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Student Affairs cuts off funds for student organization.

Commonwealth TIMES

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Field hockey and soccer ring up Saturday night blowouts.

MONDAY, October 18, 1993

The Student Press of Virginia Commonwealth University

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Berkeley scholar defines liberal education mission

Traditionalists front defenders of political transformation

Jenifer Vancil
CT STAFF WRITER

Political correctness has caused a division among faculty, especially in humanities departments, said John R. Searle, a philosophy professor at the University of California, Berkeley who addressed the issue of political correctness on college campuses in a lecture at VCU on Thursday.

At issue, said Searle, is what a liberal education should be and what should be taught.

On one hand are the traditionalists, who support the teaching of the great works of Western civilization, and on the other are what Searle calls the "challengers," those who believe that liberal education should stress cultural, gender and ethnic identity.

Searle stressed that while it may seem easy to open up the curriculum to include the works of different cultures and ethnic groups, many challengers believe the purpose of a liberal education is "political transformation." So, simply including different cultures would not be enough.

He said the work of different cultures should not be included only because they belong to a different culture, but because they are of "high quality and historical importance."

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Directors named for academic, medical centers

Greg Weatherford
CT STAFF WRITER

After months of speculation and discussion, VCU's administrators named nine directors to head the interdisciplinary centers that will be based on the medical and the academic campuses.

The directors, who will be largely autonomous, will report to one of three vice presidents — Dr. John E. Jones, Grace Harris and William L. Dewey.

"I would never presume to try and run the centers," said Jones, vice president for health sciences and the administrator to whom six of the directors will report. "We need good leadership at those levels, and with their colleagues and advisers they do good work."

Dr. John D. Ward will direct MCV's neuroscience center; Dr. Andrew Wechsler and Dr. George W. Vetrovec will co-direct the heart center; Dr. I. David Goldman will continue to head the Massey Cancer Center; Dr. H. M. Lee will direct the transplant center; and Dr. Robert B. Williams will direct the not-yet-named primary care center.

Elske v.P. Smith continues as the interim director of the environmental studies center; Robert L. Balster will head the drug and alcohol studies center; and Dr. Lisa A. Kaplowitz will direct the HIV/AIDS Center.

A director for the Public Policy Center

CENTERS continued to page 2 >



TUNE IN — Ace Allmone, Charlie Hudson and Justin Bradfield (from left to right) try to play up business at Crossroads Music Store on Harrison Street.

Carla J. Schmitt/ Commonwealth Times

Commission shapes university's future

Programs reviewed for enhancement or diminution

Sandy Westmoreland
CT STAFF WRITER

Direction No. 4: Promote targeted areas of excellence among VCU's educational programs, including the re-allocation of resources where appropriate.

The Commission on the Future of Virginia Commonwealth University wants certain scholastic branches cut from VCU's tree of knowledge. Other branches will be enhanced to flower, and some of the remaining branches will be trimmed or grafted to other schools.

Math 001 and English 001, both remedial and non-credit courses, will be cut "at the earliest possible time" if all goes according to "A Strategic Plan for the Future of VCU."

Other recommended cuts are the:
1. B.S. in Rehabilitation Services
2. M.S. in Recreation, Parks and Tourism

3. M.S.W. offered by the School of Social Work in Southwest Virginia

4. Two Ph.D. tracks in the School of Business — Administrative Systems Management and the Human Resources Management and Industrial Relations.

David Hiley, dean of the College of Humanities and Sciences, said all programs have been initially categorized for either enhancement, continuation, more review or diminution.

"Diminution" is defined in the plan as down-sizing a program, redirecting or reorganizing it, combining it with another program or eliminating it as a distinct program.

Hiley said, "All programs will be reviewed under the implementation plan before any final decisions are made."

The M.S. degrees in Medical Technology and Patient Counseling will be transferred under the plan to Medical College of Virginia Hospitals.

And the associate degree in Radiation

Science might become a certificate program at MCV or relegated to the community colleges.

The strategic plan recognized an overgrowth of "considerable duplication and overlap of course content taught by a number of units" at VCU, including: information systems and computer science; statistics; research methods; operations research; mathematics and decision science; counseling and mental health; administration and management; public policy; drug and alcohol abuse; economics; public health; and chemistry.

The commission proposed "a significant reduction in the number of such courses" and a provost's plan of action by July 1, 1994.

Some branches of knowledge will be strengthened by resources gleaned from cut programs and course duplication.

Programs categorized for enhancement will be given additional money and/or publicity, encouraging their full heady blooms.

Enhanced undergraduate programs:

1. A new Engineering program

2. Gerontology
3. Physical Therapy
4. Dance and Choreography
5. School of Business programs
6. History
7. Political Science
8. Afro-American Studies

Enhanced graduate programs:

1. M.S. and Ph.D. programs in Health Administration, School of Allied Health Professions
2. Biomedical Engineering and M.S. in Genetic Counseling, School of Basic Health Sciences
3. M.F.A. in Creative Writing
4. M.S. in Nurse Practitioner, School of Nursing
5. M.S.W., School of Social Work
6. Pharmacy doctorate, School of Pharmacy
7. M.D. and Ph.D. programs, Health Sciences

Some programs will be studied in depth

COMMISSION continued to page 4 >



CRIME SHORTS

For emergencies, contact VCU Police at 367-1234 or use ERTS phones.

compiled by Scott Bass
CT STAFF WRITER

Former officer sentenced to community service

Scott Bass
CT STAFF WRITER

Judge D. Eugene Cheeks sentenced former VCU police officer Clyde Evans in Richmond General District Court on Oct. 15 to 100 hours of community service for obstruction of justice.

Evans, 26, of 8700 Eversham Drive, was charged with obstruction of justice and falsifying a report on Sept. 16.

The former officer allegedly gave a female motorist a ticket for DUI on April 18 and then later attempted to get the ticket revoked after he reportedly started seeing the motorist socially. He was terminated from the VCU Police Department shortly after the incident.

Evans plead guilty on the obstruction of justice charge and received a deferred judgement by Judge Cheeks. If Evans completes the 100 hours of community service within six months, the conviction will be dropped.

Evans plead nol-prossed to the second charge of falsifying a report, and the charge was dropped due to lack of evidence.

CENTER

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remains unnamed.

All the centers will reach across the boundaries of academic disciplines to create research, study and community outreach programs, said Grace Harris, provost and vice president for academic affairs, and each will develop a statement of its goals and objectives and define its mission.

A center's success or failure will be measured mainly by how well it meets those goals.

Some centers could focus on teaching, Harris said, perhaps by creating Ph.D. programs. The medical centers could emphasize clinical roles, others community and student training programs, research or public policy.

"Each center will probably not do all of these things," she said, "but every center ought to decide which of these things (it) will."

An intricate web of committees to advise the directors and help run the centers is taking shape.

"The center directors will begin pulling together names (for the advisory committees) Nov. 1 with President Trani," Harris said.

Each center will have an advisory committee of faculty, state agency workers and members of the Richmond community.

These committees will meet once or twice a month and make recommendations to the directors, Harris said.

Boards of nationally and internationally known experts who meet yearly also will advise the directors.

Jones called the external boards "other minds from other places. They will be professionals, and in (the medical centers') case, scientists."

Since the directors are in the process of nominating board members, Jones said he anticipates having responses by early next year or earlier.

"It's too early" to name any potential nominees, he said.

Harris cautioned that some of the centers may take longer to start up than others, and that some may not discover their niches quickly.

"All of it won't come at once," she said.

• Grand Larceny

10/7/93

A female MCV employee reported a Sharp VCR stolen from Room 530 on the 5th floor in MCV's West Hospital between 4 p.m. on 9/28 and 9 a.m. on 10/7.

Total Value: \$274

• Arrest

10/10/93

Alfreda Dixon, a visitor to MCV, was arrested for DUI at 4:23 a.m. after wrecking the vehicle she was driving into the west side of the Massey Cancer Center's outdoor patio.

10/11/93

• Missing Clothes

A female VCU student reported her clothes stolen by an unknown party from GRC 2's laundry room between noon on 10/6 and noon on 10/11.

10/11/93

• Grand Larceny

A female VCU employee reported stolen a PC monitor, keyboard, laser printer, and dish model calculator from Room 4083 in Oliver Hall between 7:30 p.m. on 10/8 and 7:30 a.m. on 10/11.

Total Value: \$3,059

10/12/93

• Indecent Exposure

A female VCU student reported an unknown black male exposed himself to her at the corner of Linden Street and Grove Avenue at 1 p.m.

10/13/93

• Sexual Assault

A female visitor to MCV reported an unknown male sexually assaulted her between 8:45 a.m. and 10 a.m. on the 3rd floor of MCV's Main Hospital.

10/14/93

• Arrest

John Usry, a VCU student, was arrested at 6:06 p.m. for assaulting a police officer, resisting arrest and using profane language at VCU's Music Center.

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Who's eligible: All interested students, faculty and staff (any major) at VCU.

• Deadline for submitting design: Oct. 29, 1993.

(Design artist will agree to relinquish all copyrights to VCU School of Mass Communications upon receipt of award.)

• Where to submit entry:

School of Mass Communications
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<small>Mon.-Thurs. 10am-9:30pm Fri. & Sat. 10am-9pm Sun. 12pm-6pm</small>			<small>Mon.-Fri. 9:30am-6pm</small>

MCV cites need for more rural family doctors

T. S. Elliott

CT STAFF WRITER

More than 55 counties in Virginia need primary-care physicians, said Cynthia M. Heldberg, director of admissions at the School of Medicine MCV/VCU.

