

## WEATHER



**MONDAY** – Mostly sunny.  
Highs in the lower 80s.

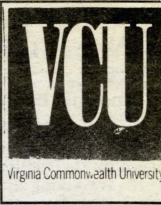


**TUESDAY** – Partly sunny.  
Slight chance of showers.  
Highs in the low to mid 80s.  
Lows in the 60s.

# Commonwealth TIMES

## INSIDE

•The CT once again presents the Freshmen Supplement to help you start off your VCU career on the right foot. Learn what to do and where to go for all your freshman needs.



MONDAY, August 8, 1994

The Student Press of Virginia Commonwealth University

Vol. 26, No. 1

## Shafer Court and Linden Street redesigned

*'Pedestrian friendly!'*

—Carl Purdin, Project Manager

*'It sucks!'*

—skateboarder

**Sherry Jones**  
CT News Editor

During the summer Shafer Court and Linden Street have undergone a face-lift. Although VCU officials contend that they did not set out to put a damper on skateboarding in these areas, this has been the end result, especially in Shafer Court.

"Shafer Court was the only place we could skateboard in without getting kicked out," said one skateboarder caught in action outside Oliver Hall.

He said he and his friends began their afternoon in Shafer Court, but the construction prohibited their activity.

"It sucks," the skateboarder added.

On the other hand, Carl Purdin, the project manager, said eliminating skateboarding was never suggested as a reason for developing these areas.

"The purpose of these improvements is to introduce additional green space and to create a more pedestrian-friendly environment," Purdin said.

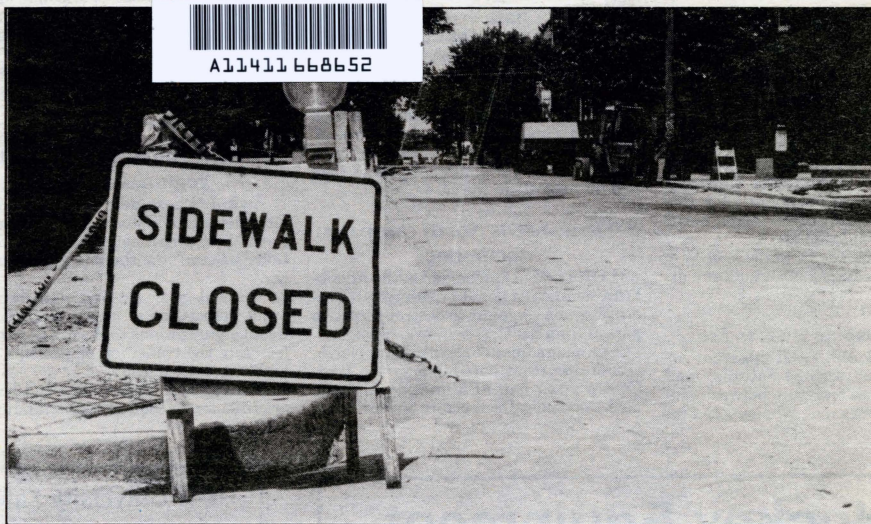
While Edwin E. Blanks, VCU's associate provost, agreed that the changes were being made to enhance the whole area, he said that skateboarding did enter into the picture.

"Certainly this is an attempt to minimize it," Blanks said.

He said, however, if a student wanted to skateboard through the area, it wouldn't be impossible.

"It would just be a bumpier ride," he said with a laugh.

This \$100,000 project began in June and is expected to be completed by mid-August.



**SPEED BUMP**—Landscaping changes made to Shafer Court and Linden Street discourage skateboarding. Construction costs were estimated at \$100,000.

"We are trying to make the most impact with the least amount of expenditure," Purdin said.

The construction crew has removed selected areas of sidewalk to eliminate the appearance of a closed street, he added.

"This is an attempt to eliminate vehicular traffic in the area," he said, explaining

that the areas often are plagued by trucks loading and unloading.

Basically, Purdin said, changes are being made now because of the city ordinance regarding Linden Street.

"The city ordinance requires that improvements be made to Linden Street within two years of its closing," he said,

adding that it was natural to have Shafer Court undergo improvements at the same time.

While skateboarding in Shafer Court has been an issue at VCU for several years, no formal action has ever been taken to

REDESIGNED continued to page 4 ▶

## VCU's encroachment upsets residents of Oregon Hill

**Sherry Jones**  
CT News Editor

Last month VCU's Board of Visitors approved the purchase of land at the corner of Belvidere and Cary streets.

While the university plans to build its proposed School of Engineering on this site, the sale has upset some Oregon Hill residents.



Eugene P. Tranl

Dismayed by the parking problems that continue to plague VCU, Kelley Lane, president of the Oregon Hill Home Improvement Council, said VCU needs to address this problem before the university increases in size.

"VCU shouldn't build any more classrooms unless it's going to build the (parking) decks to go with them," Lane argued.

In an effort to halt the land purchase, the home-

OREGON HILL continued to page 3 ▶

## Reported crimes increase on campuses

**Melanie Irvin**  
CT News Editor

Reported crime for 1993 on VCU's academic and MCV campuses has increased by 9 percent since 1992, according to this year's campus-security report, which is published annually by VCU Police.

The federally mandated report, in compliance with the "Student Right-to-Know and Campus Security Act," indicated the total number of reported crimes increased from 661 in 1992 to 728 in 1993.

But Sgt. Grant Warren, from VCU's crime prevention department, said crime statistics are an inaccurate way to measure an area's safety.

"An increase in reporting is sometimes due to crime prevention tactics," Warren said, explaining that when students gain confidence in the abilities of the campus police, they feel more comfortable in reporting crimes.

Larcenies accounted for 291 of the 308 reported crimes on the academic campus and 403 of the 420 reported crimes on the MCV campus.

VCU Police Chief Dan M. Dean said, "If you look at

every other college, larceny accounts for their big statistics, too."

The majority of these thefts occur in faculty and administrators' offices, Dean said.

"They are crimes of opportunity," the chief said. "Someone sees something and takes it and goes. It may be hours or days before it's realized something is missing."

Warren agreed, calling these crimes "potentially preventable."

Education is the key to combat the increase in crime, especially this type of larceny, he said.

"I compare it to crossing the street. You can do it by yourself, but if you have problems you know who to call," Warren said.

One of the crime prevention department's main objectives is informing students. Warren said they make presentations throughout the year, at locations including residence halls, New Student Orientation and for health services.

CRIME continue to page 4 ▶



## World/Nation

### • Students become holy-war targets

PARIS — Muslim militants who have stepped up their killings of foreigners in Algeria are taking aim at a new group: students who don't quit school.

The Armed Islamic group also threatened teachers with the Islamic "legal penalty," interpreted as execution.

The students became the latest targets in the "jihad," or holy war.

### • Earthquake rocks Sydney

SYDNEY, Australia — An earthquake with a preliminary magnitude of 5.5 Saturday shook areas in and around Sydney, Australia's largest city.

Police reported only minor damage and no injuries.

### • Homeless man set afire

PHILADELPHIA — Three teen-aged boys horrified residents of a working-class neighborhood when they set a homeless man afire.

The boys poured a flammable liquid on Eugene Shepherd as he slept on the lawn of an abandoned library early Thursday, and then lit matches. Shepherd, 54, was in stable condition with third-degree burns over 15 percent of his body.

The boys ages 14, 16 and 17 were in custody, facing charges of assault and arson.

### • Racial dispute leads to fire

WEDOWEE, Ala. — An apparent arson left a school in ruins Saturday and stoked tensions in a dispute between students and the principal, who opposed in-

terracial dates at the prom.

The fire gutted all of the Randolph County High School classrooms. The fire did not reach the adjoining elementary school, lunchroom and main offices in a newer structure where school records are kept.

Hulond Humphries, who's white, told juniors and seniors in a Feb. 24 assembly the prom would not be held because some interracial couples planned to attend. He released the following day.

Humphries, 55, has been principal for 25 years at the 680-student school, which is 38 percent black. Protestors claim he has a long history of bigotry, while his supporters say he's a firm, fair educator.

## VIRGINIA

### • Jewish family distraught by hate crime

PRINCE WILLIAM — The word "Jew" was burned onto the front lawn of a Jewish family in Prince William County late Friday night, police said.

The incident, which has been classified as a hate crime, occurred in the 4500 block of Clearwater Court in the Montclair neighborhood. Prince William police said they had no suspects in the case.

### • Firm shreds North campaign documents

LORTON — Oliver North, the Republican nominee for Senate, has hired a northern Virginia company to destroy sensitive papers from his U.S. Senate campaign.

Campaign finance reports show North, whose document shredding in the Iran-Contra affair gained him national fame, paid Document Destructors \$520 in May.

## RICHMOND

### • Traffic detoured when man threatens to jump

A 23-year-old man caused the Huguenot Bridge to be closed for three hours Saturday when he threatened to jump from the span, said Henrico Police Sgt. Jim Medlin.

The unidentified man said he had recently lost his job and had argued with his girlfriend and her ex-husband, Medlin said.

Officials were called to the scene at 9:17 a.m., and the man had crossed the bridge's railing by the time police arrived. Fire units with a boat were called to stand by.

### • Public forums set

A special session of the General Assembly will conduct a series of public forums beginning Sept. 19 to consider ending parole and establishing truth in sentencing.

## CAMPUS

### • Schexnider appointed to regional council

Alvin J. Schexnider, VCU's vice provost for undergraduate studies, has been named to the Southern Regional Council of the College Board's Southern Regional Assembly.

The college board is a national non-profit association of nearly 3,000 educational organizations that work together to facilitate the transition of students from high school to college.

The regional council sets the board's priorities for the southern region and makes

recommendations on policy to the national council.

