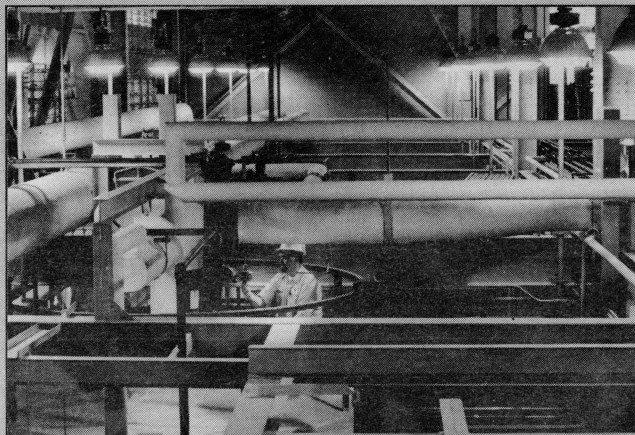
Waite

Waite, whose story made headlines around the world, was captured in January 1987 by Shiite Muslims while attempting to secure the release of American hostages. He was kept in solitary confinement for almost four of the five years he was held hostage.

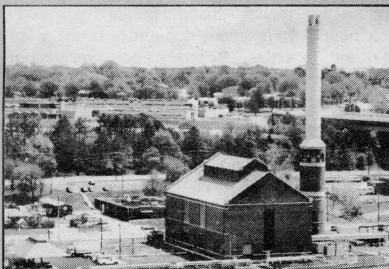
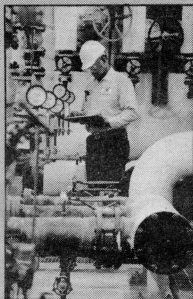
"I vowed, as soon as I realized what was happening, that there were three things I would stick to," Waite said in a recent interview. "No regrets — I knew that I had done the best I could," he continued. "No self-pity, because self-pity will kill, and no oversentimentality, because if you start thinking how much nicer you could have been to your family, how much more tolerant of your children, you'll fall into absolute misery."

Waite said his treatment by his Islamic captors was worst during the first year, when he was interro-

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Photos by Eric Norbom — VCU Media Services



Full Steam

Last month, Virginia Commonwealth University's new steamplant began operation. Built on 17th Street near the Medical College of Virginia campus, the Physical Plant facility provides steam for various uses — including heat and sterilization — in about 50 campus and state government buildings. Clockwise from top right: John Ball checks the pressure transmitter. The new facility received the 1995 design award for new construction/industrial from the Virginia Masonry Council. As part of the round-the-clock operations, Elton Atkins monitors the electronic controls that tap into every component of the steam operation. Huber Barber checks a series of pressure gauges; the university's new facility houses three natural gas boilers that provide a steaming capacity of 375,000 pounds per hour.

VCU Announces '96 Hurston/Wright Fiction Winners

Foundation Provides Only Award to African-American College Writers

by Kyra Scarton Newman
editor

Probing such issues as homelessness, the residual effects of slavery, Alzheimer's disease and family death, the four winners of the sixth annual Hurston/Wright Awards for fiction share stories as diverse as their own

personal experiences. The nation's only award for fiction by emerging African-American college writers, the Hurston/Wright Awards will be presented during an April 26 ceremony at Virginia Commonwealth University, which has been the headquarters of the Zora Neale Hurston/Richard Wright Foundation for two years.

"This year's awards recognize that young black writers are finding their homes in graduate writing programs across the country," said Marita Golden, president of the Hurston/Wright Foundation and senior fiction writer in VCU's M.F.A. graduate Creative Writing Program. "These stories are quite diverse in their subject matter and reflect the growing range of this segment of emerging writers."

Golden noted this year's awards

program formally inaugurates the foundation's relationship with VCU, and their collaboration to support the African-American literary community. "We envision that this awards program, along with the establishment of an annual summer writer's workshop later this year, will serve as an integral part of Richmond's literary calendar," she said. "Ultimately, we will build awareness both regionally and nation-

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gated about the Iran-Contra scandal in which the United States was trying to win the release of the hostages through secret arms shipments to Iran.

While in his prison cell, Waite wrote his autobiography in his head, finding comfort and courage through childhood memories and self-examination. Published in 1993, *Taken on Trust* chronicles the mental anguish he endured during his captivity and some of his conclusions about humanity. The

book headed the best-seller list in the United Kingdom, and has been read widely throughout the world.

In 1980, Waite was appointed adviser on Anglican Communion Affairs by the new Archbishop of Canterbury. His role included advising the archbishop on international issues and accompanying him on his journeys throughout the Anglican community. During the following years, Waite became involved in the plight of hostages around the world, especially in

Iran, Libya and Lebanon.

In the mid-1980s, Waite conducted several missions to Iran and Libya to seek the release of British detainees. He was successful in each case, negotiating with the Ayatollah Khomeini's revolutionary leadership and Col. Muammar Qaddafi. His success was attributed to his non-judgmental, ecumenical world view and his ability to set at ease people from various cultures.

Waite holds a degree in theology and Christian ethics from the Church

Army College in London. He holds honorary degrees from the City of London, Kent at Canterbury, Liverpool, Durham, Sussex and Yale universities.

Waite continues to be involved in resolving conflicts at various "hot spots" throughout the world. He also spends much of his time writing, lecturing and working for Y-Care International, an International YMCA program he helped found. The organization assists young people who live in developing countries.

AWARDS

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ally of the unparalleled programs offered by VCU and the Hurston/Wright Foundation to this emerging group of writers."

The April 26 awards program, to be hosted by WWBT-TV anchor Sabrina Squire, will feature this year's winners and four Virginia writers speaking on "A Writer's Life." Guests will include poet Nikki Giovanni of Virginia Polytechnic Institute and State University; Sheri Reynolds, an alumna of VCU's Creative Writing Program and faculty member at Old Dominion University; Larry Levis, the senior poet in VCU's M.F.A. program; and William Henry Lewis, a 1994 Hurston/Writer winner who is now on the faculty of Mary Washington College.

The program will begin at 8 p.m. in the Business Building Auditorium, with a reception to follow in the Anderson Gallery.

Selected from 50 submissions from African-American students across the country, the 1996 awards will be presented to all women, the first time in the program's six-year history:

- First place, Gwendolyn Wooten Scott, a creative-writing student at the University of Houston in Texas. Her other honors include a Cambor Fellowship from the Inprint Foundation, which sponsors her university program. The Hurston/Wright Award honors her short story "The Priv'lege of Living," which tells of relationships created among the homeless.

In describing her work and charac-

ters, "'The Priv'lege of Living' is, like most stories, an amalgam of several images and ideas," the 46-year-old writer stated. "The Old Man is based on my grandfather. He was always trying to perpetuate ideas, practices by telling us about the 'old days.'

"Luce comes from a quick glance of a homeless community I saw while driving over a bridge near downtown Houston," she added. "The people were sitting around fires outside their makeshift housing, and I was intrigued by the idea that the concept of community can manifest itself in a variety of settings."