Heldberg explained MCV's goal of increasing the number of graduates in the primary-care (general family medicine) field during the next seven to 10 years.

"Twenty-three percent of MCV graduates are in primary-care. We're headed for 50 percent in the long range," she said.

Applicants' answers to certain questions such as, "What would your other choice be if you never got into medical school?", Heldberg said, can help the admissions department determine if the prospective student would benefit the primary-care program.

Paul J. Munson, professor of family practice at MCV, sees third-year MCV student Johnathan Marston as one of those students, describing him as caring and sincere.

"My idea of a doctor is a family doctor," said Marston. "I went to the same doctor for my first earache and for my college physical. I'll be providing a service to the community."

Factors determine field

Three external factors face students when they choose an area of medicine, said Heldberg.

The first factor is the amount of pay involved in the chosen field. Second, the respect that the position warrants from the medical community and society is a factor.

"What are people going to think is a good thing for me to do?", Heldberg said is a

question facing students.

Third, the intellectual challenge posed by the chosen field also is important.

Personal experiences relevant

Internal factors such as where the student grew up and what his personal experiences with health care have been affect choice as well.

Students from small towns, for instance, may have a very different view of medical treatment than those from large cities, said Heldberg.

"The admissions department's responsibility is to assess actual interest and how that interest will change over the next few years," she said.

With 5,000 applications and only 168 available spots for the 1994 medical school year, Heldberg said applicants must ask themselves a question.

Must look attractive

"What can I do to make myself look more attractive [to admissions]?"

Primary-care is increasingly the answer.

"Approximately 500 primary-care physicians are needed in Virginia and half of those are needed in rural areas," said Munson. He explained a rural area (population less than 10,000) may apply for a government grant to be considered medically underserved. Once this has been established a physician is recruited to the area.

Salaries for primary-care physicians in

rural areas are usually \$20,000-\$40,000 less than those in urban areas, Munson said.

Heldberg said the differences in salaries pose financial problems for new primary-care doctors in rural areas as medical student loans often can outweigh the salary offered.

"The debt load is so expensive," she said.

Financial support needed

Federal and state agencies and medical schools need to provide financial support through loan forgiveness programs and scholarships, said Heldberg.

There are thirteen \$10,000 scholarships available from the medical school of Virginia to those students in primary-care

medicine.

While there are no total loan forgiveness programs in Virginia, Munson said there are programs that forgive approximately \$20,000 for each year of service in a rural area.

"If I wanted to make money, I wouldn't have gone to medical school," said Marston.

Marston, a student in the family practice program from Crewe, Va., sees his future career as rewarding.

"It will be rewarding to see someone grow up and I'll know him and what's going on with him," he said. "I'll be helping friends, not just patients."

After completing his four years at MCV and a three-year residency, perhaps in Blackstone, Va., Marston plans to return to his hometown to practice medicine.

Loyal to community

Marston, who sometimes stands on his feet for 90 hours a week at local hospitals, said he wants his community to know he will be dependable and will not "pack up and leave."

Munson sees an increase in the need for family practice physicians with the expansion of President Clinton's health-care reform plan.

"Keeping people well," Munson said, through less expensive visits to family physicians will benefit the business community with lower insurance costs.

According to Munson, 25 percent of each medical class at MCV consists of general pediatrics, general internal medicine and family practice.

MCV ranks high

He explained that upon completion of four years of medical school, students must select a medical specialty. Of those schools whose students may choose family practice, MCV consistently has ranked in the top 20 since 1972.

"Sixty-six percent of MCV's resident physicians stay in Virginia and of those, 60 percent are in rural area practices," he added.

Marston said many doctors in rural areas are approaching retirement age and the need for family physicians causes great concern.

"These [rural] areas are full of older doctors with no one to replace them. Who's going to come in and take their place?" he asked.

Heldberg said with agency grants to medical schools and new legislation for health care in Virginia an increase in primary-care physicians is likely.

CORRECTNESS

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Universities, Searle said, have lost their mission and faith in teaching humanities. Professors want to discuss their research and get their students interested in that research.

"As their areas of research become specialized, many professors are now unwilling to teach the tradition," he said.

Although Searle did not directly identify which argument he sided with, he said, "It is not the aim of education to make the student feel good about himself for herself. On the contrary if anything a good education should lead to a lifelong sense of dissatisfaction. Complacency is the very opposite of intellectual life."

Philosophy professor Gene Mills said the Searle lecture was scheduled because political correctness is a "hot topic at VCU. His ideas are an important contribution to the debate. What could be more essential [to students] than the way we decide what to teach them?"

Professor Tony Ellis, also of the philosophy and religious studies department, said the number of professors that could be de-

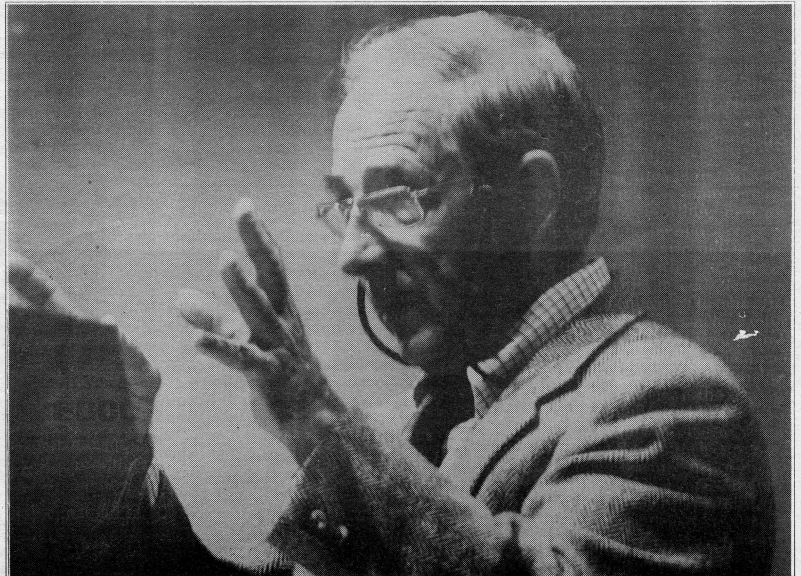
scribed as "challengers" at VCU was "significant but not substantial. The lecture was certainly more geared toward faculty because it was very much about teaching."

Peter Vallentyne, chairman of philosophy and religious studies, said the challenger's movement is less visible at VCU.

"I would think that the movement is really taking place at some of the elite universities like Harvard and Berkeley," he said. "A lot of people are in the middle."

Searle served on the Heard Commission, a 1970 presidential advisory group on student unrest as well as the American Council of Higher Education's Special Committee on Campus Tensions from 1968 to 1970. He is the author of the book "Campus Wars."

The lecture was sponsored by the VCU Department of Philosophy and religious studies, the VCU Philosophy Club and the VCU Honors Program's IDEA Exchange. Although no more lectures of this nature are scheduled, the philosophy and religious studies department will sponsor a conference on the ethics of assisted suicide on April 15. Students and faculty are welcome.



Carls J. Schmitt/Commonwealth Times

SIMPLY SPEAKING — John R. Searle, a philosophy professor at the University of California, discusses political correctness during his lecture Thursday at VCU.

Low membership halts adult student group's funds

Roy Morris
CT STAFF WRITER

The Adult Student Organization's regular source of funding, money provided by the university through the Office of Student Activities, has been cut off for the 1993-94 academic year because of its inability to recruit active members.

Now, said ASO President Kathy Rocker, the organization will spend the year recruiting active members, while identifying companies willing to sponsor fliers, circulars and newspaper ads publicizing ASO during the year.

Barely cleared hurdle

Rocker said the organization, established primarily to serve full-time students 25 years and older, barely cleared the major hurdle of putting together an executive committee — president and secretary — by the university's Sep. 30 deadline.

She said, however, that because the university's minimum requirement of a two-person executive committee was met only one day before the deadline arrived, its members were unable to attend mandatory meetings required by the Office of Student Activities before funds are released.

Focus on recruitment

"The end result is that during this year we will not be able to use any of the money (\$500) that was approved in our budget," Rocker said. "We will therefore concentrate on increasing our active members so we don't have this problem again next year."

Meanwhile, the major casualty of this cutoff of funds, Rocker explained, will be ASO's newsletter, its major student outreach arm, which is published at least three times each semester. Each edition circulates roughly 500 copies via news stands on both campuses.

She said that all 9,600-odd adult students at VCU are automatically members of the ASO, and at various times during its more than 10 years of existence younger students also joined.

Offices left vacant

The membership problem that she said almost crippled the ASO this year occurred because no new members volunteered to fill offices as old officers graduated, leaving only the president.

"I have to question seriously the viability and need for any organization if you can't find at least two members to serve and those who are trying to keep it alive must ask the same questions."

— L. Victor Collins, interim director of the Office of Student Activities

"There is a need for this organization at VCU," Rocker said, "and it seems as though people want the benefits but nobody wants to invest the time."

Two-member requirement

Interim Director of the Office of Student Activities L. Victor Collins confirmed that university rules stipulate that an organization must have at least a president and one other executive member to be registered, and questioned the viability of any group that cannot recruit two active members.

Media campaign planned

Rocker said she intends to show the viability of the ASO this year. Even though she has not finished designing the ASO's recruitment strategy, she said, she plans to use her own money and identify sponsors willing to help underwrite the cost of fliers, circulars that will be mailed to adult students and newspaper ads.

"You can look for ads in the Commonwealth Times and fliers on notice boards all over the university," she said. These, Rocker explained, should increase recognition for ASO, while telling students of its purpose.

