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## Behavioral Health Integration in Primary Care

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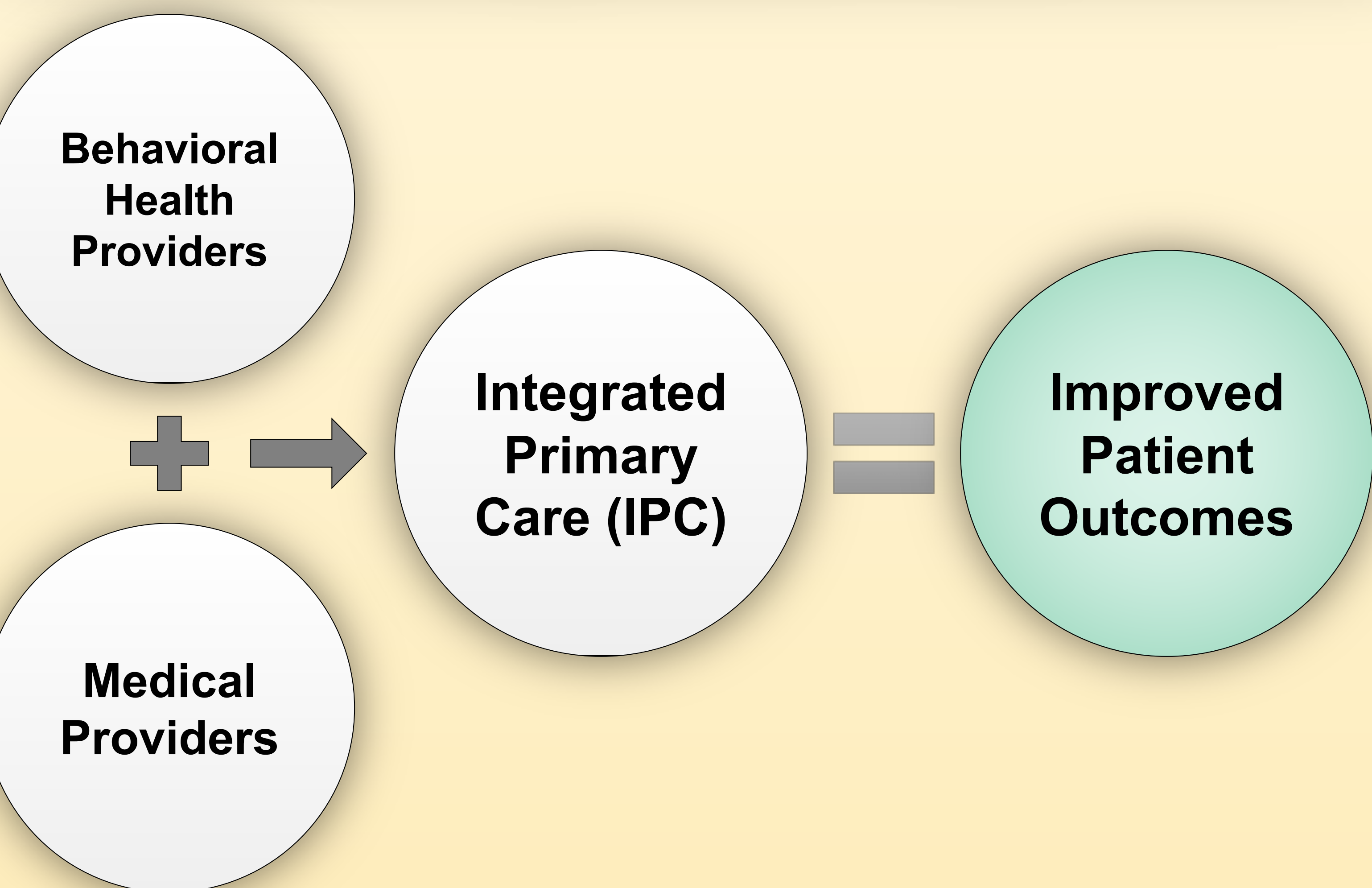