- Second place, Princess J.L. Perry, 25, a student in

ODU's English/Creative Writing Program. A recipient of a 1996 National Organization for Women Literary Scholarship, Perry is honored for her novel excerpt *Making Peace*.

- Third place, Amy DuBois Barnett, who is studying fiction in the M.F.A. program at New York's Columbia University. The 26-year-old was selected for her short story "Buried Things."

- Fourth place, Nardya Smith, 39, a student in the fine arts writing program at the University of Nebraska in Omaha. The Hurston/Wright award honors her short story "Bridging the Canyon."

The first-place winner will receive \$1,000 and publication of her submission in the *New Virginia Review* magazine, and the second-place winner will receive \$500. The awards are underwritten by HarperCollins, publishers of the works of Hurston and Wright. The annual competition is open to full-time African-American undergraduate

or graduate students in any U.S. college or university. Next year, the foundation will offer two fiction awards: one for writers enrolled in graduate creative-writing programs and a second for undergraduate students.

The 1996 winners also will visit Virginia Union University for a session with students and faculty.

Judges were Dennis Danvers, a VCU M.F.A. graduate and novelist; Daryl Dance, a retired VCU faculty member now teaching at the University of Richmond and literary critic; and Ajuma Kamau, a VCU M.F.A. graduate who will publish his first novel,

Flickering Shadows, this fall.

The foundation is named for Zora Neale Hurston, a novelist, anthropologist, folklorist, journalist and playwright who was a luminary of the Harlem Renaissance, and Richard Wright, a novelist, journalist, short-story writer and political essayist who witnessed and participated in most major political movements of the 20th century.

In July, the Hurston/Wright Foundation will offer a writers' workshop at VCU. Award-winning writers in poetry, fiction, children's literature, screenwriting and creative non-fiction will lead this inaugural session.

University Delays Demolition on West Grace Site until July 1

On behalf of the Virginia Commonwealth University Real Estate Foundation, VCU President Eugene P. Trani has delayed demolition and extended the deadline for sale of the property at 907-909 W. Grace St. until July 1, 1996.

"This extension is intended to allow community members an opportunity to develop and implement a marketing plan for the sale of the property," Dr. Trani said. "The community is serious about its effort, and we are extending the deadline and hope they are able to identify an investor who will purchase and renovate the property for commercial or residential use."

Dr. Trani extended the deadline after a meeting of the VCU Community Advisory Board, where community representatives asked that extra time be given to find a buyer for the property. "We've always been committed to working with the community to make the VCU area a better place for students, faculty and residents," he said. "If this group can find an acceptable buyer for this property, we'll be happy to make the sale."

The VCU Real Estate Foundation bought the Jade Elephant property in June 1995, as part of the university's ongoing commitment to the revitalization of Grace Street. Later that summer, the foundation advised representatives of the university's Community Advisory Board and the community that it would sell the property for the price the foundation paid for it plus additional expenses

the foundation has incurred during its ownership. The price of the property may be in the \$150,000 range. The foundation requires any potential investor to provide a development plan and timetable as a condition of sale.

"We welcome your announcement ... that the university is willing to postpone demolition of the properties," Beverley Lacy, president of the Fan District Association, wrote in an April 3 letter to Dr. Trani.

"To date, we have received few calls from serious investors interested in this property," said Paul Jez, VCU controller and foundation treasurer. "We are eager to work with a buyer who shares the university's commitment to revitalizing this neighborhood."

Last fall, the foundation determined that it was cost-prohibitive to renovate the space for university use. The foundation set a March 1 deadline for sale of the property, at which point the property would be demolished and improved as a green space.

Over the past five years, the university and the VCU Real Estate Foundation have made considerable investments in the 800 and 900 blocks of West Grace Street. Renovations of two former nightclubs and an Art Deco theater alone represent an investment of \$1 million. Those facilities now house portions of the VCU Police, Internal Audit and academic and performance space for the Art History and Dance and Choreography departments.

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VCU Voice is published biweekly by University News Services for the Virginia Commonwealth University community. Opinions expressed in VCU Voice are those of the authors and not necessarily those of VCU. Letters to the editor and other submissions are welcome.

Please direct all correspondence, material and inquiries to VCU Voice, 826 W. Franklin St., P. O. Box 842036, Richmond, VA 23284-2036; 828-6052.

Virginia Commonwealth University

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The deadline for the May 6 issue of VCU Voice is April 26. Submissions for News Briefs, Calendar, People in the News and other features may be mailed to P.O. Box 842036; faxed to 828-2018; or e-mailed to knewman@hibbs.vcu.edu. Photographs and letters also are welcome.

Oncologist Seeks to Change Views

Massey's Smith Promotes Letting Go with Dignity

by Tyler Norman
University News Services

As a Virginia Commonwealth University oncologist, Tom Smith's mission is twofold: to expand the dialogue between patients and doctors and to teach terminal patients how to let go.

"I think our job as health-care professionals should be to help give a patient a good death from all perspectives, rather than the typical American fight to the last, never say die, and use all society's resources and end up dying painfully in a hospital," said Smith, M.D., director of cancer education at VCU's Massey Cancer Center. "We need to return to the kinder world of at-home deaths."

Smith's ideas about dying and how to improve terminal patients' care found a forum two years ago, when he was named the first faculty scholar for the Project on Death in America, sponsored by the Open Society Institute. Dedicated to changing Americans' view of death, the institute was founded in 1979 by Wall Street billionaire George Soros, who had lost his wife to cancer. Soros' negative experiences with stony doctors led to the project, which integrates philosophies such as Smith's into the medical curriculum.

An assistant professor of medicine and health administration at VCU's Medical College of Virginia for the past 12 years, Smith is teaching his terminal cancer patients how to be smart consumers by asking the right questions about the benefits and toxicity of chemotherapy. Meanwhile, he's encouraging his medical students to be more realistic about the success rates of chemotherapy, as well as advocating better deaths by asking patients their end-of-life wishes.

This may not sound important, but — given that

a recent study showed that half of the doctors surveyed indicated they did not know whether their patients wanted to be resuscitated — a communication gap remains.

Smith believes the problem is that not only are cancer doctors prescribing treatments they know won't work, patients are accepting chemotherapies without any idea of side effects or survival rates. Americans are demanding consumers, and oncologists often feel pressured to give treatment in spite of the results, he added.

"It is difficult to say to a patient 'There is no treatment for your disease. I have not been successful in controlling it. We should switch gears now to control your symptoms and keep you going as long as possible,'" he said. "This isn't the sort of dialogue you would hear on 'ER' or 'Chicago Hope.'"

Smith does not believe his fellow doctors are necessarily mercenary, but there are conflicts inherent to the medical system. Doctors are trained to give chemotherapy in most cases and rely heavily on sophisticated technology. At the same time, he added, there is a paradox in a fee-for-service system: In some cancer practices, profit from chemotherapy can be as much as two-thirds of the income.

