

TABLE 3
THE PREVALENCE OF OVERWEIGHT/OBESITY IN ADOLESCENTS

VARIABLE	TOTAL(N)	OVERWEIGHT/OBESE(N)	PREVALENCE(%)	95% CI
Gender	12576	3238	25.8	24.99 - 26.52
Male	6602	1873	28.4	27.29 - 29.48
Female	6952	1365	19.6	18.71 - 20.59
Race/Ethnicity	12425	3196	25.7	24.96 - 26.50
White	5977	1282	21.5	20.42 - 22.52
Black	2361	746	31.6	29.73 - 33.52
Hispanic/Latino	3064	944	30.8	29.18 - 32.48
Other	1023	224	21.9	19.42 - 24.58
Age	12576	3238	25.8	24.99 - 26.52
15 & younger	3904	817	20.9	19.67 - 22.24
16	3232	851	26.3	24.83 - 27.89
17 & older	5440	1570	28.9	27.66 - 30.09
Education level	12531	3227	25.8	25.00 - 26.54
9th grade	3072	663	21.6	20.15 - 23.09
10th grade	3072	752	24.5	22.98 - 26.05
11th grade	3241	896	27.6	26.12 - 29.23
12th grade	3146	916	29.1	27.54 - 30.75
Grades	12443	3200	25.7	24.95 - 26.50
A's	2980	560	18.8	17.41 - 20.25
B's	4919	1257	25.6	24.34 - 26.80
C's	3220	968	30.1	28.49 - 31.68
D's & F's	1324	415	31.3	28.87 - 33.93
Geographic Region	12576	3238	25.8	24.99 - 26.52
Northeast	777	206	26.5	23.47 - 29.79
Midwest	1831	427	23.3	21.41 - 25.34
South	5904	1639	27.8	26.62 - 28.93
West	4064	966	23.8	22.47 - 25.12
Metropolitan Status	12576	3238	25.8	24.99 - 26.52
Urban	4633	1300	28.1	26.77 - 29.38
Suburban	6667	1656	24.8	23.81 - 25.90
Rural	1199	269	22.4	20.12 - 24.93
Unknown	77	13	16.9	9.64 - 27.51
Frequency of PE class/week	11561	2951	25.5	24.73 - 26.33
None	5769	1505	26.1	24.96 - 27.25
1 day	229	66	28.8	23.14 - 35.23
2 days	320	76	23.8	19.27 - 28.87
3 days	927	223	24.1	21.36 - 26.97
4 days	333	76	22.8	19.50 - 27.78
5 days	3983	1005	25.2	23.90 - 26.62
Physical activity per PE class	11210	2872	25.6	24.82 - 26.44
None	5576	1463	26.2	25.09 - 27.42
less than 30 min	1910	462	24.2	22.30 - 26.19
31-50 min	2090	517	24.7	22.91 - 26.66
51 or more min	1634	430	26.3	24.21 - 28.54
Smoking Status	12269	3146	25.6	24.87 - 26.43
Yes	4321	999	23.1	21.88 - 24.41
No	7948	2147	27.0	26.04 - 28.01
Drug use	12378	3182	25.7	24.94 - 26.49
Yes	5594	1521	27.2	26.03 - 28.38
No	6784	1661	24.5	23.47 - 25.53
Alcohol Use	11264	2877	25.5	24.74 - 26.36
Yes	8910	2315	26.0	25.08 - 26.91
No	2354	562	23.9	22.17 - 25.66

Table 3 (continued)

VARIABLE	TOTAL(N)	OVERWEIGHT/OBESE(N)	PREVALENCE(%)	95% CI
Body Image Perception	12463	3208	25.7	24.98 - 26.52
Underweight	1931	124	6.4	5.39 - 7.63
Normal weight	6827	917	13.4	12.64 - 14.27
Overweight	3705	2167	58.5	56.88 - 60.08
Fruits and Veggies	10382	2620	25.2	24.40 - 26.09
Yes	9903	2488	25.1	24.27 - 25.99
No	479	132	27.6	23.65 - 31.83
Hours of Television/day	12322	3161	25.7	24.89 - 26.44
None	805	156	19.4	16.74 - 22.32
1 hour or less	3412	702	20.6	19.24 - 21.98
2 - 3 hours	5009	1314	26.2	25.02 - 27.48
4 or more hours	3096	989	31.9	30.31 - 33.62
Sports Teams/year	12288	3157	25.7	24.92 - 26.48
None	5624	1559	27.7	26.56 - 28.91
1 team	3012	744	24.7	23.18 - 26.29
2 teams	1988	480	24.1	22.29 - 26.10
3 or more teams	1664	374	22.5	20.51 - 24.57
Vigorous Activity/week	12067	3124	25.9	25.11 - 26.68
None	2097	566	27.0	25.11 - 28.96
1 day	1160	317	27.3	24.80 - 30.01
2 days	1274	369	29.0	26.50 - 31.56
3 days	1420	372	26.2	23.94 - 28.58
4 days	1052	280	26.6	23.99 - 29.42
5 days	4217	409	9.7	8.83 - 10.64
6 days	847	197	23.3	20.48 - 26.28
7 days	2539	624	24.6	22.92 - 26.31
Moderate Activity/week	12427	3195	25.7	24.95 - 26.49
None	3937	1049	26.6	25.27 - 28.06
1 day	1556	442	28.4	26.19 - 30.73
2 days	1658	404	24.4	22.33 - 26.52
3 days	1385	328	23.7	21.48 - 26.03
4 days	829	210	25.3	22.43 - 28.46
5 days	900	243	27.0	24.15 - 30.05
6 days	404	90	22.3	18.38 - 26.72
7 days	1758	429	24.4	22.42 - 26.49
Depression Status	12528	3226	25.8	24.99 - 26.53
Yes	3674	1002	27.3	25.84 - 28.75
No	8854	2224	25.1	24.22 - 26.04