# Behavioral Health Integration in Primary Care

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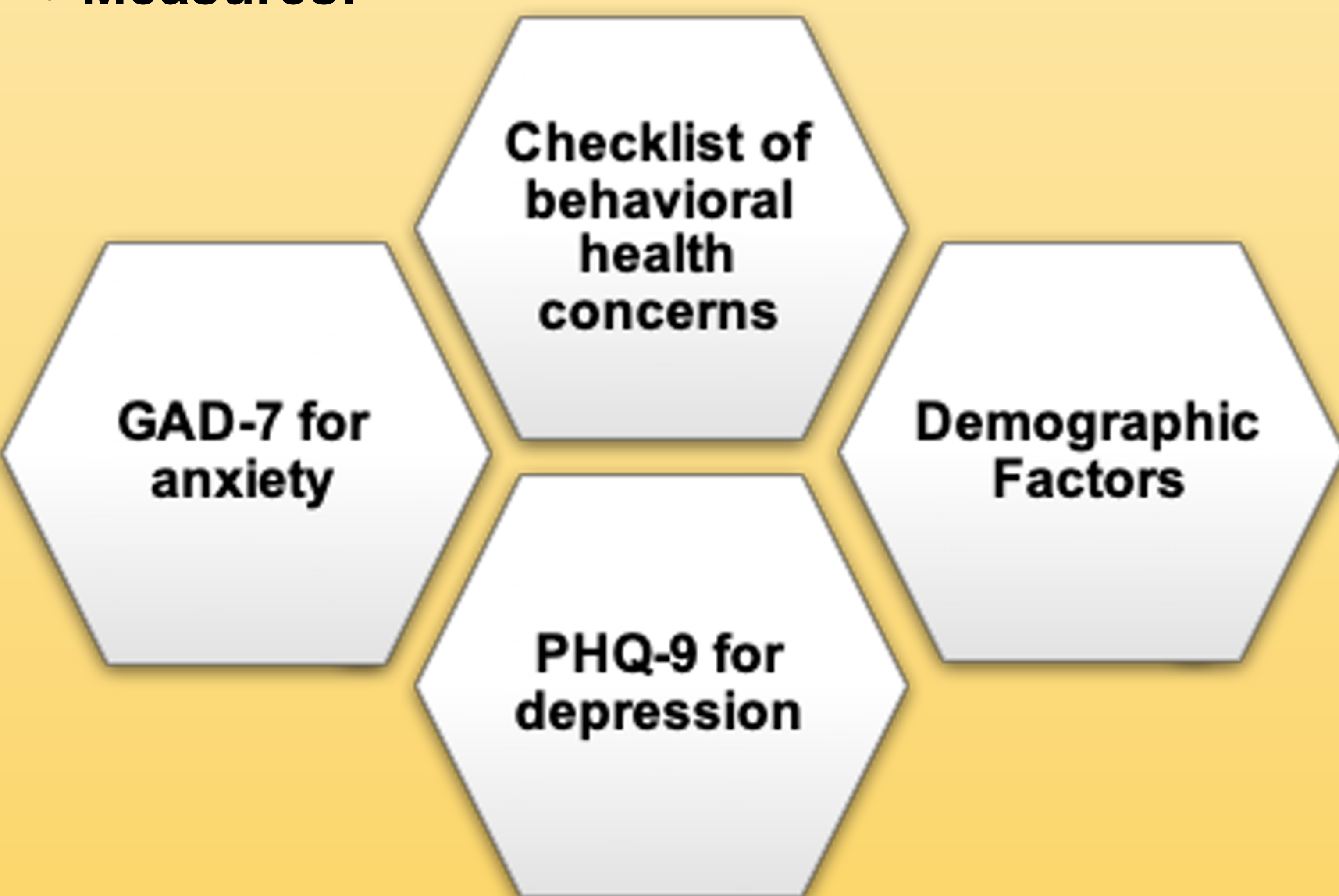
## Background / Aim



This project aims to **characterize patients** being seen in safety-net IPC, both **demographically and clinically**.

