



Vol. XXIV No. 3

MEDICAL COLLEGE OF VIRGINIA • HEALTH SCIENCES DIVISION
VIRGINIA COMMONWEALTH UNIVERSITY

April, 1971

Grant Awarded for Research in Blood Clotting

A research grant amounting to \$103,259 for studies on the basic chemistry of blood clotting has been awarded to MCV by the John A. Hartford Foundation, Inc., of New York.

Principal investigator for the research is Dr. Phyllis S. Roberts, an associate professor of medicine in the school of medicine.

The Hartford Foundation grant will enable Doctor Roberts to continue studies on how essential phospholipids function when they take part in the formation of blood clots. Normal health depends upon the proper functioning of the blood clotting system; however, the role of phospholipids and several proteins in this process has not been determined.

The three-year Hartford grant for studies on "The Function of Phospholipids and Factor V in the Activation of Prothrombin and Thrombin" became effective March 1.

Doctor Roberts has been engaged in research on the formation and dissolution of blood clots since 1956. A native of New York City, she was appointed

in 1958 to the research staff of the MCV department of medicine, division of medical oncology.

The award to further Doctor Roberts' research is one of several grants made by the John A. Hartford Foundation to MCV. Other research sponsored has been in the fields of pathogenesis of fever under the direction of Dr. Fairfield Goodale, experimental arthritis under the direction of Dr. Kenneth Rogers, and cerebral microcirculation under the direction of Dr. William I. Rosenblum.



This cap worn by Miss Millie Clark is evidence that she is a graduate of MCV's school of nursing. Each school has its own distinctive cap and is a source of pride for the wearer. For a look at other nurses' caps see page 10.

Academic Division Applications for New Students May Close May 1

The Academic Division has announced a possible closing date of May 1, 1971, for applications of new students to be accepted for the fall semester.

Because approximately 1,000 applications are made to VCU each month, the Academic Division is currently 27½ percent ahead in volume experienced at the same time last year. As of February 15, 1971, more than 3,800 applications had been received.

The number of new students accepted depends upon the number of currently enrolled students who either graduate, transfer, quit, or are declared ineligible to return. Last year 2,673 new students were enrolled.

Mr. Oliver J. Paris, director of admissions for the Academic Division, has said the total number of new students for the fall semester will decline. However, the overall total of all undergraduate students will increase.

Admission requirements for new students, as outlined in the Academic Division catalog, state that a student

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MEDICOVAN

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Published monthly, except July and August,
for staff and employees.

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	Geri Harris

Students Chosen for Competition in Furniture Design

The work of two VCU students has been chosen for entry in the Unique Furniture Design Competition of the National Collection of Fine Arts. The entries were shown at the National Collection of Fine Arts in Washington, D. C., beginning on March 23.

The creations of Henry M. Jenkins and Susan G. McGee, both seniors in interior design at VCU, were two of 67 works chosen by a panel of jurors in competition sponsored by the Washington Center for Metropolitan Studies, in cooperation with the U. S. Department of Housing and Urban Development. After display, the entries will become a part of the Smithsonian Institute Collection.

Henry Jenkins has designed a three-legged chair, two legs of which extend upward to form arms with circular grips. The rear leg extends upward to form a back.

Susan McGee's chair is a rigid polyurethane sphere with cushions of water-filled tubes.

The purpose of the competition was to effect design that could be manufactured at low cost and be suitable for low-income families.

Accounting Students Help with Taxes

Accounting students at VCU are lending their services to the community.

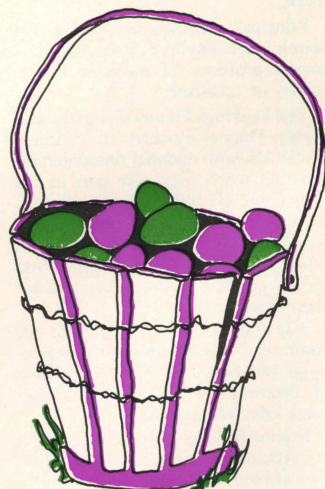
Members of the accounting club are preparing state and federal income tax returns at no charge for anyone who desires the service.

The two centers for tax preparation are Grace House, 1012 Floyd Avenue, and the Richmond Community Action Program's West End Center, 1401 Idlewood Avenue.

Dr. Richard C. Scott, faculty advisor to the club, explained that the project was essentially set up entirely by the students, but 10 faculty members also have volunteered their time to help prepare returns.

The accounting club initiated a tax service last year for students at VCU. "This is an extension of that service," Doctor Scott explained. "The students decided to go out into the community to offer their service."

(Continued on page 16)





Dr. F. Norman Briggs Appointed Chairman of Physiology Department

Dr. F. Norman Briggs, professor of physiology at the University of Pittsburgh school of medicine, has been appointed professor and chairman of the department of physiology at MCV. His appointment is effective June 1, 1971.

A member of the University of Pittsburgh medical faculty since 1961, Doctor Briggs also has been on the faculties of Tufts University School of Medicine, Harvard Medical School, and the Harvard School of Dental Medicine.

A native of Oakland, California, he received his A.B., M.A., and Ph.D. degrees from the University of California. In 1955-56 Doctor Briggs was recipient of a U.S. Public Health Service Research Fellowship for study of muscular contraction with H. H. Weber at Max-Planck Institut für Medizinische Forschung.

Doctor Briggs was awarded a Public Health Service Research Career Award from the National Heart Institute in 1964 and the Established Investigator award from the American Heart Association, 1960-64.

The Sanger Lecture Series will be presented April 30.

VCU Places Third in Business Game

A team of four VCU students has placed third among 40 top colleges and universities throughout the country in Emory University's Sixth Annual Business Game.

Participants were John B. Baskin III, a freshman in management from South Carolina; Kenneth L. Black, a senior in business administration from Hopewell; Guy M. Thrift, a senior in accounting from Woodbridge; and Alfred R. Wood, a junior in accounting from Richmond. Dr. George W. Rimler, professor of management, was faculty advisor to the team.

Students in four-member teams from such schools as Auburn, Brandeis, Vanderbilt, and Simon Fraser in Canada, used a computer to "manufacture" sports equipment. They received outlines of computer-simulated corporations which manufacture golf clubs and metal tennis rackets.

The students operated their companies by teletyping management decisions twice a week to an Emory computer which analyzed the decisions and issued each team's results, including an income statement and a balance sheet. Six weeks of the Inter-collegiate Business Game represented three years in the computer model.

The students made decisions in 19 areas, including how much to produce, how much to charge per item, how to advertise, and how many salesmen should be hired based on the information received from Emory. The computer at Emory sent them information including cost of raw materials, the current economic index, and the next year's forecast.

The teams presented oral explanations of their strategies before a panel of Atlanta businessmen during March 4, 5, and 6.

Virginia Electric and Power Company provided VCU with its data transmitting equipment in relaying information to and from the Emory computer.

The game is organized and run by students in Emory's Graduate Business Association with financial support from more than 20 Atlanta firms.

The 40 schools in competition were divided into five sections of eight schools each. VCU's team placed first in its division, putting them in final competition with four other division winners.

First and second place winners, respectively, were Arkansas State and Bowling Green.



Dr. George W. Rimler (left), professor of management at VCU, hears the explanations of strategies planned by the team who participated in the business game competition. Students (left to right) were Guy Thrift, Ken Black, Alfred R. Wood, and John B. Baskin III. Doctor Rimler was faculty adviser to the team.

FISH ...

Volunteers Provide Emergency Service

Many of the people who are helped at MCV might never have come here without the help of a volunteer service organization in Richmond known as FISH.

This international organization, whose symbol and name are taken from the ancient Christian recognition symbol, is a group of Richmond church members who provide short-term emergency help to people in the city.

When a call is placed to FISH headquarters by dialing 649-2555, one of the approximately 600 members offers the group's services or puts the caller in touch with professional community services.

Mr. William Duke, vice-chairman of the West End FISH organization, said most calls are emergencies and most require referrals to professional agencies. "About three-fourths of the calls are from people who just don't know where to go for help."

Services provided by FISH include emergency shopping, emergency food preparation, assistance with personal or family problems, emergency child care or transportation, emergency shelter and clothing, and in general lending a helping hand to those who experience day-to-day problems of living in a modern society. "Often they just need someone to listen," Mr. Duke added.

Often the FISH members provide transportation to MCV. They may need to take someone to the emergency room or to wait with someone to have a prescription filled. One special service FISH provides is for an MCV patient on a kidney machine. Each week a volunteer picks up the man at MCV, takes him to an evening class at the Academic Division, and returns him to the hospital when class is over.

The organization was begun in Richmond January 4, 1970, by churches in the area between Broad

Street and the James River between Foushee Street and the Boulevard. The area has now expanded to include members from more than 60 churches of all denominations. The Richmond group is now helping to form an organization in Petersburg.

Internationally FISH was founded in England 10 years ago by an Anglican minister. Originating in this country in 1964, FISH has grown from 200 members two years ago to over 2,000 now.

Volunteers are organized by teams, with a team on duty in each of four divisions of the city—east, west, north, and south. When a call comes into the FISH answering service, it is transferred to the team leader on duty in the area. The leaders, who volunteer for 24-hour duty from 6 a.m. to 6 p.m., are "the guys who have to do the thinking," Mr. Duke said. The leader who receives the call must determine what the problem is, who to send for help, or where to refer the caller.

Each team has five or six members who rotate in three- to eight-week cycles during which each team is on duty once. Teams are organized by churches for administrative simplification. "The group is very simply organized with no big hierarchy, and yet it works," Mr. Duke explained.

Each of the four areas averages approximately seven or eight calls per day, he said. About 400 calls were received during January. "You never know what you will get, but the calls at night are usually pretty bad." Sur-

prisingly, the fewest calls are received on weekends.

The Richmond City Police Department works closely with the organization. If a member is called to an undesirable part of town a policeman will meet him and go to the address.