She also plans greater contact with the Office of Academic Advising, which administers the Non-Traditional Studies Program, because of its direct links with a large number of adult students.

Dormant during 1980s

Mary Adams, president of the ASO during the 1992-93 academic year, and whose graduation left the organization lacking the vital second member, explained that when it was founded in the early 1980s its mission was to:

- Develop and coordinate services and activities for the benefit of adult students;
- Promote understanding and cooperation among adult students, the general student body, faculty, administration and other staff;
- Facilitate the integration of adult students into the VCU community; and

- Ensure the rights of adult students and to act on their behalf when needed.

This, she added, was undertaken through mass-mailing campaigns and workshops for two academic years. The organization then fell dormant for the remainder of the 1980s.

Revitalized in 1990

In 1990 as the number of students at VCU aged 25 years and above reached 45 percent of the student body, Adams added, adult student Jim Davis started a campaign to revitalize the ASO. One of its principal aims then was to ensure the representation of adult students.

Among the early issues it sought to address, she added, were: the establishment of day-care facilities for the children of adult students; housing for couples; an adult students' lounge; career planning and work-study programs tailored to adult students; and medical programs for adult students.

Most goals unaccomplished

"The only one we achieved was the setting up of a lounge for adult students in the lobby area of the Commons Theater," Adams said. "The university did a study and told us on July 31, 1991, that setting up a day-care center for adult students was desirable, but too expensive."

She said the organization helps new students who feel out of place when they enter VCU from two-year colleges, mainly through its link with the Office of Academic Advising. Adult students familiar with the university, Adams added, are identified to help new entrants conquer their initial fears, especially of using the services in the library.

Complaints indicate need

The problem for the ASO, she added, is that once these students become comfortable "they feel they no longer need us."

But Jim Davis, now a graduate student at the university, a status which precludes him holding office in the ASO, said that based on the number of complaints he

hears from adult students, there is still a great need for the organization.

"There is no entertainment geared directly toward adult students," he said, suggesting as an example that movies shown in the Commons Theater don't meet the tastes of adult students.

Davis said now that the university finally set up a day-care center on the academic campus some students complain that its rates are too expensive — \$45 to \$75 per child. He added that a portion of money paid by adult students as activity fees could be used to subsidize the center.

"Tell me again there is no need for this organization (to represent adult students)," Davis added.

Students' schedules considered

Rocker explained that two years ago the organization recognized the need to change its method of operation to respond to the limited time available to adult students.

They organized fewer meetings aimed at attracting large numbers and instead concentrated on mailing circulars, producing the newsletter and generally being available to respond to calls for assistance from students.

Budget, services reduced

A reduced budget of \$900 last year forced the organization to almost eliminate its mailing services and switch to the newsletter as its principal means of keeping adult students informed.

But why has Rocker, a 47-year-old mother and full-time student, continued to struggle with any organization in which few others appear interested?

'Able to help'

"Yes I do get frustrated and often I feel like quitting, but then I run into a student who really needs information and encouragement and I am able to help," Rocker added. "It is offering that kind of help that keeps me holding on."

Collins said that the Adult Students Organization is not the only one experiencing recruiting difficulties. He said this problem prompted the university three years ago to drop its requirement from five active members to only two.

Students interested in involvement with the ASO can register at the information desk in the University Student Commons.

COMMISSION

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by their schools/colleges before being categorized for enhancement or diminution:

1. Occupational Therapy, School of Allied Health
2. School of Education
3. Foreign Languages, College of Humanities and Sciences
4. School of Mass Communications

Hiley cited an example of programs needing further review.

"The School of Mass Communications will be having an on-site accrediting review in March," he said.

"Mass Communications has been working since last spring under its own direction.

"In a few weeks a small group of us will look at its programs, their structure and organization, and then we will report our findings to the provost," Hiley said.

According to the plan, few programs at VCU will be left alone except for the following:

1. Painting, Printmaking and Sculpture, School of the Arts
2. Human Genetics, Microbiology, Immunology, Pharmacology, Toxicology, School of Basic Health Sciences
3. Urban Studies and Planning, School of Community and Public Affairs
4. D.D.S program, School of Dentistry
5. Psychology, College of Humanities and Sciences
6. M.D. program, School of Medicine
7. Undergraduate R.N. weekend program, School of Nursing
8. B.S. and Ph.D. programs, School of Pharmacy

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Gage Harter

Hey, Are You Packing Any Chicken?

I had a pass-fail quiz the other day. "Please define the word argot and give an example," the professor said. O.K., argot is the language of a particular group or class, especially of the underworld.

Argot could be used for criminals or politicians. For example, "get the loot" or "pay him off." But for me, argot is the language I use to tell another person, "Hey, we are brothers."

I have a small circle of friends. They are great guys. You should hear us talk. "Yo, are you packing any chicken?"

"Man, if you're trying to borrow any chicken from me, you'll have to stroke a little more."

"Man you're lunchin', come on, be a little more man-style on this one."

"Alright, go back into the kitchen and bust some suds, then I'll see what I can do."

Now most of the time, we don't talk like that. But occasionally when bonding takes place, we like to give the Reynolds rap.

Around the Commonwealth Times, we have our own little argot.

"Hey, the legion was not lined up with the stand-alone box, and the raw-wrap headline is dangling a preposition and is four picas too big."

Or when CT staffers leave the office at night, cries of "later homey" echo like the Waltons saying good night.

Other places, such as the basketball court, argot is defined as intimidation.

"You come strong or you don't come at

all." "I'm going to dunk in your face." But occasionally outdated jargon filters through and puts shame to argot. "I'm going to pie you man." "Hey, how's it hanging." "10-4 good buddy." "Gag me with a spoon." "Ooooh, burned." "Monkey see, monkey do, monkey poop all over you." "Your mama." "You and what army?"

If you dare to use argot, treat it like fashion. Sometimes orange is not the season's preferred color. Just like "psych" has lost its place in trendy, cutting-edge argot.

Yes, argot plays a significant role in our lives. I try to be well versed in argot because I like to use it when I meet new people — just to make them feel comfortable.

Of course, it's difficult to say, "Yo, what's up homeslices," to your girlfriend's parents. But then again they might reply, "Everything is just groovy, man."

So as you can see, I encourage argot. It is free-spirited and when used tactfully, what you mean can be disguised.

"Yo, she was bad." "Yo, she's the bomb from 'nam." "Yo, she's dope."

Those phrases seem to have negative connotations but in the world of argot, bad is good and your mama wears army boots.

"Language is like a cracked kettle on which we beat out tunes for bears to dance to, while all the time we long to move the stars to pity."

—Gustave Flaubert

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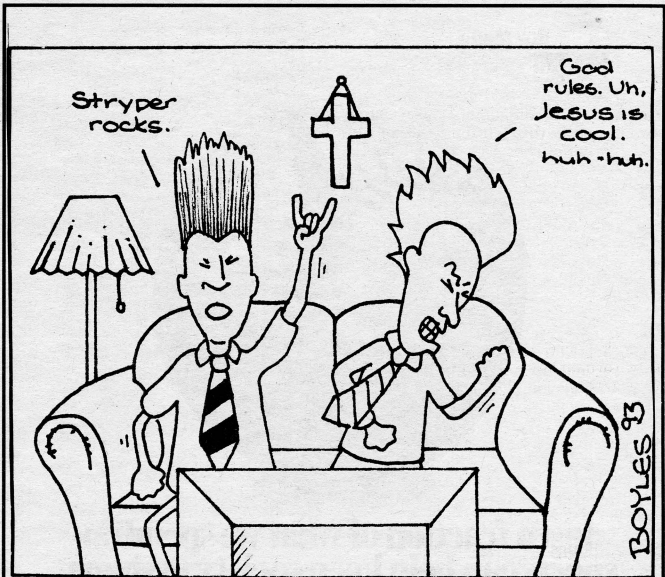
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Boiling Point

Beavis and the Butt-Heads

Christian Boyles
CT EDITORIAL EDITOR

Wile E. Coyote is my hero. For years, I've been hoping he'd nail that damn bird and silence his cocky "beep, beeping."

And while I've followed Wile E.'s escapades since childhood, I have never felt the urge to play with dynamite, arsenic, or try my hand at dropping pianos on unsuspecting victims.

I would, however, like to plant some pianos on parents who believe these cartoons incite violence.

If a child has access to TNT or a gun, maybe the problem is not the programming but the parenting.

Recently, a 5-year-old torched his family's mobile home, killing his 2-year-old sister. His mother blamed MTV's "Beavis and Butt-Head" for the blaze.

Last time I checked, TV characters don't exist and, therefore, cannot burn down houses.

Jessica Rabbit, the animated sextop from *Who Framed Roger Rabbit?*, offered no apologies for her actions by stating, "I'm not bad, I'm just drawn that way."

Beavis and Butt-Head, if they're able to utter that many syllables, should say the same.

Cartoons don't teach violence. Wife beaters, thugs and child abusers teach

violence. If a kid grows up in one of these households, it's not going to be an episode of "Duck Tales" that sends him over the edge.

How can parents expect a TV to raise a child? Isn't that their job? How did a 5-year-old kid figure out what channel "Beavis and Butt-Head" was on and, more importantly, how did he get hold of a matchbook and a cigarette lighter?

I'm sick of these conservative Pat Robertson wanna-be parents telling me what I can or can't watch. The other day I was flipping channels and came across — you guessed — a Bugs Bunny cartoon.

