



May 9th, 9:15 AM - 10:00 AM

## Using Research to Impact Health: The Importance of Sustainability

Bethany L. Letiecq  
*George Mason University*

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# USING RESEARCH TO IMPACT HEALTH (AND JUSTICE): THE IMPORTANCE OF SUSTAINABILITY (AND SOLIDARITY)

Bethany L. Letiecq, PhD

Human Development and Family Science

George Mason University

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May 9, 2014

# SALUD y COMUNIDAD: LATINOS en MT

## EXAMPLE PROJECT

**Consulado Móvil,  
Servicios de Salud, Inmigración y Más**

Salud y Comunidad:  
Latinos en Montana

PRESENTADO  
POR:



**Cuándo:** 17 de Mayo, 2014

**Hora:** 10am-6pm

**Dónde:** Auction Barn  
(25 Wheeler Mountain Way,  
Gallatin Gateway)

**Servicios del Consulado Mexicano Móvil**

- Pasaporte
- Matricula Consular

**\*\*Solicite su cita llamando al: 1-877-639-4835**  
o por Internet:

[http://sweb.mexitel.com.mx/mexitel\\_web/login/auth](http://sweb.mexitel.com.mx/mexitel_web/login/auth)

### Servicios

- Cheques de salud gratuitos por Bozeman Deaconess Hospital (1-6pm)
- Consultas gratuitas con el abogado de inmigración
- Latinos Scholars of Promise
- Libros bilingües para niños
- Se venderá comida
- Y más!



**\*\*Todos los que se encuentren en Montana son bienvenidos\*\***



¿Preguntas? Búscanos en Facebook:  
Salud y Comunidad: Latinos en Montana (MIJA)

o  
comunicate con Yanet Eudave 406-579-9020/Lidice Tobar 406-224-2990

Category	Percentage
Orange	10%
Blue	90%

# Migrant Community calls for HELP!



- ❑ In mid-2000s, Gallatin Valley Human Rights Task Force and MHRN (among others) began fielding calls for help from migrants
  - ❑ Racial profiling
  - ❑ Employees not getting paid, workers comp
  - ❑ Workplace raids
  - ❑ Neighbors calling ICE
  - ❑ ICE stationed outside Food Bank
  - ❑ Workers denying services (e.g., WIC, School lunches to kids)

# University-Community Response:

## Immediate Action:

- Know Your Rights Trainings (started in 2007)...
- Engagement with NGOs, Immigration Attorneys, local schools, service providers, law enforcement/ICE
- Coalition of Resource Organizations formed

## Long-Term Action (with sustainability goals from project inception):

- Development and implementation of CBPR program:  
**Salud y Comunidad: Latinos en Montana**
- Development of migrant-focused non-profit



# CBPR Implementation Strategy

(Letiecq & Schmalzbauer, 2012)



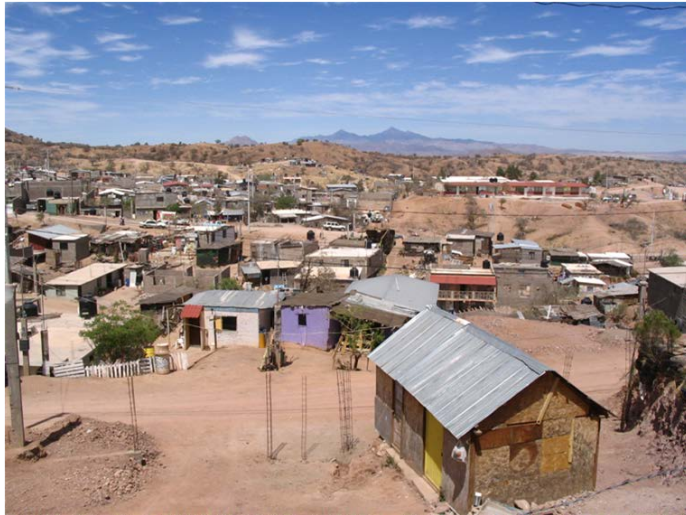
1. Identify community leaders
  - ▣ Establish Community Organizer/Project Director
2. Establish a community advisory board (CAB)
3. Establish partnerships
  - ▣ E.g., Non-profits, health and human services-related orgs, human rights orgs, education-based orgs...
4. Collaborate with CAB/community partners in research
5. Implement action steps