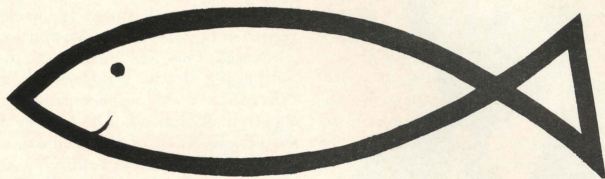
FISH is not a handout agency, Mr. Duke emphasized, and its low costs of operation—printing and telephone costs—are financed entirely through church contributions of approximately \$5 to \$10 per month per church.

A FISH Board composed of two representatives from each church meets monthly to discuss cases and means to improve services.

Mr. Duke cited one inspiring example of a person who has been helped by FISH. Last year the Richmond volunteers brought a man who had attempted suicide to MCV. Impressed with what they had done for him, the man is now attempting to organize a FISH group in another city.

Recognizing the need for assistance to all age groups, the organization has formed a Youth Emergency Service hot line. This is a separate service aimed toward high school and junior high school students. A group of volunteers separate from FISH accepts duty, two people at a time, for three-hour periods. The service is open six hours a day.

What the organization really tries to do, Mr. Duke emphasized, is "Put our feet where the prayers are. Rather than say what has to be done, we are doing it."



Hospital Construction Projects Create a More Modern Look

All over MCV there are reminders that the administration is trying to make the hospital environment more pleasing to staff, employees, and patients.

Several renovation projects, underway or planned for the future, are all being performed by the MCV buildings and grounds department.

Mr. Emmet Reid, assistant to the vice-president for MCV hospitals, said one of these projects which is being completed now is renovation of the seventh floor, MCV West. The entire floor, which has been furnished with hotel type furniture rather than hospital furniture, houses psychiatric patients. "This is to make it more pleasing and compatible to the needs of psychiatric patients," Mr. Reid explained. The cost of the project is \$41,000, which also includes new lighting in the corridors.

Another project, expected to be completed in the spring, is construction on the seventh floor of the clinical center of a multi-phase screening section. The section will be used for diagnostic screening of patients in the department of preventive medicine.

Construction is underway on the upper floors of the West Hospital to lower and illuminate the ceilings and rebuild center rotunda areas. This will complete the job begun a year and a half ago, Mr. Reid said, when the same renovations began on the lower floors and have worked up. "This has improved appearances considerably."

In January work began on three new operating rooms on the 11th floor, east wing, West Hospital. A central sterile supply area, formerly housed in that wing, was moved to the basement.

The project is expected to be completed by fall 1971. Including construction, instruments, and supportive services, the cost will be approximately \$288,000. Money is presently not available for equipment for the operating rooms, Mr. Reid explained, but they are being built with the hope

that funds will be provided in the next biennium.

Plans for the future include modification of the third, fourth, and fifth floors of the North Hospital to accommodate the pediatrics department. When completed, all pediatrics, including those presently located on half of third floor, fourth floor, and ninth floor of the West Hospital, will be housed in the North building. "It is generally more acceptable to doctors, faculty, housestaff, and nurses as a measure of convenience and efficiency to have them all in one location," Mr. Reid remarked.

When the pediatrics section is moved from the ninth floor, it will be converted for general adult patients similar to the 15th and 16th floors. Mr. Reid explained that there is usually a waiting list of general medical and surgical patients which indicates the need for additional space for this purpose.

Another plan is to renovate one wing on the second floor, West Hospital, to add a nursery and to convert another second floor wing to an additional area for obstetrics patients. A labor room would be added on third

floor east, and the post-partum recovery room would be enlarged. Increasing the area for obstetrics will mean increasing the supportive services, Mr. Reid said. "We are trying to relieve the overcrowding and reduce the stay of obstetrics patients."

Other changes will be made on the east and south wings of the 10th floor, West Hospital to give obstetrics a more modern look. "This area is essentially as it was in 1940 when the hospital opened," said the assistant to the vice-president.

The number of locker, shower, and dressing room facilities used by staff in the operating rooms will be sizably increased when construction begins on the 12th floor. Areas over the operating rooms, which were once used as galleries for observation of operations, will provide additional space for new lockers. The presently small and crowded area is used by as many as 125 persons in an eight-hour period, Mr. Reid noted.

Planned renovations in the second floor outpatient area of A.D. Williams Clinic are expected to create a more attractive atmosphere.

Mr. Reid estimated that it will take about three years to complete all the work planned.

The Sutton Day Pediatric Lecture-ship will be held April 23.





The Hanover County animal farm has wide open spaces and running area for the larger animals used by MCV for research. The facility's main building is pictured.

Animals Invaluable to Research



Mr. James J. Dwyer, supervisor of animal research, pets one of the dogs penned at the farm facility located nine miles north of Richmond in Hanover County.

During 1969-70 approximately 8,900 animals were cared for at VCU and contributed to medical research and education.

The division of animal research is a service function of the university which involves purchasing, quarantining, husbandry, and veterinary care of laboratory animals used in the teaching and research programs at this institution.

The larger animals, such as horses, sheep, goats, pigs, and a large percentage of all dogs, are maintained on an 89-acre farm facility in Hanover County, and the smaller animals—cats, rabbits, rats, primates, guinea pigs, hamsters, and mice—are housed in laboratories in Sanger Hall.

VCU's animal facilities are accredited by the American Association for Laboratory Animal Science (AALAS), an organization founded in 1949 "to promote high quality animal care and thereby facilitate research involving animals." The division is licensed under the requirements of the U.S. Department of Agriculture and is inspected monthly by the federal agency. VCU is one of only about 185 of a possible 4,000 institutions which is entering its second five-year period of accreditation by AALAS.

Mr. James J. Dwyer, supervisor of the animal research facilities, explained how MCV acquires its animals. "All dogs and cats are purchased through licensed dealers and municipal pounds, which are inspected each month by federal agencies. These agencies keep close tabs on the income and outgo of animals and can pinpoint where every animal came from and where it goes," the supervisor said.

Small animals and primates are supplied by nationally recognized commercial sources. There are only eight or 10 nationally recognized dealers in the country, and purchases are generally made from the vicinity nearest Richmond, except on special requests where continuation of line breeding has to be maintained, Mr. Dwyer said. The majority of these deliveries come to Byrd International Airport and are picked up by the institutional truck from VCU.

Horses, sheep, goats, and pigs are purchased primarily from local farmers.

Once the animals have been purchased they are received at a central depot and requisitioned out from this area. "All animals are checked after arrival by the institutional veterinarian," Mr. Dwyer noted.

"Almost as many types of research are performed with animals as there are species," the supervisor said. The majority of large animals are used in the field of transplantation making a large contribution to research and education in this area.

At the completion of experimentation, the animals "are sacrificed in a humane fashion," said Mr. Dwyer.

The Hanover County animal research facility was completed in September 1970. "The complex was designed primarily for conditioning of animals in acceptable size pens and for holding of long-term investigational animals and maintenance of farm animals used in research, Mr. Dwyer explained.

With the passage of Public Law 89-544 cages and pens were required to be larger than what VCU possesses, and there was pressure to expand to a farm type arrangement. "For a number of years we had to rent space for large animals that we are now able to handle at the Hanover extension," the supervisor said. The farm complex is not designed at this time to take care of smaller animals or surgical procedures requiring complicated backup equipment. Even with the farm, a large number of animals must be maintained in Sanger Hall. "We hope in the next two months to perform many surgical pro-

cedures at the farm installation," Mr. Dwyer remarked.

The \$396,350 farm facility contains two surgical suites, two laboratories, a supply room, an office conference room, autopsy room, animal preparation and treatment rooms, veterinarian's office, and a technician's lunch room. Three wings extend from the back of the building for housing and care of the animals. The larger wing is for isolation, quarantining, and holding of dogs. The other two each have a small recovery room for immediate post-operative treatment of surgical animals plus three to six pens per wing with outside run areas for long-term holding, care, and exercising of investigational animals.

The barn is designed with pens for sheep, goats, and hogs and has stanchions for cattle. A utility room is available for examinations, autopsies, and testing, and there are two storage rooms for feeding.

The farm's resident manager lives on the facility in a house constructed by the VCU buildings and grounds department. A veterinarian is available at all times on call and makes regular visits to the farm and campus facilities.

There are 19 employees involved in animal research services, and with the exception of two or three new employees, all have had detailed on-the-job and classroom training. Two courses were conducted at VCU last spring, one of which was successfully completed by all laboratory animal technicians. The course exposed technicians to all types of animals and all phases of animal care. The second and more advanced course was passed by eight members of the technician staff, all key men in their respective areas. These technicians received certificates from the AALAS as senior animal care technicians.

Last year the research facilities housed a total of 1,694 dogs, 189 cats, 457 rabbits, 4,000 rats, 2,000 mice, 130 guinea pigs, 50 monkeys, four baboons, 12 sheep, 12 goats, and five horses.

Animal care and research is under the jurisdiction of a committee which is appointed by the vice-president for health sciences and which functions administratively through the dean of the school of graduate studies.

APPLICATIONS

(Continued from page 1)

must have an outstanding high school record, satisfactory college board scores, and good recommendations from his high school guidance counselor. A transfer student has to be a student of good standing at the institution he last attended and must have at least a C average.

Of 2,285 newly enrolled freshmen at the Academic Division, 2,058 are Virginia residents. Eighty-nine percent of the University's students are Virginians, representing every city and county in the state except one. The remaining 11 percent come from 47 states and 15 foreign countries.



Each of the above junior and senior technicians employed in the division of animal research has successfully completed the course conducted by VCU for training of laboratory animal technicians.

Nursing Uniforms Follow Fashion Trends

MCV's school of nursing dates back to 1893 when the Virginia Hospital Training School for Nurses was instituted by the University College of Medicine.

The nursing students wore white bibs and aprons over floor-length blue and white striped dresses. The hand-made caps patterned after those of Bellevue Hospital in New York were made of white linen and had two rows of fluted ruffles separated by a broad white band. High top black shoes and black hose completed the uniform, which was worn until 1913.

