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Behavioral Health Integration in Primary Care
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Background / Aim

- Data from three safety-net clinics in the Richmond area
- Sample: 96 adult patients
- Measures:

Results

- Results indicate that both anxious and depressive symptoms were reported by a significant portion of patients as both symptoms were among their top three concerns.
  - At least moderate anxious symptoms (33%)
  - At least moderate depressive symptoms (78%)

Methodology

- Four most common concerns: (1) stress, (2) anxiety, (3) depression, and (4) sleep
- When assessed, depression and anxiety were often reported above the clinical threshold.

Discussion

- Next steps for future safety-net IPC studies:
  - increasing sample size
  - tracking longitudinal trends
- Potential impacts of safety-net IPC research:
  - increasing access to behavioral health
  - identifying common behavioral health concerns in primary care
  - meeting unmet patient needs

This project aims to characterize patients being seen in safety-net IPC, both demographically and clinically.