Are Parental Involvement, Religiosity, and Relationship Quality Associated with Substance Use Messages in South African Families?

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ABSTRACT

Using transcribed interviews from a GEO- and UKZN-funded study with a low-income, multi-ethnic sample in Durban, South Africa (N = 272), messages regarding what caregivers recall saying to their children about drug use were coded into one of eight categories by a trained research team. Categories included: Just the Facts, Real Examples, Resistance Tactics, Drugs are Bad, Negative Consequences, Encouraging Abstinence, Zero Tolerance, and Use Responsibly. The contributions of 1) parent religiosity, 2) parental involvement, and 3) parent-adolescent relationship quality to the message content were examined. Few overall differences in message content were found across the predictors suggesting that alternative approaches to analyses might be beneficial.