MCV's first separate hospital building, Old Dominion Hospital, established a school of nursing in 1895. Until 1903 the student nurses wore pink and white striped dresses with white bibs and aprons, and black shoes and hose. The white organdy caps were designed after those of

Johns Hopkins University Hospital.

When Old Dominion Hospital was closed in 1903, the Memorial Hospital (now MCV South) opened, and the student nurses were transferred to the new hospital. Uniforms changed from pink and white stripes to blue and white checks, but the white bib and aprons remained. Black shoes and hose were worn. The brims of the caps were folded in half, and the crown extended above to cover the knot of hair on top.

After the hospitals were consolidated in 1913 students adopted the Memorial Hospital uniform. They wore the dress and apron without the cap and bib for the first two months, and if their work was satisfactory they were allowed to don the cap and bib.

In 1925 the uniform and sleeves were shortened and the collar style

changed. During the first four months students wore the dress and apron and black shoes and hose. After the probationary period caps, bibs, white shoes and white hose were worn. The brim on the cap was enlarged gradually and in 1929 the senior students were allowed to add black bands.

A new nursing student uniform introduced in 1933 was worn all three years. Caps were added after the first four months.

When the baccalaureate degree program was established in 1954, uniforms, caps, shoes, and hose were white. The caps, however, were not worn until the sophomore year.

In 1956 a navy blue uniform was added for wear during the sophomore year and for the public health experience in the senior year.

Students in the associate degree program wore a white uniform with a



These dolls are dressed in uniforms worn by nursing students (left to right) at Virginia Hospital, 1893-1913; Old Dominion Hospital, 1895-1903; Memorial Hospital, 1903-1913; and MCV, 1913-1925, and Virginia City Hospital, 1914-1922.



Dolls at the left represent student nurses' uniforms at MCV for the periods 1925-1933, 1933-1967, and the present uniform adopted in 1967. The uniform above was that worn by the student in the associate degree program 1958-1964.

special insignia on the pocket, white shoes, and white hose. Their white cap was folded and buttoned in the back and had a black band placed in the middle of the turned-back brim. A green cape, lined in white, completed the uniform.

The uniform worn by students today was designed by a graduate of the school of art at Richmond Professional Institute and a former instructor of art appreciation at the school of nursing. The A-line dress is bright sea blue and is bound around the neck and above the elbow sleeve by bright green. A white apron, bound in matching green and buttoning at the shoulders and down the front, is worn when the student is in the clinical area.

Special insignia, different for each year are on the sleeve. A circle in green and white represents the first year. A white Maltese Cross, corresponding to the school of nursing pin, is placed on top of the circle for the junior year. In the senior year a red heart indicating a real commitment to

nursing is placed in the center of the cross.

The cap is a miniature version of the graduate cap. A single band across the left edge indicates the wearer to be a sophomore. A junior wears two bands on her cap, and a senior, three.

The nursing students wear beige hose and navy blue shoes with their uniforms. A matching full-length navy blue cape with oxford turned down collar and MCV initials in green complete the uniform.

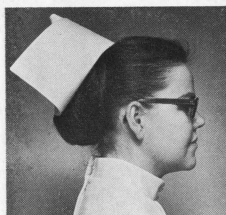


Legend of the Violet

That first glad Easter morn
When earth united to rejoice,
Christ walked into a garden
And each flower raised its voice,
And as they sang their hymns of joy
With happy, sweet accord,
A little violet tried in vain
To see the risen Lord,
And as He came, the violet sighed,
"If only I could be
As tall and bright as other flowers,
Then He might notice me!"
But when He reached the violet,
The Saviour paused awhile,
The violet blushed and bowed its head
Beneath the Master's smile,
And it really didn't matter,
Not being grand and tall.
For Jesus loves all living things
However great or small!
And to this day, all violets
Bow their faces toward the sod,
Remembering that meeting
With the Blessed Son of God!



Mrs. Beverly Taylor
John Tyler Community College



Miss Barbara Connell
University of Virginia



Mrs. Gloria Booker
Virginia State College



Mrs. Rosalie Eshleman
Rockingham County Memorial Hospital



Mrs. Violet Powell
Piedmont Nursing School

NURSE'S CAP IS CROWN OF HER PROFESSION

Every nursing school in the country has its own distinctive cap which becomes a symbol of pride to the wearer.

Some are plain, others frilly. Some are banded in a variety of colors. Some styles date back many years, and others are very modern. Some require a minimum of care, and many demand considerable attention.

But whatever the style, each cap is the single physical means to identify a nurse with her alma mater, and for that reason it is dear to her.

The tradition of nurses' caps may be rooted in the fashion trend popular during the Victorian Period of Florence Nightingale. Whether indoors or out no well dressed English lady of the day felt properly groomed without an elegant head decoration.

Some caps of early American nurses were made of net, fine handkerchief linen, organdy, or crinoline, and were trimmed with lace or ruching. Others were strictly practical, covering the hair and providing a modest and neat appearance.

The caps did serve a practical function in keeping hair out of the eyes and helping to eliminate infection. In addition it gave the nurse a neat, distinctive appearance.

Some caps worn today demand considerable care, while others are permanently pressed or disposable. Some require frequent cleanings, and others stay clean as long as a year or more. Caps are sometimes transported far away for laundering, or the nurse uses her own techniques including the toothbrush cleaning.

Today the cap is more a mark of identity than a practical or fashionable addition to the nurses' uniform. It remains a symbol of the ideals of her profession.



Mrs. Sandra Holmes
Beverly Hospital, Massachusetts



Mrs. Laura B. Howard
MCV—Licensed Practical Nurse



Miss Tommie Harding
Wise County Technical School



Miss Anne Rife
Harrisburg (Pa.) Hospital

EASTER . . . SEASON OF JOY

Long before the birth of Christ, eggs were used in festivals connected with the coming of spring. To ancient men the egg was a source of never-ending wonder: out of what seemed as dead as a stone came a small chick, full of energy and life. Thus, to them the egg became a symbol of spring—that time of year when green life emerges from a seemingly dead and barren soil.

As Christianity spread over the world, the egg became a Christian symbol. To the early Christians it was a reminder of the rock tomb from which Christ emerged.

"Where do Easter eggs come from?" is a question asked by small children the world over. The answer to this question, however, varies from country to country. Here in the United States, parents usually tell their chil-

dren that the Easter bunny lays the eggs. But, in France, tots hear another story.

In France children are told that on the day before Easter all the church bells make a trip to Rome. There the bells pick up their fill of eggs and bring them back to France. Then, on Easter morning, the bells pass over the roof tops, dropping the gaily colored eggs into the homes of good children.

Another popular symbol of Easter is the Easter bunny, beloved by children everywhere. For thousands of years the rabbit has been as closely associated with Easter as the egg. To ancient peoples the rabbit symbolized the abundance and richness of life in the springtime. Unlike the egg, however, it was never given a Christian significance, though some think of the

white meat of the rabbit as a symbol of purity and innocence.

It will come as a surprise to many that even our Easter parade and the "new Easter hat" derive from ancient customs. The new clothes, the new Easter "outfits" which many of us buy for Easter, come from the early Christian practice of putting on new white garments at Eastern time to symbolize the "new life" of Christ.

The Easter parade is another hand-me-down from early times. Originally it was an "Easter walk" through the fields and meadows after Mass. It was the custom for the congregation, dressed in new clothes, to go out into the countryside singing hymns and reciting prayers. Gradually through the centuries this "Easter walk" lost its religious character and became the fashion show of today.

Last, but not least, even that old

(Continued on page 21)

Hospital to Provide Outlet for Employee's Suggestions

MCV employees have a lot of good ideas, and the hospital has designed a program to take advantage of them.

Some time this spring the hospital will implement a suggestion program by which hospital employees may submit constructive ideas for improvements.

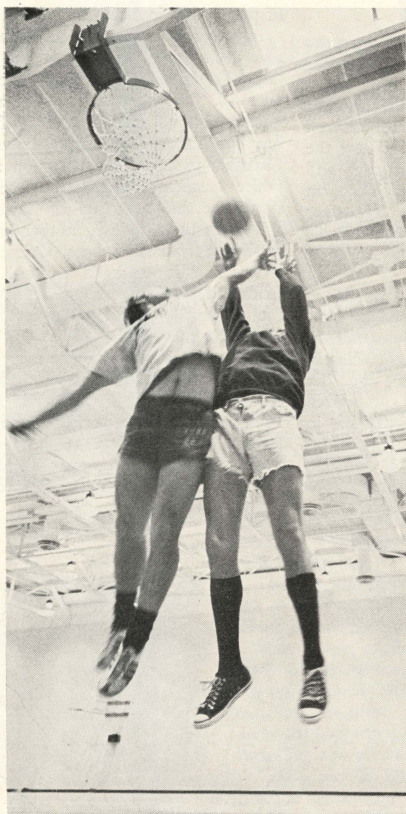
Mr. William T. Delamar, director of management engineering, who helped to develop the program, said one of the primary reasons for the system is that "no one supervisor can possibly see all needed improvements. The more minds focused upon problems, the more ideas there will be in relation to solving them."

In addition to drawing the employee into the organization and making him an integral part of its operation, the plan is expected to increase operating efficiency, result in savings to the employer in terms of money, time, labor, space, and materials; provide safer and more pleasant working conditions; improve employer-employee relations; and result in better health care.

The suggestion program will be open to all employees of MCV Hospitals who may submit ideas in writing to P.O. Box 213. Suggestions may deal with improvements in personnel utilization, methods, materials, physical layout, or policy.

A committee of 12 members of the middle management committee will review all suggestions, acknowledging receipt of each one. If accepted, the suggestor will be recognized, and the improvement will be implemented; if the suggestion is rejected, the employee will receive a written explanation and encouragement to submit other ideas.