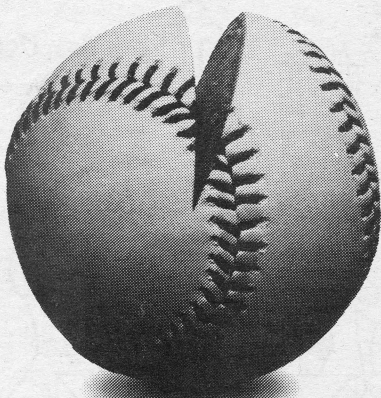
However, it wasn't how I remembered it.

In one frame, Elmer Fudd cocked and aimed his gun. In the next frame Daffy Duck's head was smoking with his beak on backwards. Thanks to the magic fingers of censors, the gun was never fired.

Take away the fire and what else is there to "Beavis and Butt-Head"?

While I don't really care for the show, the decision to censor it or pull it off the air is not a choice I can make. There's a little document called the Bill of Rights. Look it up.

A message to parents who want their children to be normal: pop the "Barney" tape out of the VCR and talk to your kids for a change instead of letting the TV do it for you.



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The Greater Richmond Area Graduate and Professional School Day

Approximately 100 graduate programs will be represented at a graduate school fair sponsored by Virginia Commonwealth University, University of Richmond, Virginia State University, Virginia Union University and Randolph-Macon College.

Speak with graduate school representatives, pick up program material, and discuss plans with academic advisers and financial aid representatives.

A list of graduate programs sending representatives is available at University Career Center, VCU Commons, First Floor.

WHEN:
Tuesday, Oct. 26, 1993 • 11 a.m. - 3:30 p.m.

WHERE:
Virginia Commonwealth University, Commons, Ballrooms



Calendar

Monday, Oct. 18

Alcohol Awareness Week Kickoff at 11 a.m. in the Commons Plaza. Sponsored by Student Activities and the Alcohol Awareness Week Committee.

Plan ahead! Tickets go on sale at 10 a.m. for the **Nirvana** show with **Breeders** and **Half Japanese** at 7 p.m., Sunday, Nov. 7 at William and Mary Hall. Tickets cost \$17.50 in advance, plus a service charge, and are available at all Ticketmaster locations. Call 221-3340 for more information.

Hear poetry by **Robert Dana** at 8 p.m. in the Commons Commonwealth Ballroom A. Sponsored by the English department.

Dick Dale at the Floodzone. Advance tickets \$7.

The **Richmond Symphony** presents "Masterworks" with conductor Thomas Wilkins, pianist Bella Davidovich and narrator Ric Young. Call 782-3900 to reserve tickets.

The **Council of the Virginia Museum of Fine Arts**, a volunteer organization, and the **Virginia Museum of Fine Arts** will present **floral interpretations** of about 50 works of art from the museum's permanent collection. Call 367-0852 for more information.

Cable's A&E Network presents "Men in Crisis — Wets vs. Drys — Prohibition: The Noble Experiment" at 8 p.m. The documentary chronicles the time in which prohibition gave rise to an illegal alcohol business whose earnings from 1919 to 1932 grossed more than the profits of the entire steel industry.

Tuesday, Oct. 19

Brother Cane at the Floodzone. Advance tickets \$7.

Walt Disney's World on Ice presents "Beauty and the Beast" at 7:30 p.m. at the Coliseum. Reserve seat tickets at \$9.50, \$11.50 and \$13.50; they are on sale now at the Coliseum box office and all Ticketmaster locations. The show will run through Sunday. Call 780-4970 for more information.

Art in the Afternoons/ArtTalk presents "Catlin and the Vanishing Native American" at 2 p.m. in the auditorium at the Virginia Museum of Fine Arts. The talk is free. For more information call 367-0852.

Living Daylights will play at Moondance.

Wednesday, Oct. 20

Dave Matthews at the Floodzone. Tickets cost \$6 at the door.

Janet Martin will play Moondance.

William Styron, a Virginia native and American novelist, will read at 8 p.m. in the business building auditorium. His works include "Confessions of Nat Turner" and "Sophie's Choice." Sponsored by the English department.

Mike Edwards and The Band will be at Mulligan's.

Thursday, Oct. 21

Eddie From Ohio at the Flood Zone. Tickets cost \$5 at the door.

Mick and the Moondogs will play the Moondance.

Retired Navy Captain William A. Golden presents "The Navy's Transition from Propeller Planes to Jets" at 7 p.m. at the Virginia Aviation Museum. The lecture is free. Call 371-0371 for more information.

WVGO's Blues Night will feature **Mitch Edwards** and his **Rocket 88's** at Mulligan's.

Friday, Oct. 22

APB Film Committee presents "Body of Evidence" at 7 p.m. and "Guilty as Sin" at 9 p.m. in the Commons Theater. Free to VCU students, \$3 for all others.

All National Band will play the Moondance.

Rally Gray and Sunfire at the Floodzone. Tickets are \$5 at the door.

Cathy Paine and Mixed Media present new and recent choreography at 8 p.m. in the concert hall of VCU's Performing Arts Center. Two Richmond premieres and "To Keep," a solo performed by Paine in the 1993 AIDS benefit concert at James Madison University. Tickets are \$8 for general admission, \$6 for students and seniors. Call 226-0113 for reservations and information.

Cable's A&E Network presents **Investigative Reports: "The Beirut Bombing"** at 9 p.m. The show will investigate the bombing of the Marine barracks in Beirut that killed 242 U.S. military personnel on Oct. 23, 1983.

Bobcats and Caught in the Act will play at the Buckingham Tavern.

Learn to juggle with the juggling team! Beginners and advanced jugglers welcome every Friday from 4 p.m. to 6:30 p.m. in Monroe Park. Call Scott Ertl at 358-7508 for more information.

Saturday, Oct. 23

APB Film Committee presents "Guilty as Sin" at 7 p.m. and "Body of Evidence" at 9 p.m. in the Commons Theater. Free to VCU students, \$3 for all others.

Bluebeats will play at Moondance.

"Bach to Bluegrass" benefit performances on guitar by John Patykula, John Bullard and Steve Bennett at 8 p.m. in the VCU Performing Arts Center. Tickets are \$5. Sponsored by the music department.

Compete with your friends to **build towers using everyday items** such as toothpicks, newspapers and straws at the Science Museum of Virginia. Call 367-1013 for more information.

The **Old Dominion Packard Club** will show over 30 Packards built between 1912 and 1956 at the Virginia Aviation Museum from 9:30 a.m. to 1:30 p.m. The show is free. Call 371-0371 for more information.

Forth annual **Shockoe Bottom Pumpkin Festival**

at the 17th Street Farmer's Market. Bands include **Ban Caribe**, **Drummie Zeb** (formerly of AAE) and **Soul Hat**.

Spike the Dog will play at TJ's in the Jefferson Sheraton Hotel at Franklin and Adams streets.

Sunday, Oct. 24

APB Alternative Films Committee presents "Stalker" at 6 p.m. and "Legends" at 8 p.m. in the business building auditorium. Free to VCU students, \$2 all others.

Project Iroko at the Floodzone. Advance tickets cost \$10.

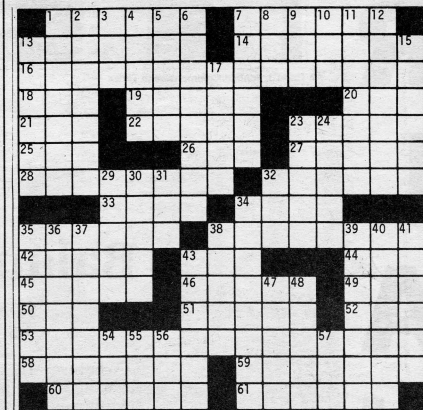
VCU's School of the Arts graduate students will exhibit their work as part of the "Inn" Art Series from noon to 6 p.m. at Linden Row Inn, First and West Franklin streets. The works include sculpture, photography, crafts and music. Proceeds will benefit the Children's Miracle Network, Stop Child Abuse Now, The Richmond Children's Museum and The VCU School of the Arts Scholarship Fund. Admission is \$5 for adults, \$2 for students and free for children 12 and younger. For more information, call Judy Birch at 355-7514.

Country star **Tanya Tucker** will perform at 7:30 p.m. at the Mosque. Reserve seat tickets at \$18.50; they are on sale now at the Mosque box office and all TicketMaster locations. Call 780-8226 for more information.

Thanks to WVGO's Meg Vrulatur for concert info!

