

TABLE 1

THE DISTRUBUTION OF CHARACTERISTICS OF THE STUDY POPULATION

<u>VARIABLE</u>	<u>TOTAL N</u>	<u>TOTAL %</u>
Obese(N=12576)		
Yes	3238	25.7
Gender(N=12576)		
Male	6602	48.9
Race/Ethnicity(N=12425)		
White	5977	48.1
Black	2361	19.0
Hispanic	3064	24.7
Other	1023	8.2
Age(N=12576)		
15 & younger	3904	31.0
16	3232	25.7
17 & older	5440	43.3
Education level(N=12531)		
9th grade	3072	24.5
10th grade	3072	24.5
11th grade	3241	25.9
12th grade	3146	25.1
Grades(N=12443)		
A's	2980	23.9
B's	4919	39.5
C's	3220	25.9
D's & F's	1324	10.6
Geographic Region(N=12576)		
Northeast	777	6.2
Midwest	1831	14.6
South	5904	46.9
West	4064	32.3
Metropolitan Status(N=12576)		
Urban	4633	36.8
Suburban	6667	53.0
Rural	1199	9.5
Unknown	77	0.6
Smoking Status(N=12269)		
Yes	4321	35.2
Drug use(N=12378)		
Yes	5594	45.2
Alcohol Use(N=11264)		
Yes	8910	79.1
Body Image Perception(N=12463)		
Underweight	1931	15.5
Normal weight	6827	54.8
Overweight	3705	29.7
Fruits and Veggies(N=10382)		
Yes	9903	95.4
Exercise for weight loss/30 days(N=12443)		
Yes	7233	58.1

Table 1 (continued)

VARIABLE	TOTAL N	TOTAL %
Hours of Television/day(N=12322)		
None	805	6.5
1 hour or less	3412	27.7
2 - 3 hours	5009	40.7
4 or more hours	3096	25.1
Frequency of PE /week		
None	5769	76.1
1 day	229	3.0
2 days	320	4.2
3 days	927	12.2
4 days	333	4.4
5 days	3983	34.5
Physical activity in PE class/day(N=11210)		
None	5576	49.7
less than 30 minutes	1910	17.0
31 - 50 minutes	2090	18.6
51 or more minutes	1634	14.6
Sports Teams/year(N=12288)		
0	5624	45.8
1	3012	24.5
2	1988	16.2
3 or more	1664	13.5
Vigorous Activity/week(N=12067)		
None	2097	17.4
1 day	1160	9.6
2 days	1274	10.6
3 days	1420	11.8
4 days	1052	8.7
5 days	4217	13.9
6 days	847	7.0
7 days	2539	21.0
Moderate Activity/week(N=12427)		
None	3937	31.7
1 day	1556	12.5
2 days	1658	13.3
3 days	1385	11.1
4 days	829	6.7
5 days	900	7.2
6 days	404	3.3
7 days	1758	14.1
Depression Status(N=12528)		
Yes	3674	29.3