New Gym Opens—Play Ball

One of MCV's most popular extracurricular activities, intramural sports, may be even more popular with the completion of a new gymnasium.

The \$600,000 gym, financed entirely by student funds, is now open on a part-time basis and is used principally for intramural basketball. Located next to the Larrick Student Center, the gym is open five nights a week for competition between 30 intramural basketball teams.

In the afternoon the building is open for handball, squash, and girls' physical education classes. Students, faculty, and staff may take advantage of the facilities for "free play" from 1 p.m. to 10 p.m. on weekends.

According to Mr. Arlick Brockwell, athletic director, the gym will be open full-time when all the kinks are ironed out of the new building.

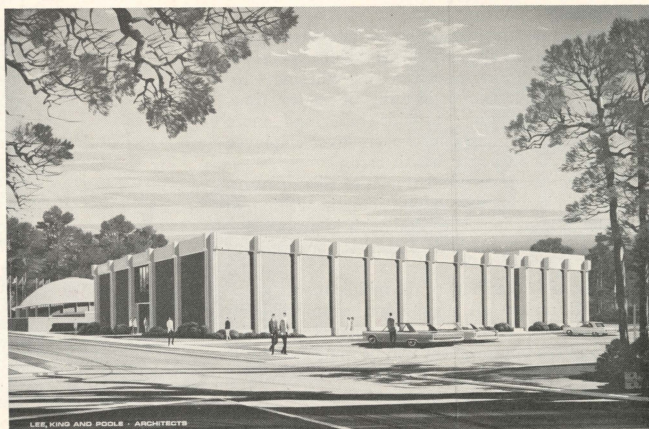
Facilities in the 184 x 192-foot gym include two intramural courts, an intercollegiate court, two indoor tennis courts superimposed over the main court, two handball courts, two squash courts, a game room for ping pong, a lounge, weight and exercise room, offices, equipment storage room, and equipment checkout room. Complete shower and locker room facilities are provided for men and women.

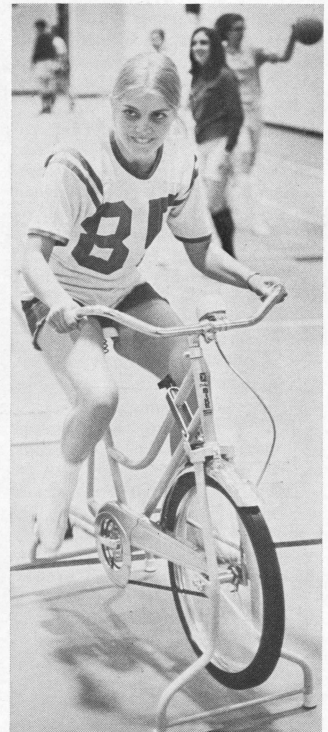
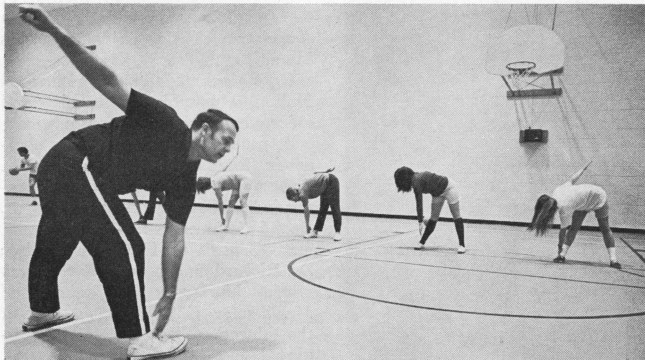
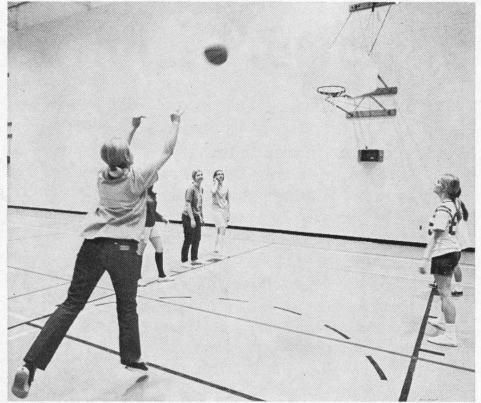
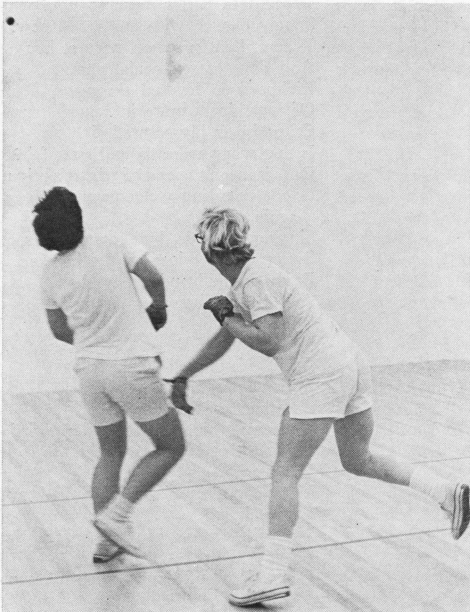
In the future the gym can accommodate an indoor-outdoor pool behind the building, Mr. Brockwell noted.

All rules, policies, and procedures regarding the gym will be set by a council composed predominantly of students with faculty members also participating.

Planned programs in athletics are designed primarily for recreation and intramurals, Mr. Brockwell said. "We hope to involve about half the student body in intramurals, which already is a popular activity."

Intramural offerings this year include flag football and golf (fall), basketball, volleyball, free throw, ping pong, billiards, handball, and squash (winter), softball, golf, tennis, and badminton (spring).





What Does Easter Mean to You?

What does Easter mean to you?
 Stately church with cushioned pew,
 Where, Lenten season gone at last
 And days of self-denial past,
 Richly-clad, devoted throngs
 Of worshipers unite in songs
 Of praise in lily-scented air?
 Is that what makes your Easter fair?
 Does it mean the end of winter's reign,
 Bright skies and welcome warmth
 again,
 Singing of birds, budding of trees,
 Sweet spring odors on the breeze
 From daffodil and crocus bed
 And balsam branches overed?
 Sad is the world and cold and gray,
 If this is all of Easter day,
 But if this blessed season brings
 A firmer faith in holy things;
 Assurance of a living Lord;
 A strengthening of the tender chord
 Of love that binds us to the life to
 come
 What loved ones 'wait us in the heav-
 enly home,
 No pain or less can e'er efface the
 bliss,
 Dear friend, of Easter when it means
 all this.

From the Baylor Progress

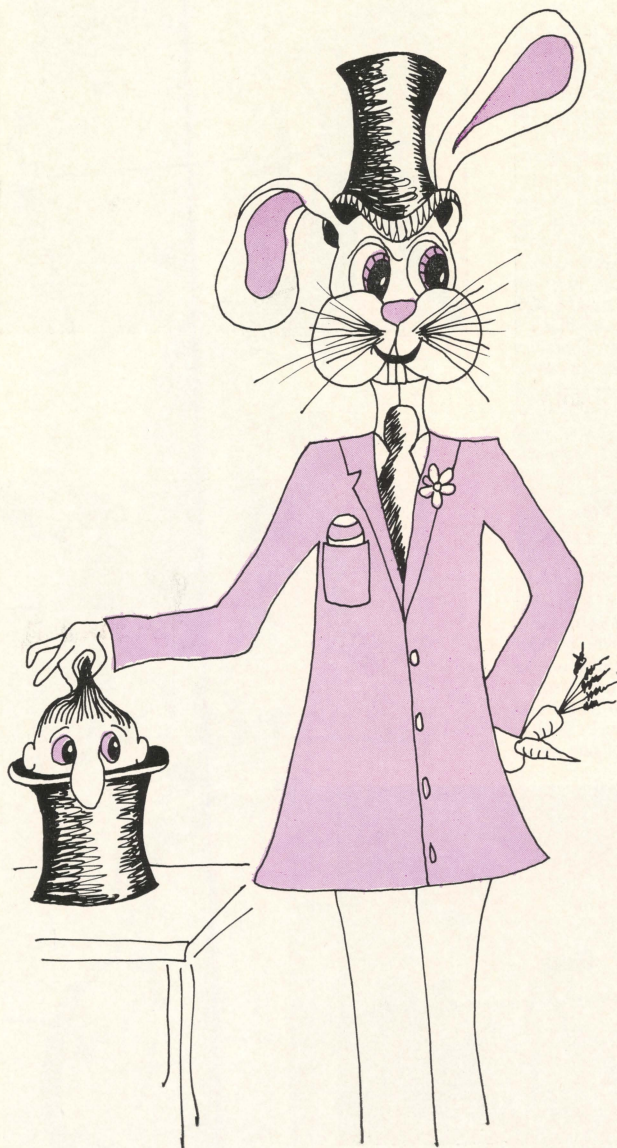
AAUP Meets at MCV

MCV hosted the annual meeting of the Virginia conference, American Association of University Professors March 20.

Guests included Governor Linwood Holton, who spoke on the aims and objectives of higher education.

A panel discussion on "The Academic Marketplace" involved Dr. Robert Wolfson, professor of economics at Syracuse University; Dr. Daniel E. Marvin, associate director, State Council of Higher Education; Dr. Richard Selden, professor of economics, University of Virginia; and Mr. Stanley C. Walker, member of the Education Committee of the Virginia House of Delegates.

Dr. J. Ives Townsend, associate professor of genetics at MCV, was installed as president of the AAUP.



Chief Financial Officer Notes Progress

This is the second in a series of profiles on each of the vice-presidents at VCU. Designed to help staff and employees know them better, the series will consider the vice-presidents in alphabetical order according to last names.

If you think you have problems trying to balance a budget, think of the job involved in financial management for an entire university.

Mr. Raymond T. Holmes, Jr., thinks about it often. He is VCU's vice-president for finance and the university's chief financial officer.