### • Trani names Messmer vice provost

VCU President Eugene P. Trani has named Sue Ann Messmer as vice provost for the Division of Continuing Studies and Public Service. Messmer has served as the interim vice provost since January 1993.

The division coordinates VCU's community-outreach efforts, including continuing-education programs, off-campus instruction, cooperative education, summer school, community-service initiatives and conference planning.

In addition, the division organizes the university's international activities through its Center for International Programs.

### • VCU receives gifts totaling \$25.4 million

VCU and its related foundations raised more than \$25 million in gifts and pledges in fiscal 1993-94, the highest level of private giving in VCU's history.

The total included an anonymous \$10 million gift, the largest ever received at VCU, for the proposed engineering school.

Of the \$25.4 million raised, alumni contributed \$2.2 million, nearly 30 percent more than last year's contribution of \$1.7 million.

Alumni also contributed more than \$154,000 in membership dues to the MCV and VCU alumni organizations, whose membership has grown during the past two years to about 6,500 graduates.

—Compiled from news sources.

## Hockey Equipment

BUY • SELL  
TRADE & CONSIGN  
USED AND NEW  
SPORTS EQUIPMENT

We have a wide selection of  
skates, sticks, pads, pucks and  
more including

CCM • Easton • Itch  
Vic • Bauer • Sherwood  
Cooper • Canadean

Computerized Skate  
Sharpening for Hockey  
and Figure Skates

**PLAY IT AGAIN  
SPORTS**

**10% OFF**  
any single item  
with this ad.



100 Arboretum Place #140  
Richmond, VA 23236  
330-3354

8003 W. Broad St.  
Richmond, VA 23294  
527-1988

Meadowdale Shopping Center  
Richmond, VA 23236  
330-3354

The University Safety Liaison Committee is currently accepting nominations for the University Safety Awareness Awards. If you know of an individual who has corrected an unsafe condition, implemented a new safety program, or demonstrated an unusual commitment to safety, please complete the form below and return to Box 980112. All awards will be presented at the Annual Safety Awards Banquet on September 29, at 3 p.m., in the Alumni House on the MCV Campus.

MAIL TO:  
SAFETY AWARENESS AWARD  
BOX 980112

Your name \_\_\_\_\_ WorkPhone \_\_\_\_\_  
Address \_\_\_\_\_

Nominee(Person or Department) \_\_\_\_\_  
Address \_\_\_\_\_ Work Phone \_\_\_\_\_

Why should this person or department be considered for the award? Be specific about contributions and accomplishments.

---

---

---

---

---

CONTINUE ON BACK IF MORE SPACE IS NEEDED.



# Rape defense course teaches escape strategies

**Diana Mitchell**  
CT STAFF WRITER

Have you ever thought seriously about rape and what you would do if someone attacked you? Run, comply, yell, fight back?

Rape Aggression Defense Systems (RAD), a self-defense course developed for women who choose this option, may help you reach a decision on what to do in an assault situation.

"Throughout the training our whole point is that you want to escape your attacker," said Elizabeth B. McClanahan, victim and witness coordinator for the VCU campus police.

McClanahan, who saw the RAD program demonstrated at a conference in Charlottesville, wanted to bring it to VCU because of its purpose and design.

"It was designed," she said, "by a police officer with a marshal arts background in conjunction with a female."

The moves are simple but effective, she said, and the program

teaches fighting back as an option in order to escape.

"If you have an opportunity to escape and you don't take it," McClanahan said, "you're going to get yourself into trouble."

RAD consists of five two-hour weekly sessions where participants begin with a lecture the first session and part of the second.

The lecture covers the RAD-system objective, definitions of rape (including date-rape mentality), prevention techniques, principles of striking and defensive-resistance strategies, ranging from yelling to compliance. The end result, McClanahan said, is to survive.

The rest of the course students concentrate on physical-defense strategies culminating in attack-simulation exercises.

Cheryl Groce-Wright, a coordinator for residence education, said, "I thought it was great."

Groce-Wright said she always had a fear of blanking out and not being able to do anything if at-

tacked. Through the simulation exercise, she said, she found out that she could.

"Initially I was nervous," she said, "because as women we're taught to be nonaggressive."

Once in Philadelphia, she said, a man came up to her and grabbed her arm and pushed her up against a building in broad daylight. Groce-Wright said she froze. Eventually someone stopped to help her get rid of him.

"If you choose to defend yourself," she said, "(because of RAD) you have the skills."

That, she said, makes a difference to her. If something were to happen, Groce-Wright said, she'd be scared but she'd know what to do.

On the other hand, Debra M. Hill, an executive assistant in the University News Services office, said she wasn't really worried about being attacked because of her size and city smarts. She said she decided to take the course, however, because of the crime rate in the city.

"I know that if I decide in the situation to fight," Hill said, "that I now have the skills (to do so)."

Hill said she felt the simulation exercises were very realistic because she didn't know when the simulator would grab her. Up until the last minute, she said, she wasn't sure she would participate in the exercises. Hill said she was glad she did and because of her participation feels more confident.

It also helped, she said, her to get over lingering anxiety from being grabbed from behind by a stranger when she was seven years old.

At that time Hill said she elbowed the man, as her brothers previously had instructed should the situation arise, and got away. Hill said, however, she never gave herself credit for escaping and felt she was just lucky.

Another aspect of the course Hill said she thought was good was that the instructor stressed that different circumstances call for different reactions, which she

said McClanahan said are up to the potential victim.

"We teach women to escape," McClanahan said.

Dan M. Dean Jr., chief of VCU police, agreed to bringing the program to VCU after seeing it demonstrated at a conference and talking with other police personnel familiar with it.

The course is limited to 15 women at a time. Men are not allowed to take the course with women, McClanahan said, because it may make some women uncomfortable and RAD designed the course for women. She said, however, men may put their names on a waiting list.

McClanahan also said classes do not have to reach the limit of 15 people to begin. Classes are held at the 940 W. Grace St. police station because it offers participants privacy and public control.

Class manuals cost \$12 for staff and faculty. Student manuals currently are paid for through student activities fees.

## VCU rape survivor tells story

### Student recounts 13-hour ordeal

**Jack L. Cooksey**  
SPECIAL TO THE CT

After she was abducted and raped near the campus of Virginia Commonwealth University over a year ago on April 30, 1993, headlines in the Commonwealth Times identified her only as "VCU student" or as a "22-year-old student."

News stories in the paper initially gave secondhand accounts of the woman's 13-hour ordeal of being brutally abducted, raped, sodomized, abused and almost killed at the hands of her convicted assailant, Johnnie L. Jones, a 34-year-old Petersburg man.

Ensuing reports of Jones' court trials included the woman's testimony about the details of the crimes committed against her. But still — to protect her right to privacy — she came to readers merely as a nameless and faceless survivor of crimes that spanned half a day and three counties.

In October, however, the former VCU student, now 23, spoke with the Commonwealth Times about her experience in hopes that she might help other rape survivors and those around them.

What follows is a conversation not with a nameless survivor but with Lia Selberis. She has recently returned to Richmond where she spent four years as a student until her experience in April halted her academic career.

**Q:** Some people say that personal safety is merely a matter of 'knowing the terrain' or being 'street smart.' Did your attitude about your safety in an urban area ever mellow in this way during your career at VCU?

**A:** Yeah. Because I took a self-defense class about a year before (I was abducted and raped) and a lot of what we learned — not only how to physically defend ourselves but if you don't look like a victim, you won't become a victim — and I think I got placated a little bit as far as, you know, 'Walk like you have a purpose with your head up' and all that stuff and nobody will mess with you. So in that sense I did get a little slack.

**Q:** How well do you think the self-defense class prepared you?

**A:** Well, it gave me a false sense of security in a way because I thought if I looked like I knew what I was doing I wouldn't become a victim. But, on the other hand, I don't know that I would have had a lot of the skills that I needed when I was in the situation to deal with it.

**Q:** So, you learned more about mindsets than actual defense skills?

**A:** Yeah, well, (Jones) was so much bigger than me that there was really nothing I could do physically, but the things that I learned about where your mind is at when it's happening were the most important.

**Q:** Describe what happened to you on April 30, 1993.

**A:** I walked two blocks at 12:30 at night to my apartment from The Village. And it was on Harrison Street, which was well lit and well traveled and all of that. And he was waiting for me outside the building because he had already picked me out, grabbed me off my doorstep from behind, drug me down the stairs to the car and threw me in his trunk. (He) took me to Chesterfield (County) to an Econo Lodge where he tied me up and raped and sodomized me all night. I tried to get away once while I was there, but he caught me.

In the morning we went to Ashland. He put me in the car and tied my legs together. We drove to Ashland where he was going to rob a store or a person for money and ended up not doing that. But after that we went to Caroline County, to Bowling Green, where he tried to kill me — strangled me and hit me and all of that — (and) raped me again.

Right after that he put me back in the car and tied me up again and smoked crack and ate potato chips before we got back on the road again. Then we went to.... We ended up in Prince William County where he was "coming down" and was getting really tired and was going to take a nap in the parking lot and thought that he had scared me badly enough that I wasn't going to try to get away.

He fell asleep and I opened the door and he followed me out the car on my side, struggling with me. And I was screaming and there were people everywhere and

nobody was coming over. But I managed to slip out of my shirt to get away from him and ran across the parking lot.... Once I broke free there were.... I ran to the telephones, and there were two different men already on the phone with 911 because they had realized something was kind of wrong.

So, as soon as I got there I pretty much had help. When he realized he wasn't going to catch me and get me back in the car, he got in his car and took off.

**Q:** Statistics show that 90 percent of all rapes go unreported. If only you and your attacker had known about the incident on April 30, do you think you would have hesitated to report it to the police?