Cancer is big business in this country — American doctors give five times the chemotherapy their European counterparts do with the same survival rates — but Smith believes attitudes are changing. Doctors and patients realize it is more worthwhile to treat the symptoms of terminal cancer. "Rather than having false hope for a cure, patients should look for the real hope of a planned good death," Smith said.

With the continued crunch in health-care economics, patients will not have the means to keep spending money on ineffective therapies. The trend now, he added, will be more hospice care, regardless of insurance coverage, and consumers will be better informed about their options.

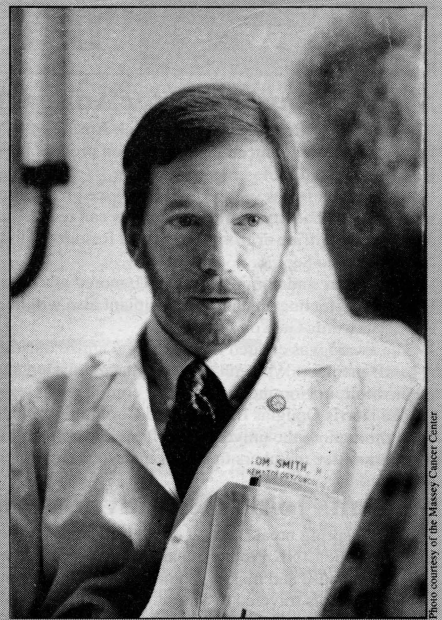


Photo courtesy of the Massey Cancer Center

Dr. Tom Smith advocates allowing patients to die with dignity once cancer treatments have been exhausted.

Meanwhile, good news and bad news remain in the search for a cure to cancer, Smith said. Although much progress has been made in the treatment of testicular, lymphoma and leukemia cancers, the survival rates for other cancers such as breast, lung, bladder and colorectal have seen only minuscule advances in the past two decades.

What are the chances to wipe out cancer? Smith noted one third of cancer deaths are caused by cigarettes and another third by high-fat, low-vegetable diets. "The good news is that doctors are getting smarter all the time about cancer cells."

Journalist Examines Issues with On-Line Publishing

Crothers Fills 1996 Dabney Professorship

by Christine Sbtogren
University News Services

On-line publishing is bringing new definition to mass communications as the 21st century approaches. Readers and their newspapers can form a new relationship.

"Readers can be interactive with their daily newspapers," said Carl M. Crothers, a 1979 alumnus who returns to Virginia Commonwealth University's School of Mass Communications as its 1996 Virginius Dabney Distinguished Professor. Crothers is teaching a course on on-line media issues for news-editorial and English majors.

According to Crothers, unlike any other medium, on-line publications put newspapers at their readers' fingertips 24 hours a day.

"On-line technology is expanding its reach so that with a simple click of the mouse, readers can participate in live interactive news discussions, communicate with the publisher to express their preferences and criticisms and explore greater depths of information by linking to other sources and sites," said Crothers, managing editor at the *Winston-Salem Journal*, which he projects will be on line by fall.

In his previous position as deputy managing editor for electronic publish-

ing at *The Tampa Tribune*, Crothers went on line in 1994 when he headed the newspaper's first electronic news service, Tampa Bay Online. That service was recognized in 1994 by Interactive Publishing Alert as one of the top six publications of its type nationwide.

When Crothers compares on-line media to print media, one of the first distinctions he makes is in the speed of transmission.

"On-line news is virtually instantaneous." He illustrates his point with his 1994 experience with Prodigy Access Atlanta, an on-line newspaper that he studied as a model. Logging on early one morning, he read that Lewis Grizzard, the famous journalist at the *Atlanta Journal-Constitution*, had died of a heart attack.

"Although Grizzard had been dead only an hour, I read his obituary, clicked and linked to a series of photos on him, clicked again and linked to fresh public comments and reactions, clicked again and linked to a 10-year compilation of his columns," he said. "I read for hours on every imaginable aspect of the man's career." Many people, Crothers noted, didn't learn the news until 24 hours later when they read their morning newspapers.

But despite its timeliness and accessibility, Crothers said on-line

publications have spawned a number of issues that today's journalists must address if they are going to be smart users of Internet-based information.

"As an increasing amount of journalism is produced on the Web, students must understand the potential as well as the problems of on-line publishing," Crothers warned.

One issue is ethics. Electronic linking — which allows readers to explore layers of information from various sources, adding depth and detail to any given topic — also has the potential for



Crothers

taking readers from objective reporting to questionable information outlets. As an example, Crothers cited, "A reader, seeking more information on an abortion article, may unknowingly link to a biased, pro-life piece and be completely unaware that the content has changed."

Print media journalists, Crothers explained, are accustomed to printing a straight scoop. "They need to be aware of how the content of their stories can change on the Internet."

Consumer privacy is an issue on the Internet as well. "If an on-line newspaper sponsors an advertiser at its Web site, and the advertiser requests users'

names from the newspaper, it becomes a privacy issue for editors as to whether to disclose users' names."

Government regulations of journalism lack clear definition on the Internet and pose another problem for journalists. "The First Amendment protects print journalism," Crothers said. "The Federal Communications Commission protects broadcast journalism. A major question that needs to be addressed is whether journalism created on the Internet is like print or broadcast media and how it is going to be controlled and regulated."

Crothers' course not only addresses these issues, but also gives students the skills and knowledge to deal with rapidly changing technology. The School of Mass Communications, he said, is incorporating curricular changes that will prepare its students to deal with emerging technology.

Crothers said the digital revolution is shifting the way people use information.

"The media used to have total control over when and how consumers got their news — by the morning newspaper or scheduled news programs," he said. "As on-line publishing becomes increasingly mainstream, consumers are going to be in control of the news — both when and how they get it — and journalists are going to have to meet a whole new spectrum of consumer demands. This is a dramatic change in our culture for which future journalists need to prepare."

Nominations Open for Annual Budd Award

As part of National Secretaries Week April 22-26, Virginia Commonwealth University has announced the nomination process for the annual Dorris Douglas Budd Award.

Nomination forms will be mailed to vice presidents, deans and department heads May 1. Faculty, staff and students can request a copy of the form from their departmental office or from the Human Resource Division. The deadline for nominations is Sept. 6.

The winner and nominees will be honored at a special Oct. 18 program at the University Meeting Center. The recipient also will be recognized at the annual Service Awards Gala on Oct. 25.

The award was created in 1981 to recognize outstanding secretarial and clerical staff members who enhance the image, mission and day-to-day activities of the institution. Nominees must have completed at least five years of VCU service.

The Dorris Douglas Budd Award Committee, which includes faculty and staff from throughout the university, will review nominations and identify the finalists. The committee members then will interview finalists individually.

Students Join Alternative Spring Break Project

During spring break 1996, 11 VCU students traveled to South Carolina to participate in the LINK Project, an alternative spring break project that involved building a house and making community improvements.