Since the merger of Richmond Professional Institute and MCV to form VCU, this is the first year that both campuses have operated from one fund. According to Mr. Holmes, the consolidation process has involved a great deal of work and is "a real accounting job."

In the job he has held since June 1, 1969, Mr. Holmes works with the president and university budget director in preparation of budgets—both the biennial budget for the state legislature and the annual budget for each school and department within the university. His staff also maintains records of income and expenditures for the university's regular operational expenses, accounts for special funds from federal grants and private endowments, capital funds awarded by the state legislature for building and major repairs to buildings, and the hospital accounts.

In addition to the budget and accounting records, Mr. Holmes also is charged with responsibility for systems and control, total university purchasing, and non-faculty personnel administration. Each function is centralized for the university, but contacts are maintained on both campuses for greater efficiency in purchasing and personnel administration.

Systems and control is responsible for university auditing, financial and operational auditing of university activities, and university financial systems such as payroll, hospital billing, student accounting, inventory control, and personnel records. In addition,

the department develops new, more efficient procedures and operations.

The responsibility for all university purchasing involves making all orders, receiving bids, and awarding contracts for various services. "One of the major purchasing jobs is service to the hospital," Mr. Holmes noted, "since it is very critical in the medical field to have the proper inventory."

The personnel staff has made "pretty good progress" in the area of policy development, the vice-president said. He noted the establishment this year of the university's first general personnel policy for all non-faculty personnel. To further define the general policy, a grievance policy was developed, and job vacancies are now posted on both campuses.

VCU presently operates on an annual budget of approximately \$58,000,000 for hospital and instructional operations, \$10,000,000 in special funds provided through federal grants and

private endowments, and \$10,000,000 in construction funds.

"For the university the major source of income is state appropriations," the vice-president said. They provide approximately 65 percent of revenue, and student fees provide the other 35 percent.

The hospital operation is financed approximately 70 percent from patient revenue, including insurance, Medicare, and Medicaid. State appropriations to pay for indigent patient services account for about 30 percent of the income.

By far the largest expenditure item in the budget is for salaries and wages, Mr. Holmes said, which account for approximately 85 percent. With approximately 1,700 faculty members and 6,100 non-faculty personnel, the payroll is \$47 million. The other 15 percent pays for equipment, supplies, utilities, services, and rental of buildings.

Mr. Holmes noted that as a university, the two merged elements are receiving more funds from the state legislature now than in the past. It is difficult for the legislature to overlook an institution of this size with a 1,100-bed hospital and 14,000 students. VCU also offers a number of programs in health sciences, general academic, and professional studies found nowhere else in the state. "VCU is one of the major universities in the state in size, complexity of operations, and scope of academic offerings."

Mr. Holmes noted a new trend in appropriations of funds to colleges and universities. In the recent past, he said, governments gave without much reservation to higher education, since there was little question as to the need. "Now higher education is getting a much harder look," he explained, "as legislators are questioning whether additional money is actually needed by the institutions and also whether they are spending their appropriations effectively."

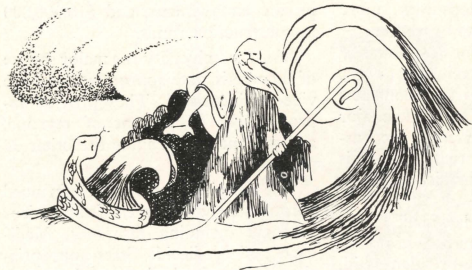


MR. RAYMOND T. HOLMES, JR.

Vice-President for Finance

(Continued on page 16)

ACCOUNTING STUDENTS

(Continued from page 2)

MR. HOLMES

(Continued from page 15)

The vice-president said he was not disturbed by the trend. "We ought to be required to show that we can measure up to certain standards, just as outside business is required to do," he remarked. Mr. Holmes is confident that VCU can present itself favorably under such scrutiny.

As a result of careful budgeting and administration of available funds, VCU is not facing a financial crisis similar to what is occurring at many schools across the country, the vice-president assured. Funding is a major factor in determining "how fast we can move," Mr. Holmes admitted, "but there are other important factors as well. Our support has been increasing and we are growing." He cited an increase in federal grants to the university this year, an encouraging fact, since most schools have experienced cutbacks. However, there are significant financial problems in programs for which federal funding has been reduced.

"We have some real pressing physical needs," Mr. Holmes said, including a new building for the schools of nursing, allied health professions, and pharmacy. At the Academic Division money is available for a new science and education building, and new housing will be completed in the near future for the school of art and the

school of business. However, the schools of social work and community services have "nowhere near adequate housing." Mr. Holmes added that the new Pollack building for the school of art will accommodate only 20 to 25 percent of the classes, and some will remain "scattered in garages and attics."

Mr. Holmes said he is proud of the fact that tuition at VCU has increased very little. "The Board of Visitors last year passed an increase of about five percent for this year and the upcoming year." In the past, he explained, there has been little difference between tuition for Virginia students and students from out-of-state, which is inconsistent with most other institutions. The Board's action therefore increased tuition for out-of-state students by a larger percentage than for students from Virginia.

Another advance with which Mr. Holmes is pleased is the increase in federal funds available for student financial aid. "When I came we were not asking for or receiving federal funds—now we receive a very significant amount compared to other schools of our size," he noted. Funds available at VCU have increased tremendously.

Prior to his appointment as vice-president for finance, Mr. Holmes, a

The advisor commended the students, about 80 percent of whom have part-time jobs, for giving so freely of their time for this worthwhile project. Besides helping others by preparing returns, the experience will help the students to develop their own expertise, Doctor Scott noted. The two centers will be open April 14 and 15 from 6-9 p.m.

The accounting club is an extracurricular organization of accounting majors. The group meets regularly and brings in guests from the accounting field to introduce students to the profession and to make them aware of job opportunities.

The club also sponsors student-faculty rap sessions and banquets to entertain partners from Richmond accounting firms.

A review course for persons who plan to take the Certified Public Accountant's examination in May is also being sponsored by the club on five consecutive Saturdays prior to the examination dates.

Certified Public Accountant, was comptroller at Richmond Professional Institute from 1966-69. He received his B.S. degree in business administration from the University of Richmond and will receive his M.S. degree in business from Virginia Commonwealth University this June.

A member of the Area Board for United Virginia Bank/State Planters, Mr. Holmes also has served as vice-president for business at Ferrum Junior College (1957-66), special accountant for Virginia-Carolina Chemical Co. (1955-57), and Certified Public Accountant for Mitchell Wiggins and Co. (1950-55). He also has taught accounting part-time at the University of Richmond, Richmond Professional Institute, and Ferrum Junior College.

Mr. Holmes is a member of the boards of Blue Cross-Blue Shield Insurance Company of Virginia and the Wesley Foundation.

Help the Y go up all over town. Give to the \$1,935,000 Building Fund for the metropolitan Richmond YMCA.

YMCA Building Fund
2 West Franklin St.
Richmond, Va. 23220

Retirement and Benefits Counselor Has Energy for Work and Fun

by **Bobbie Hamblet**
Personnel Supervisor

When most people approach their 60th birthday, their thoughts begin to turn to possible plans for retirement. This is not the case with Mrs. Mildred Montgomery, a new member of the personnel department.

Mrs. Montgomery intends to work until she's 110 and plans to continue taking fun vacations like this month's skiing trip to Canada.

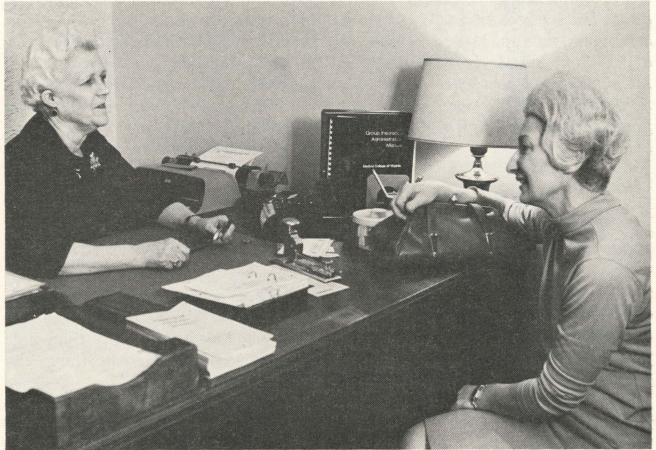
"Age is never going to catch up with me," says Mrs. Montgomery. "If it does, I want a wheelchair with a motor on it!"

Mrs. Montgomery is in the newly created position of retirement and benefits counselor for MCV. In the position she talks to employees inquiring about insurance matters as well as those preparing for retirement.

The establishment of Mrs. Montgomery's position came as a result of a reorganization within the personnel department aimed at providing better services to employees requesting information or assistance. In her new position, Mrs. Montgomery is able to devote more time to those seeking her advice and can offer more comprehensive guidance than was available in past years.

"Every employee should read his group life insurance policy when he has a few minutes," Mrs. Montgomery suggests, "as it contains very thorough information on the benefits available. Actually, few employees realize what excellent coverage they have." Mrs. Montgomery was speaking in reference to Metropolitan Life Insurance, which covers all full-time classified employees.

In addition to the benefits available for death or dismemberment, total and permanent disability benefits may also be obtained. Department heads and supervisors are urged to call Mrs. Montgomery at extension 5471 if any employee in his area has a possible claim. The individual must be in active service, on sick leave or on a leave of absence and must be under age 60 in order to qualify for disability with Metropolitan.



Mrs. Mildred Montgomery (left), retirement and benefits counselor in the personnel department, offers helpful assistance to employees.

Blue Cross/Blue Shield applications and inquiries are also handled by Mrs. Montgomery. An employee may sign up within 30 days of employment or he must wait until either of the regular enrollment months, May and November.

Mrs. Montgomery aids employees planning to retire by helping them complete their retirement papers, estimating the monthly allowance they will receive from the retirement system and counseling them on other related matters.