**A:** I wouldn't have (hesitated to report it). No. Throughout this whole thing there were no witnesses....

I was acquaintance raped my second year of college but was so in denial about (whether) it was really a rape. That was kind of different, though, because I knew the guy and he didn't break in.... And having been in that situation I can see where it's hard to report depending on....

Rape is always a violent thing, but that particular incident (the acquaintance rape) wasn't. He didn't beat me up or anything like that. And it's kind of hard, I guess, to figure out — to be strong enough to figure out — where the line is. I mean, I felt like it was my fault and all of that, that



## Q&amp;A

continued from page 3

I was stupid for letting it happen.

**Q:** How did your attitude change between the time you were acquainted and raped and April when you were abducted and raped?

**A:** Well, (the April 30 incident) was completely different. I mean, I had never seen this person before. He grabbed me, took me away from my home. I mean, it was totally, totally different. I had not invited him into my apartment or anything like that.

**Q:** You described the physical and geographical details of your experience on April 30, 1993, but what was happening to you emotionally and physically during your assault?

**A:** Oh, I went through absolutely everything, and at the same time though.... One thing I've learned in counseling is that when you're going through something that intensely — while it's happening — your brain, kind of, shuts off and your survival instinct kicks in so that you don't panic and freak out the whole time.

At first, when he first grabbed me, I thought I was being mugged; then, when he put me in the trunk is when I realized something was very wrong and (I) cried. I must have cried the entire first three hours nonstop, and (I) was just really scared.

He did a lot of.... He played a lot of games with my head, telling me he was going to take me and drop me off somewhere the next morning and asking me if I wanted to go home and, I mean, all kinds of.... Emotionally, I went through pretty much everything.

**Q:** As soon as you were home — after you had survived the abduction and rape — what did you go through emotionally? How had your life changed?

**A:** Well, for the first week after it happened, I was constantly terrified because they hadn't caught him and he knew where I lived and had picked me up. And (I) was very afraid that he was going to come back and get me or whatever.

The police told me not to go back to my apartment. I mean, I didn't live there. I couldn't go back there. That was very scary before they caught him, and after that I had to go through....

He supposedly confessed, which means he made up this incredible story about what really happened that was totally ridiculous. And that didn't help my emotional state at all. I went through ev-

everything.

I got into counseling immediately here at VCU, probably five days afterwards. And VCU counseling has been.... My family, my friends and VCU counseling are why I'm OK. Seriously....

But my whole life changed. I mean, I thought.... There was a point when he was strangling me that I knew that I was going to die and my thought was, 'I wonder how long it takes to die from strangulation, and I hope that it's quick.' And immediately after that I was like, 'No way. I'm not going to die.'

And I guess it was adrenalin — or something — that kicked in and allowed me to continue to fight, but once you — having reached that point where I was just.... I mean, so many weird things went through my head.

The fact that I didn't finish school went through my head. I mean my whole life.... it really does flash before your eyes and all the things you haven't done. So, now I'm a lot more focused, and I'm a lot more.... I'm a lot stronger, I think. I mean, I don't take anything for granted at all anymore.

**Q:** Do you think you would feel this way even without counseling and the support you had from your family?

**A:** I felt that way as soon as I was away from him. I mean, as soon as I knew I was going to live, that's pretty much when that kicked in, but I did go through a bunch of.... It got kind of hard for a while there. I thought that I wasn't able to go back to school, I wasn't able to work. I just, kind of, sat at home and was a mess for a while, and that, kind of, got me really down because I felt like, 'Everything's starting to go down the drain now.'

**Q:** What was your family's reaction?

**A:** My family's been excellent. I still think they should have gotten some counseling. None of them did, and it was hard for us to talk about (the rape). At first, they sort of didn't want to know the details, and I've always been willing to talk about it, though, and sometimes probably too much.

**Q:** What do you mean by 'too much'?

**A:** It's always on my mind, always on my mind. And it's become such a big part of who I feel I am now, which was something that I struggled with in the beginning, too, because I've felt like I had been forced to cross this line and couldn't cross back no matter how badly I wanted to.

It was against my will. I've been changed forever — not by my choice. I've felt a big sense of loss for having had the course of my life changed in that way, against my will.

But my family has been excellent, and they.... we're OK with it now. We can talk about it now. But that was sticky for a while, too.... I don't really know how to explain what it is that (my parents) went through. They felt a loss of control over not being able to protect their daughter and all that. It was hard.

**Q:** Aside from counseling did you take any other defense or safety classes?

**A:** No. I didn't. I just.... I did counseling, and I relied heavily on my friends and worked on it myself.

**Q:** What advice would you give to other students in light of your experience?

**A:** Well, obviously, the single most important thing is not to walk anywhere alone — whether it's two blocks or 10 blocks, no matter what time of the evening it is. Just do not walk alone.

And I know a lot of women feel safe because they carry mace or pepper gas or whatever. And I didn't have any of that on me, but I know that if even if I had, there was no point at which I would have been able to use anything like that. And I think that a lot of women have a false sense of security as far as things like that go. They feel, 'Well, I've got mace. So....' They feel safe, but.... (Jones) used mace on me that he had gotten from a woman that he had stabbed about three days before, and that's the thing: If you carry a weapon, somebody comes up behind you and grabs you, they're just going to get it away and use it on you.

So, rather than feel safe for carrying something, I'd think — just, whenever possible — do not walk alone.

**Q:** When you were abducted on April 30, 1993, you had to walk only two blocks to get home.

**A:** Well, that's the thing. Yeah. And it wasn't through an alley or anything like that.

**Q:** Was this something you did every night?

**A:** No, actually, because, like I said, I was concerned about living in the city and I didn't walk (alone).... I did, but I didn't do it often. I was too afraid to do that, which kind of is one of the more angering things

about this whole thing is that it wasn't something that I did a whole lot, and finally it caught up to me. I didn't.... I don't think that I was.... I was safe — reasonably safe — most of the time as far as getting people to walk me or drive me or bike with me or whatever.

**Q:** Do you think the judicial system adequately served your interests as a survivor of violent crime?

I think that's an important thing that people know: what the laws are. If you ever go for jury duty, it's illegal to inform the juries of the parole laws, and that's so backward to me. I mean, it just.... I don't know. I think people need to know what those laws are.

**Q:** So the judicial process of prosecuting criminals concerns you?

**A:** Definitely. Definitely. And that's why I chose.... He and his lawyer decided to accept a life sentence without going through a jury trial, and I was given the option whether to have a jury trial or accept that. And I decided to accept that because I was told that juries are constantly handing down terms-of-years sentences. Like, they'll give (a convicted criminal) 200 years, but they only serve.... something really, really minor.

**Q:** What concerns do you have about law enforcement and safety on city streets?

**A:** I think it's just really depressing that you can't.... that you have to be escorted everywhere. I mean, I think I was very impressed with the police and legal system throughout this whole thing and how they've handled it and have done absolutely everything that they could've done. And as far as before the fact (that a rape occurs), I don't know what you can do. People go awry all the time, and, you know, I don't know how much you can do to prevent it from a legal point of view, what the law can do before something like that happens.

**Q:** Do you have anything to add?

**A:** Well, I think.... the major things that I think are important are that people know how easily something like this can happen, and you don't have to be a freshman new to the city and you don't have to be naive, you know. That's the most important thing to me that people realize. And that it is liveable and that VCU counseling is superb.

**"Why don't you just pour battery acid down your throat?"**

**"No caffeine."**

**-- Marissa Tomei and Michael Keaton in "The Paper"**

Join the team that knows the value of sleepless nights. Drop by the Commonwealth Times office in room 1149 of the General Purpose Academic Building. The paper is always buzzing.



# Health Services takes care of whatever ails you

Clinic offers students check-ups, lab tests, education

**Rebekah Wright**  
CT STAFF WRITER

Have a headache? Cold or flu gotcha down? Or maybe you're carrying a few extra pounds that you'd like to shed. How about that smoking habit you'd like to kick — the one that keeps you huffing and puffing up those campus stairways? Now that mom's not around, who cares?

University Student Health Services and its staff of health professionals can take care of just about anything that ails you.

If you need routine or immediate medical care, you can visit health services clinics located on both the academic and MCV campuses.

"The clinical services that we provide are affordable and accessible," said Doris Rice, assistant director for administration of University Student Health Services.

Affordable indeed. In return for the \$68 health fee you pay each semester, you receive unlimited access to the clinics' primary-care services.

These services include diagnosis and treatment of the most common illnesses or conditions — like the flu, sore throat, skin rashes or allergies — including routine check-ups and lab tests. As one example, Rice cited the nearly 2,500 pap smears performed by the clinic last year.

"For new students who've maybe never had a pelvic exam," Rice said, "we run our pap-smear clinic with nurse practitioners and they're just wonderful."

Before having a pap smear, students must attend a sexual education class, Rice said, covering such issues as birth control methods, HIV, AIDS and other sexually transmitted diseases.

That example reflects what Rice sees as one of the clinic's main benefits to students.

"We specialize in adolescent medicine and that makes us more sensitive to situations that an adolescent would face versus maybe some of the private practitioners that would be seen (by students)," she explained, adding that they are not surprised by most questions students ask.

While the clinics can handle most of your medical needs, you'll need to go elsewhere for certain treatments: X-rays, emergency accidental injuries, hospitalization, dental care and eye examinations.

And you'll have to pay for those treatments.

That's one good reason, Rice said, to enroll in VCU's student health insurance plan if you're not covered by your parents' insurance or otherwise.

VCU's plan costs \$654 annually and provides a maximum yearly benefit of \$50,000. Insurance applications are available at the clinics on both campuses.

Besides medical care and health plans, the clinics also provide prescriptions and over-the-counter medications through VCU's campus pharmacies.