# Community Collaboration

- Partnership between community members, university researchers, students, and NGOs
- **Community Advisory Board:**
  - Salud y Comunidad: Latinos en Montana**
    - Community members = 6 Mexican migrants, community outreach worker, public health practitioner
    - Research team (Bethany, Katie, Yanet, Lidice, Lilia et al.)
    - Mentors (Joe Grzywacz, Suzanne Christopher)
- **AND community organizations...**
  - Montana Immigrant Justice Alliance, Border Crossing Law Firm, MT Human Rights Network, GVHRTE, Community Health Partners, MT Migrant Council, Rural Employment Opportunities, Coalition of Resource Orgs
  - Local Catholic Church—Spanish Mass

# Research: Phase I



- ▣ **Ethnography**
- ▣ **Needs Assessment:** Interviewer-assisted survey of needs, service utilization, perceptions of the community, police/ICE, social support, mental health
  - N = 125 Mexican migrants
  - 71% male, 29% female
  - 55% married/partnered
  - Mean yrs of education: 8.6 yrs
  - Did not ask about status

# Challenges: Isolation

*“....Well for women it is very difficult because being at home all the time is like being in prison, no? They don't have anywhere to go out...For us men, we go out to work, one gets distracted...But for women, no. They are imprisoned, and they don't know anyone.” (Miguel)*

*“...Well, I hardly have any friends and I almost never leave. I am almost always in the house with the kids. The only time I leave is to buy food...” (Roberta)*

# Challenges: Fear



*“I’m totally responsible for my family. If I don’t work, we don’t eat. There are arrests all the time in the canyon, and I drive the canyon everyday to work...I’m not afraid for myself. I’m afraid for my family...And my wife is pregnant. Everyday I have to wonder if I will be arrested or deported ...and then what will they do?” (Franco)*

*“Fear is the worst thing about living here. I’m constantly looking over my shoulder; at Wal-mart, at the clinic, everywhere. We stand out. I’m never at ease...My brother was deported from here (crying)...I can’t let them separate me from my kids.” (Silvia)*

# Results: Depression

(1)	(2)	(3)	(4)
Single Men	Married Men	Married Men	Married Women
	Unaccompanied	Accompanied	Accompanied
(n = 44)	(n = 18)	(n = 27)	(n = 30)

---

Means (Standard Deviations) or Number (Percentage)

<b>Depression Score</b>	<b>10.83 (3.3)</b>	<b>11.12(6.0)</b>	6.68 (5.2)	8.50 (5.4)**	3 < 1, 2
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**% Score 10 or higher:**

**54% of men**

**40% of women**

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\* p < .05. \*\*p < .01. p < .001.

# Research: Phase II

## Family Health Assessment



- ▣ Interviewer-assisted survey of physical & mental health, life events, coping, perceptions of community
- ▣ N = 120 Mexican migrants
- ▣ 53% male, 47% female
- ▣ 77% married/partnered
- ▣ Mean yrs of education: 8.8 yrs
- ▣ **59% undocumented**

# Community Concerns Identified:

## Structural and Situational Stressors

- Structural stressors = generally tied to individuals' social location and are quite stable and persistent over time (Letiecq, Grzywacz, Gray, & Eudave, 2013).
  - ▣ **Family separation, Documentation status and acculturation, Sending of remittances** back to Mexico
- Situational stressors = “more labile in nature” as exposure and appraisal can vary depending upon individual circumstances/environmental conditions
  - ▣ **Perceptions of discrimination, Documentation stress** [fears and worries about being confronted by the police or ICE, being deported, and separated from family], **Perceptions of social support**



# Results:

Study variables as a function of status (N = 105)