"Any employee thinking about retiring should contact me three months ahead of time, if possible, so I can get the necessary paperwork completed and submitted to the retirement system. This will insure that the first monthly check won't be delayed."

"If I don't know the answer to your question, I'll surely try to find out," says Mrs. Montgomery. "And if you call me before you come over, I can usually see to it that you won't have to wait."

It is hoped that any staff member wanting information on insurance or retirement will find Mrs. Montgomery's counseling helpful.

Dick Gregory Will Speak April 19

Dick Gregory — comedian, author, lecturer, and actor—will address VCU's final convocation April 19 at 10 a.m. in the Mosque auditorium.

A dynamic and communicative man, Mr. Gregory is a leader in the Negro's fight for equality and a soldier in a war against hate and bigotry.

He is a star of television, stage, and motion pictures. Mr. Gregory's autobiography, "Nigger," has become a best seller, and his new book, "Sermons," appears to be an even greater success.

It's a Fact—U. S. motor vehicle travel for 1970 is estimated at 1,125 billion miles, an increase of five percent over that of 1969.

Former Addicts Talk About Drugs

The following is an account of a discussion by a panel of four former drug users, who spoke during a session of the Stoneburner Lecture Series at MCV. Each of the four is now participating in MCV's methadone program, administered by Dr. George M. Bright.

"I was not me."

MIKE explained that his first experience with drugs began with alcohol during high school. "I got out of that and discovered the wonderful world of marijuana." As a senior in high school he progressed through the drugs as many of his friends were doing. The big factor, he said, in his using drugs was "being in the drug scene," being around friends who used drugs.

When he entered the University of Richmond he began using LSD and mescaline. "I never had an unpleasant experience; I thoroughly enjoyed it." But gradually he gave it up because it became physically tiring and "I was not me."

Mike began using downers, then tried a white capsule—smack—which he used "off and on a year or so."

When he realized what was happening Mike started on the methadone program at MCV but didn't really want to quit using drugs, so he went back to smack. "This time I really got into it." But his outlook changed when suddenly it seemed everyone in the drug business was "out to get rich."

He went back on the methadone program, this time serious about helping himself. Mike now has a job in Richmond which brings him into close contact with people. He loves it and "is getting some degree of high out of talking with people. If it hadn't been for MCV getting me into this job I wouldn't be as happy—the whole thing is getting into something else that makes you happy."

"An unhealthy relationship with my family."

SHARON began using drugs at age 15 "because of the availability." She had no education on the pharmacology of drugs or what they would do to her.

Sharon's first experience occurred when she visited her boyfriend in New York. He gave her heroin and she accepted, not realizing he was an addict.

After three months in New York she became very depressed. "The only people I ever saw were junkies."

She left New York and came back to Richmond to face an equally unpleasant situation she described as "an unhealthy relationship with my family." Sharon could not relate to her father. She began to build up fantasies and "I think subconsciously I hated my mother." Witnessing the family fights, she began to believe that "loving someone meant being hurt."

Sharon went to a private school and later moved to the Fan District and was accepted in the drug culture. For most people who fall into this situation, she explained, "it's not the drugs they're after, but acceptance into this culture."

She found narcotics to provide the most pleasant feeling she had ever experienced but never thought she would become addicted. Sharon assured that "no one in this room could take heroin and not go back to it."

(Continued on page 19)

Dinner Honors Senior Nursing Students

The second annual dinner for senior nursing students was held February 8 at the Holiday Inn, Robin Hood Road.

The dinner, planned by the recruitment committee of the department of nursing, was attended by approximately 120 persons including, in addition to senior nurses, representatives from the department of nursing, school of nursing, school of medicine, hospital administration, and personnel department.

The program included a discussion of the department of nursing's activities by Miss Rosemary Fritsch, director of the department, and a sociodrama portraying the differences between the student nurses' attitudes and those of the practicing nurses. A reaction panel discussed the points made by the two students and two nursing staff members participating in the drama.



Senior nursing students enjoy themselves at a dinner in their honor held February 8 at the Holiday Inn, Robin Hood Road.



The Cinderella of Easter

Consider the decorative egg. It adds beauty to the season. It is lovely to behold, tinted in pastels, trimmed with ribbons of confectioners' icing and bedecked with bows and flowers. It is the Cinderella of Easter.

Its shell may be filled with dainty candies or a small gift for a child or sweetheart. Or it may frame a peep-hole with a scene or floral display inside.

It may be made from a real egg or from spun sugar, plastic foam, glass, china, or wood.

In Poland and the Ukraine, eggs are so spectacularly decorated that they are treasured from year to year as heirlooms.

In Germany egg shells are decorated and hung from trees and shrubs much as we do ornaments at Christmas.

The ornamental egg reached a peak of elegance in the creations of the Russian jeweler, Carl Fabergé. Fabergé shaped masterpieces of gems and rare metals for European royalty, including Tsar Nicholas II and England's Prince Albert.

FORMER ADDICTS

(Continued from page 18)

Awareness of her own addiction came when Sharon was "physically sick all the time." But the fears of withdrawal made her stay on the drug.

When she joined the methadone program, "it was hard to stay on. Fifty percent of your addiction is to the needle. You relate it to pleasure." For six months Sharon was in a state of detoxification with just enough heroin to maintain her. "You never lose the desire for heroin."

Sharon now holds a satisfying job where she works with "understanding people." Her employer knew she was a junkie. One of the problems Sharon faced earlier was "not being able to work around people who are insensitive and not involved in the world and what is going on." She has found satisfaction in her present job because those with whom she works "care about everything."

"... Seemed terribly glamorous."

FRANCES began to experiment with drugs as a junior in high school. "I had searched for two years for marijuana, which seemed terribly glamorous and exciting." Frances had been rejected by the "straight world" and "wanted to kick that world in the face."

She developed two or three habits from drinking codeine cough syrup and began swapping drugs in study hall with a boy at school whom she recognized as a drug user. "I was in love with heroin, and couldn't give it up," Frances said, but it was hard for her to find it.

The fortunate thing when she began using heroin was "I could never fool myself." She "shot up" most with a 32-year-old woman who had been addicted for years. When Frances began to look around and to compare the woman's surroundings with those of her own home, she realized, "I don't want to be like that."

Frances has been on the methadone program for a year and says it has given her time for a whole new life style. "This is the first time in my whole life I can remember enjoying school and going to class."

"... What else was there?"

KEITH was introduced to drugs early because there was "always plenty around the house." His father was an alcoholic, and his mother had numerous ailments which required a variety of medications.

He began drinking when he was a sophomore in high school. An auto-

mobile accident sent Keith to the hospital for 12 weeks where he had to have morphine every four hours. "I had a nice introduction to it."

When he recovered from the accident Keith began drinking heavily. A psychiatrist gave him pep pills, sleeping pills, and anti-depressants refillable as often as he wanted, and he began mixing them with alcohol. "I discovered the world of drugs, and my mother was right in there with me taking as many as I was."

During his senior year in high school, Keith started using "grass." He was stoned a couple of months and tried acid. "This was a very nice thing. I dropped out of school to find out where I was going, but had to use more acid to keep up my learning."

When he took an LSD trip and was catatonic for a few hours, he stopped for a while. A state of depression sent Keith back to alternation between heroin and acid. "And everyone knows you don't mix drugs with depression." He never came down and could not go to class "without someone to hold my hand."

For a year and two months Keith never missed a day using heroin. "If I

(Continued on page 20)

Honor Secretaries April 18-24

"Better Secretaries Mean Better Business" is the theme of the 20th annual Secretaries Week to be observed April 18-24, 1971, with Wednesday, April 21, set aside as Secretaries Day. Secretaries Week is sponsored by The National Secretaries Association (International), the world's leading secretarial association, which invites all secretaries to share in its purpose of focusing attention on the role of professional secretaries as management's right arm in business, industry, education, government, and the professions.

FORMER ADDICTS

(Continued from page 19)

couldn't have heroin what else was there?"

Last spring Keith was arrested by an undercover agent after a friend set him up to get off on his own charge. By this time all his "straight" friends had dropped him because they were tired of being used—giving him money for the expensive habit.

One of the reasons he finally quit was he began stealing and shoplifting. His habit was costing \$150 a day, and on the last day he consumed \$550 worth of drugs.

Keith is now seriously on the methadone program. "Methadone is a dangerous drug which can be fatal in an overdose, but which with proper guidelines can be very effective." He can't wait to get off methadone and does not want to ever have to depend on anything again.

These are four stories with sad beginnings, but which hopefully will end happily, thanks to the individuals' strength to want to help themselves and to the availability of help through MCV's methadone program. The next issue of The Medicovan will deal with the program itself and the progress being made toward solutions to drug problems.

Mrs. Phyllis Bauer, of Davenport, Iowa, CPS, NSA's international president, said her association plans to use the 1971 Secretaries Week as a springboard for suggesting ways to management of increasing the secretarial productivity of existing personnel. She said: "A good secretary can perform many tasks that the executive may needlessly be doing himself. This frees his time to concentrate on productive and creative problem solving.

"A good first step toward getting the most from a secretary's abilities is for management to review NSA's definition of a secretary:

"A secretary shall be defined as an executive assistant who possesses a mastery of office skills, who demonstrates the ability to assume responsibility without supervision, who exercises initiative and judgment, and who makes decisions within the scope of assigned authority."

Mrs. Bauer, on behalf of the 28,000 members of her association, says: "When we state the purpose of Secretaries Week as focusing attention on professional secretaries, we don't mean in the form of flowers, lunches, or an afternoon off. We do mean recognition for the job we can do, are paid to do, and that we have elected as a service career."

She singled out three of NSA's many programs that are of immediate benefit to management in its quest for qualified secretaries:

1. The Certified Professional Secretary program which expects to have the largest number of candidates in history sit for the annual two-day examination to be administered May 7 and 8;

2. The Future Secretaries Association, the association's fastest-growing program, which assists business educators to provide realistic training for students who will embark on a secretarial career, through FSA Chapters in high schools, business schools, and colleges;

3. The NSA Research and Educational Foundation which, among many other projects, is working with management on a research project to determine exactly what secretarial requirements will be in the future years.