COLLEGIATE

CROSSWORD



© Edward Julius Collegiate CW8712

ACROSS

- 1 "The Dark at the Top of the —"
- 7 Like blood fluid
- 13 — fever
- 14 Like a rosebush
- 15 Rubberneck (2 wds.)
- 18 Sports-minded (abbr.)
- 19 Water
- 20 Dutch commune
- 21 Map abbreviation
- 22 See — eye
- 25 Tavern brew
- 26 Writer Anais —
- 27 Records
- 28 European capital
- 32 Dessert item
- 33 Rogers and Clark
- 34 Dark red
- 35 Conive
- 38 Hockey seating area
- 42 "Poppycock!"
- 43 Suffix for child
- 44 Opposite of child
- 45 Platoons
- 46 School, in Paris
- 49 Prefix: height
- 50 Baseball positions (abbr.)
- 51 Horse used in racing
- 52 You: Ger.
- 53 Stage-door crowd (2 wds.)
- 58 Record players
- 59 Young girls
- 60 Wandering
- 61 Puts up

DOWN

- 1 Run swiftly
- 2 Native of North Carolina
- 3 Onassis, for short
- 4 Two of three little words
- 5 Iterate
- 6 Periodic payments
- 7 Author of "Confessions of Nat Turner"
- 8 Inquisitive interjections
- 9 Deer
- 10 Pay dirt
- 11 Slovenly
- 12 More shabby
- 13 Ancient Egyptian symbol
- 15 Stylish
- 17 Late comic fields
- 23 Blow one's —
- 24 Comforts
- 29 Account
- 30 Actress Schneider, et al.
- 31 Sailor's ascent
- 32 Play upon words
- 34 Card game
- 35 NFL coach Don, and family
- 36 Disprove
- 37 Lifting machine
- 38 Summarize
- 39 Peaved (3 wds.)
- 40 Acts as judge
- 41 Exit
- 43 Meal
- 47 Hungarian composer
- 48 Uneven
- 54 Hockey legend
- 55 Suffix: land area
- 56 Cey of baseball
- 57 L.A. campus



HOT PICK — THREE WORDS: PEARL JAM - "GO"

from WVCW, the No. 1 College Music Station

See solution to crossword page 14



A DAY OF A

Breakfast:
 1 wheat and honey b...
 2 tbs. natural peanu...
 8 oz. fat-free yogurt
 1 cup orange juice

Lunch:
 1 whole-wheat pita p...
 2 tbs. Italian salad d...
 One-fourth cup cottag...
 1 cup trail mix (apri...
 flower seeds)
 1 cup skim milk

Afternoon Snack:
 Strawberry-banana

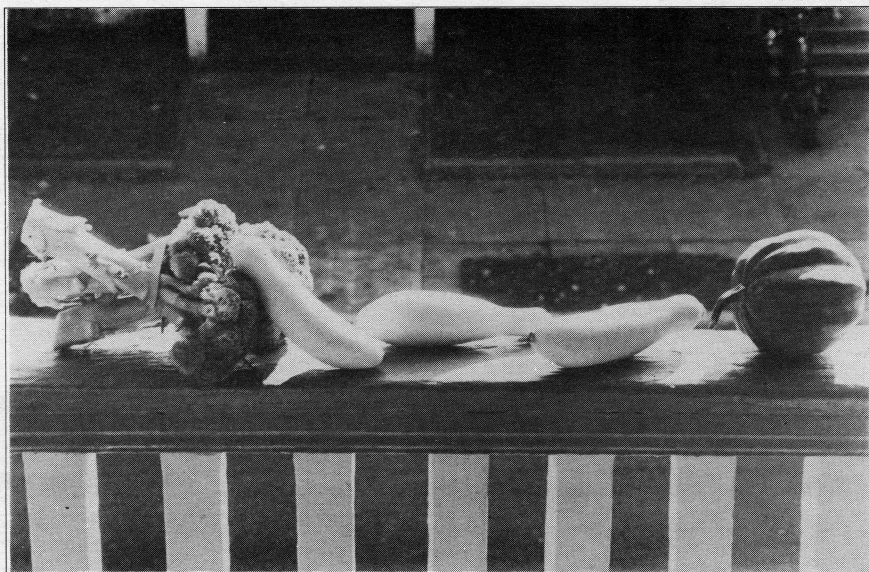
Dinner:
 2 cups tabouie (bulg...
 scallions)
 4 pieces melba toast
 1 vegetable and chee...
 1 and one-fourth cup

Evening Snack:
 1 and one-third cups

**V
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VEGANISM

*More than a diet –
a way of life*



Carla J. Schmitt/Commonwealth Times

Single most important reason for becoming a vegetarian:

- Health reasons — 46%**
- Not Sure/Other — 18%**
- Animal Welfare — 15%**
- Influence of family and friends — 12%**
- Ethical reasons — 5%**
- Environment — 4%**

source: Vegetarian Times

Balanced diet crucial to vegan's health

Sara Kukorlo
 CT STAFF WRITER

Whatever the reason for practicing veganism, be it health-consciousness or environmental awareness, the nutritional aspects of a well-balanced diet should be kept in mind.

Due to the fact that veganism is much more prevalent today than it was in the past, research is relatively new. Dieticians have found that although there are some health risks resulting from veganism, the good outweighs the bad. Some benefits of following a strict vegan diet are the reduced risks of obesity and certain diseases such as certain cancers (especially colon cancer), adult-onset diabetes, hypertension and heart disease. The vegan lifestyle can be a perfectly healthy one and can actually provide more nutritional energy than a diet that includes meat and dairy products. This is possible only if a person knows how to balance his/her diet properly.

Four important nutrients to remember while following a vegan

Four out of ten self-described vegetarians dine on meat, fish or fowl at least weekly

diet are protein, calcium, vitamin B12 and iron. These are essential in maintaining a proper diet and therefore ensuring good health.

A good amount of protein can be found in a variety of foods, mainly plants, contrary to the popular belief that protein comes only from meat. Grains, beans, and nuts are all concentrated sources of protein, and surprisingly peanuts and lentils contain more protein per ounce than hamburger or pork. Legumes, whole grains, rice, beans, and nuts should make up a large part of the diet of a vegan.

Since meat is a very good source of vitamin B12, someone not eating meat is at a definite risk of a serious deficiency. This vitamin can be found in green vegetables, as well as fortified soy milk and fortified cereals. Vitamin B12 supplements are available and should be taken, although it is more beneficial to get the vitamins needed through the consumption of foods.

Calcium is very important in proper bone growth. Since vegans do not include dairy products in their diets, they are most at risk for developing osteoporosis, especially young women. Vegans must be very careful and have a variety of other sources of calcium. Whole grain cereals and vegetables are good providers of calcium. An-

other good source of it is fortified soybean milk. New literature has shown that vegans can do well with just the use of this milk in their diets.

A big health threat to a vegan is anemia of the blood. Iron is essential in preventing this, and the vegan diet tends to cause a great deficiency in this area. Women, due to the loss of blood during a menstrual cycle, must be especially cautious in keeping the body's iron supply high. Iron-fortified cereals and grains are a good option, as well as iron supplement pills. A good idea also is to include extra vitamin C in the diet to allow for better iron absorption.

A well-rounded diet is the key to a truly healthy meatless and dairyless diet. Be sure to eat a variety of foods rich in vitamins and minerals, and do not get stuck in a routine of eating the same thing all the time.

sources: Peggy Morgan, registered dietician, Metropolitan Hospital; X Siege X productions

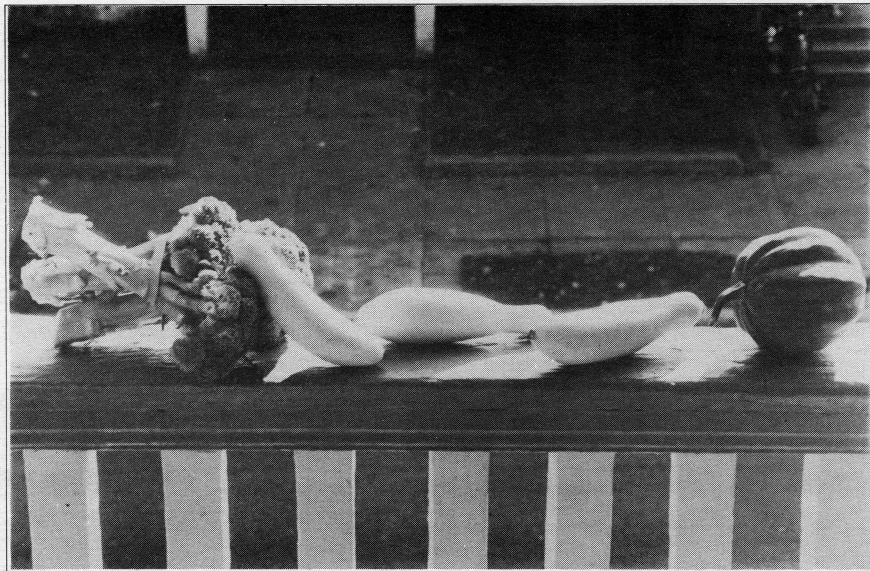
Beans, peas, lentils, cereals, green leafy vegetables or nuts have 3.3 mg. of iron each. A cup of fortified bran flakes 12.4 mg.

Nutrition
 Vitamin
 Calcium
 Iron
 Zinc

VEGANISM

VEGETARIANISM

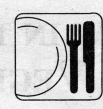
More than a diet — a way of life



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A DAY IN THE LIFE OF A VEGETARIAN

- Breakfast:**
- 1 wheat and honey bagel
 - 2 tbs. natural peanut butter
 - 8 oz. fat-free yogurt
 - 1 cup orange juice
- Lunch:**
- 1 whole-wheat pita pocket filled with salad
 - 2 tbs. Italian salad dressing
 - One-fourth cup cottage cheese
 - 1 cup trail mix (apricots, raisins, cereal, sunflower seeds)
 - 1 cup skim milk
- Afternoon Snack:**
- Strawberry-banana milkshake

- Dinner:**
- 2 cups tabouli (bulgur, broccoli, red pepper, scallions)
 - 4 pieces melba toast
 - 1 vegetable and cheese omelet
 - 1 and one-fourth cup fresh strawberries
- Evening Snack:**
- 1 and one-third cups corn chips, salsa

In 1992, 12.4 million Americans considered themselves vegetarians

Beyond vegetarianism

Tracey Walker, a Commonwealth Times staff writer, talked with two VCU freshman students: Melissa Maltese, a 19-year-old psychology major, and Jim Wilson, an 18-year-old whose major is undecided. Both have taken vegetarianism one step further to veganism.