	Undocumented (N=62)	Documented (N=43)
<b>Demographic Characteristics</b>		
	M (SD) or N (%)	
Gender (% men)	33 (53.2%)	21 (48.8%)
Age in years	30.57 (8.24)	39.44 (9.28)***
Years of education completed	8.94 (2.98)	8.73 (4.20)
Speak English (% yes)	39 (62.9%)	35 (81.4%)*
Number of kids	2.16 (1.18)	3.39 (1.50)***
<b>Household and Economic Characteristics</b>		
Does spouse live with you in MT?	41 (91.1%)	34 (94.4%)
Number of adults in household	2.77 (1.17)	2.56 (1.01)
Number under 18 in household?	1.68 (1.50)	1.84 (1.53)
Do you own or rent? (% rent)	59 (95.2%)	22 (51.2%)***
Working for pay in MT (% yes)	48 (77.4%)	26 (60.5%)†
Send remittances home (% yes)	48 (78.7%)	21 (48.8%)**
Sufficient resources? (0-10 scale)	4.87 (2.02)	4.98 (2.14)
<b>Perceptions of Fear, Worry, and Threats</b>		
Felt discriminated against? (0-2 scale)	0.65 (.60)	0.53(.55)
Worry about police? (0-2 scale)	1.18 (.86)	0.09 (.29)***
Think police racial profile? (% yes)	20 (32.3%)	3 (7.0%)**
Neighbor threatened to call ICE? (% yes)	13 (21.0%)	4 (9.3%)†
Feel unwelcomed in MT? (% yes)	14 (22.6%)	5 (11.6%)
How fearful most days in MT? (0-10)	3.55 (3.26)	0.65 (1.69)***
How isolated do you feel (0-10 scale)	3.69 (3.48)	3.42 (3.37)
<b>Indicator of Mental Health</b>		
Depression	9.11 (5.00)	5.28 (3.56)***

# Hierarchical Regression Analysis:

## Best predictors of depression scores (Men)

Variables	Model 1			Model 2			Model 3		
	B	SE	$\beta$	B	SE	$\beta$	B	SE	$\beta$
<b>Demographics:</b>									
Age	-0.078	0.04	-.161 <sup>†</sup>	0.00	0.05	.000	-0.01	0.05	-.004
Education	-.015	0.11	-.131	-0.15	0.11	-.134	-0.04	0.09	-.038
<b>Structural Stressors:</b>									
Separated from Family (1=yes)				1.77	0.85	.194*	2.11	0.76	.232**
Remittance (1=yes)				2.52	1.05	.223*	2.40	0.93	.213*
Length of time in US				-0.05	0.07	-.098	0.03	0.06	-.063
English Proficient (1=yes)				-0.93	0.96	-.091	-0.70	0.88	-.069
<b>Situational Stressors:</b>									
Perceived fear							0.31	0.14	.196*
Worry about police confrontation (1=yes)							2.44	0.75	.277***
Treatment by non-Latinos							-0.24	0.12	-.166*
Perceived support							-1.55	0.65	-.187*
Model $R^2$		0.03			0.17			0.38	
Adjusted $R^2$		0.02			0.12			0.32	
Model $F$		1.89			3.72*			6.47***	

<sup>†</sup>  $p < .10$  \*  $p < .05$ . \*\*  $p < .01$  \*\*\*  $p < .001$

# Community-Based ACTION



**Fecha** Viernes, 26 de Octubre, 2012

**Clínica** 9:00am-4:30pm/**Cena** 5:30pm-7pm

**Lugar** Povah Center, West Yellowstone, MT

**Usted quiere hablar con un abogado de inmigración?**

**Usted necesita algun chequeo de salud ?**

#### **SERVICIOS GRATUITAS**


- Consulta con Abogado de Inmigración
- Chequeos de Salud
- Libros para Niños


**POR FAVOR HABLAMOS PARA HACER CITA!**


**Informacion:** Katie Gray / Yanet Eudave  
406-580-7298 406-579-9020

- Know Your Rights Forums
- Legal & Health Clinics
- Social events: Dinners and Dances!
- Education Outreach efforts—Church
- Tias y Tios MSU student program
- English Language Classes
- Computer Literacy Classes
- Lobbying efforts at the MT Legislature/May Day rally
- VAWA Petitions: Victims of Domestic Violence


# Salud y Comunidad on FB

**Salud Y Comunidad:Latinos en Montana (MIJA)**

**Bethany Letiecq**  
Edit Profile


 News Feed


 Messages 58

 Events 17

PAGES


 Montanans Against... 4

 Like Pages 20+


 Pages Feed 20+


 Create Ad

GROUPS


 Groups You Admin

 Salud Y Comunidad:...