From aspirin to insulin, Rice said, the campus pharmacies distribute most pharmaceuticals at lower prices than those found at retail pharmacies.

But again, your health fee doesn't cover the cost of prescribed medications. You'll pay for those yourself or through insurance coverage if you have it.

Next door to VCU's clinic and pharmacy, you'll find the Office of Health Promotion dispensing another kind of care.

Betty Reppert, the office's assistant director and a physician's assistant, said the office's mission is to keep students healthy.

"What we're trying to do is to keep people (students) from having to end up over there (in the clinics)," she said.

That's a challenge, Reppert added, because college life presents some tough behavioral choices that revolve primarily around sex, smoking, nutrition, stress, alcohol and drugs.

"So trying to offer positive (behavioral) alternatives," Reppert said, "rather than just saying 'NO' — that's really one of the main goals of all of our health-promotion programs."

To that end, here are some of the health promotion office's offerings.



AN APPLE A DAY... — Office Services Specialist Lisa Penn (right) shows grad student Melissa Ebaugh (left) how to fill out a pre-appointment form at Health Services located in Gladding Resident Center.

## At New Student Orientation:

- "Drawing the Shades," a dramatization of four students' rape victimizations;
- "Sex, Booze and the VCU Blues," a popular alcohol-awareness program; and
- "Creative Dating," which highlights entertainment options available in Richmond or through VCU.

Later in the term, you can participate in a group smoking-cessation clinic, consisting of four sessions scheduled throughout a two-week period each semester.

Then there's "Midnight Madness," a weekend alternative to the campus party scene that may be offered twice this year. For the event, students organize teams and compete in various athletic events to win corporate-sponsored prizes.

"They (students) really got into it," Reppert said of last year's Madness.

If you have problematic eating habits, you can sign up for the nutrition clinic. Conducted in conjunction with MCV's dietetic-internship program, this clinic offers individualized nutrition counseling one afternoon each week.

If you're concerned about issues related to sexuality, drugs or alcohol, you can contact health promotion's peer sexuality educators, students trained and supervised by health services.

Appointments with peer educators can be scheduled by calling the health-promotion office.

Also, the Health Resource Room located in the same office offers a plethora of information — brochures, books, audio and videotapes — covering a wide range of health issues.

You can research a health topic of interest while there or sign out material to take home.

But no matter what your health-resource need might be, remember health services has an open door policy. And it's your door to open.

## Health Helplines

**University Student Health Services**  
Academic Campus  
711 W. Main St., Suite 159  
828-8828

**MCV Campus**  
A.D. Williams Clinic, 2nd Floor,  
Central Wing  
828-9220

**Emergency Room Pharmacy**  
Ground Floor, MCV Main Hospital  
786-9261



# Greg Weatherford

CT EYE EDITOR

Welcome to VCU, the home of the fighting Rams, a diminutive and feisty college president and thousands of art students. Here it is: the real deal. The dope. The stuff about this gracious town that you need to know but never will learn from the VCU counseling services.

## Equipment

Getting stuff cool enough for a student like yourself doesn't have to wipe out the budget. There are actually places you can buy clothes, accessories and even furniture on a tiny income.

Exile at 822 W. Grace St. specializes in jewelry from the '40s and '60s, "recycled" and new clothes that will make you the envy of your friends. It's also the only place in town to buy those Doc Martens that you truly need to be a full-fledged college student. Mimi Regelson has run the shop for eight years. Ask her for help. Even the dogs are nice here.

Right upstairs you'll find World of Mirth, Richmond's greatest, best-kept secret. If you need a set of plates from the 1950s or a cool lamp, go here first. Manager Kathryn Harvey will take special requests to find specific items, too.

For truly amazing bargains, you'll have to go the thrift-store route.

Fantastic Thrift at 1914 W. Main St. is a good source for cheap clothes. Forks, knives and other cutlery go for 10 cents a piece. Furniture prices are pretty good, too—but not at first. Wait until the price goes down. Sure, it's a risk, but don't pay what they ask as their first price. They may be non-profit, but they still want to make money. And they do.

Goodwill at 809 W. Broad St. is the closest thrift but not necessarily the best. Good bargains occasionally can be found here.

For a truly astonishing shopping ex-

perience, though, you really have to get in a car and take the trek across the river to Salvage Barn at 5122 Hull Street Road. This massive warehouse is stuffed to the gills with surplus food, household items and other things that fell off trucks on the interstate. If you don't mind your cans a little dented, you can find everything here you could find at the local supermarket—and at half price or better. The Salvage Barn is the one place in Richmond that you must experience.

## How to be a cheap date

One word: Byrd. To experience the true VCU-student life, you must go to the Byrd Theatre at 2908 W. Cary St. For a single, solitary buck you can see a hit movie. Sure, it'll be second-run. Sure, it might not be the greatest drama in cinematic history.

But, you'll get to see the amazing gaudiness of a bygone era in movie and theater design. The ceiling soars above the seats is crowned by the enormous chandelier in its center. On Fridays and Saturdays an organist regales the crowd with themes from famous films. Now— isn't that worth a dollar? I think so.

## Eating

Food is important. If you're like most students, stuffing your face is a major priority.

El Rio Grande may be the best place to do that. Since it's right down the street from VCU at 1324 W. Cary St., you won't have any trouble getting there. You can get some of the best Mexican food this side of ... well, the Rio Grande. And the prices are reasonable for a student budget.

The Village Cafe at Grace and Harrison streets isn't known for its sterling cuisine. But the coffee refills are free, and it's worth the price of a bowl of black beans and rice just to watch the natives do their thing. A real Richmond tradition, the Village recently moved across Harrison Street from its original

location. Longtime fans say it hasn't been the same. We say, who cares?

Bidder's Suite at 917 W. Grace Street quickly is catching up to the Village in the competition for the coolest coffee shop in town. The food is good but stick to the appetizers to keep the price down.

For those who want pizza delivered, there are only two things you need to know: Bottoms Up is the best, and Papa John's is the cheapest.

## Free for you and me

Hollywood Cemetery at 412 Cherry St. in Oregon Hill—just walk south from VCU—is a stunningly pastoral graveyard with winding roadways that meander through hills and dales. Confederate President Jefferson Davis is buried here. So are a lot of people who are related to Richmond's history and the history of the rest of the country.

Admission is free. The cemetery is open most daylight hours, but don't go in there at night—and not just because the guards will catch you and you'll be sentenced to umpteen hours of community service. The graveyard is one of the country's most notoriously haunted spots. A vampire, a devil dog and a myriad of phantoms are said to lurk here awaiting the unwary. Do not be inside the gates when the sun goes down.

But in daylight, the graveyard is gorgeous and melancholy—a place to reflect and remember.

The best bargain in Richmond entertainment is the historic and beautiful James River. It's the only place I know where you can spend the entire day killing time, swimming, reading or just people-watching and not spend a penny. Bring your dog, if you have one. A lot of people do.

Go on a weekday if you want to avoid a crowd. But any time you go there, watch the water. It's faster-running than it looks, and several people drown in it every year.



# The Eye

# Dear

*Richmond  
great place  
live. At long last  
here's the  
on the coast  
in a city  
likes to  
what it has  
you won't  
to live here  
10 years but  
you find  
where the  
interesting  
of town*

CHECK PLEASE—(left) Village Cafe waits for customers. The Village Cafe remains a student's favorite on a budget.  
HERE ROVER—(right) Mimi Regelson, president, sits in her favorite chair while playing with Gabora. Exile sits at extremely reasonable prices.



By Rickman/Commonwealth Times



Greg Weatherford  
CT EYE Editor

Welcome to VCU, the home of the fighting Rams, a diminutive and feisty college president and thousands of art students. Here it is: the real deal. The dope. The stuff about this gracious town that you need to know but never will learn from the VCU counseling services.

**Equipment**  
Getting stuff cool enough for a student like yourself doesn't have to wipe out the budget. There are actually places you can buy clothes, accessories and even furniture on a tiny income.

Exile at 822 W. Grace St. specializes in jewelry from the '40s and '60s, "recycled" and new clothes that will make you the envy of your friends. It's also the only place in town to buy those Doc Martens that you truly need to be a full-fledged college student. Mimi Regelson has run the shop for eight years. Ask her for help. Even the dogs are nice here.

Right upstairs you'll find World of Mirth, Richmond's greatest, best-kept secret. If you need a set of plates from the 1950s or a cool lamp, go here first. Manager Kathryn Harvey will take special requests to find specific items, too.

For truly amazing bargains, you'll have to go the thrift-store route.

Fantastic Thrift at 1914 W. Main St. is a good source for cheap clothes. Forks, knives and other cutlery go for 10 cents a piece. Furniture prices are pretty good, too—but not at first. Wait until the price goes down. Sure, it's a risk, but don't pay what they ask as their first price. They may be non-profit, but they still want to make money. And they do.

Goodwill at 809 W. Broad St. is the closest thrift but not necessarily the best. Good bargains occasionally can be found here.

For a truly astonishing shopping ex-

perience, though, you really have to get in a car and take the trek across the river to Salvage Barn at 5122 Hull Street Road. This massive warehouse is stuffed to the gills with surplus food, household items and other things that fell off trucks on the interstate. If you don't mind your cans a little dented, you can find everything here you could find at the local supermarket—and at half price or better. The Salvage Barn is the one place in Richmond that you must experience.

**How to be a cheap date**

One word: Byrd. To experience the true VCU-student life, you must go to the Byrd Theatre at 2908 W. Cary St. For a single, solitary buck you can see a hit movie. Sure, it'll be second-run. Sure, it might not be the greatest drama in cinematic history.

But, you'll get to see the amazing gaudiness of a bygone era in movie and theater design. The ceiling soars above the seats is crowned by the enormous chandelier in its center. On Fridays and Saturdays an organist regales the crowd with themes from famous films. Now— isn't that worth a dollar? I think so.