- Q:** For the people who do not know, how would you describe veganism?
- A:** We do not consume any animal products or byproducts (meat, eggs, fish, chicken, dairy products, honey and things in food that are derived from animals). We do not wear fur, wool, silk or leather or use products that contain animals or animal byproducts.
- Q:** How long have you been a vegan?
- A:** (Melissa) One month.
(Jim) Ten and one-half months.
- Q:** Some people believe that becoming vegan is somewhat a religious choice. How do you feel about it?
- A:** Religion has nothing to do with it.
- Q:** You were vegetarian before. What made you decide to become vegan?
- A:** (Melissa) I decided that it was the next step for me after being vegetarian for a few years. Plus I became a lot more educated on the dairy industry, the treatment of the dairy cows and that supporting the dairy industry also supports the meat industry.
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- Q:** What are some misconceptions about vegans that you feel people may have?
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(Jim) That it's harder on the body. That it's unhealthy and unnatural. That we need animal products to survive.
- Q:** I have recently become vegetarian and I find it difficult to find healthy things to eat. Being vegan, is it really impossible to find healthy food?
- A:** (Melissa) At Hibbs, yes. Jim, who has turned me on to being vegan and really helped me, and I eat out a lot. You can make and buy a lot of food that is vegan and healthy. And a bunch of restaurants have vegan food. We are actually eating a lot healthier than most people. People don't realize that beans and tofu and vegetables are actually more nutritious than meat and things like that. Plus, fat from beans and nuts ... are different than fats from meats.
(Jim) Foods high in cholesterol and saturated fats lead to heart disease which is the No. 1 killer in the United States.

Teen-agers are the fastest-growing segment of the population to declare themselves vegetarian

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sources: Peggy Morgan, registered dietician, Metropolitan Hospital; X Siege X productions

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Nutrient substitutes for vegans

Nutrient	Usual sources	Vegan sources
Vitamin D	Sunshine, egg yolk, fish oil, liver, fortified milk	Sunshine, fortified soy, and cereal products
Vitamin B12	Meat, poultry, fish, eggs, milk and milk products	Fortified soy and cereal products
Calcium	Milk and milk products, canned sardines and salmon with bones, green leafy vegetables	Fortified soy milk, tofu, processed with calcium sulfate, green leafy vegetables, black-strap molasses
Iron	Liver, red meat, poultry, fish, green leafy vegetables	Enriched and whole-grain bread and cereal, wheat germ, nuts, seeds, blackstrap molasses, raisins, green leafy vegetables, tofu, miso, foods cooked in cast-iron cookware
Zinc	Shellfish, liver, red meat, dark-meat poultry, egg yolk	Nuts, legumes, miso, pumpkin, and sunflower seeds, wheat germ, whole-grain breads and cereals

source: Current Health 2



VEGETARIAN HEAVEN — Grace Place, 826 W. Grace St., celebrates 20 years of business on Nov. 12. It is the oldest vegetarian restaurant in Richmond, serving all types of meatless and vegan dishes.

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Vitamin B12	Meat, poultry, fish, eggs, milk and milk products	Fortified soy and cereal products
Calcium	Milk and milk products, canned sardines and salmon with bones, green leafy vegetables	Fortified soy milk, tofu, processed with calcium sulfate, green leafy vegetables, blackstrap molasses
Iron	Liver, red meat, poultry, fish, green leafy vegetables	Enriched and whole-grain bread and cereal, wheat germ, nuts, seeds, blackstrap molasses, raisins, green leafy vegetables, tofu, miso, foods cooked in cast-iron cookware
Zinc	Shellfish, liver, red meat, dark-meat poultry, egg yolk	Nuts, legumes, miso, pumpkin, and sunflower seeds, wheat germ, whole-grain breads and cereals

source: Current Health 2

Carla J. Schmitt/Commonwealth Times



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YOU'VE JUST MISSED THE FIRST SIGN OF BREAST CANCER IF YOU DIDN'T SEE THE SMALL DOT IN THE UPPER LEFT HAND CORNER. Because it can start that small inside your breast. That's why a yearly mammogram is a must, especially if you're over 50. Doctors agree that the older you get, the higher the risk of breast cancer. But early detection increases your chance of successful treatment. While you may have missed the first sign of breast cancer, a mammogram won't. For more information, please call the American Cancer Society at 1-800-ACS-2345.

A MAMMOGRAM. EARLY DETECTION IS THE BEST PROTECTION.



October is National Breast Cancer Awareness Month



SPEND A YEAR IN JAPAN!

The Japan Exchange and Teaching Program

If you have an excellent knowledge of English, hold a bachelor's degree (or will receive one by June 30, 1994), and are a U.S. citizen, the J.E.T. Program needs you! Opportunities are available in Japanese schools and government offices.

Applications are now available for program beginning August, 1994. For more information, please contact: The Embassy of Japan, Office of the J.E.T. Program, 2520 Massachusetts Avenue, N.W., Washington D.C. 20008, Phone (202) 939-6772 or 939-6773.

APPLICATION DEADLINE IS DECEMBER 15, 1993.

Designed by S. A. Allen

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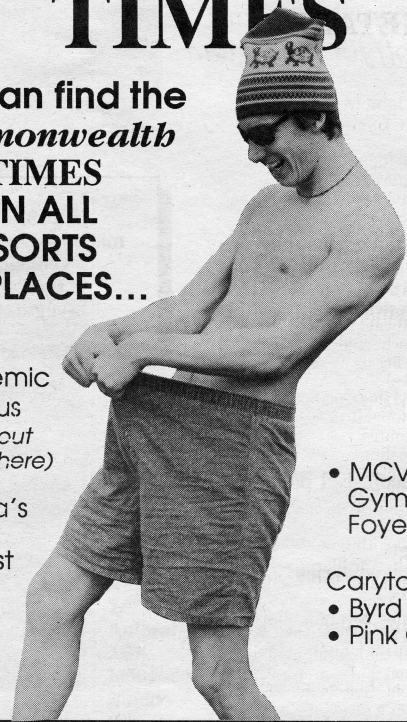
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Rams capture victory against WildCats

Future scoring leader shows off for the legend

John Medeiros
CT STAFF WRITER

The VCU Rams avenged their most disappointing loss from last season by dominating the Davidson WildCats, 5-0, at Cary Street Field Saturday night.

The Rams scored early and often against a Davidson squad that upset them, 1-0 in a game at Davidson last year.

This was a big game for VCU. The Rams have a Midwestern trip as well as a match against the always deadly Virginia Cavaliers on the schedule next week. VCU is still looking for its first win against its intrastate rival.

"We needed this emotionally after what happened Thursday (a loss to American)" coach Pat Stauffer said. "Our task today was to stick to the game plan. We had some scoring and everyone seemed to play well."

Alycia Yoder was one of the many stars for the Rams (8-6) in the match. Yoder had three first-half goals, allowing her to take the team lead with nine this season. Her first came at the 4:43 mark as she put home the rebound of a Jamie Bessett shot.

The Rams' second goal was set up by the transition game, with an offensive rush starting from a key defensive play. Jennifer Friend took the ball off of WildCat Holly Kledis' stick on a one-on-one and started across midfield. She found Yoder with a pass, and after a give-and-go with Stacey Grim, Yoder dented the twine with her second of the night.

Yoder's scoring spree ended with a marker from a penalty corner. She took a pass from Sue Hoff and finished the hat trick with seven minutes remaining to be



HIT THE BRAKES — Alycia Yoder (15) had her game in overdrive scoring three first-half goals. Yoder is currently second on VCU's all-time goal scoring and points lists.

Carla J. Schmitt/Commonwealth Times

played in the opening half. Stephanie Whitlow was credited with the second assist on the goal.

Cindy Bano had the first two-goal game of her career by posting both of the Rams second-half goals. Bano's first goal was a blast into the lower left corner of the net. WildCat goalie Emily Coleman, who probably felt more like a target, had no chance on Bano's shot. Stacey Grim picked up her second assist of the night with the centering pass that led to the goal.

Bano scored her second goal less than

ten minutes later by planting herself in front of the WildCat goal and slamming a pass from Yoder into the cage.

Between the Lines... Kelly Yoder played for the first time since the Georgetown game, where she injured her back. Kelly and Alycia were able to show off for former coach and Maryland native Celly Chamberlain. "The Yoders and Celly are from the same area, Celly coached them in a summer league," Stauffer said. "That's part of the reason Kelly played. We didn't

start her but we knew she couldn't do any further damage."... Jennifer Friend recovered from her 2:23 as a goalie Thursday night to have a strong game in her natural position as defense back... Amy Marzolino has a 0.34 goals against average and two shutouts in her last three games... VCU's offense is rolling. The Rams have outshot opponents 142-37 in their last five games, including a 44-shot game against Appalachian State (the most shots in recent memory).

Soccer rolls over Maryland-Eastern Shore, 6-0



Carla J. Schmitt/Commonwealth Times

WRESTLEMANIA? — VCU's Anthony Sherwood (13) scrambles for a loose ball in front of the Hawks' net.

Kwaku Adu-Gyamfi and Chris Barnard score twice

Gage Harter
CT EXECUTIVE EDITOR

It's been a long time since a VCU soccer team (10-3) could play with 10 players and still win by six goals. That's what happened for the first six minutes of the second half against the overmatched University of Maryland-Eastern Shore Hawks (0-12).

After tough 1-0 losses to No. 5 William & Mary and No. 8 James Madison, VCU welcomed UMES with open arms. Head coach Lincoln Phillips said these kinds of matches allow him to rest his starters.