Five students traveled to Sumpter to participate in Habitat for Humanity's Collegiate Challenge, and the others traveled to John's Island to work with Our Lady of Mercy Community Outreach Services Inc.

The LINK Project "takes students and puts them in a new environment, widening their comfort zone and helping them become more diversified. It makes them more aware of issues and people around them," said Camisha Jones, neighborhood community service project coordinator through Virginia COOL and VCU Student Affairs.

Habitat for Humanity works in partnership with people in need throughout the world, building simple decent shelters sold to them at no profit, through no-interest loans. In helping with this program, VCU students helped build a house for a family that involved sanding and painting.

In the second project, students assisted Our Lady of Mercy Community Outreach Services with home maintenance, such as painting and pulling up linoleum, for its clients. The organization provides human services to low-income families.

University to Hold Anxiety Disorder Screening

VCU's Department of Psychiatry will offer an free anxiety disorders screening from 5:30-7:30 p.m. May 1 at the Medical College of Virginia's Family Counseling Center in the Park at Stony Point. The screening is offered as part of National Anxiety Disorders Screening Day to promote these illnesses, their symptoms and effective treatments.

Participants will be able to view a video on anxiety disorders, complete a screening form and meet with a mental-health professional. A certain level of anxiety is normal, but when it becomes overwhelming and impairs an individual's ability to function, reduces productivity or has no obvious cause, it should be treated by a mental health clinician. It is estimated that 27 million Americans will have an anxiety disorder at some point in their lives, yet only 25 percent will receive treatment.

The screenings are free. For more information on the program, call 828-2000 or (800) 232-0901.

Event to Give Children Firsthand Look at Workplace

by April Crews
University News Services

To give children a firsthand look at career opportunities and to prepare them to succeed in the working world, Virginia Commonwealth University employees are welcoming the future workforce into their offices in the university's own version of the national "Take Our Daughters to Work Day."

Expanding the program to all youngsters, VCU is encouraging all departments to participate in "Take Our Children to Work" activities on April 25. Organizers expect sons and daughters will be part of the program, as well as nieces, nephews and grandchildren.

VCU recognizes that by expanding the program to all youths, university employees can give children an understanding of what their parents do at work. "It is a good blend of work and family," according to Pat Baker, coordinator of Work and Family Resources, which is providing information to assist departments in planning for the event. "Children gain a new understanding of their parents' jobs after seeing exactly

how mom or dad spend their day at work. Seeing firsthand reinforces what we have told them."

The theme of the national program focuses on "Vote for Me," encouraging participating adults to give girls the vote of confidence and commitment that they need to believe in themselves and succeed. Research has shown that teen-age girls receive less attention than boys in school and value themselves for what they look like rather than for what they can do, according to the Ms. Foundation for Women, which has sponsored the program for four years. "Take Our Daughters To Work" program gives participating youth the opportunity to get needed guidance from adult mentors, who can help them achieve their goals.

"Everyone has a stake in girls' futures, because when girls are healthy and educated — families, communities and our entire nation flourishes," said Marie Wilson, president of the Ms. Foundation for Women.

"Take Our Daughters To Work Day" is one of the most popular, well known and highly regarded programs for girls in the country. Last year, 9 million

University Council Reviews Promotion, Tenure Revision

by Kyra Scarton Newman
editor

University Council members are reviewing the revised draft of Virginia Commonwealth University's Promotion and Tenure policies and procedures, presented at the April meeting.

The council expects to vote on the revised document at its May 7 meeting, with the plan then forwarded to the university's board of visitors. The Academic Policy Committee of the board expects to study the document at its May meeting, with the full board set to vote on the new policy in July. If approved, the effective implementation date will be July 1, 1997.

"That will allow us time to work with the schools and units to develop their plans in the coming year," Provost Grace E. Harris told council members.

"We think this is a user-friendly document," said Robert Isaacson, chair of the Promotion and Tenure Review Task Force, which presented its final document April 1 to senior administrators.

The latest revision redefines collateral faculty, who share many rights and procedures of tenure-track faculty, Isaacson said. "This document provides the flexibility to create standards that are useful to them," he added.

This version also keeps the spirit of providing more responsibility at the school and departmental levels, allowing units to determine tenure based on their unique goals and missions — a challenge given the programmatic diversity across two campuses.

"This provides balance so the university can make internal documents reflect a unit's particular mission," he said.

Meanwhile, the Faculty Senate

was scheduled to vote at its mid-April meeting on a recommendation to add post-tenure review to the university document. That recommendation will be considered separately to ensure appropriate university discussion and input, administrators said.

VCU President Eugene P. Trani noted Gov. George Allen has indicated that future faculty salary increases would be determined based on institutional faculty evaluation plans.

"This is a serious issue," added Stan Strong, Faculty Senate president. "If we don't do anything, we will lose tenure and we will lose academic freedom. If we lose academic freedom, then what is the role of a university?"

In other news at the University Council meeting:

- The university will present a balanced budget for VCU for the 1996-98 budget biennium to the board of visitors. The board is expected to review and approve the budget at a special April 25 meeting.

- In keeping with the intent of the General Assembly and the governor, no tuition increase will be made for resident undergraduate students.

- Additional budget information will appear in the May 6 issue of *VCU Voice*.

- A university task force is completing its review of the student Honor Code. The group is expected to bring its revised document to the council for consideration in May.

- Among the changes to be recommended are creating a standing committee of students, faculty and administrators to promote the Honor System and enhancing the role of faculty in the system.

- Dr. Trani reviewed the VCU board's decision to relocate and create a new design for the Fine Arts Building.

Parents Can Help Young Athletes Compete Safely

VCU Pediatric Nurse Practitioner Reports Findings in Journal Series

by Erin Crummette
University News Services

An adolescent's feelings of invincibility and disregard for good nutrition can leave them open to unnecessary risks, particularly if they are under the physical and emotional demands of a competitive sport.

According to a pediatric nurse practitioner at Virginia Commonwealth University, parents can help adolescent athletes by teaching them about their bodies' needs and limitations.

"Athletic participation can strengthen an adolescent's self-image, provide social contacts and enhance physical and emotional growth," said Gail Allen, a pediatric nurse practitioner with VCU's Medical College of Virginia Hospitals. "However, it also carries a diverse set of risks, from injury to chronic disease to dangerous nutritional practices."

Allen, who co-authored a three-part series on children and athletics that was published in the *Journal of Pediatric Health Care*, stresses that a parent's involvement and guidance can help adolescents develop a healthy attitude toward athletic participation and avoid unnecessary risks. She has five points for parents to keep in mind if their children begin athletic participation:

• **The rate of growth in adoles-**

cence is second only to that of infancy. "Growing pains," caused when bone growth outpaces muscle lengthening, can result in loss of skills and risk of injury. Parents and coaches must realize there may be little room for developing athletic prowess while the so-called "clumsy" teen-ager adjusts to growing bones and muscles.