**Eating**

Food is important. If you're like most students, stuffing your face is a major priority.

El Rio Grande may be the best place to do that. Since it's right down the street from VCU at 1324 W. Cary St., you won't have any trouble getting there. You can get some of the best Mexican food this side of ... well, the Rio Grande. And the prices are reasonable for a student budget.

The Village Cafe at Grace and Harrison streets isn't known for its sterling cuisine. But the coffee refills are free, and it's worth the price of a bowl of black beans and rice just to watch the natives do their thing. A real Richmond tradition, the Village recently moved across Harrison Street from its original

location. Longtime fans say it hasn't been the same. We say, who cares?

Bidder's Suite at 917 W. Grace Street quickly is catching up to the Village in the competition for the coolest coffee shop in town. The food is good but stick to the appetizers to keep the price down.

For those who want pizza delivered, there are only two things you need to know: Bottoms Up is the best, and Papa John's is the cheapest.

**Free for you and me**

Hollywood Cemetery at 412 Cherry St. in Oregon Hill—just walk south from VCU—is a stunningly pastoral graveyard with winding roadways that meander through hills and dales. Confederate President Jefferson Davis is buried here. So are a lot of people who are related to Richmond's history and the history of the rest of the country.

Admission is free. The cemetery is open most daylight hours, but don't go in there at night—and not just because the guards will catch you and you'll be sentenced to umpteen hours of community service. The graveyard is one of the country's most notoriously haunted spots. A vampire, a devil dog and a myriad of phantoms are said to lurk here awaiting the unwary. Do not be inside the gates when the sun goes down.

But in daylight, the graveyard is gorgeous and melancholy—a place to reflect and remember.

The best bargain in Richmond entertainment is the historic and beautiful James River. It's the only place I know where you can spend the entire day killing time, swimming, reading or just people-watching and not spend a penny. Bring your dog, if you have one. A lot of people do.

Go on a weekday if you want to avoid a crowd. But any time you go there, watch the water. It's faster-running than it looks, and several people drown in it every year.

# EYE

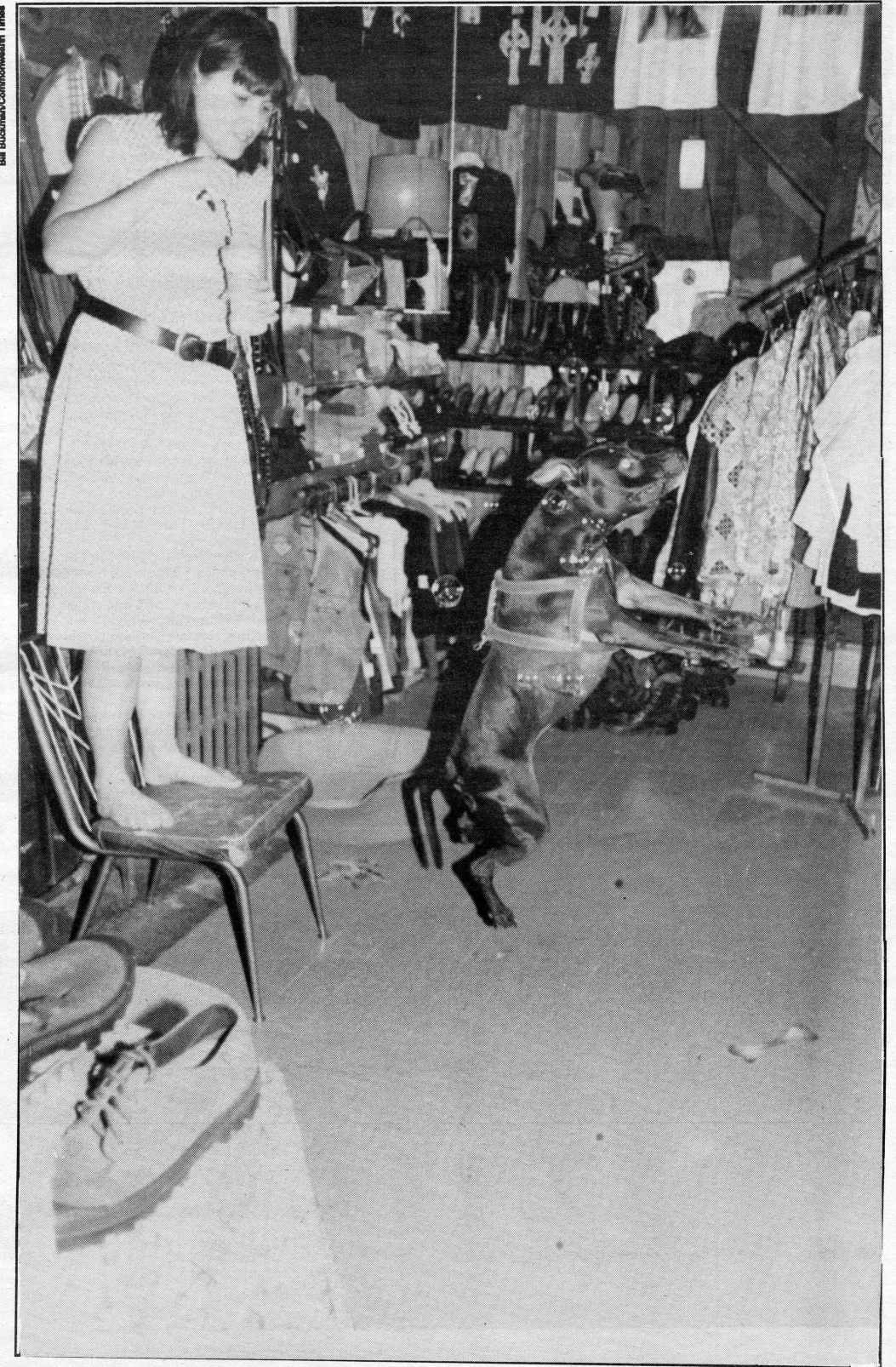
## The Real Deals

*Richmond is a great place to live. At long last, here's the scoop on the cool stuff in a city that likes to hide what it has. Now you won't have to live here for 10 years before you find out where the really interesting parts of town are.*

CHECK PLEASE—(left) Village Cafe waitress Melissa Morre checks on her customers. The Village Cafe remains a hot social hangout for VCU students on a budget.  
HERE ROVER—(right) Mimi Regelson, part owner of Exile, stands on a chair while playing with Gabora. Exile sells clothing, jewelry, shoes, etc. at extremely reasonable prices.

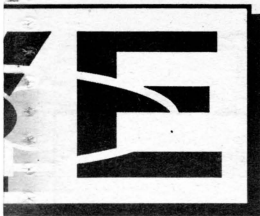


Bill Buckman/Commonwealth Times



Bill Buckman/Commonwealth Times





# Real als

is a  
ce to  
g last,  
scoop  
stuff  
that  
side  
Now  
have  
e for  
efore  
out  
really  
parts  
are.

Bill Buckner/Commonwealth Times



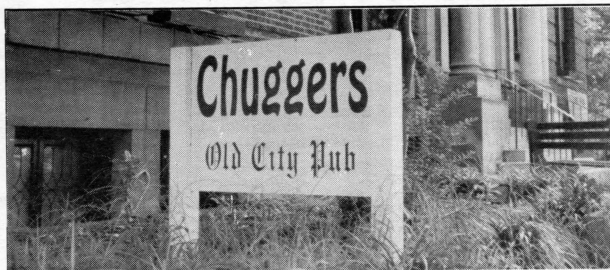
ress Melissa Morre checks on  
a hot social hangout for VCU  
rt owner of Exile, stands on a  
ls clothing, jewelry, shoes, etc.



# Richmond Hot Spots

*Spectrum editor Martha Shelton searched far and wide to bring you the best of Richmond. After tasting the fine eats and drinks from restaurants such as Joe's Inn and Soble's, she has compiled a list of Richmond's Hot Spots.*

## The Fan



Chuggers

Bill Buckman/Commonwealth Times

### Nightlife and Restaurants

Crazy Charlie's - 1113 W. Main St. TVs, foosball, bar and loud music. Also contains Zero Mr. Submarine food for the sub and pizza lover.

Soble's - 2600 W. Main St. Nice atmosphere, good sandwiches and Long Island Ice Teas. Outdoor patio for fresh air and a good meal.

Texas Wisconsin Border Cafe - 1501 W. Main St. Party crowd, cheap eats and good chilli.

Buffalo Joe's - 733 W. Cary St. Nice atmosphere, TV, bar and dartboards

Chuggers - 900 W. Franklin St. "Cheers" atmosphere and crowd.

Joe's Inn - 205 N. Shields Ave. Wonderful spaghetti, bar and nice crowd.

Robin Inn - 2601 Park Ave. Good pizza and spaghetti, small but nice.

Bogart's Back Room - 203 N. Lombardy St. Good sandwiches, huge selections, nice crowd and cheap prices.

The Trolley Restaurant - 1627 W. Main St. Great nachos, nice atmosphere.

Davis and Main - 2501 W. Main St. Good food but rather expensive.

The Village Cafe - 1001 W. Grace St. Nice crowd, coffee and service. Good place for socializing.

Coyote's - 1323 W. Main St. - Southwest food with good prices.

Ivory's Uptown Lounge - 805 W. Broad St. Three dance floors with three DJ's spinning soul and R&B.

The Nile Cafe - 307-309 N. Laurel St. Live local bands Wednesday and Saturday.

Asian Gourmet - 900-A W. Grace St. Best Chinese on the block - cheapest too.

Chiocca's Park Avenue Inn - 2001 Park Ave. Great sandwiches nicely priced.