"It's good to give our reserves like Jason Sheppard, Sean Jones and Michael Hitchcock a chance to play," Phillips said. "They need to play, they train hard all during the season so these are the games we hope to get."

VCU took only 1:37 to score its first goal when Antonio Vaughn redirected a pass from Kwaku Adu-Gyamfi across the goal mouth and into the right corner of the net. The goal was Vaughn's fourth of the year.

Then Adu-Gyamfi outran the Hawks' defense for a long ball and raced one-on-one against the goalie, rifling a shot high into the net. Chris Barnard and Leroi Wilson assisted on the goal.

VCU added its third goal when Anthony

Sherwood controlled a pass in front of the goal and eluded a charging goalie by passing to Barnard, who tapped in his first of the season.

The Rams tallied three more in the second half. After another goal by Adu-Gyamfi, Vladislav Bezborodov drilled a penalty kick at the 67:02 mark to give the Rams a 5-0 lead. Barnard closed out the scoring with less than three minutes to play on a feed from senior defenseman Neil Mason.

The Rams outshot UMES 20-7 and held a 16-1 advantage in corner kicks. Goalkeepers Keith Englehardt and Jonathan Morris each made one save to combine for the shutout.

If the Rams win their remaining five games, they have a shot at the NCAA Tournament. But Phillips is not convinced this team is ready.

"It's too early to talk about post-season play because I'm not satisfied with how we are playing," Phillips said. "We are not playing with the same intensity as we did at the beginning of the season. We have to regroup."

"Don't look at the record, we are not a good team yet. We have too many areas we need to fill and too many aspects of the game that are not there."

VCU field hockey retires Chamberlain's number

First athlete's number retired in school history

Leanne Anama
CT SPORTS EDITOR

At halftime of Saturday night's field hockey game against Davidson, VCU Director of Athletics Dr. Richard Sander retired former field hockey standout Celly Chamberlain's No. 5 jersey before an alumni-dominated crowd.

Chamberlain, in her first time back to Cary Street Field in four years and amid cheers from fellow former players, accepted her framed jersey making history yet again for VCU.

Chamberlain, a forward who played from 1985-88, leads the field hockey program in career goals with 33, assists with 21, and points with 87. She also holds the record for assists in a season with 14. Earlier this year, she made history as the first field hockey player to be inducted in the school's athletic hall of fame. She will now be remembered as the first Ram in any sport to have their number retired.

"The importance of it all is just starting to kick in," Chamberlain said. "I feel extremely honored because it's not just an honor — it's special. I'm so glad to have been a part of this program that has progressed so much in the last few years."

Head coach Pat Stauffer admitted that retiring Chamberlain's number wasn't meant to be a VCU first. She said it wasn't until plans were made

that anyone realized VCU had never done this before.

Until last season, Chamberlain held all of the Rams major scoring records. Then-sophomore Alycia Yoder surpassed Chamberlain's records in single season goals (13) and points (32).

"I'm so glad she (Yoder) did it," Chamberlain remarked. "It's about time somebody did."

Chamberlain remarked she didn't think she scored so many goals while she played for VCU. She went on to say she is surprised at how long her records have endured.

Aside from the school records she established, Chamberlain had been recognized for her abilities within the field hockey community. In 1988, Chamberlain, a senior then, was named to the all-South Atlantic Conference, all-South Region and honorable mention All-American teams.

Now an engineer for the Honeywell Corporation in Phoenix, Chamberlain has few chances to play field hockey and has taken up soccer to make up for the lack of field hockey in the Phoenix area.

"A few hours before the game, I came on the field with some friends to hit the ball around for awhile," Chamberlain said. "I wanted to see if it (her abilities) was still there and I didn't forget how to play. But being on the field brought back a lot of memories — really good ones."



Carla J. Schmitt/Commonwealth Times

HER NUMBER IS UP — Former VCU standout Celly Chamberlain returned to the scene of some of her greatest accomplishments to accept her retired jersey. Chamberlain, a member of the class of '88, graduated from VCU holding every major scoring record for Pat Stauffer's field hockey squad.

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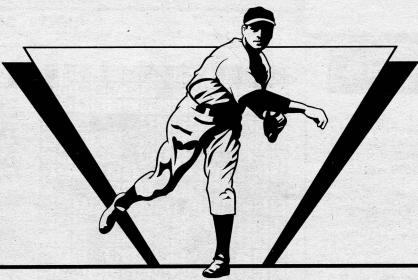
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WORLD SERIES PREVIEWS

Editors' note: The 1993 World Series began Saturday night, too late for the results to be included in this issue. This is a composite of our staff writers' feelings about the Fall Classic, which pits the Toronto Blue Jays, last year's champions, against the Philadelphia Phillies.

Brian French

CT ASSOCIATE SPORTS EDITOR

Leanne Anama

CT SPORTS EDITOR

Prediction: Blue Jays in six

Strange, isn't it. To think that Atlanta, an overwhelming favorite for the first time since making the playoffs, is kept from a return to the Series for a third time by a Philadelphia Phillies team that looks similar to the Braves of two years ago.

Equally strange is the idea that, after winning but one World Series, the Toronto Blue Jays command the same amount of respect that the New York Yankees of the late 1930's and early 1950's received.

But then, in such a strange sports year, nothing is surprising to the jaded sports fan.

Now, on to why the Blue Jays will be the first repeat champion since the '77-'78 Yanks: Playoff experience. The Blue Jays, playing in last year's World Series, as well as a multitude of American League Championship Series, know what it takes to win in October. That's why they picked up Dave Stewart. Anyone who thinks he isn't clutch performing incarnate must not have seen what he has done in his career, including his spanking of the White Sox in the ALCS. Rickey Henderson knows what to do in the big game. Pat Borders, Ed Sprague, Joe Carter, Devon White, Jack Morris, Cito Gaston, the list goes on and on. They all know what to do in the big game.

The Phillies, on the other hand, have not been to the Fall Classic in ten years, when they were felled by the Orioles. They haven't won one since 1980, when Dallas Green managed them. Off of their current roster you would be hard pressed to find anyone who has logged time in the pressure cooker that is the World Series, or almost any playoff game, for that matter. When Danny Jackson is your most playoff-proven pitcher, then you may want to fret a little.

The Phillies are not a bad team. With John Kruk having an All-Star year, Darren Daulton and Pete Incaviglia having career campaigns, and an unexpectedly proficient pitching staff, replete with good middle relievers, Philadelphia is not a fluke. 97 wins and a six-game triumph over the powerhouse Braves proves that.

But the Blue Jays are so damn good, it hurts. The batting is great, the pitching has made tremendous improvements in the past few months, led by Stewart, Morris, and Pat Hentgen. They are solid defensively, and (key phrase again here) they have good chemistry and are playoff-hardened.

The verdict? Simple, really. The Phillies are good. The Blue Jays are better.

Prediction: Blue Jays in five

Well, it's that time of year again when the leaves and those in the pennant race start to fall and the stage is set for the World Series.

Just this past week, baseball fans observed a big fall. The Atlanta Braves fell to the Philadelphia Phillies in the most unexpected fall of the pennant race.

Now it's time for the Phillies, underdogs yet again, to tackle the defending champion Toronto Blue Jays in the ultimate baseball series.

Who would have thought the Phillies would make it this far? Not in a million years would this transplanted Jersey girl have predicted that feat. But they're in, with nothing to lose and everything to gain.

Philadelphia hasn't been in the World Series since 1983 when they had greats on the team like Pete Rose, Mike Schmidt and Steve Carlton. But they lost in five games to the Baltimore Orioles.

But the Phils won it all in 1980, and that was their first trip to the Fall Classic in 30 years. They won the whole show then with nothing to lose.

Maybe in 1993 they'll achieve an upset like in the one in '80. They have a good group of players like Darren Daulton, Pete Incaviglia, John Kruk and Lenny Dykstra, but I don't see the main ingredient in a winning team's recipe — consistent pitching.

The pitching may have been alright to get them to this point but I think they're too young still to handle the pressure of the Series.

Toronto, on the other hand, has managed a repeat appearance in the Series. They have everything to lose while playing the Phillies. If they play poorly against them, it will reflect badly on the ball club. They would essentially lose face because if they don't repeat as champs, fans everywhere will say, "They choked."

Toronto has experience and consistency on their side, so I'll have to say Toronto will take the Series in five although the Phillies will put up a good fight. Not to deny my hometown roots, I secretly hope Philadelphia can prove me wrong.

Gage Harter

CT EXECUTIVE EDITOR

Prediction: Phillies in five

Bet the rent or mortgage on the Phillies. It's that simple.

In fact, bet the life savings — this is Philadelphia's year.

Lady Rams lose last match of road trip

Kim Garrison

CT STAFF WRITER

The Lady Rams volleyball team dropped its last of 17 matches on the road to East Carolina in five games Friday night at ECU.

The lead flip-flopped between the teams as ECU took the first game, 15-8. VCU fought back to win the second, 16-14, and the third, 15-5. Then ECU gained control and this time did not relinquish it, taking the final two games by identical 15-13 scores.

This was the last of three meetings between the teams this year — VCU was victorious in the previous two matchups.

"It's tough to beat a team three times in one season," coach Lynn Fielitz said. "They (ECU) came out fired up and wanted it more than we did."

VCU was led by senior outside hitter Peyton Fleischer with 25 kills, 21 digs, four blocks and a service ace. Her 25 kills tied a school record of kills in a match

while her 64 attempts broke the existing record of 58. As a team, the Lady Rams tied the school record of kills in a match with 79.