Another change that comes with adolescence is the onset of menstrual periods for girls. While female athletes tend to get their first period more than two years later than their non-athletic peers, there should be no delay in the development of secondary sexual characteristics, such as breasts. Medical evaluation may be needed if secondary sexual characteristics have not developed by age 14 or if the menstrual period has not begun by age 16.

• **An estimated 600,000 injuries occur each year to the 5 million high school athletes in the United States.**

A gradual warm-up and stretching exercises are important in avoiding injuries.

Particular sports can give rise to specific over-use injuries, which can be avoided through prevention exercises.

For example, distance runners can avoid Achilles' tendinitis by slow stretching of the legs, feet and back muscles. Proper technique and thorough conditioning and strengthening

may help baseball and tennis players escape pitcher's or tennis elbow. Parents and athletes should be familiar with injuries associated with certain sports.

• **Even moderately active teenagers need 1,500 to 3,000 daily calories on top of basic needs.**

Though adolescents are not usually interested in nutrition they may be persuaded to eat healthier foods after getting the message that good nutrition and a balanced diet may lead to improved performance on the playing field.

Athletes almost always weigh more than their non-athletic peers because of the ratio of muscle to fat.

Virtually every sport is affected by dangerous nutritional practices centering around weight control, particularly wrestling, gymnastics and dancing. Weight loss during adolescence is abnormal. Practices designed to reduce weight can have serious long-term side-effects, in addition to a short-term decrease in muscle strength and performance.

• **A balanced diet will enhance performance, but "special" diets may interfere with training.**

The practice of carbohydrate loading is not advised for adolescent

athletes from either a physiologic or performance standpoint. Overall athletic performance is more dependent on long-term dietary practices than traditions such as the pre-game meal. The meal consumed before the event will not be the primary source of energy needed for immediate exercise.

It is best for athletes to have only a small meal two to three hours before an athletic event. Food eaten immediately before an event can lead to cramps, vomiting and sluggishness as blood flows to the gastrointestinal tract from the muscles.

• **Thirst is not always an indicator of when young athletes need to drink water.**

During sustained activity, an athlete can lose up to four liters of fluid each hour. Such hydration can reduce performance.

Fluid replacement must continue for 24 to 36 hours after competition to replenish the fluid volume and electrolytes that often accompany fluid loss during profuse sweating. Cold water is most effective as it empties the stomach more rapidly and stimulates thirst.

Allen offers a final tip, when safety is an issue, parents should go directly to the coach. "Don't put your child in the middle."

"Athletic participation can strengthen an adolescent's self-image, provide social contacts and enhance physical and emotional growth."

Alumnus Finds Home Coaching VCU Lady Rams

by Kyra Scarton Newman
editor

Virginia Commonwealth University's first full-time assistant women's basketball coach has returned to his alma mater to fill the top coaching position.

David Glass, who had held the top post at the University of Missouri at Kansas City for the past three years, was named head coach of the Lady Rams during an April 9 news conference.

"I came to school here; I have a great love for the university and for Richmond. This is a real homecoming for me," said Glass, whose mother and uncle joined him at the news conference. His wife, Sarah, remained in Kansas City to finish preparing for her upcoming certification test in physical therapy.

A 1986 graduate with a degree in athletic management, Glass served as the Lady Rams' assistant coach from 1983-88. He is the second alumnus to hold the team's top coaching position.

"In coming back, my goal is to create competition that is healthy for the athletes," he said. "They will be supported to succeed both academically and athletically."

Ensuring the graduation of his players is his top priority. "We'll go in there and work as hard as we can," said Glass, never ready to back down from a challenge. Only days after the announcement, David and Sarah Glass were in Massachusetts to



Virginia Commonwealth University introduced David Glass, a 1986 alumnus, as its women's basketball coach at an April 9 news conference.

run in the Boston Marathon.

"We see just great things in the future for VCU women's basketball," said Richard L. Sander, director of athletics. "This is an excellent day for VCU."

Prior to the 1988-89 season, Glass took an assistant coaching position at Notre Dame, where his duties included served as recruiting coordinator. He brought several blue-chippers to the Irish, including Michelle Marciniak, the consensus National High School Player-of-the-Year in 1991.

In 1993, Glass accepted his first heading coaching post at UMKC. He went 9-18 in his first year, despite playing with only eight players for a major-

ity of the season.

Glass signed 10 recruits following his first season, ending his second year 7-20 with a team of freshmen and sophomores. The Kangaroos qualified for the Mid-Continent Conference Tournament for the first time in 1994-95, and two freshmen were named to the conference's All-Newcomer Team.

His coaching strategy advocates use of the three-point shot. His UMKC team finished ninth in the nation in three-pointers per game (7.0) in 1994-95 and 23rd (5.6) the year before.

But Glass hasn't decided his gameplan for the Lady Rams. "We're in the early stages of building the program," the new coach said at the news conference.

"I think you'll enjoy VCU women's basketball with David

Glass running the show," Sander added.

Last season, UMKC improved to 11-16 with a team still comprised primarily of underclassmen. Glass' career record is 27-54 after three seasons.

In the 24 hours before the announcement, Glass met both with players both as a team and individually to discuss the women's basketball program. A finalist for the post last summer, Glass said he was pleasantly surprised by the call from VCU after the resignation of former coach Peggy Sells on April 3.

Drew Galbraith of Sports Information contributed to this article.

News Services Seeks to Boost National News Coverage

As the spring semester draws to a close, Virginia Commonwealth University has earned coverage of its programs and faculty in the national, regional and local media.

President **Eugene P. Trani** and I traveled to Washington, D.C., in March for a tour of national media outlets. Our goal was to make key reporters and editors in the national press aware of the programs and partnerships VCU has established. We visited with the *Wall Street Journal*, *The Washington Post*, the *Boston Globe*, *The Chronicle of Higher Education* and *Voice of America*.

Media were particularly interested in VCU's partnerships with private industry, such as the School of Engineering/Motorola and the VCU Ad Center partnerships. There was much interest in the president's view of how higher education plays a role in regional economic development — good examples being our engineering school and the Virginia Biotechnology Research Park. Particular interest was paid to how VCU is educating students to live and work in the 21st century. Also, with the changing face of health care in the United States, they were very interested in the survival of academic medical centers and medical education. VCU's legislation to turn the Medical College of Virginia Hospitals into a public authority was recognized as part of a national trend and regarded with much interest.

We plan to continue on this path of national media cultivation as part of our national media relations efforts. It is News Services' plan to personally introduce members of the VCU faculty to the national media on a regular basis. We welcome any suggestions on VCU programs that may be of interest to these reporters.