Grace Place Restaurant & Market - 826 W. Grace St. Oldest vegetarian place in town. Inexpensive to moderately priced food.

Julian's Restaurant - 2617 W. Broad St. Italian food, great pizza. Prices are inexpensive to moderate.

Piccola Italy Pizza & Subs - 1100 W. Main St. Corner of Main and Harrison streets, right on the edge of campus. A great meal fixed quickly.

Rosa's La Casa Della Pasta - 1104 W. Main St. An Italian favorite with students, nicely priced.

The Sidewalk Cafe - 2101 W. Main St. Spaghetti and sandwiches. Inexpensive to moderately priced meals.



IT ALWAYS HAPPENS - The Lost Sock, located at 1319 W. Main St., provides food and drink as well as laundry facilities.

Bill Buckman/Commonwealth Times



# Shockoe Bottom

## Nightlife and Restaurants

Awful Arthurs - 101 N. 18th St.  
Oyster Bar. Fun crowd, great seafood.  
Rock Bottom Cafe - 13 N. 17th St.  
Nicely priced beer with good music and great pizza.

Castle of Thunder Cafe - 1724-1726 E. Main St. Live top 40 and dance music Tuesday through Thursday and Saturdays.

Goodfellas Restaurant - 1722 E. Main St. Pooltables, decks and good mixed drinks.

Shotz - 4 N. 18th St. Pool tables and nicely priced drinks.

Philly's - 1800 E. Main St. On certain days of the week food is half price.  
Pillars/ Bird in Hand Restaurant - 1718-20 E. Main St. Dance floor, nice crowd and fun environment.

Bus Stop - 1210 1/2 E. Cary St. Bar downstairs, club upstairs with top 40 and live bands on Wednesdays and Thursdays for the 18+ crowd.

The Comedy Club at Matt's British Pub - 109 S. 12th St. Professional com-

ics Friday and Saturdays.

Farmer's Market Inn - 1707 E. Franklin St. Live blues Fridays and Saturdays.

Harry's 12th Street Grill - 3 S. 12 St. Live acoustic music Thursday through Saturday.

Memphis Bar & Grill - 119 N. 18th St. Variety of live music Thursday through Saturday.

Ozone - 2001 E. Franklin St. Variety of music and a huge dance floor.

Scarlett Shockoe Kitchen and Bar - 1500 E. Main St. Live bands for reasonable cover charge.

Twisters - 929 W. Grace St. Local and regional bands play in crowded club, complete with long bar and pool table.

Bottoms Up Pizza - 1700 Dock St. Moderately priced food. Most creative pizza in town.

3rd Street Diner - 218 E. Main St. Classic all-night diner, nice atmosphere and nicely priced meals.

# Carytown

## Night-life and restaurants

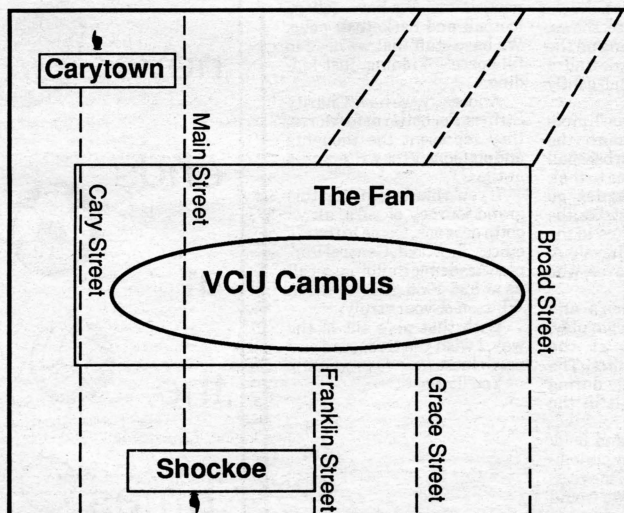
New York Delicatessen - 2920 W. Cary St. Great food with low prices.

Christopher's Restaurant & Lounge - 2811 W. Cary St. Primarily gay male crowd.

Babe's of Cary town - 3166 W. Cary St. Primarily lesbian crowd.

The Lazy Bagel - 3156 W. Cary St. Great bagels and good service.

Mary Angela's Italian Subs and Pizza - 3345 W. Cary St. A bit farther than some eateries, but definitely worth the travel.



Byrd Theatre

Bill Buckman/Commonwealth Times

## Around the corner

### Travel

Williamsburg - Historical Jamestown I-95 North to 64 East. One hour driving time.

Kings Dominion - Amusement park. I-95 North to Busch Gardens Exit 45 minutes driving time.

Busch Gardens - Amusement park. 64 East to Busch Gardens Exit. One hour driving time.

Virginia Beach - I-95 North to 64 East. Take route 44 once in Virginia Beach area. Two hours driving time.

Skyline Drive - Beautiful Mountain scenery. 64 West.

Wintergreen Ski Resort - 64 West Charlottesville - Historical Montecello and Mickey's Tavern. 64 West. Two hours driving time.

### Parks

Bojangles Park - East Leigh St. and Chamerlayne Parkway. Features a statue of Richmond native dancer Bill "Bojangles" Robinson.

Bryan Park - Bellevue and Hermitage Road. About 297 acres with picnic shelters, a fishing lake and lots of azaleas.

Brown's Island Park - South Seventh and Tredgar streets. Often a major concert site.

Byrd Park - South Boulevard and Idlewood Avenue. Lake with paddle boats, tennis courts and lots of grass.

James River Park - 22nd Street and Riverside Drive. Walking Trails and fishing on the most popular site, Belle Isle, reached by a pedestrian bridge.

Maymont Park - 1700 Hampton St. Animals, flowers, walking trails and picnic tables.

For more information call the Richmond City Department of Recreation and Parks at 780-5733.

### Movies

APB Alternative Films - Business Building Auditorium. Foreign, avant-garde and obscure films shown almost every Sunday night.

APB Films - Commons Theater. Recent films play Friday and Saturday evenings. Paid for with student activities fees.

Byrd Theatre - 2908 W. Cary St. Second-run movies for 99 cents.

Cinema & Draft House - 8099 W. Broad St. Food and drink while you watch second-run videos.

Westhampton Cinema 1 & 2 - 5706 Grove Ave. Shows artsy films for a decent price.



# Nordictrack, racquetball liven Cary St. Gym seven days a week

**Sherry Jones**  
CT NEWS EDITOR

Instead of sitting around watching soap operas locked up in a dorm room, escape the doldrums and get out and meet people who share your interests.

Come to Cary Street Gym!

With a refurbished outdoor field the gym offers a wide range of activities for freshmen, said Todd McCollum, assistant director for recreational sports.

"It's a chance to meet a whole lot of different people," he added. "There's a lot of camaraderie."

The gym is open to all students who have paid their recreation fee and who have valid student identification.

Gary Stanley, a student manager at the gym, said the gym features many different facilities, including an air-conditioned weight room, two basketball courts, four racquetball courts, one multipurpose court, volleyball nets and aerobics equipment. Badminton equipment is available upon request.

The fitness equipment includes seven life cycles, four side rowing machines, two Stairmasters and one Nordictrack.

In addition, Stanley said, the newly

repaired Cary Street Field can be used for flag football, soccer, field hockey, track and softball.

McCollum said two outdoor basketball courts are available for student use.

Students need not worry about rushing home to bathe before classes, Stanley said, because the gym locker rooms have showers.

"Freshmen don't usually realize the gym is here," he said.

Students usually find out about the gym's facilities, Stanley added, through word-of-mouth.

McCollum said he thinks some students who know about the gym simply do not like sports.

"Some people just don't choose to participate," he said, adding that the gym staff plans to work more with the residence halls to increase awareness.

The summer hours are Monday through Thursday 9 a.m. to 8 p.m., Friday 9 a.m. to 7 p.m. and Saturday and Sunday 11 a.m. to 3 p.m.

Once school begins the hours will be Monday, Wednesday and Friday 6:30 a.m. to 10 p.m., Tuesday and Thursday 9 a.m. to 10 p.m. and Saturday and Sunday 11 a.m. to 7 p.m.



Bill Buckman/Commonwealth Times

GREEN ACRES - Cary Street Field sports a new surface this year.

## An open letter to you, the Class of '98

**Brian J. French**  
CT SPORTS EDITOR

Congratulations. Whatever path you took, it led you to downtown Richmond. To VCU. To me.

With that, I wish you a hearty welcome to our school.

For whatever reason you came to VCU (art school, business, close to home, you like lots of traffic lights), you're here.

Ergo, it becomes my duty to give you the VCU and Richmond athletic tour. Please keep your hands inside the tram at all times, don't feed the animals and follow me:

First come fall, when the leaves and VCU freshmen's expectations come slowly tumbling from the skies.

VCU puts out varsity teams in soccer, field hockey and volleyball. The soccer team came within an eyelash of going to the NCAA tournament, while the field hockey squad indoctrinates a new head coach.

Might as well watch them. After all, what else are you going to do? Watch the pennant races? *Ahaha!!!!*

Oh, um, sorry about that. Sometimes I do crack myself up.

So where was I? Oh, yeah.

There will be some form of baseball going on. Cast your eyes northward, where you will spy The Diamond and the Richmond Braves. Actually, they won't be playing for too much longer, just until early September. Still, it makes for a good show.

If you wanna go see the soccer and field hockey teams butt heads with Cardinals and Hokies and Bulls (oh, my!), then go to the aptly named Cary Street Field, located to the equally aptly named Cary Street Gym. It's out behind the Thalheimer Tennis Center on (could it be?) Cary Street.

The volleyball team plays at another ingeniously named facility (Franklin Street Gym).

I could go on about the lack of ingenuity that VCU has in naming their buildings, but I leave that to the more serious folks over at Editorial.