 Leadership Semina... 1



 MSU College Demo... 3

 STOP THE MAR... 20+




Salud Y Comunidad:Latin... Members Events Photos Files

 Notifications  Create Group  

 Write Post  Add Photo / Video  Ask Question  Add File

Write something...

ABOUT 289 members

 Closed Group

Esta página es para seguir informando y ayudando a la comunidad Latina aquí en Montana. Es un g... [See More](#)



# New Year's Eve Dance



# Tias y Tios: Student Rally



**MONTANANS  
AGAINST  
LR-121 RALLY**

**VOTE NO.**  
It's Against  
Everything We  
Believe In.

**LR-121**

Thursday, October 25, 2012  
2-4 p.m.  
MSU Centennial Mall

For more info, contact Bethany Leticey: [leticey3@gmail.com](mailto:leticey3@gmail.com); (406) 570-0



# Outreach with Catholic Church: Northwest Immigration Bus Tour

**Come listen to the **STORIES OF IMMIGRANTS**  
and learn more about **COMPREHENSIVE  
IMMIGRATION REFORM 2013.****

**Saturday, March 9th, 3-4:30pm  
Carroll College, SCOLA lounge  
Helena, MT 59601**

**March 10th at 12:30pm, after mass.  
Resurrection University Catholic Parish  
1725 S 11th Ave  
Bozeman, MT 59715**

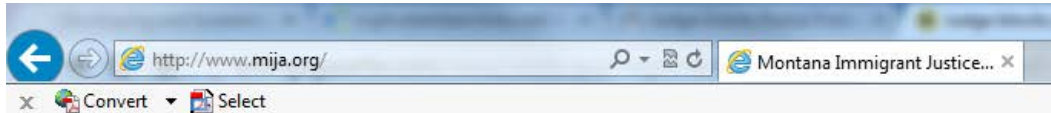


For more information, contact Elizabeth Marum  
(Montana Organizing Project) at 406-570-1033 or  
Bethany Letiecq (Montana Immigrant Justice Alliance) at 406-570-9172

**mija.org**  
Montana Immigrant  
Justice Alliance



# MT Immigrant Justice Alliance



Contact Us: (406) 282-1492



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## JUSTICE FOR AUDEMIO

Audemio Orozco-Ramirez is a **rape survivor**. He was sexually assaulted while in ICE custody in Jefferson County, Montana.

**Click to sign a petition demanding justice for Audemio and protections for all immigrant detainees.**



# MIJA Ad Campaign: CIR



# MIJA Lawsuits...



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## Lawsuit alleges Montana Highway Patrol profiled minority drivers

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**IR**

October 07, 2013 5:00 pm • By MATT GOURAS Associated Press (4) Comments

HELENA – A lawsuit filed Monday claims the Montana Highway Patrol improperly detained Hispanic drivers over unfounded concerns they were in the country illegally.

The lawsuit, filed in U.S. District Court by the Montana Immigrant Justice Alliance, said patrol officers were pulling over the Hispanic drivers for routine traffic violations and detaining them to check their immigration status.

The lawsuit argues the agency had no reason or authority to detain the drivers. It said race was the sole basis of the detentions. The lengthy court filing asks a federal judge to declare the policy unconstitutional and to stop the highway patrol from further constitutional violations.



# MIJA Lawsuits



**THINKPROGRESS**



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WORLD

CULTURE

TRENDING: GUNS IMMIGRATION MARIJUANA IMMIGRATION REFORM WAR ON DRUGS



## Groups Challenge Constitutionality Of Montana Measure Denying State Services To Those Without Citizenship Documents

BY AMANDA PETERSON BEADLE ON DECEMBER 11, 2012 AT 4:45 PM



20



14



# Unpacking Sustainability


- Multiple meanings of sustainability
- Not just about funding, although funding is important!