Other highlights include:

SCHOOL OF ENGINEERING: The unveiling of the building design and expanded construction plans for the School of Engineering, announced at a March 21 news conference at the site, generated expansive coverage among area media. The *Richmond Times-Dispatch* prepared a front-page story, including maps of the site. Stories aired on WWBT, WRIC and WTVR, and WRVA and the *Richmond Times-Dispatch* Radio Network also distributed segments statewide. Coverage also appeared in the *Richmond Free Press*. ... Area media also reported on a \$500,000 gift from the Philip Morris Companies to support scholarships at the school. ... The *Richmond Times-Dispatch* wrote about VCU's first Mini-Engineering School, a weekly series this spring at the Science Museum of Virginia.

BASKETBALL FEVER: VCU's first bid to the NCAA Tournament in 11 years generated coverage from media around the country, due to efforts of VCU Sports Information. ... USA Today profiled the outstanding play of power forward **Bernard**

Hopkins. ... As part of the tournament promotion, head coach **Sonny Smith** appeared on a special coaches' show broadcast nationally on ESPN. ... VCU also earned coverage as host of the NCAA East Region's first- and second-round games, including reports in the *Richmond Times-Dispatch*. ... University News Services prepared a special publication showcasing VCU Athletics for media

attending the Richmond games. ... Local media also reported on the hiring of David Glass as the new Lady Rams head coach earlier this month. **GRADUATE HONORS:** A special March report on "America's Best Graduate Schools," produced by *U.S. News & World Report*, featured four ranked VCU programs: physical therapy, eighth; health services administration, ninth; pharmacy, 10th; and fine arts, 25th. *Richmond's Style Weekly*, also reported on the rankings.

HEALTH SCIENCES: **Dr. Dennis Wong**, assistant professor of medicine, spoke to *ABC Radio* for a national broadcast; he addressed how the heavy, wet winter is leading to more allergies this spring. ... A feature story in the *Virginian-Pilot* discussed how five family members benefited from gastric-bypass surgery, conducted by **Dr. Harvey Sugarman**, professor of surgery. ... **Dr. Nancy Osgood**, associate professor of gerontology, spoke with the (Cleveland) *Plain Dealer*, about the changing role of the elderly in today's society. ... *Style Weekly* wrote a feature story on the annual Match Day, when fourth-year medical students across the country learn where they will complete their residencies. ... MCV was featured prominently in a special *Richmond Times-Dispatch* section that reported on medical careers. ... **Dr. Ken Kendler**, professor of psychiatry, addressed psychiatric genetics with the *Dallas Morning News*.

... *Ivanhoe Broadcast News*, a syndicate that provides national coverage, is preparing a segment on new heartburn treatments by **Dr. Eric DeMaria**, assistant professor of surgery. ... *CBS Radio* interviewed **Dr. Graham A. Patrick**, professor of pharmacology and toxicology, for a series of segments on proper use of medications. Two segments that have aired explored the interaction of food and medications, and the importance of following a prescription. ... KVS-TV in Korea interviewed four MCV faculty members for a four-part documentary on aging: **Dr. Stephen Harkins**, professor of gerontology; **Dr. John Taylor**, professor of neurology; **Dr. William Regelson**, professor of internal medicine; and Osgood.

ECONOMIC DEVELOPMENT: The *Virginian-Pilot* published an editorial that endorsed the findings of a specially commissioned study of the economic impact of the state's three academic medical centers. ... *Genetic Engineering News* showcased the opening of the Research Park's first

phase earlier this year. The *Richmond Times-Dispatch* reported on the appointment of **James B. Farinholt Jr.** as the park's new executive director. **SCIENCE, BUSINESS & ART:** The *Richmond Times-Dispatch* profiled the university's new Workplace Initiatives Program, part of the Center for Psychological Services and Development in the Department of Psychology. ... The first "Summer Writers Workshop," co-sponsored by VCU and the Hurston/Wright Foundation, was featured in *Essence* magazine. ... The *Richmond Times-Dispatch* wrote about the four 1996 inductees into the Virginia Communications Hall of Fame, housed in VCU's School of Mass Communications. ... *Marketing News* profiled the efforts of director **Diane Cook-Tench** to develop the Ad Center, which will open this fall. ... **Dr. Tom Donohue**, professor of mass communications, spoke to *ABC Radio* and the *Richmond Times-Dispatch* about efforts by President Clinton and the television networks to create a ratings system. ... **Dr. Scott Keeter**, professor of political science and public administration, spoke to the *Washington Post* about the erosion in knowledge about government and politics. ... **Dr. Don Myers**, professor of management, spoke to *Richmond's Talking Business* about coping with management pressure.

COMMENTARIES: University News Services assisted several faculty in preparing and placing opinion pieces. In a *Virginian-Pilot* commentary, **Dr. John Oehler**, dean of the School of Education, encouraged the nation's governors to consider what is good with U.S. schools and teacher-education programs on the eve of their New York State summit. ... **Dr. Herbert Hirsch**, professor of political science, addressed how the arrival and promise of spring makes him sad as he considers how dangers in today's society steal the freedom of childhood. The piece appeared in *Style Weekly*. ... Former **Gov. L. Douglas Wilder** and Dr. Trani co-authored an opinion piece in the *Richmond Free Press* describing the "miracle in South Africa." The two traveled to South Africa last semester to help establish the South African Health Care Initiative, and *Voice of America* radio, broadcast in 40 countries, interviewed Dr. Trani on the effort. ... A column on Internet sites for youngsters by **Dan Ream**, head of instruction and outreach services at University Library Services, appeared in *Style Weekly*.

This is only a sampling of media successes University News Services has placed or assisted with in the past two months, and does not mention many local television, radio and newspaper stories that regularly feature VCU faculty. Again, we'd like to hear about your research; give us a call.

— *Melissa R. Burnside*,
interim executive director,
University News Services

People in the News

• Architectural Services Director **Mary Broughton** is president of the Commonwealth Executive Women's Council. She co-founded the council in August with four Richmond women from diverse professions. A network of the National Association for Female Executives, the council sponsors programs and events geared toward the personal and professional development of women as community leaders.

• **Bart A. Hall**, director of the University Student Commons and Student Activities, spoke on "Generation X Versus the Baby Boom: Why Are We Surprised?" at the Young Adult Ministry Convention of the Catholic Diocese

of Richmond. The session examined generational differences caused by societal influences such as television, technology and mass marketing.

• VCU power forward **Bernard Hopkins** earned additional basketball honors: He was named Division I basketball player of the year by the state's sports information directors, and he headed the All-Tournament Team selected by officials with the Portsmouth Invitational Tournament, which attacks the nation's top players.

• VCU graduate student **Kristen Hughes** received the first-place award and \$2,500 in a national logo design contest sponsored by the American

Forest and Paper Association. Her logo will be used by the association on cotton fiber paper products.

• **Dr. Leria Joseph**, assistant clinical professor in the School of Medicine and preceptor for its Generalist Initiative program, was honored as an "Outstanding Woman of the Year" by the Richmond YWCA for her efforts in science and medicine. Joseph is president-elect of the Old Dominion Medical Society and is executive director of HEAL, an AIDS service organization for African-American women.