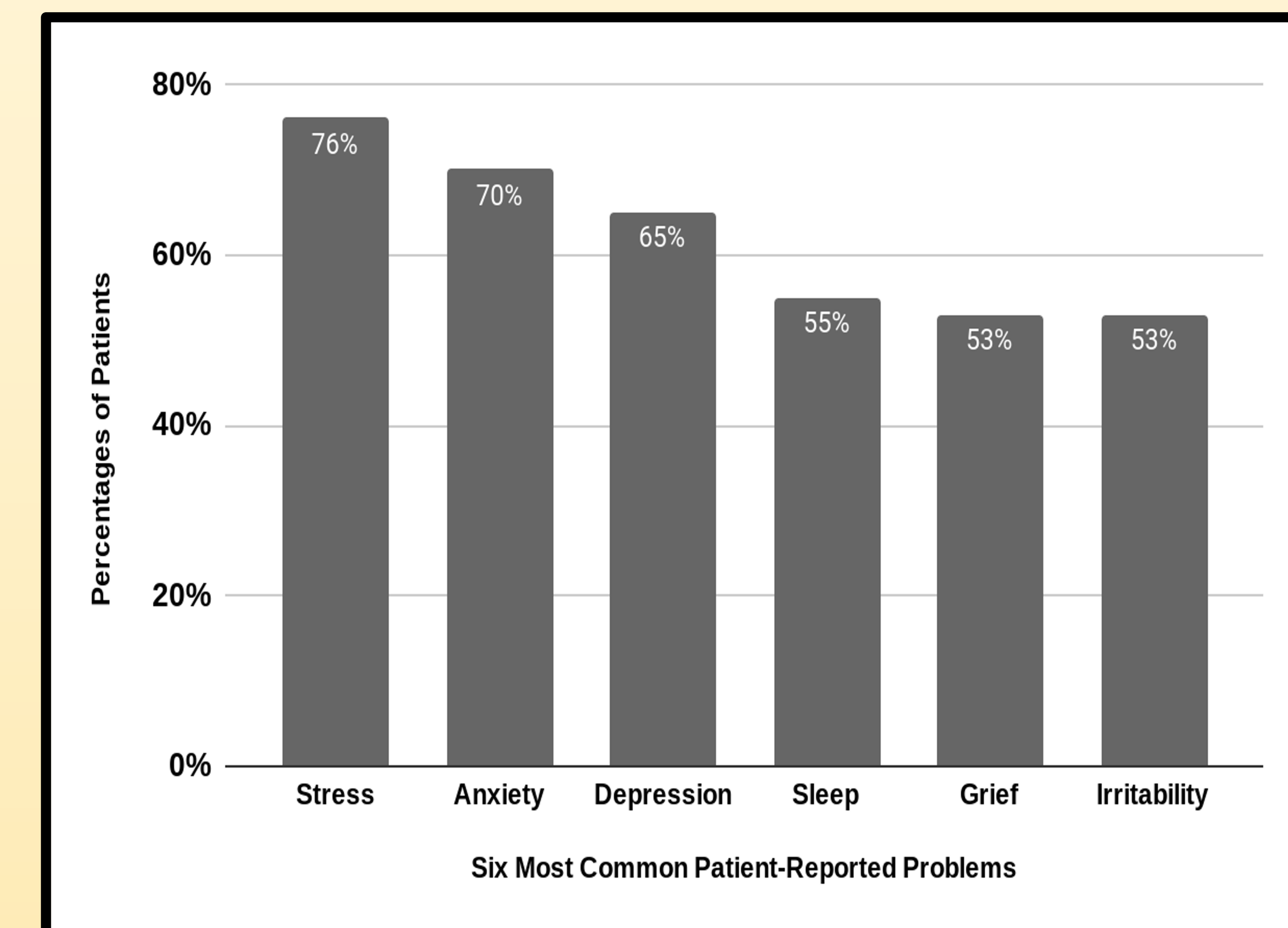
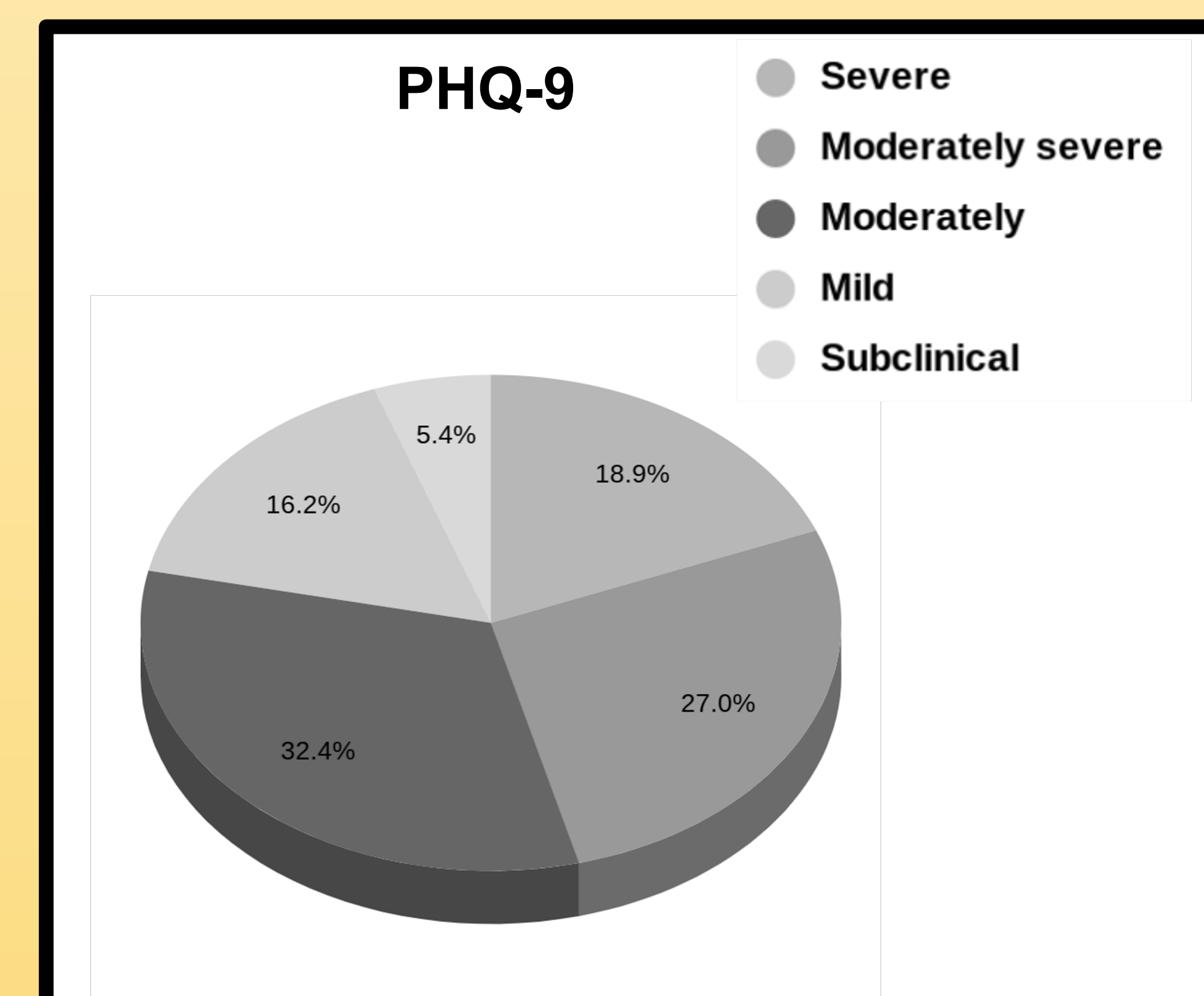
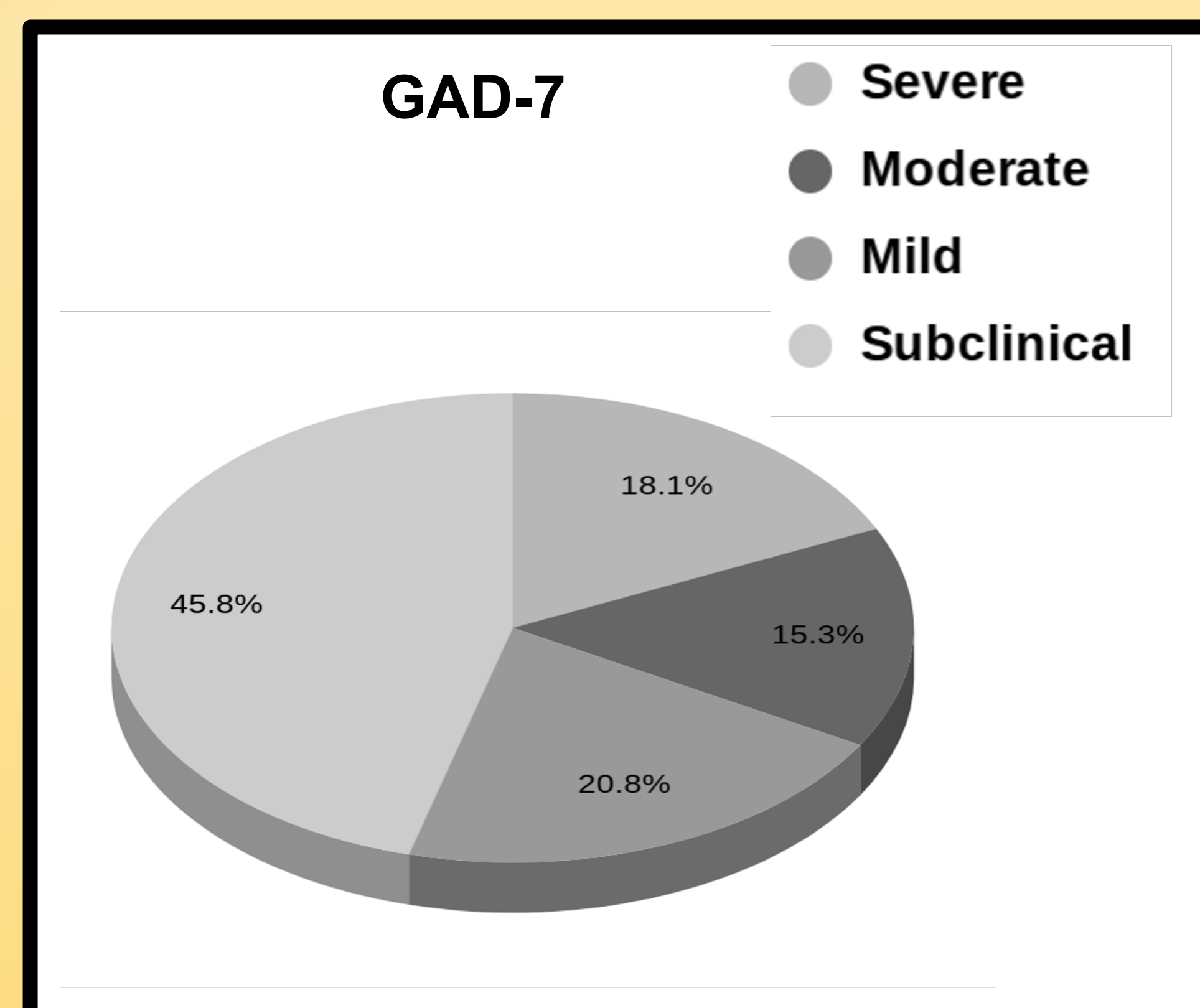
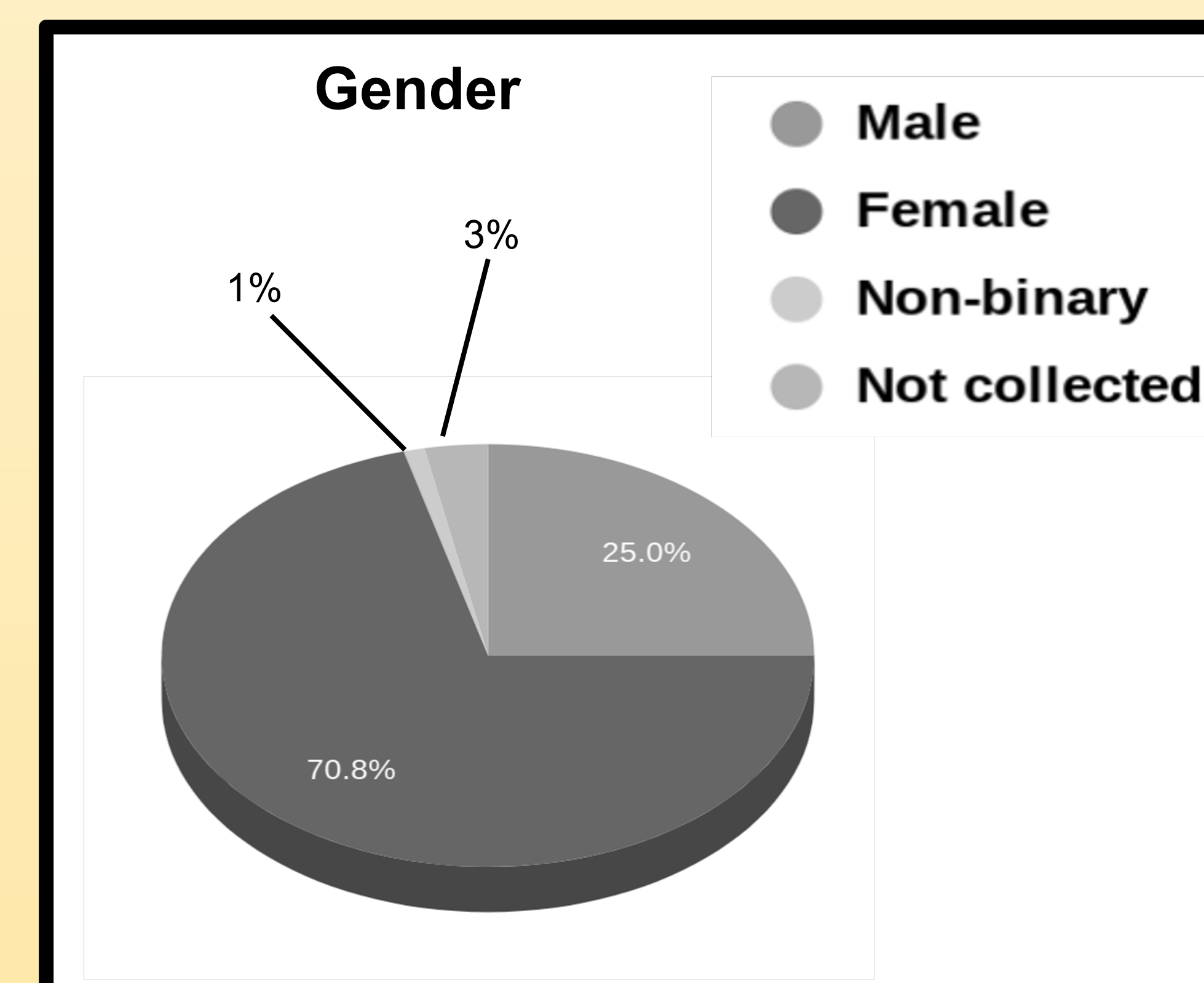
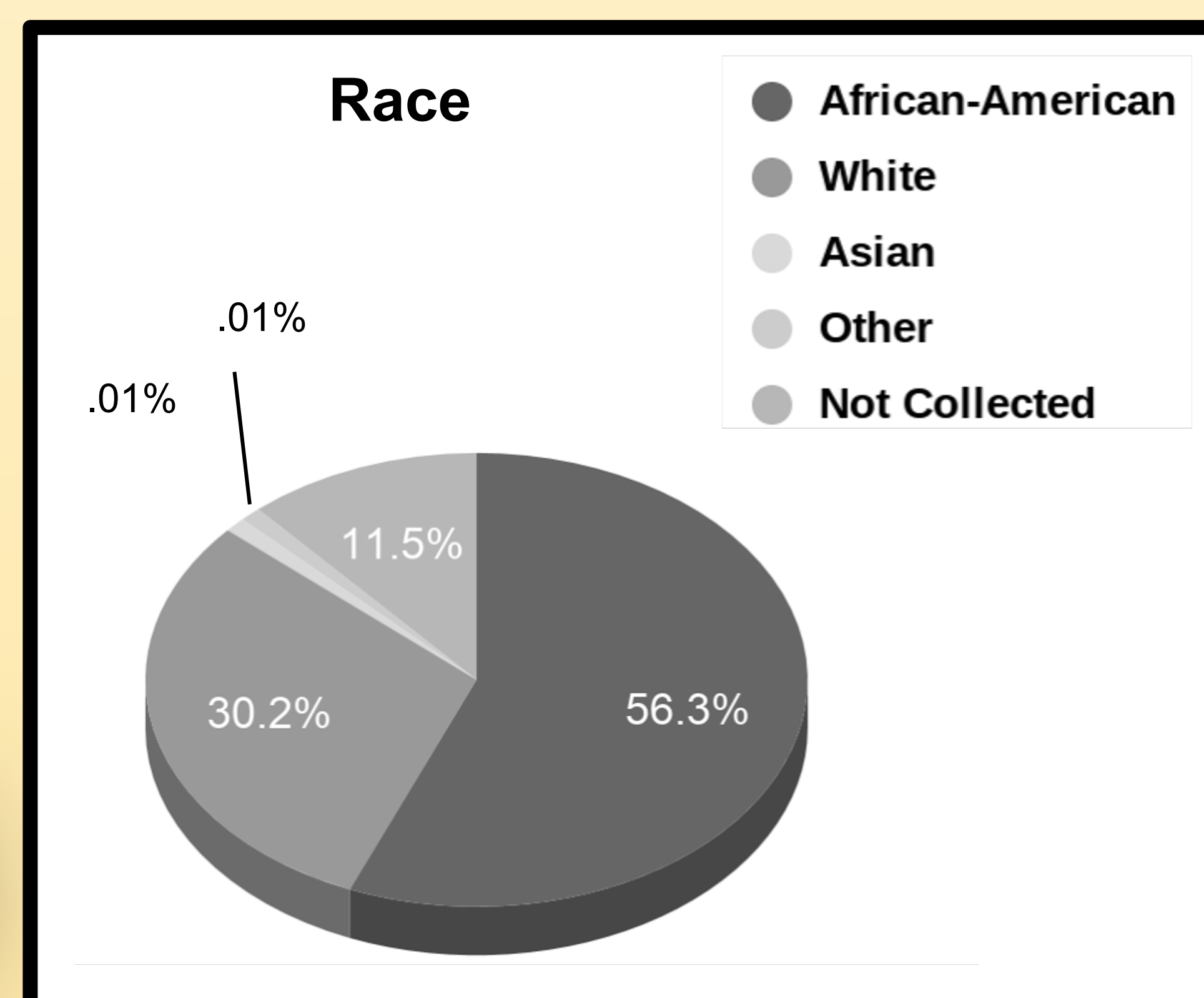
## Methodology

- Data from **three safety-net clinics** in the Richmond area
- Sample: **96 adult patients**
- **Measures:**



## Results

- Results indicate that both **anxious and depressive symptoms** were reported by a significant portion of patients as both symptoms were among their top three concerns.
  - At least moderate **anxious symptoms (33%)**
  - At least moderate **depressive symptoms (78%)**



## Discussion

**Four most common concerns:** (1) stress, (2) anxiety, (3) depression, and (4) sleep

When assessed, **depression and anxiety** were often reported above the clinical threshold.

**Next steps for future safety-net IPC studies:**

- increasing sample size
- tracking longitudinal trends

**Potential impacts of safety-net IPC research:**

- increasing access to behavioral health
- identifying common behavioral health concerns in primary care
- meeting unmet patient needs