A Prayer for Easter

Teach me, my Lord, to be sweet and gentle in all the events of life; in disappointments, in the thoughtlessness of others, in the sincerity of those I trusted, in the unfaithfulness of those on whom I relied.

Let me put myself aside, to think of the happiness of others, to hide my little pains and heartaches, so that I may be the only one to suffer from them.

Teach me to profit by the suffering that comes across my path. Let me so use it that it may mellow me, not harden nor embitter me; that it may make me patient, not irritable; that it may make me broad in my forgiveness, not narrow, haughty and overbearing.

May no one be less good for having come within my influence. No one less pure, less kind, less noble for having been a fellow-traveler in our journey toward Eternal Life.

As I go my rounds from one distraction to another, let me whisper, from time to time, a word of love to Thee. May my life be lived in the supernatural, full of power for good, and strong in its purpose of sanctity.

May Is Enrollment Time for Group Insurance Plans

The month of May is one of two enrollment periods during which employees may sign up for group hospital and medical and surgical insurance plans through Blue Cross/Blue Shield.

New employees may enroll at any time within 30 days after they are hired. However, after 30 days they must wait until either May or November, the two special enrollment periods.

Information and application cards are available in the personnel department.

SEATBELTS *Crash Injury Research of Cornell University reports that failure to use a seatbelt increases the risk of instant death or severe injury by at least 100 percent and the risk of less severe injury by at least 40 percent.*



Mrs. Alice Cox Hunton Hall Hostess Retired March 31

Mrs. Alice Cox, the evening hostess at Hunton Hall, retired March 31 after 12 years' service.

Mrs. Cox, a native of Richmond, attended schools in Pennsylvania, where she lived for a while, and the National Park Seminary, north of Washington, D. C.

"I have loved every minute of it," Mrs. Cox says of her job, "and I will miss everything about it." Her contacts with the doctors have been "delightful."

Her plans now include staying home with her husband who also is retired, reading, working in the garden, and "trying to be a good neighbor." Since Mrs. Cox's hours on the job were 3:15 to 10 p.m. Monday through Saturday, she has not been able to socialize with her neighbors as much as she will be able to now.

Mr. Edward Bryant Ends 11 Years' Service

Mr. Edward Bryant, a power plant shift supervisor, has retired after 11 years of service at MCV.

A native of Charlottesville, Mr. Bryant is now living in Scottsville. He attended schools in Buckingham County.

Mr. Bryant also has been employed at the Virginia State Penitentiary in the power plant.

Legend of the First Robin

A small brown bird looked down from a tree and saw a Man straining beneath a heavy wooden cross. A crown of thorns encircled His head and cruelly pierced the skin. Moved by His suffering, the little bird followed along with the crowd surrounding the Man, and suddenly swooped down and pulled one of the thorns from the Man's forehead. The Man lifted His eyes to the little bird and smiled a silent "thank you."

As the bird flew on, a drop of blood fell from the thorn and stained his breast a bright crimson. And since that day, the humble robin wears a

Mrs. Lewis Retires from Housekeeping

Mrs. Eva Lewis retired February 28 as a custodial worker in the housekeeping department.

A native of Richmond, Mrs. Lewis had worked at MCV for 17 years.

She has also been employed at the Lucky Strike Tobacco Company and the Richmond Piece and Dye Works.

VCU President Attends College Management Institute

Dr. Warren W. Brandt, President of VCU, was among 70 college presidents attending the Management and Planning Institute for Higher Education conducted March 7 by Columbia University.

The program was sponsored by the Executive Programs of Columbia's Graduate School of Business and by the Academy for Educational Development.

EASTER

(Continued from page 11)

standby of the housewife—spring cleaning—has an ancient religious significance. It descends from the ancient Jewish practice of cleaning the house for the Passover Feast, which occurs at about the same time of year as Easter. According to the ancient calendar of the Roman Catholic Church, spring housecleaning should occur during the three days after Palm Sunday.

The next time, then, that a husband grumbles because the rugs are rolled up and the furniture is rearranged; the next time you stride down the street in your Easter finery; the next time you see a child hug an Easter bunny or exclaim over a basket of candy and brightly colored eggs, perhaps you will want to pause a little and remember how far back these customs stretch through time. Centuries ago, even the least of them had a solemn and sacred meaning.

symbol of his mercy for that suffering Man—our Saviour.

Miss Leona Luke Will Retire After 44 Years

After 44 years (what she calls "a lot of years") Miss Leona Luke will retire from her position as head technician in the histology laboratory April 15.

A native of Irwin, Pennsylvania, a small town near Pittsburgh, Miss Luke was the first technician in the histology laboratory at MCV.

She attended schools in Pennsylvania and John Marshall High School in Richmond. Her present job is the only one she has ever had.

After retirement, Miss Luke plans "to just take it easy—doing some visiting and traveling," and spending more time with her interests, which include knitting and needlepoint.

Reflecting on the past 44 years, Miss Luke said, "It has really been interesting. I have seen a lot of changes." What will she miss most about the job? "The oldtimers."

And "the oldtimers" in surgical pathology will certainly miss her too.

Personal News Briefs

WELCOME NEW EMPLOYEES

The welcome mat is out for the following employees who joined us recently. We wish them every success in their jobs.

NAME	DEPARTMENT
Andres P. Adams	Nursing Service North
Theodore G. Aldheir, M.D.	Employee Health Service
George M. Allen	Housekeeping
Clinton Alston	Buildings and Grounds—College Housekeeping
Harriet Amoroso	Medicine
Donnie B. Anderson	Buildings and Grounds
Sherry L. Bass	Medical Records
Jane L. Baylor	Housekeeping
Jerry W. Bowers	Housekeeping
Marvin R. Bridges	Dietary
Charles Brown	Dietary
Robert L. Bullock	Housekeeping
Kennard T. Council	Housekeeping
Maurice A. Cunningham	Buildings and Grounds—College Housekeeping
Charles J. Dandridge	Housekeeping
Carolyn O. Davis	Transportation
Myrtle M. Davis	Hunton Hall Dorm Administration
George Duckworth	Gastroenterology
Joan D. Emory	Nursing Service West
Russell Enoch	Buildings and Grounds
Gwendolyn Evans	Nursing Service West
Judith J. Faez	General Accounting
Patricia Flemings	School of Dentistry
Alfreida J. Garret	Social Work
Sandra Giles	Nursing Service North
Ella L. Grant	Nursing Service West
Michael B. Griff	Radiology
Doris Gunter	Nursing Service West
Clara G. Harris	Housekeeping
George R. Harris	Housekeeping
Wallace R. Harris	Surgery
Lise Hoffman	Physical Medicine and Rehabilitation
Henry Jennette	Housekeeping
Cloria F. McDonough	Neurology
Summer Mann	Admitting
John R. Morman	Buildings and Grounds—College Housekeeping
Mae W. Morton	Nursing Service North
Richard Moss	Pharmacy
Gail Nelson	Medicine
Earl L. Nunnally	Buildings and Grounds—College Housekeeping
Barbara A. O'Bryant	Radiology
Deborah Overton	Nursing Service West
Joann Owens	Nursing Service North
Vernel Rogers	Nursing Service East
Joyce W. Sears	School of Dentistry
Douglas J. Spencer	Medical Records
Mary Stephenson	Nursing Service West
Elizabeth F. Tiller	Nursing Service East
Dolly E. Tucker	Clinical Research Center
Isabel Tyson	Systems and Control
David Vojtasak	Surgery
Margaret Watkins	Nursing Service West
Marvin W. Watkins	Medical Records
Dorothy D. Whitby	Systems and Control
Clarence Whitmore	Transportation
Clifton W. Williams	Buildings and Grounds—College Housekeeping
John S. Wilson	

RECENT STAFF PROMOTIONS

NAME	DEPARTMENT
Grover Adams	Central Service
Jean Athy	Nursing Service West
Marion Bruner	Dietary
Linda Chapman	Medical Records
Charlotte Cowans	Nursing Service West
Charlotte Lawson	Nursing Service North
Alphelia Matthews	Surgery Department
Merilyn W. Phibbs	A. D. Williams Clinic
Joan R. Rogers	Dietary
Elizabeth Smithers	OB-GYN
Dianna Stine	Comptroller-Treasurer
Janie Stone	Nursing Service West
Sheila Swank	Biochemistry Department
Martha Vaughan	

SCHOOL OF ALLIED HEALTH PROFESSIONS

Dr. Thomas C. Barker, dean, attended the Association of University Programs in Hospital Administration task force meeting on hospital organizations and management in Washington, D. C., March 15-17.

Mr. Herman L. Mullins, assistant professor and director of continuing education, and Dr. Lawrence D. Prybil, assistant professor, school of hospital administration, presented a seminar on national health insurance to the members of the Roanoke Valley Hospital Council in Roanoke on March 12. This seminar topic will be presented to other hospital councils throughout the state during the coming months.

Mr. Nelson L. St. Clair, administrator, Riverside Hospital, Newport News, received the Robert S. Hudgens Young Hospital Administrator of the Year Award at the American College of Hospital Administrators Congress in Chicago in February. Mr. St. Clair, an alumnus of 1961, is the third recipient of this national award sponsored by the school of hospital administration alumni.

Approximately 70 alumni of the school of hospital administration were present at the ACHA Congress alumni meeting in Chicago last month. Dr. Thomas C. Barker spoke to the graduates concerning the activities of the school. Members of the faculty in attendance were Mr. John F. Imirie, Jr., Mr. Charles J. Sweat, Dr. Lawrence D. Prybil, and Dr. B. T. Cullen, Jr.

Over 200 persons attended the 11th Annual Law Institute on Hospitals and Medicine on March 5. Herman L. Mullins, director of continuing education, school of hospital administration, served as institute coordinator in cooperation with the Virginia Hospital Association and the department of legal medicine.