• **John P. Leppo**, assistant director for building services at the University Student Commons, received the 1996

Public Service Award for significant contributions to higher education through support and efforts for gay, lesbian and bisexual awareness. The award was presented at the annual conference of the Association of College Personnel Administrators in Baltimore by its Standing Committee for Gay, Lesbian and Bisexual Awareness in recognition of Leppo's work on the GLB National Resource Clearinghouse.

• VCU basketball coach **Sonny Smith** was named the men's Division I co-coach of the year by the state's sports information directors. He's earned honors earlier as the Colonial Athletic Association's coach of the year.

Council Advocates Services for Women's Health Care

by Florence Johnson

Virginia Commonwealth University's Medical College of Virginia enjoys a sterling reputation, recognized nationally for its level of patient-care, teaching and research. It comes as no surprise then that MCV is on the leading edge of the women's health-care movement — an edge due in large part to the efforts of the MCV Women's Health Advisory Council.

From its inception in 1988 under the MCV Department of Obstetrics and Gynecology, the volunteer Women's Health Advisory Council has served as an independent body to advise the department on issues germane to quality women's health care.

Dr. Leo Dunn, founding member, professor and department chair, recognized the need to follow national trends in understanding and improving women's health care, wisely realizing one basic fact: who better to advise on women's health-care issues than women themselves?

And so, a council of women from the Richmond area was formed to do just that: to research women's health-care needs and advise the department, establishing priorities and goals necessary for improving this segment of health care.

Council members point with modest pride to a few of many impressive accomplishments. Through their advocacy and hard work, the council members led to the creation of The Park at Stony Point and its MCV Women's HealthCare Center in the early 1990s. Judy

Collins, an adjunct council member, serves as director of the women's center.

In January 1994, another council initiative began to monitor legislation in the Virginia General Assembly on the need to recognize OB/GYN physicians as Primary Care Providers. Through council support, the resolution was strengthened and passed recently. "Identifying and achieving such goals illustrate the continuing need and benefit of such an organization to the medical community at large — and to women everywhere," said Eileen Hardigan, administrator for MCV OB/GYN.

Hardigan serves as staff liaison between the department and the Women's Health Advisory Council. "This is a dedicated group of women, active in their communities, willing to dedicate time and energy — voluntarily and with

enthusiasm — to projects concerning the improvement of women's health care," she said.

The council boasts an impressive roster of past and present members, including Penelope Kyle, Virginia State Lottery director; Nancy Finch, past president and former House of Delegates candidate; Cathy Pond, YWCA director; Lee Brazzell, head of the Women's Resource Center at the University of Richmond; Joan Girone, former member of the Chesterfield County Board of Supervisors; and Fran Nimitz Johns, interim president of the Central Richmond Association. The council also includes VCU Provost Grace E. Harris and Lois Trani, R.N., as adjunct members.

Current President Bertha Rolfe considers the

organization's goals to be evolving to meet the changing health-care needs of women. "We need to continually educate ourselves, in terms of health care and medical trends and advancements, to understand our concerns as women and to further the purposes and goals of MCV in relation to woman's needs and issues, through lobbying and other efforts," she said.

Rolfe also would like to see the council serve as a prototype for advisory councils for other departments, a sentiment echoed by adjunct member Cheryl Gonzales Yeaman, associate vice president for university advancement. Yeaman sees the council as a grassroots organization, and can readily see the advantage to networking with other like groups, statewide, to share information and to combine efforts, especially with regard to legislative purposes.

"Women's health-care issues must be given a higher priority for funding, research and education," she said. "Groups like ours show how much can be accomplished."

Through research, guest speakers and other activities, council members increase their own knowledge of current health problems and trends. Guest lecturers have probed such components of women's health as wellness procedures, new therapies, advanced technologies in infertility and mental-health issues.

Scheduled to step down as department chair in June but continue his practice, Dunn shares that desire to see other advisory councils form. "Networking with like organizations would encourage women to assume a more active role in their own health care," he said.

"I'd like to see the MCV Women's Health Advisory Council continue its efforts locally and statewide, monitoring legislation as it pertains to women's health-care issues. Advisory councils like ours can provide an informative link between what women need and what the medical community provides."

"This is a group of women, active in their communities, willing to dedicate time and energy... to projects concerning the improvement of women's health care."

Smith Named Director of VCU Governmental, Community Relations

Mark E. Smith has been named director of governmental and community relations at Virginia Commonwealth University. Smith had served as the university's governmental relations assistant since 1992.

In his new appointment, Smith is responsible for the development and implementation of a strategic governmental and community relations program at the local and state levels. He serves as liaison between VCU and the Governor's Office, the General Assembly, state agencies, local boards of supervisors and the Richmond City Council. Smith also monitors and analyzes government policies to determine their impact on academic programs, budget or other university functions.

"Mark has helped to build effective relationships with both community members, state representatives and other critical audiences," said Don Gehring, vice president for external relations. "His efforts have helped to advance many of the university's initiatives, and this new appointment will allow us to continue to promote VCU and its programs."

Smith has been active in the state's legislative process since 1979, with numerous posts including manager in the Licensing and Certification Division of the Department of Motor Vehicles and executive assistant to the secretary of transportation and public safety.

A 1980 VCU honors graduate with a degree in administration of justice and public safety, Smith also holds his master's degree in public administration from the university.

Yamada Earns VCU Medical Scientist Award MCV Inaugurates Honor for Distinguished Scholars

Dr. Tadataka Yamada is the first recipient of the Distinguished Medical Scientist Award from Virginia Commonwealth University's Medical College of Virginia. A silver medal was presented to Yamada by Dr. John E. Jones, vice president for health sciences, in an April 11 ceremony in the George Ben Johnson Auditorium.

Yamada completed his medical residency training at MCV in the mid-1970s. He is president of Healthcare Services, a clinically related division of SmithKline Beecham, one of the world's largest pharmaceutical companies. Yamada joined SmithKline in February from the University of Michigan in Ann Arbor where he was the John G. Searle Professor and chairman of the Department of Medicine, a position he had held since 1990.

"Dr. Yamada is among the most prominent medical scientists, clinicians and educators in the United States," said Dr. Gabriel M. Makhlof, a professor of medicine at MCV. "His distinguished career and accomplishments make him a worthy recipient of the first Distinguished Medical Scientist Award. We are proud of his past and ongoing association with MCV."

One of his career highlights was the molecular cloning of the histamine H₂ receptor in humans, a key event in understanding the regulation of gastric function and the genesis of peptic ulcer disease. Following the medal presentation, Yamada presented medi-

cal grand rounds on his area of expertise, "Peptic Ulcer Disease: From Research to Cure."

Yamada is one of a select group of medical scientists elected to the Institute of Medicine of the National Academy of Sciences. He is president-elect of the American Gastroenterological Association and past-president of the Central Society for Clinical Research. He serves on advisory panels for the National Institutes of Health and the National Board of Medical Examiners. His *Textbook of Gastroenterology* is considered the most-advanced text in the field.