Meanwhile, we go forward to winter. A glorious time of year, when the capital city is coated with a light cover of ... ice.

Having said that, I direct you to the men's and women's basketball teams.

Both suffered through long and disappointing seasons but still return to their respective courts for more.

The men play at the Richmond Coliseum (that brown thing that looks like a mouthwash top), while the women do their thing over at the Franklin Street Gym.

If hockey is more your type, the Renegades play, too. Back to the Coliseum with you if you want to go. They just inked a new deal to become a farm team of the NHL's Hartford Whalers.

Then spring: The ice thaws, the pigeons do their thing on the statues in Monroe Park and a young Ram's thoughts fall gently upon baseball.

That being the case, you'll probably not see Chris Berman on the tube. The idiots who run baseball (into the ground) will see to that.

While the big leagues go through Day 567 of the strike, the VCU baseball team takes to the field at The Diamond. They share the joint with the R-Braves, who start up in April.

Meanwhile, the men's and women's tennis team begin play. They do that over at the Thalheimer Tennis Center. The courts grow a big bubble during the winter, and shed it in the spring.

The golf and track and field/cross country teams play periodically during the course of the year. They don't have what we would call a "home court" though.

That, in a nutshell, is the VCU

athletic society.

Meanwhile, what can you expect from us at the Commonwealth Times when it comes to sports? Beats me. At times we don't know ourselves.

Seriously, though, we'll bust our journalistic tails to cover stuff. We have a Picks column, in which we make football prognostications. We have college football and basketball polls. We have stuff that we need to fill space - kidding, just kidding.

And lastly, we have Charity Stripes. For better or for worse, they represent the thoughts and opinions of the writers here at the CT.

If you'd like to join us in this grand journey of ours, all ya gotta do is ask. Come to the CT offices (first floor, General Purpose Academic Building) or call us at 828-1058. Ask for Brian Whitson or yours truly.

With that plug out of the way, I wish you Godspeed and much luck.

You'll need it.

The  
sports  
season  
never  
ends  
at  
the  
Times





## VIRGINIA COMMONWEALTH UNIVERSITY 1994 SOCCER SCHEDULE

September	4	(Sun)	at LaSalle	1 p.m.
	7	(Wed)	at Liberty	2 p.m.
	9	(Fri)	Portland#	5 p.m.
	10	(Sat)	Delaware#	5 p.m.
	14	(Wed)	at William & Mary	7 p.m.
	17	(Sat)	SOUTH FLORIDA*	7 p.m.
	21	(Wed)	RADFORD	7 p.m.
	25	(Sun)	SOUTH CAROLINA*	2 p.m.
	28	(Wed)	UNC CHARLOTTE*	7 p.m.
October	2	(Sun)	MARSHALL	1 p.m.
	5	(Wed)	at Howard	7:30 p.m.
	8	(Sat)	LOYOLA (MD)	1 p.m.
	12	(Wed)	at Richmond	7 p.m.
	15	(Sat)	WEST VIRGINIA	7 p.m.
	19	(Wed)	at Virginia	4 p.m.
	23	(Sun)	at Wake Forest	TBA
	26	(Wed)	at Old Dominion	7:30 p.m.
	30	(Sun)	at Virginia Tech*	2 p.m.
November	5	(Sat)	at Louisville*	7:30 p.m.

Home games in all CAPS

\*Metro Conference Games

#at Busch Gardens Tournament - Williamsburg, Va.

## VIRGINIA COMMONWEALTH UNIVERSITY 1994-95 WOMEN'S BASKETBALL SCHEDULE

November	12	(Sat)	Austria Herzogenburg (Exhb.)	2 p.m.
	26	(Sat)	LIBERTY	7:30 p.m.
	30	(Wed)	OLD DOMINION	7 p.m.
December	3-4	(Sat-Sun)	at Iona Tournament	7 p.m.
	7	(Wed)	MD-EASTERN SHORE	7 p.m.
	9	(Fri)	at James Madison	7:30 p.m.
	14	(Wed)	HOWARD	7 p.m.
	17	(Sat)	at George Mason	3 p.m.
	21	(Wed)	at Richmond	7 p.m.
	29	(Thu)	UNC-WILMINGTON	7 p.m.
January	6	(Fri)	at South Florida*	7 p.m.
	8	(Sun)	VIRGINIA TECH*	2 p.m.
	10	(Tue)	at East Carolina	7 p.m.
	13	(Fri)	TULANE*	7 p.m.
	17	(Tue)	at Morgan State	TBA
	22	(Sun)	UNC CHARLOTTE*	2 p.m.
	29	(Sun)	at Louisville*	2 p.m.
February	3	(Fri)	at Tulane*	7 p.m.
	5	(Sun)	at Southern Mississippi*	2 p.m.
	8	(Wed)	RICHMOND	7 p.m.
	12	(Sun)	SOUTHERN MISSISSIPPI*	2 p.m.
	17	(Fri)	at Virginia Tech*	7 p.m.
	19	(Sun)	at UNC Charlotte*	2 p.m.
	21	(Tue)	WILLIAM & MARY	7 p.m.
	24	(Fri)	LOUISVILLE*	7 p.m.
	26	(Sun)	SOUTH FLORIDA*	2 p.m.
March	6-11	(Mon-Sat)	at Metro Tournament Louisville, Ky.	

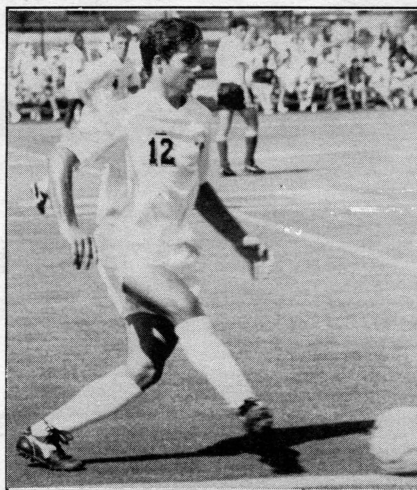
Home games in all CAPS

\* Metro Conference games

## VIRGINIA COMMONWEALTH UNIVERSITY 1994 VOLLEYBALL SCHEDULE

September	2-3	at Virginia Tournament (Kent, James Madison, Hofstra)	TBA
	9-10	at Nevada Reno Tournament (St. Mary's, Missouri, Weber State)	TBA
	13	LIBERTY	7 p.m.
	16-17	VCU TOURNAMENT (Howard, UNC Greensboro, Lehigh, UNC Asheville)	TBA
	23-24	at Radford Tournament (Liberty, Western Carolina)	TBA
	27	at George Mason	7:30 p.m.
	30	at East Carolina	7 p.m.
October	4	VIRGINIA TECH	7 p.m.
	6	at Davidson	7 p.m.
	7	at UNC Charlotte	TBA
	11	at Liberty	7 p.m.
	14	EAST CAROLINA	7 p.m.
	15	SOUTH FLORIDA	7 p.m.
	17	PENNSYLVANIA	7 p.m.
	21-22	RAM INVITATIONAL (Central Florida, West Point, Boston College)	TBA
	29	at Louisville	1 p.m.
	30	at Xavier	2 p.m.
November	1	at James Madison	7 p.m.
	4	TULANE	7 p.m.
	5	SOUTHERN MISSISSIPPI	7 p.m.
	11-12	at Ohio Tournament (Western Illinois, Eastern Kentucky)	TBA
	18-20	at Metro Conference Tournament Tampa, Florida	TBA

Home games in all CAPS



ALL OOOOP - (top) All Ault (23) and the rest of the women's basketball team will try to bounce back from last year's disappointing season.  
FUTBOL - After barely missing the NCAA Tournament last season, the soccer team will give it another shot this year.



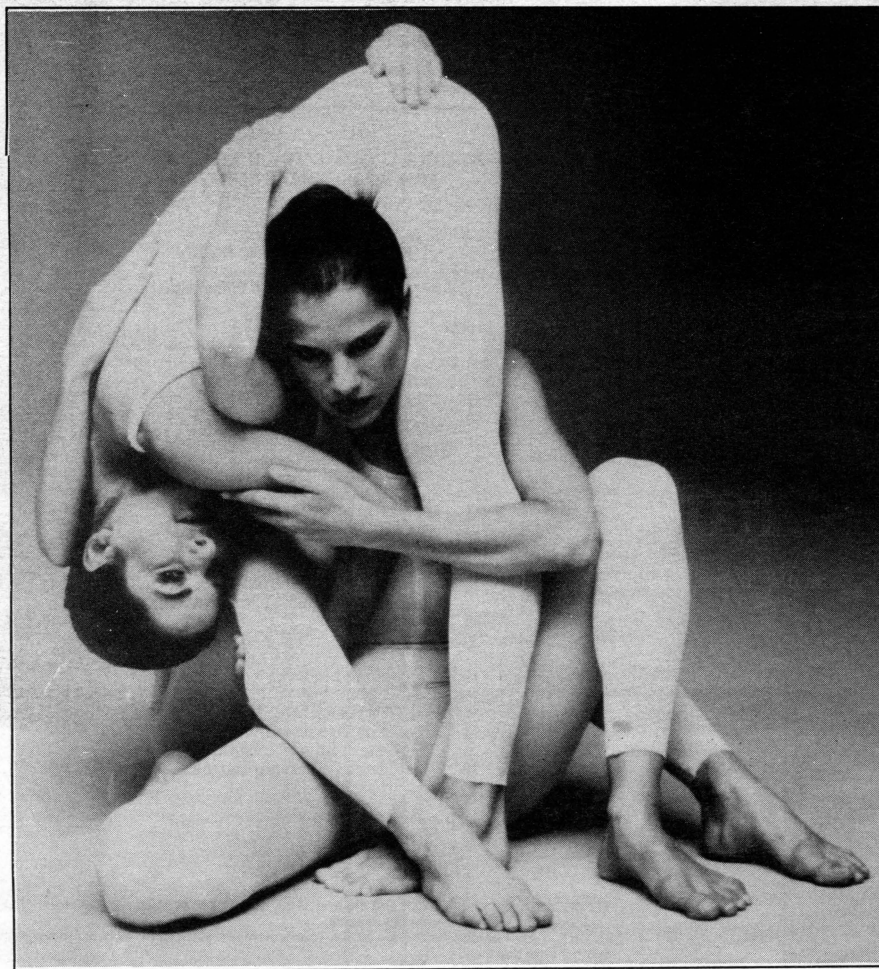
## Future Journalist:

One of the best selling points you could have out there in that wild and crazy world of reporters is hands-on experience working for your college newspaper.