Dr. Charles P. Cardwell, Jr., attended a meeting of the HEW Comprehensive Health Planning and Studies Review Committee, of which he is a member, in Washington, D. C., March 24-26.

Members of the faculty of the school of allied health professions have recently been appointed to the Capital Area Comprehensive Health Planning Council community health survey to be held from February 1971 through June 1972. These appointments include Dr. Thomas C. Barker, dean; Dr. Benjamin T. Cullen, Jr., and Dr. M. Leigh Rooke, associate professors; Herman L. Mullins and Dr. Lawrence D. Prybil, assistant professors, school of hospital administration; Cornelius Kooiman, director, school of occupational therapy; and the Rev. A. P. L. Prest, Jr., chairman of the department of patient counseling.

Dr. Charles P. Cardwell, Jr., was one of the keynote speakers at the survey kickoff luncheon meeting on March 10. Students in the school of hospital administration prepared issue papers on 30 health areas as source documents for the task survey panels.

Mrs. Conde Hopkins, secretary, school of hospital administration, has recently returned from Hawaii where she met her husband for Rest and Relaxation. They spent a week at the Royal Aloha Hotel in Honolulu. Her husband is Sp. 4 Ronald W. Hopkins, and he is expected home in early June of this year.



SCHOOL OF DENTISTRY

Dr. Elmer Bear, professor and chairman of oral surgery, addressed the Ohio Oral Surgery Society February 11 in Cleveland. The title of his address was "Oral Surgery in Today's Society."

On March 4 Dr. Elmer Bear, professor and chairman of oral surgery, spoke to the department of oral surgery at Tufts University School of Dental Medicine in Boston. His address was entitled "Oral Surgery Trends in Hospitals."

Dean DiBiaggio and a number of the faculty attended the annual meeting of the American Association of Dental Schools in Chicago March 13-17, and the annual meeting of the International Association of Dental Research March 18-20 also in Chicago.

SCHOOL OF PHARMACY

On February 2 Dr. Warren E. Weaver, dean, represented the American Association of Colleges of Pharmacy at the National Drug Trade Conference meeting in Washington, D. C. Dean Weaver attended the American Pharmaceutical Association clinical pharmacy meeting in Washington on February 3. Doctor Weaver was in San Francisco, California, March 26-31 to attend meetings of the American Association of Colleges of Pharmacy and the American Pharmaceutical Association.

Dr. John Andrako, assistant dean, attended the Southeastern Medicinal Chemistry Meeting-in-Miniature held at the University of North Carolina on March 19-20. Doctor Andrako represented the School of Pharmacy at meetings of the American Association of Colleges of Pharmacy and the American Pharmaceutical Association in San Francisco March 26-31.

Dr. John Wood, professor of pharmacy, attended the Southwest Virginia Pharmaceutical Association meeting in Wytheville and spoke to the group on Sunday, February 21.

Dr. Werner Lowenthal, associate professor of pharmacy, and Dr. James F. Stubbins, associate professor of pharmaceutical chemistry, also attended the meetings of the American Association of Colleges of Pharmacy and the American Pharmaceutical Association in San Francisco March 26-31.

Mr. Norman Hilliard, instructor in pharmacy, attended the Southwest Virginia Pharmaceutical Association meeting in Wytheville and addressed the group on February 21. Mr. Hilliard was in Chicago, Illinois, on February 19 to attend a meeting of the Future Planning Committee, American Association of Colleges of Pharmacy, Section of Teachers of Continuing Education. On March 5, Mr. Hilliard was in Lawrenceville to address the Brunswick County Teachers at a program on drug abuse.

DIETARY DEPARTMENT

Mrs. Louise Hill, R.D., dietitian in charge of food service in the West Hospital, has accepted the appointment
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Mr. Herman L. Mullins, director of continuing education, school of hospital administration, was in Norfolk on March 9, developing plans for the initiation of a certificate course in health services management. This will be a joint venture with the school of general studies, University of Virginia. The prototype course is scheduled to begin through the Hampton Roads Extension Center, University of Virginia, September 1971.

Mr. Bernard A. Kuzava, educational director, school for nurse anesthetists, attended a meeting of directors of schools of anesthesia held in Chicago, March 19-21.

Mr. Paul A. Privitera, assistant professor, school for nurse anesthetists, attended a teachers workshop sponsored by the American Association of Nurse Anesthetists in Chicago, March 5-7.

Several senior and graduate students of the school of occupational therapy have completed work on a physical survey and have recommended that curb ramps be placed at appropriate intersections of the VCU academic campus. This is a continuation of a project to help eliminate architectural barriers for physically disabled students and visitors to the VCU campus.

The Rev. A. P. L. Prest, Jr., professor and chairman of the department of patient counseling, led a workshop on counseling at Fort Eustis on February 10.

On March 2, Mr. Prest gave an address in Detroit, Michigan, to the United Presbyterian Health, Education and Welfare Association on "Funding Institutional Ministries."

The Rev. Howard Hanchey was endorsed for supervisory training on February 19 by the Association for Clinical Pastoral Education. He joins the Rev. Luther Mauney and the Rev. Herman Knodt as assistant supervisors in the department of patient counseling.

Graduation exercises were held at the Richmond Academy of Medicine on March 12, for the first graduating class of the school for nurse anesthetists. Dr. Thomas C. Barker, dean, school of allied health professions, awarded certificates to Miss Adrienne Montesanti and Miss Barbara Ann Wheat.

PERSONAL NEWS BRIEFS

(Continued from page 23)

ment to clinical dietitian. In her new position Mrs. Hill will be a member of a team responsible for the development of an expanded and more detailed program for the dietetic internship within the area of food production. She will also implement and monitor training programs designed to increase the knowledge and skills of the dietary employees.

Mrs. Allannah W. Bone joined the staff as therapeutic dietitian on February 22. Mrs. Bone attended the University of Alabama in Tuscaloosa, where she earned her B.S. in foods and nutrition, and M.S. in home economics, majoring in foods and nutrition education.

Mrs. Margaret Sturges began in the dietary department February 22 as secretary to Mr. R. F. O'Connell. She recently came to live in Richmond from St. Petersburg, Florida, where she was a trust administrative assistant in the First National Bank. Mrs. Sturges is a native of Canada. She graduated from the College of Commerce, Leeds, England.

Mr. Charles V. Guthrie has joined the MCV Hospital dietary staff as project manager with the Marriott Corporation's Hospital Food Services Division. Mr. Guthrie graduated from Florida State, majoring in hotel and restaurant management with a B.S. in business administration. He will be returning to Richmond, having been catering manager at the John Marshall Hotel prior to joining the Marriott Corporation. Mr. Guthrie was recently the food service manager at Harvard University.

STUDENT LIFE

Dean Franklin Bacon was moderator at two of the general sessions of the school of pharmacy retreat held at the Boar's Head Inn, Charlottesville.

Mr. Harry R. Hester, associate dean of student services, attended the annual conference of the Southeastern Association of Housing Officers in Jacksonville, Florida.

Mrs. Wren Hanks has returned to the financial aid office after a leave of absence during which she joined her husband who was stationed with the U.S. Army in Colorado.

Mrs. Sallie L. Broadus has resumed her duties in Dean Bacon's office, having recently undergone eye surgery.

OBITUARIES

Dr. Henry Walker Decker, an MCV alumnus and former staff member, died February 25. A native of Orange County, Doctor Decker, 79, was a general practitioner in Richmond for 42 years and the first chief of staff of Richmond Memorial Hospital. Since 1968 he has been practicing in Aylett.

Doctor Decker has served as a medical missionary in China, a visiting staff member of the Shanghai General Hospital, instructor of anatomy at St. John's Medical School in Shanghai, and chief of staff at the Virginia Home. He also served on the staffs of MCV, Retreat for the Sick, Johnston-Willis Hospital, and Sheltering Arms Hospital.

Dr. Edward M. Holmes, Jr., a professor of community medicine and chairman of the department at MCV from 1954-60, died February 26 at his home in Birmingham, Alabama. Doctor Holmes, a former health director for Richmond (1949-57), was director of the Rehabilitation, Research, and Training Center of the University of Alabama in Birmingham at the time of his death. He was 63.

Doctor Holmes received his A.B. degree from George Washington University and a master of public health degree from Johns Hopkins University.

Sincere sympathy is extended to his family.

Dr. Barton A. Cohen, second-year resident physician, died of an apparent heart attack March 10. Doctor Cohen, 28, a native of Norfolk, was a 1968 graduate of the school of medicine at MCV.

Sincere sympathy is extended to his family.

BIRTHS

Dr. and Mrs. Robert E. Brown, academic pathology, a son, Robert Chay, born October 6 and adopted March 3.

WEDDINGS

Miss Alice Nuckols, tumor clinic, and William Laurence Davis were married January 30.



POINTS from PETUNIA

Happy Easter, everyone! Hope all of you have big plans for the nice long holiday weekend coming up!

Guess by now all of you know about Personnel's great new practice of posting current job vacancies throughout the university. Now all you have to do is look on the list to see what's available if you're interested in making a change.

One problem though, is how are you going to tell your supervisor if you want to transfer to another department? To this dilemma, I address my column.

TODAY'S SUBJECT: REASONS TO GIVE YOUR SUPERVISOR WHEN YOU'RE ASKED WHY YOU WANT A TRANSFER.

Try any of the following:

1. The girl who sits next to me has halitosis.
2. My office isn't close enough to the vending machines.
3. I can't stand working in a room without a window.
4. I can't stand working in such a crowded office.
5. I can't stand working.
6. The phone rings too much here.
7. I don't get to meet enough med-students.
8. I don't like the girls I have to eat lunch with.
9. My supervisor's personality isn't compatible with mine.
10. I want a more glamorous position.
11. I've been in my present job long enough.

If you don't have the courage to talk to your supervisor about a transfer, then it's probably 'cuz you're better off staying where you are, right?