The award, to be given annually, is intended to recognize distinguished medical scientists who have been associated with VCU.

— by Erin Crummette



Dr. Tadataka Yamada accepted the first Distinguished Medical Scientist Award from Virginia Commonwealth University's Medical College of Virginia recently from Dr. John E. Jones, vice president for health sciences.

Photo by Allen Jones — VCU Media Services

AmeriCorps to Host Community Involvement Day

On National Volunteer Day, Virginia Commonwealth University's AmeriCorps Program will honor VCU and community volunteers who work with youth during Community Involvement Day. The April 23 program, set for noon-4 p.m. in Commons Plaza, will celebrate "Getting Things Done — Making a Difference."

Community Involvement Day will feature former National Basketball Association player Ralph Sampson speaking on "The Importance of Volunteering with Youth in Our Community." His talk will begin at noon.

"Community Involvement Day truly is a celebration of the commitment our AmeriCorps members have given to the Richmond community," said Annie Lewis, director of the VCU AmeriCorps program in the Division of Community and International Programs. "Our communities have responded enthusiastically to their efforts, but much still remains to be done to help children and families in need. This event is a way to encourage VCU students to get involved and make a difference."

Since August 1994, VCU AmeriCorps members have worked with community agencies and schools to improve the quality of health, the academic performance and the safety of urban youth who reside

in public housing communities or low-income neighborhoods in the area. This academic year, the 36 VCU AmeriCorps members have logged more than 10,000 hours of direct community service.

For this effort, VCU's Division of Community and International Programs will honor AmeriCorps and several other campus organizations for their volunteer work. Those organizations are: Project T.U.T.O.R., Carver Promise, Adopt-A-School, Metro TEEN, Project BEST, Alpha Phi Omega, LINK Project and Lunch Buddies. Entertainment will be provided by the Whitcomb Model Elementary Youth Choir and the VCU Jazz musicians.

From 1-2 p.m. April 23, students from Whitcomb and Carver elementary schools will participate in T-shirt painting with their AmeriCorps members. The children will be asked to illustrate what their relationship with their AmeriCorps members means to them.

From noon-4 p.m., 16 community organizations will participate in a volunteer fair, explaining their services and ways that volunteers can help them achieve their mission. The participating agencies all serve youth, and students and community members will be able to sign up as volunteers.

Participating agencies are: Better People, CHIP

of Richmond, Christian Children's Fund, Downtown YMCA, Communities in School Program, First Homes, the March of Dimes, the Memorial Child Guidance Center, the Richmond Juvenile Courts Volunteer Program, Refugee and Immigration Services, the Richmond AIDS Ministry, the Richmond Peace and Education Center, Salvation Army Boys and Girls Club, the South Richmond Health Center, the YWCA-Woman's Advocacy Program and the Urban League of Richmond.

During the event, AmeriCorps also will be recruiting for members for 1996-97. More than 30 part-time positions are available.

Often referred to as a domestic Peace Corps, AmeriCorps is a national service initiative signed into law in 1993 by President Bill Clinton. Through AmeriCorps, individuals of all ages and backgrounds address the nation's education, public safety, human and environmental needs through service. In return, AmeriCorps members receive an educational award to help finance their college education or vocational training.

VCU's program is a multidisciplinary effort, involving several schools and departments across both campuses.

— by Kyra Scarton Newman

Calendar of Events

April 22

- The University Band will perform a free concert at 8 p.m. in the VCU Performing Arts Center.
- University Counseling Services will sponsor an Academic Success Workshop on "Progressive Relaxation Techniques/Feedback Session" at noon in Capital Room A of the University Student Commons.
- The Multimedia Development Center will sponsor "An Overview of Multimedia" at noon in the Forum Room of the University Student Commons. For details, call 828-4383.

April 24-25

- The John C. Forbes Graduate Student Honors Colloquium will recognize work by graduate students. It will be held at Sanger Hall in Room 1-044 from 2-5 p.m., and will include a

keynote address by AIDS researcher Robert C. Gallo at 2 p.m. April 25. For details, call 828-4111.

April 24

- The VCU Jazz Orchestra 2 will perform at 8 p.m. in the Performing Arts Center. The concert is free.
- A "Pre-Retirement Planning: Looking Toward the Future" seminar will run from 9 a.m.-noon in Commonwealth Ballrooms A & B of the University Student Commons. It is sponsored by the Human Resource Division's Office of Benefits Administration.
- A panel discussion on "Media Ethics 2000" will feature Edward Jones, managing editor of the *Fredericksburg Free Lance-Star*; David Martin, founder of The Martin Agency; and Mark Raper, president of Carter Ryley Thomas-EPB. The program, part of events for the Virginia Communications Hall

of Fame ceremony, will begin at 7 p.m. in the Commonwealth Ballroom of the University Student Commons.

April 27

- An Intercultural Festival featuring performances, vendors and fashion show will be held in the Commons Plaza from 11 a.m.-5 p.m. The event is sponsored by the Intercultural Council, the Office of Minority Student Affairs, the Center for International Programs, the International Student Union, the SGA Human Relations Committee, Commons Collage, Student Activities and APB/Special Events Committee.
- VCU Percussion Ensemble will perform in the Performing Arts Center at 4 p.m. The concert is free.

April 28

- The University Student Commons

and Student Activities will host its annual Leadership and Service Awards ceremony at 2 p.m. in the Commonwealth Ballroom of the University Student Commons. The awards honor students for academic excellence, leadership and service to the VCU and Richmond community. For details, call 828-3648.

- Dr. William Regelson, professor of internal medicine, will discuss "Forever Young: New Medical Research to Live Longer, Better" on "With Good Reason." The radio program, broadcast statewide and in Washington, D.C., will air at 6 p.m. on Richmond's WCVE-FM.
- The VCU Guitar Ensemble will perform at 4 p.m. in the Performing Arts Center. The concert is free.
- The VCU Woodwind Ensemble will perform at 8 p.m. in the Performing Arts Center. The concert is free.

April 30

- The Choral Arts Society will present a free spring concert at 8 p.m. in the Performing Arts Center.

May 1

- The 1996 John Cook Lecture will be presented by Robert Pate, professor of counselor education and senior associate dean of the University of Virginia's Curry School of Education. The lecture will begin at 4 p.m. in the Forum Room of the University Student Commons, with a reception to follow.

May 8

- A seminar on "Financial Planning: An Overview" will be held from 10 a.m.-noon at the Richmond Academy of Medicine Auditorium, 1200 E. Clay St. The program is sponsored by the Human Resource Division's Office of Benefits Administration.



Beaux Arts Trio

As part of the Mary Anne Renolds Chamber Concerts, the Beaux Arts Trio will perform at 8 p.m. April 29 in the Performing Arts Center. Ticket prices range from \$9-19. For more information, call 828-6776.