That's why you should attend the Commonwealth Times' free Crash Course in Newspaper Writing.

Join us on Saturday, Sept. 10 as professors and professional writers teach you everything you need to know to become a CT-star reporter. Meet the paper's editors and writers and enjoy a free lunch! And make plans for your career in journalism.

Call 828-1058 now to reserve a seat.



An  
Event  
You'll  
Never  
Forget



# Want a safe place to hang out this fall? Hang out at the CT!

## Commonwealth TIMES

### Staff Application

Name \_\_\_\_\_ Local Phone \_\_\_\_\_

Major \_\_\_\_\_ Year \_\_\_\_\_

Faculty Reference (for mass communications students) \_\_\_\_\_

Section interested in (check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Writing                      | <input type="checkbox"/> Production                   |
| <input type="checkbox"/> News                         | <input type="checkbox"/> Photography                  |
| <input type="checkbox"/> Spectrum                     | <input type="checkbox"/> Advertising                  |
| <input type="checkbox"/> Sports                       | <input type="checkbox"/> Other (please specify) _____ |
| <input type="checkbox"/> Editorial                    |   |
| <input type="checkbox"/> Copy Editing                 |   |
| <input type="checkbox"/> Other (please specify) _____ |   |

If interested in advancement, please indicate position applying for here \_\_\_\_\_

Why do you want to write for the Commonwealth Times? If applying for advancement, why do you want the position you are applying for? \_\_\_\_\_

Qualifications. Please list all prior relevant job experience or writing background. Describe contributions you feel you can make to the operations of the Commonwealth Times.

---

---

---

---

---



## help wanted

**EXTRA INCOME '94**  
Earn \$200-\$500 weekly mailing 1994 Travel brochures. For more information send a self addressed stamped envelope to: SRM Travel, P.O. Box 612290, Miami, FL 33161 -- EOE

**SUMMER JOBS**  
Work in Charlottesville or Northern Virginia. Earn \$3,500-\$7,000 with Student Services Moving Company or Student Services Housepainters Inc. Call 800-766-6831 for an application. -- EOE

**SECURITY GUARDS WANTED**  
Student security guards needed at the Gladding Residence Center for next school year. Flexible hours, must work nights and weekends. \$5.65 per hour, average around 20 hours per week. Minimum GPA 2.0. Job begins August '94. Pick up applications at GRC suite 156. -- EOE

**ENVIRONMENTAL**  
Devote a summer to environmental change with Virginia Citizen Action. Advance pesticide reform and prevent

pollution of our waterways. Full-time positions available for the summer. Full time - 5 days/week, m-f, \$300-\$400/week  
Work hours 1:30-10:30 p.m.  
For a job that matters call: #354-1945 between 9-5 -- EOE

**ASSISTANT AREA MANAGEMENT PROGRAM**  
Summer Job Opportunities. Ideal for College Students.  
National Co. has full time summer internships available in No. VA & MD. All majors accepted. \$3,120 guaranteed. Scholarships, trips, & college credit. For more info, call Mr. Ruge at (703) 359-2944 or (800) 833-6078. -- EOE

Counselors needed - Bold residential summer camp for developmentally disabled children & adults. June 18 - Aug. 26. Orlando, Fla. area (407) 889-8088. -- EOE

**NOW HIRING**  
Waitstaff/Barenders/Valets  
Flexible Hours  
401 W. Franklin St.  
648-6543 (Carter) -- EOE

## miscellaneous

**SKYDIVE!** Come experience an incredible adventure at Skydive Orange. Call (703) 942-3871 for brochure. Ask about student discounts!

**CASH FOR COLLEGE**  
Billions of \$\$\$ in Grants available. No repayment ever. Hurry. Fall deadline approaching. Toll Free 1-(800) 243-2434. -- EOE

**REDUCE COLLEGE STRESS**  
Authentic Massage - Mark Springfield, Certified Massage Therapist.  
Enjoy relaxing therapeutic massage/40 percent OFF with student ID (\$30 for 75 minute session). Expires Sept. 5, 1994. Call TODAY. 359-6742. -- EOE

**ADVERTISE IN THE TIMES**  
CALL 828-1058.

**Classifieds are accepted Monday through Friday in the offices of the Commonwealth Times, 901 W. Main St. Classifieds must be prepaid in cash, check or money order. Classifieds will be accepted by mail if full payment is enclosed. The deadline for classifieds is 5 p.m. Friday for the following Monday edition, 5 p.m. Tuesday for the Wednesday issue and 5 p.m. Thursday for the Friday issue.**

**Classifieds are \$7 for the first 25 words or less, plus 10 cents for each additional word.**

## The Commonwealth Times will publish again on Aug. 29, 1994.

**Our office doors will open for business the week before the start of the semester. So stop by our offices in the General Purpose Academic Building, room 1149 and pick up an application or a rate card. Call 828-1058 for more information.**

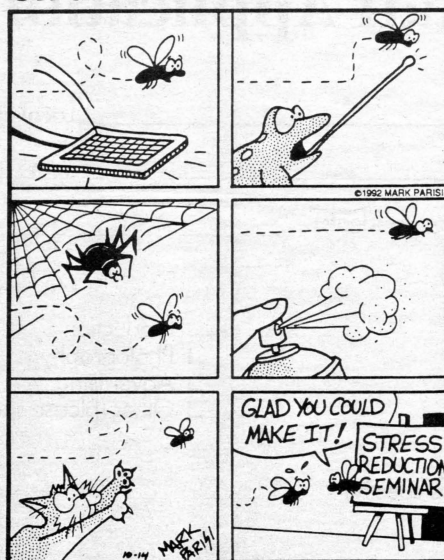
## off the mark

by Mark Parisi



## off the mark

by Mark Parisi



## off the mark

by Mark Parisi



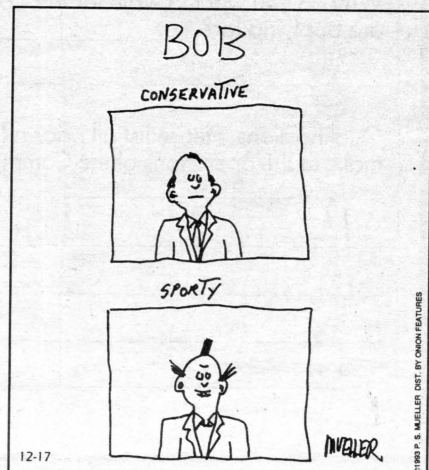
## P. S. Mueller



## P. S. Mueller



## P. S. Mueller







WELCOME TO **VCU**.  
CONTRARY TO WHAT YOU MAY  
HAVE HEARD, THESE THREE  
LETTERS DO NOT STAND FOR  
**VERY COSTLY UNIVERSITY**.

THEY STAND, INSTEAD, FOR  
**VIRGINIA COMMONWEALTH  
UNIVERSITY!**



YOU CAN  
SEE THE  
SCHOOL'S  
OFFICIAL  
SEAL  
EVERY-  
WHERE!



ONE OF THE  
FIRST CHOICES  
TO MAKE IS  
WHERE YOU  
WILL LIVE.

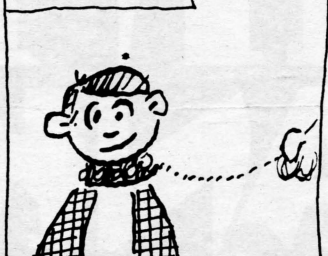


YOU COULD STAY IN  
UNIVERSITY HOUSING

OR IN A FAN APARTMENT



OR WITH YOUR  
PARENTS



NO MATTER **WHERE**  
YOU LIVE, YOU MUST  
GET TO CLASS.

BASICALLY, THERE  
ARE THREE MODES OF  
TRANSPORTATION ON  
VCU'S CAMPUS.

WALKING



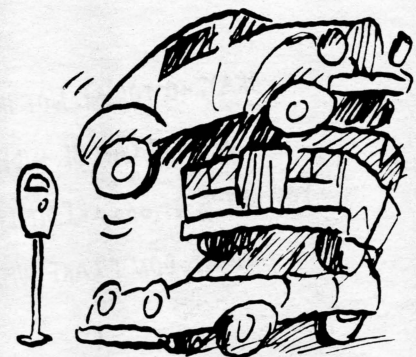
RIDING A BIKE



GOING BY CAR



BE ADVISED, IF YOU TAKE  
YOUR OWN CAR: PARKING  
SPACES ARE HARD TO  
FIND.



HAVE FUN!



# CLOSE YOUR ACCOUNT WITH THE BANK OF DAD.

OKAY, SO YOU'RE NOT INDEPENDENTLY WEALTHY,  
BUT YOU CAN BE INDEPENDENT. WITH DISCOVER® CARD  
YOU GET A \$1,000 CREDIT LINE, NO ANNUAL FEE  
AND WE DON'T CARE WHAT TIME YOU GET HOME.



IF YOU DON'T GOT IT,  
GET IT.™