Junior Shannon McMeekin added 17 kills, 28 digs, three blocks and two aces while sophomore Suzanne Dawson set for 56 assists.

In only her second match after missing a month of play because of an injury, junior J. J. Smith proved she is ready to contribute to the Lady Rams' lineup by recording 15 kills, 19 digs, four blocks and an ace.

The Lady Rams, with this loss, fell to 18-5 while ECU improved its record to 9-16.

VCU returns to home action tomorrow night when they face Liberty in Franklin Street Gym at 7 p.m. The Lady Rams then host Connecticut, Friday at 6 p.m. in the first game of the Third Annual Ram Invitational. Saturday, they meet St. Francis at 1 p.m. and Maryland-Eastern Shore at 5 p.m.

John Medeiros

CT STAFF WRITER

Prediction: Phillies in five

For myself, this is the lesser of two evils. As a die-hard Red Sox fan, I can't move myself to cheer the Jays to victory. As for my nickname, yes, I am "Jersey J." That doesn't mean I root for Philly's sports teams. Other than the almighty Flyers and lacrosse Wings, the other Philly teams, um... let's just say I am not a big Phillies fan either.

The Toronto Blue Jays have an advantage defensively. At least in SkyDome. But wait until Paul Molitor boots a line drive in game five in Philadelphia, where there is no DH spot to hide him. Just wait for Juan Guzman to punt an 0-2 pitch foul with two men on base in game five. How about sluggers Pat Hentgen and Todd Stottlemyre? If the Phillies pitchers can somehow wade through the powerful Blue Jay lineup, the Jays are toast.

The Phillies are an excellent hitting team. Lenny Dykstra wins the battle of lead-off men against some Rickey character. But the Phils offense just doesn't stack up to the Blue Jays firepower, at least on paper. The Toronto line-up reads like a who's who of .300 hitters. The Blue Jays hit a whopping .301 in the ALCS against the best pitching staff in the A.L.

The only roadblock in the way of Toronto's title hopes is the Phils pitching staff. Pitching wins playoff games (just look at the Phils/Braves series) and the Phillies have pitching. Not overwhelming pitching, nor is it the stuff instructional videos are made of, but Philadelphia has a good staff from top to bottom. Sure, the Braves put 23 runs on the board in two games. The Phillies' bullpen came into those games knowing they were lost. But look at the four Phillies victories. The Braves scored 10 runs in 38 innings.

The Phillies have the ability to pitch their way to four victories. The Blue Jays will probably win one game by a dozen runs or so but the Phils should escape SkyDome with a victory. Once the Series moves to South Philly, Toronto will suffer from a lack of bench depth. Cito Gaston does not use his bench for two reasons — his bench people are not very good and he is not very good at using them. Gaston's idea of a defensive substitution is to put in a player who does not own a glove.

Next week the Phillies will be marching on Broad Street with trophy in hand. Meanwhile, the Jays will leave the Vet wondering why PhillyTown is called "The City of Brotherly Love."

The pitching matchups favor the Phillies.

Yes, the Blue Jays have the Mr. October of pitching, Dave Stewart, and the young gun, Juan Guzman, who has never lost in postseason play. But after that Toronto throws Pat Hentgen and Todd Stottlemyre, both righties and both with limited postseason experience.

The fact the Jays lack a lefty hurler must be a concern. Philadelphia is loaded with lefty hitters like Lenny Dykstra, John Kruk, Darren Daulton, Dave Hollins, Milt Thompson and Jim Eisenreich — all of whom can take it deep. Just look at what the Phils did against the righties of Atlanta's staff, especially the relievers.

Philadelphia, however, starts Curt Schilling and Tommy Greene who are gummy pitchers. Schilling and Greene proved against Atlanta's loaded lineup that they can give quality starts and keep the Phils in the game through seven innings.

Lefties Terry Mulholland and Danny Jackson helped Philadelphia hold on to its lead when the Phillies lapsed into a late-season slump. Jackson was invaluable against Oakland when Cincinnati swept the A's in 1990.

The pitching matchups are close on paper. Philadelphia starters combined for a 56-31 record, narrowly topping Toronto's big four's record of 56-32. But the ERA of the Phillies' staff is .26 lower with more strikeouts, fewer walks and hits in more innings.

Philadelphia's relievers get the job done. Mitch Williams, the original "Wild Thing" makes it look hard but saved 43 games during the season. Larry Andersen, Bobby Thigpen and David West setup Williams adequately.

As for the Blue Jays relievers, Duane Ward is most effective when he pitches one inning but he might be tiring. Ward surrendered three homers to Chicago. Al Leiter, who could start Game 4, is Cito Gaston's left-handed setup man while Danny Cox is his best setup pitcher from the right side.

Philadelphia has better pitching balance. The Phillies start two righties and two lefties and have good depth in the bullpen. The staff also has a flair and desire that wins games in the late innings — Philadelphia won two 10-inning games against Atlanta.

Pitching is 90 percent of baseball. With that in mind, and considering the Phillies have the better pitching staff, bet on Philadelphia taking the series without returning to SkyDome.

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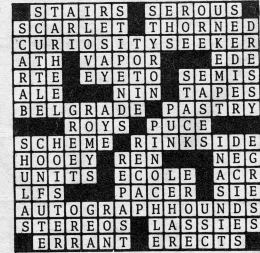
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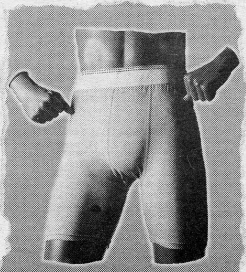
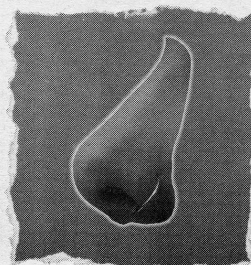
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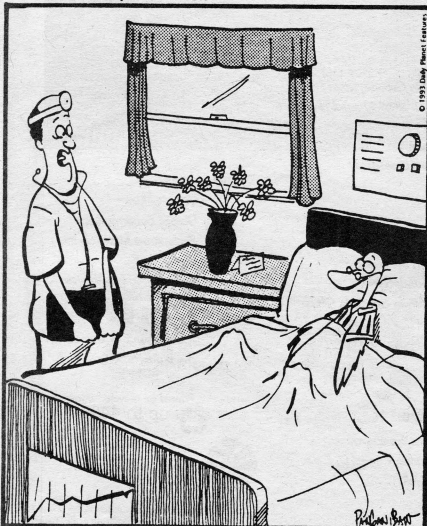
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By Chris Clarke

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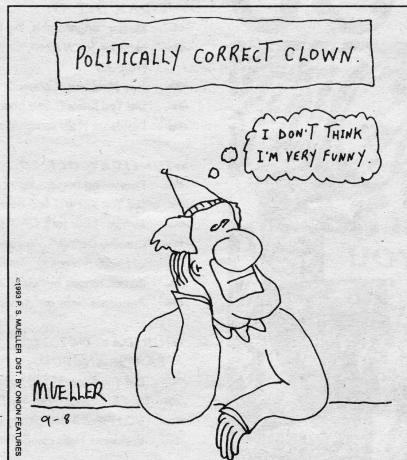


CHAOS by Brian Shuster



"Well Mr. Wilkins, we were able to save your life, but I'm afraid we had to give you a heart from a duck...and a duck's kidneys...and, well, look, I've got to be honest..."

P. S. Mueller



off the mark by Mark Parisi



Life's too short.

STOP THE HATE.

Leadership Conference

Education Fund, Inc.



ALCOHOL AWARENESS WEEK OCTOBER 18-22, 1993

B.A. YOU

BUILDING
AWARENESS
IN YOU



EVENTS FOR ALCOHOL AWARENESS WEEK OCTOBER 18-22, 1993

MONDAY, OCT. 18:

- Sober Challenge, all week long
Stay sober all week and/or attend programs throughout the week to be eligible for drawing on Friday.
- Kick Off Fair, Commons Plaza, 11 a.m.- 1 p.m., with jazz provided by John Winn, VCU graduate student. (Rain location, Commonwealth Ballroom)
- "Did You Know?" fact boards - Commons Breezeway
- Happy Hour Aerobics, Cary Street Gym 5 p.m. (NIRSA Natural High Program)
- Residence Halls competition

TUESDAY, OCT. 19:

- Movie: "Bright Lights, Big City," Common Ground, noon
- Nutrition for Women, Commons, noon, (NIRSA Natural High Program)
- Free Mocktails, Commons Lobby, 5-7 p.m.
- "Did You Know?" fact boards - Commons Breezeway
- Residence Halls competition

WEDNESDAY, OCT. 20:

- Recovering Persons Panel, Commons, Capitol O, noon
- "Did You Know?" fact boards - Commons Breezeway
- Movie: "New Jack City," Common Ground, 5 p.m.
- "Creative Dating," Maureen Earley and Linda Hancock, Office of Health Promotion, Commons, Capitol D, 7 p.m.
- Benefit concert by "Grip" in Commons Theater, 5 p.m.
- Residence Halls competition

THURSDAY, OCT. 21:

EARTH ANGEL DAY

- "Did You Know?" fact boards - Commons Breezeway
- "Sex & Alcohol," Daphne Rankin, Commons, Capitol D, 7 p.m.
- VCU Police Breathalizers in Residence Halls
- Residence Halls competition

FRIDAY, OCT. 22:

- Sober Challenge Drawing at noon, Commons
- "Did you know?" fact boards - Commons Breezeway

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