	Funds	Source	Author
2008	\$3000 + \$19,800 = \$22,800	ASA + NIH/INBRE	Letiecq & Schmalzbauer
2009	\$5320 + \$46900 = \$52,220	MSU + NIH/INBRE	Letiecq & Schmalzbauer
2010	\$70,375	NIH/INBRE	Letiecq
2011	\$16890 + <b>\$7100</b> = \$23,990	NIH/INBRE + <b>SJF</b>	Letiecq + <b>CAB</b>
2012	<b>\$17,160</b>	<b>SJF</b>	Letiecq + <b>CAB + MHRN + MOP</b>
2013	<b>\$32,000</b>	<b>SJF + Other</b>	Letiecq + <b>CAB</b>
2014	<b>\$30000 (Pending) +</b>	<b>SJF + Other</b>	<b>MIJA (Haque-Hausrath) + CAB</b>
Total	\$218,545		

# Unpacking Sustainability

- Important to promote solidarity and resilience
  - ▣ Rituals and routines and HUMOR!
  - ▣ Identity (e.g., naming/branding of CAB)
  - ▣ Modeling positive communication, coping, conflict resolution
  - ▣ Self-Care

# Unpacking Sustainability

- Many think sustainability = continuing the entire project with a similar level of funding
  - ▣ Yet multiple scenarios exist...
    - CAB/community/university partners should identify key initiatives/priorities of focus
    - Community priorities  Sustained effort
    - Non-profits with volunteer labor can do a lot with a little
      - We established our own non-profit 501c3
      - Then provided BOD and fundraising/grant writing training for community members



# Unpacking Sustainability

- Important to start a dialogue about sustainability early in project development and create shared understandings and commitment
  - How is partnership positioning project for sustainability?
    - Funding; Asset mapping; Are new alliances needed?
  - How will partnership decide priorities? Implement strategy?
  - How can we leverage resources with university and community partners?
  - What types of training needed for CAB/community partners/research team/faculty?
    - E.g., Activists Mobilizing for Power (AMP)
    - Community Organizing 101
    - BOD training/Advocacy/Activism



# Unpacking Sustainability



[Home](#) [Giving Projects](#) [Get Involved](#) [News](#) [Events](#) [Grantees](#) [About Us](#) [Donate](#)

Building progressive power through donor activism



*Montana Human Rights Network (Helena, MT)*

donate

join a project

become  
a member

Social Justice Fund Northwest is a foundation working at the frontlines of social change. We leverage the resources of our members to foster significant, long-term social justice solutions throughout Washington, Oregon, Idaho, Montana and Wyoming.



## Building progressive power through donor activism

### Giving Projects

Giving Projects are an innovative, participatory model of funding social change and building community. Each Project is made up of a diverse group of people at all income levels, each of whom makes a donation of an amount that is meaningful to them. Together they develop and improve their skills as donor organizers and grassroots fundraisers, then work together to move money to strategic, underfunded organizing for social change in Washington, Oregon, Montana, Idaho, and Wyoming.

A Giving Project is a group of about 15-25 people who commit to:

- Working together to strategically support underfunded social justice organizing in the Northwest.
- Building community together, across race and class.
- Grassroots fundraising with training and hands-on support from Social Justice Fund staff.
- A full grantmaking process, including site visits and final granting decisions.



She's in...Susie (CAB member) signed up for the SJF Giving Project!

# Unpacking...

## Factors that can facilitate or hinder sustainability?

- ▣ **Process**—CBPR is time intensive and process heavy
- ▣ **Planning**
- ▣ **Partnerships** (to include university system)
  - Opportunities for student/community engagement
  - Opportunities for faculty?



Lidice Tobar, Graduate Student, CAB Co-Director, MIJA BOD, Lobbyist in DC (for a day)



Yanet Eudave, Graduate Student, CAB Co-Director, MIJA BOD

# Unpacking Sustainability

- Need for ongoing participatory and formative evaluation of the partnership process
- Recognition that 1) partnerships evolve and 2) not all partnerships should be sustained
  - E.g., our CAB turned over several times...
  - Tension between partner orgs (e.g., Catholic Church and human rights NGOs)
- Weathering the change process...
  - Anticipate changes in dynamics over time (e.g., as CAB changes)
  - Opportunity for creativity and innovation...and resilience!

(See Community-Campus Partnerships for Health)



# THANK YOUs

- ▣ CAB members, community organizers, the research team, and mentors
  - ▣ Community partners, esp MIJA and MHRN
  - ▣ MSU and the INBRE program (NCRR/NIH)
  - ▣ GEHMS program/McNair program
  - ▣ Social Justice Fund NW
  - ▣ ASA's Sydney S. Spivack Program in Applied Social Research and Social Policy, Community Action Research Initiative (CARI Grants)
- and
- ▣ VCU!